

Campeonato Interdistrital Juvenis, Juniores, Seniores e Absolutos Inverno
Coimbra, 21 - 23/3/2025

Prova 34 Femin., 800m Livres 14 anos e mais velhos
23/03/2025 - 10:27 Resultados

Rec Nacionais Open	8:29.33	Diana Margarida, DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nacionais 18 +	8:29.33	Diana Margarida, DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nacionais Jun 17	8:36.21	Tamila Hryhorivna, HOLUB	SCB	Coimbra	28/05/2016
Rec Nacionais Jun 16	8:45.53	Tamila Hryhorivna, HOLUB	SCB	Coimbra	30/05/2015
Rec Nacionais Juv A	8:50.68	Tamila Hryhorivna, HOLUB	SCB	Oeiras	27/07/2014
Rec Nacionais Juv B	9:07.70	Alexandra Maria, SILVA	POR	Split (CRO)	10/09/1981

TA JUVB-FEM Juv B: 11:31.74 / TA JUVA-FEM Juv A: 11:15.72 / TA JUN-FEM Jun: 10:59.71 / TA SEN-FEM Sen: 10:43.70

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Juv B			
1. Beatriz Oliveira, PORTULEZ	11	Columbofila Cantanhedense	9:56.61 536
100m: 1:11.55 1:11.55	300m: 3:44.03 1:16.47	500m: 6:15.10 1:14.90	700m: 8:44.27 1:14.42
200m: 2:27.56 1:16.01	400m: 5:00.20 1:16.17	600m: 7:29.85 1:14.75	800m: 9:56.61 1:12.34
2. Filipa Ferreira, LOISAS	11	Columbofila Cantanhedense	10:08.71 505
100m: 1:14.39 1:14.39	300m: 3:48.22 1:16.19	500m: 6:21.27 1:16.25	700m: 8:53.33 1:16.19
200m: 2:32.03 1:17.64	400m: 5:05.02 1:16.80	600m: 7:37.14 1:15.87	800m: 10:08.71 1:15.38
3. Alice Maria, RODRIGUES	11	Academico de Viseu	10:09.22 503
100m: 1:12.84 1:12.84	300m: 3:46.19 1:16.53	500m: 6:20.55 1:17.51	700m: 8:55.18 1:17.10
200m: 2:29.66 1:16.82	400m: 5:03.04 1:16.85	600m: 7:38.08 1:17.53	800m: 10:09.22 1:14.04
4. Francisca Moreira, FELICIANO	11	Alcobaca	10:09.68 502
100m: 1:10.57 1:10.57	300m: 3:43.76 1:16.27	500m: 6:19.25 1:17.59	700m: 8:55.49 1:18.76
200m: 2:27.49 1:16.92	400m: 5:01.66 1:17.90	600m: 7:36.73 1:17.48	800m: 10:09.68 1:14.19
5. Zoe Pinho, NUNES	11	Galitos / Bresimar	10:14.69 490
100m: 1:10.58 1:10.58	300m: 3:43.33 1:16.71	500m: 6:19.31 1:18.23	700m: 8:03.07 25.35
200m: 2:26.62 1:16.04	400m: 5:01.08 1:17.75	600m: 7:37.72 1:18.41	800m: 10:14.69 2:11.62
6. Matilde Conde, FIGUEIREDO	11	Condeixa Clube	10:37.36 440
100m: 1:16.89 1:16.89	300m: 4:00.23 1:21.78	500m: 6:41.07 1:20.31	700m: 9:21.05 1:19.88
200m: 2:38.45 1:21.56	400m: 5:20.76 1:20.53	600m: 8:01.17 1:20.10	800m: 10:37.36 1:16.31
7. Carolina Silva, CASTANHEIRA	11	Nautico de Leiria - VOID	10:38.08 438
100m: 1:13.37 1:13.37	300m: 3:55.11 1:20.47	500m: 6:38.10 1:21.35	700m: 9:21.06 1:21.24
200m: 2:34.64 1:21.27	400m: 5:16.75 1:21.64	600m: 7:59.82 1:21.72	800m: 10:38.08 1:17.02
8. Mariana Moreira, LOPES	11	Feirense	11:13.97 372
100m: 1:15.40 1:15.40	300m: 4:06.66 1:26.72	500m: 7:00.45 1:26.79	700m: 9:53.81 1:25.97
200m: 2:39.94 1:24.54	400m: 5:33.66 1:27.00	600m: 8:27.84 1:27.39	800m: 11:13.97 1:20.16

