

Limietwedstrijd LB deel 2 ZPC AMERSFOORT 2025
Amersfoort, 9-2-2025

Programmanr. 2
9-2-2025 - 14:30

Heren, 400m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Olivier Wilbers	ZPC Hoogeveen	4:45.96	200600181	4:46.67	+0,72
	50m: 31.07	31.07 150m: 1:43.57	36.86	250m: 3:02.00	41.82	350m: 4:15.63
	100m: 1:06.71	35.64 200m: 2:20.18	36.61	300m: 3:44.16	42.16	400m: 4:46.67
31.47						31.04
2.	Denzel Barthen	WVZ	4:49.10	200700147	4:49.23	+0,77
	50m: 34.08	30.08 150m: 1:42.16	37.38	250m: 3:01.40	41.42	350m: 4:17.82
	100m: 1:04.78	34.70 200m: 2:19.98	37.82	300m: 3:44.10	42.70	400m: 4:49.23
33.72						31.41
3.	Milan Schuilenburg	ZPC AMERSFOORT	5:42.01	201000935	5:23.75	+0,65
	50m: 34.14	34.14 150m: 2:01.16	45.23	250m: 3:26.57	42.00	350m: 4:47.31
	100m: 1:15.93	41.79 200m: 2:44.57	43.41	300m: 4:08.74	42.17	400m: 5:23.75
38.57						36.44
4.	Roan van der Stege	Swol 1894	5:14.88	200900107	5:24.43	+0,68
	50m: 34.25	34.25 150m: 1:56.13	42.17	250m: 3:23.73	46.33	350m: 4:49.05
	100m: 1:13.96	39.71 200m: 2:37.40	41.27	300m: 4:11.03	47.30	400m: 5:24.43
38.02						35.38
5.	Kick Germers	Swol 1894	5:23.31	201000185	5:29.42	+0,81
	50m: 34.89	34.89 150m: 1:59.59	44.18	250m: 3:29.75	46.06	350m: 4:53.31
	100m: 1:15.41	40.52 200m: 2:43.69	44.10	300m: 4:15.47	45.72	400m: 5:29.42
37.84						36.11
6.	Luca Denkers	ZV New Wave Almere	5:22.88	201202399	5:37.65	+0,54
	50m: 34.50	34.50 150m: 2:00.09	44.05	250m: 3:29.70	47.50	350m: 5:01.14
	100m: 1:16.04	41.54 200m: 2:42.20	42.11	300m: 4:19.09	49.39	400m: 5:37.65
42.05						36.51
7.	Milan Eikenaar	Swol 1894	5:32.79	201100599	5:40.08	+0,84
	50m: 36.60	36.60 150m: 2:04.02	44.55	250m: 3:33.47	48.68	350m: 5:02.28
	100m: 1:19.47	42.87 200m: 2:44.79	40.77	300m: 4:22.67	49.20	400m: 5:40.08
39.61						37.80
8.	Daan Overmars	O Z & P C	5:52.81	201100027	5:49.98	+0,72
	50m: 37.79	37.79 150m: 2:09.32	42.52	250m: 3:42.06	50.98	350m: 5:11.31
	100m: 1:26.80	49.01 200m: 2:51.08	41.76	300m: 4:33.64	51.58	400m: 5:49.98
37.67						38.67
9.	Sverre de Wolf	ZPC AMERSFOORT	NT	200901415	6:04.01	+0,68
	50m: 41.78	41.78 150m: 2:18.20	47.38	250m: 3:52.96	49.21	350m: 5:24.98
	100m: 1:30.82	49.04 200m: 3:03.75	45.55	300m: 4:41.24	48.28	400m: 6:04.01
43.74						39.03
10.	Milan van den Berg	Swol 1894	5:55.89	201100253	6:12.88	+0,54
	50m: 41.07	41.07 150m: 2:17.02	45.77	250m: 3:55.90	53.41	350m: 5:31.36
	100m: 1:31.25	50.18 200m: 3:02.49	45.47	300m: 4:50.22	54.32	400m: 6:12.88
41.14						41.52