Juv A

1. Camila Duarte, MARCELO	10	Condeixa Clube	9:26.04 628
100m: 1:06.75 1:06.75	300m: 3:28.88 1:11.25	500m: 5:51.74 1:11.77	700m: 8:16.45 1:12.10
200m: 2:17.63 1:10.88	400m: 4:39.97 1:11.09	600m: 7:04.35 1:12.61	800m: 9:26.04 1:09.59
2. Leonor Nunes, CARDEAL	10	Condeixa Clube	9:57.97 532
100m: 1:12.46 1:12.46	300m: 3:47.46 1:17.69	500m: 6:21.29 1:15.75	700m: 8:50.28 1:14.26
200m: 2:29.77 1:17.31	400m: 5:05.54 1:18.08	600m: 7:36.02 1:14.73	800m: 9:57.97 1:07.69
3. Maria Ines, GANTE	10	Nautico Academico	10:10.03 501
100m: 1:12.09 1:12.09	300m: 3:48.52 1:17.99	500m: 6:21.78 1:17.34	700m: 8:56.42 1:17.38
200m: 2:30.53 1:18.44	400m: 5:04.44 1:15.92	600m: 7:39.04 1:17.26	800m: 10:10.03 1:13.61
4. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	10:14.02 492
100m: 1:12.76 1:12.76	300m: 3:47.33 1:17.29	500m: 6:23.51 1:18.13	700m: 8:59.99 1:17.88
200m: 2:30.04 1:17.28	400m: 5:05.38 1:18.05	600m: 7:42.11 1:18.60	800m: 10:14.02 1:14.03
5. Diana Isabel, ALVES	10	Pimpoes/Cimai	10:14.07 492
100m: 1:10.69 1:10.69	300m: 3:47.49 1:18.97	500m: 6:24.20 1:17.83	700m: 8:59.87 1:17.34
200m: 2:28.52 1:17.83	400m: 5:06.37 1:18.88	600m: 7:42.53 1:18.33	800m: 10:14.07 1:14.20
6. Bianca Balbino, MENDES	10	Naval de Peniche	10:29.57 456
100m: 1:11.25 1:11.25	300m: 3:48.75 1:19.44	500m: 6:29.21 1:20.87	700m: 9:10.47 1:20.96
200m: 2:29.31 1:18.06	400m: 5:08.34 1:19.59	600m: 7:49.51 1:20.30	800m: 10:29.57 1:19.10

Campeonato Interdistrital Juvenis, Juniores, Seniores e Absolutos Inverno
Coimbra, 21 - 23/3/2025

Prova 34, Femin., 800m Livres, Juv A

Lugar	Ano	Tempo final	Pts
7. Beatriz Ribeiro, VELOSO	10 Vigor da Mocidade	10:47.34	420
100m: 1:16.85 1:16.85	300m: 4:01.29 1:21.96	500m: 6:45.40 1:22.37	700m: 9:28.82 1:21.71
200m: 2:39.33 1:22.48	400m: 5:23.03 1:21.74	600m: 8:07.11 1:21.71	800m: 10:47.34 1:18.52
8. Leonor Mosca, SILVA	10 Columbofila Cantanhedense	10:52.13	410
100m: 1:10.56 1:10.56	300m: 3:43.70 1:16.55	500m: 6:33.56 1:33.78	700m: 9:28.57 1:26.10
200m: 2:27.15 1:16.59	400m: 4:59.78 1:16.08	600m: 8:02.47 1:28.91	800m: 10:52.13 1:23.56
9. Mariana Pina, MACEDO	10 Estamos Juntos	11:01.02	394
100m: 1:14.99 1:14.99	300m: 4:03.43 1:24.82	500m: 6:53.02 1:24.80	700m: 9:41.58 1:23.48
200m: 2:38.61 1:23.62	400m: 5:28.22 1:24.79	600m: 8:18.10 1:25.08	800m: 11:01.02 1:19.44
10. Isabella Scavone, LOPES	10 Miranda do Corvo	11:01.45	393
100m: 1:17.90 1:17.90	300m: 4:04.17 1:23.10	500m: 6:50.88 1:23.94	700m: 9:38.57 1:23.94
200m: 2:41.07 1:23.17	400m: 5:26.94 1:22.77	600m: 8:14.63 1:23.75	800m: 11:01.45 1:22.88
11. Vida Sofia, VELEZ	10 Bairro dos Anjos	11:26.95	351
<i>FTL</i>			
100m: 1:09.43 1:09.43	300m: 3:45.38 1:17.92	500m: 6:46.70 1:42.92	700m: 9:56.40 1:34.54
200m: 2:27.46 1:18.03	400m: 5:03.78 1:18.40	600m: 8:21.86 1:35.16	800m: 11:26.95 1:30.55

Jun

1. Carolina Vizinho, CABRAL	07 Natacao de Vagos	9:25.66	629
100m: 1:07.03 1:07.03	300m: 3:30.45 1:11.86	500m: 5:53.40 1:11.51	700m: 8:17.67 1:12.22
200m: 2:18.59 1:11.56	400m: 4:41.89 1:11.44	600m: 7:05.45 1:12.05	800m: 9:25.66 1:07.99
2. Matilde Violante, VIANA	07 Nautico de Leiria - VOID	9:33.61	603
100m: 1:06.95 1:06.95	300m: 3:30.76 1:12.02	500m: 5:55.67 1:12.44	700m: 8:21.72 1:13.11
200m: 2:18.74 1:11.79	400m: 4:43.23 1:12.47	600m: 7:08.61 1:12.94	800m: 9:33.61 1:11.89
3. Alana Costa, MATIAS	09 Nautico Academico	9:53.29	545
100m: 1:08.39 1:08.39	300m: 3:36.69 1:14.37	500m: 6:06.69 1:15.60	700m: 8:39.13 1:16.63
200m: 2:22.32 1:13.93	400m: 4:51.09 1:14.40	600m: 7:22.50 1:15.81	800m: 9:53.29 1:14.16
4. Lara Catarina, MAIA	09 Estarreja	9:58.03	532
100m: 1:09.13 1:09.13	300m: 3:39.24 1:15.68	500m: 6:12.31 1:16.42	700m: 8:46.53 1:16.96
200m: 2:23.56 1:14.43	400m: 4:55.89 1:16.65	600m: 7:29.57 1:17.26	800m: 9:58.03 1:11.50
5. Joana Almeida, SANTOS	09 Galitos / Bresimar	10:15.77	487
100m: 1:10.45 1:10.45	300m: 3:42.76 1:16.96	500m: 6:19.47 1:18.80	700m: 8:57.62 1:19.42
200m: 2:25.80 1:15.35	400m: 5:00.67 1:17.91	600m: 7:38.20 1:18.73	800m: 10:15.77 1:18.15
6. Rita Isabel, NEVES	08 Condeixa Clube	10:22.68	471
100m: 1:14.00 1:14.00	300m: 3:50.36 1:17.10	500m: 6:26.91 1:18.83	700m: 9:06.04 1:19.53
200m: 2:33.26 1:19.26	400m: 5:08.08 1:17.72	600m: 7:46.51 1:19.60	800m: 10:22.68 1:16.64
7. Francisca Soreto, PEDREIRO	09 Galitos / Bresimar	10:29.10	457
100m: 1:12.15 1:12.15	300m: 3:48.43 1:18.49	500m: 6:28.58 1:20.19	700m: 9:10.75 1:21.01
200m: 2:29.94 1:17.79	400m: 5:08.39 1:19.96	600m: 7:49.74 1:21.16	800m: 10:29.10 1:18.35
8. Sofia Pereira, JORGE	08 Galitos / Bresimar	10:38.24	438
100m: 1:13.02 1:13.02	300m: 3:53.62 1:21.17	500m: 6:36.15 1:21.69	700m: 9:18.50 1:20.72
200m: 2:32.45 1:19.43	400m: 5:14.46 1:20.84	600m: 7:57.78 1:21.63	800m: 10:38.24 1:19.74
9. Alice Mendes, MACEDO	08 Estamos Juntos	10:46.84	420
100m: 1:11.57 1:11.57	300m: 3:55.36 1:23.48	500m: 6:43.32 1:24.23	700m: 9:29.27 1:22.55
200m: 2:31.88 1:20.31	400m: 5:19.09 1:23.73	600m: 8:06.72 1:23.40	800m: 10:46.84 1:17.57

Sen

1. Ana Carolina, MONTEIRO	04 Académica de Coimbra	9:57.72	533
100m: 1:10.04 1:10.04	300m: 3:42.28 1:16.44	500m: 6:14.64 1:15.68	700m: 8:45.31 1:15.05
200m: 2:25.84 1:15.80	400m: 4:58.96 1:16.68	600m: 7:30.26 1:15.62	800m: 9:57.72 1:12.41
2. Sara Calisto, PIMENTEL	05 Académica de Coimbra	10:08.32	506
100m: 1:11.13 1:11.13	300m: 3:43.61 1:16.67	500m: 6:18.23 1:16.83	700m: 8:52.57 1:16.79
200m: 2:26.94 1:15.81	400m: 5:01.40 1:17.79	600m: 7:35.78 1:17.55	800m: 10:08.32 1:15.75

Campeonato Interdistrital Juvenis, Juniores, Seniores e Absolutos Inverno
Coimbra, 21 - 23/3/2025

Prova 34, Femin., 800m Livres, Sen

Lugar	Ano		Tempo final		Pts
3. Ana Claudia, FERREIRA	90	Alcobaca	10:23.30	470	
100m: 1:14.25 1:14.25	300m: 3:51.42 1:18.68	500m: 6:28.28 1:18.15	700m: 9:05.72 1:18.79		
200m: 2:32.74 1:18.49	400m: 5:10.13 1:18.71	600m: 7:46.93 1:18.65	800m: 10:23.30 1:17.58		

Juv B/Abs

1. Carolina Vizinho, CABRAL	07	Natação de Vagos	9:25.66	629	
100m: 1:07.03 1:07.03	300m: 3:30.45 1:11.86	500m: 5:53.40 1:11.51	700m: 8:17.67 1:12.22		
200m: 2:18.59 1:11.56	400m: 4:41.89 1:11.44	600m: 7:05.45 1:12.05	800m: 9:25.66 1:07.99		
2. Camila Duarte, MARCELO	10	Condeixa Clube	9:26.04	628	
100m: 1:06.75 1:06.75	300m: 3:28.88 1:11.25	500m: 5:51.74 1:11.77	700m: 8:16.45 1:12.10		
200m: 2:17.63 1:10.88	400m: 4:39.97 1:11.09	600m: 7:04.35 1:12.61	800m: 9:26.04 1:09.59		
3. Matilde Violante, VIANA	07	Nautico de Leiria - VOID	9:33.61	603	
100m: 1:06.95 1:06.95	300m: 3:30.76 1:12.02	500m: 5:55.67 1:12.44	700m: 8:21.72 1:13.11		
200m: 2:18.74 1:11.79	400m: 4:43.23 1:12.47	600m: 7:08.61 1:12.94	800m: 9:33.61 1:11.89		
4. Alana Costa, MATIAS	09	Nautico Academico	9:53.29	545	
100m: 1:08.39 1:08.39	300m: 3:36.69 1:14.37	500m: 6:06.69 1:15.60	700m: 8:39.13 1:16.63		
200m: 2:22.32 1:13.93	400m: 4:51.09 1:14.40	600m: 7:22.50 1:15.81	800m: 9:53.29 1:14.16		
5. Beatriz Oliveira, PORTULEZ	11	Columbofila Cantanhedense	9:56.61	536	
100m: 1:11.55 1:11.55	300m: 3:44.03 1:16.47	500m: 6:15.10 1:14.90	700m: 8:44.27 1:14.42		
200m: 2:27.56 1:16.01	400m: 5:00.20 1:16.17	600m: 7:29.85 1:14.75	800m: 9:56.61 1:12.34		
6. Ana Carolina, MONTEIRO	04	Académica de Coimbra	9:57.72	533	
100m: 1:10.04 1:10.04	300m: 3:42.28 1:16.44	500m: 6:14.64 1:15.68	700m: 8:45.31 1:15.05		
200m: 2:25.84 1:15.80	400m: 4:58.96 1:16.68	600m: 7:30.26 1:15.62	800m: 9:57.72 1:12.41		
7. Leonor Nunes, CARDEAL	10	Condeixa Clube	9:57.97	532	
100m: 1:12.46 1:12.46	300m: 3:47.46 1:17.69	500m: 6:21.29 1:15.75	700m: 8:50.28 1:14.26		
200m: 2:29.77 1:17.31	400m: 5:05.54 1:18.08	600m: 7:36.02 1:14.73	800m: 9:57.97 1:07.69		
8. Lara Catarina, MAIA	09	Estarreja	9:58.03	532	
100m: 1:09.13 1:09.13	300m: 3:39.24 1:15.68	500m: 6:12.31 1:16.42	700m: 8:46.53 1:16.96		
200m: 2:23.56 1:14.43	400m: 4:55.89 1:16.65	600m: 7:29.57 1:17.26	800m: 9:58.03 1:11.50		
9. Sara Calisto, PIMENTEL	05	Académica de Coimbra	10:08.32	506	
100m: 1:11.13 1:11.13	300m: 3:43.61 1:16.67	500m: 6:18.23 1:16.83	700m: 8:52.57 1:16.79		
200m: 2:26.94 1:15.81	400m: 5:01.40 1:17.79	600m: 7:35.78 1:17.55	800m: 10:08.32 1:15.75		
10. Filipa Ferreira, LOISAS	11	Columbofila Cantanhedense	10:08.71	505	
100m: 1:14.39 1:14.39	300m: 3:48.22 1:16.19	500m: 6:21.27 1:16.25	700m: 8:53.33 1:16.19		
200m: 2:32.03 1:17.64	400m: 5:05.02 1:16.80	600m: 7:37.14 1:15.87	800m: 10:08.71 1:15.38		
11. Alice Maria, RODRIGUES	11	Academico de Viseu	10:09.22	503	
100m: 1:12.84 1:12.84	300m: 3:46.19 1:16.53	500m: 6:20.55 1:17.51	700m: 8:55.18 1:17.10		
200m: 2:29.66 1:16.82	400m: 5:03.04 1:16.85	600m: 7:38.08 1:17.53	800m: 10:09.22 1:14.04		
12. Francisca Moreira, FELICIANO	11	Alcobaca	10:09.68	502	
100m: 1:10.57 1:10.57	300m: 3:43.76 1:16.27	500m: 6:19.25 1:17.59	700m: 8:55.49 1:18.76		
200m: 2:27.49 1:16.92	400m: 5:01.66 1:17.90	600m: 7:36.73 1:17.48	800m: 10:09.68 1:14.19		
13. Maria Ines, GANTE	10	Nautico Academico	10:10.03	501	
100m: 1:12.09 1:12.09	300m: 3:48.52 1:17.99	500m: 6:21.78 1:17.34	700m: 8:56.42 1:17.38		
200m: 2:30.53 1:18.44	400m: 5:04.44 1:15.92	600m: 7:39.04 1:17.26	800m: 10:10.03 1:13.61		
14. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	10:14.02	492	
100m: 1:12.76 1:12.76	300m: 3:47.33 1:17.29	500m: 6:23.51 1:18.13	700m: 8:59.99 1:17.88		
200m: 2:30.04 1:17.28	400m: 5:05.38 1:18.05	600m: 7:42.11 1:18.60	800m: 10:14.02 1:14.03		
15. Diana Isabel, ALVES	10	Pimpoes/Cimai	10:14.07	492	
100m: 1:10.69 1:10.69	300m: 3:47.49 1:18.97	500m: 6:24.20 1:17.83	700m: 8:59.87 1:17.34		
200m: 2:28.52 1:17.83	400m: 5:06.37 1:18.88	600m: 7:42.53 1:18.33	800m: 10:14.07 1:14.20		
16. Zoe Pinho, NUNES	11	Galitos / Bresimar	10:14.69	490	
100m: 1:10.58 1:10.58	300m: 3:43.33 1:16.71	500m: 6:19.31 1:18.23	700m: 8:03.07 25.35		
200m: 2:26.62 1:16.04	400m: 5:01.08 1:17.75	600m: 7:37.72 1:18.41	800m: 10:14.69 2:11.62		

Campeonato Interdistrital Juvenis, Juniores, Seniores e Absolutos Inverno
Coimbra, 21 - 23/3/2025

Prova 34, Femin., 800m Livres, Juv B/Abs

Lugar			Ano					Tempo final	Pts
17.	Joana Almeida, SANTOS	09	Galitos / Bresimar					10:15.77	487
	100m: 1:10.45 1:10.45	300m: 3:42.76 1:16.96	500m: 6:19.47 1:18.80	700m: 8:57.62 1:19.42					
	200m: 2:25.80 1:15.35	400m: 5:00.67 1:17.91	600m: 7:38.20 1:18.73	800m: 10:15.77 1:18.15					
18.	Rita Isabel, NEVES	08	Condeixa Clube					10:22.68	471
	100m: 1:14.00 1:14.00	300m: 3:50.36 1:17.10	500m: 6:26.91 1:18.83	700m: 9:06.04 1:19.53					
	200m: 2:33.26 1:19.26	400m: 5:08.08 1:17.72	600m: 7:46.51 1:19.60	800m: 10:22.68 1:16.64					
19.	Ana Claudia, FERREIRA	90	Alcobaca					10:23.30	470
	100m: 1:14.25 1:14.25	300m: 3:51.42 1:18.68	500m: 6:28.28 1:18.15	700m: 9:05.72 1:18.79					
	200m: 2:32.74 1:18.49	400m: 5:10.13 1:18.71	600m: 7:46.93 1:18.65	800m: 10:23.30 1:17.58					
20.	Francisca Soreto, PEDREIRO	09	Galitos / Bresimar					10:29.10	457
	100m: 1:12.15 1:12.15	300m: 3:48.43 1:18.49	500m: 6:28.58 1:20.19	700m: 9:10.75 1:21.01					
	200m: 2:29.94 1:17.79	400m: 5:08.39 1:19.96	600m: 7:49.74 1:21.16	800m: 10:29.10 1:18.35					
21.	Bianca Balbino, MENDES	10	Naval de Peniche					10:29.57	456
	100m: 1:11.25 1:11.25	300m: 3:48.75 1:19.44	500m: 6:29.21 1:20.87	700m: 9:10.47 1:20.96					
	200m: 2:29.31 1:18.06	400m: 5:08.34 1:19.59	600m: 7:49.51 1:20.30	800m: 10:29.57 1:19.10					
22.	Matilde Conde, FIGUEIREDO	11	Condeixa Clube					10:37.36	440
	100m: 1:16.89 1:16.89	300m: 4:00.23 1:21.78	500m: 6:41.07 1:20.31	700m: 9:21.05 1:19.88					
	200m: 2:38.45 1:21.56	400m: 5:20.76 1:20.53	600m: 8:01.17 1:20.10	800m: 10:37.36 1:16.31					
23.	Carolina Silva, CASTANHEIRA	11	Nautico de Leiria - VOID					10:38.08	438
	100m: 1:13.37 1:13.37	300m: 3:55.11 1:20.47	500m: 6:38.10 1:21.35	700m: 9:21.06 1:21.24					
	200m: 2:34.64 1:21.27	400m: 5:16.75 1:21.64	600m: 7:59.82 1:21.72	800m: 10:38.08 1:17.02					
24.	Sofia Pereira, JORGE	08	Galitos / Bresimar					10:38.24	438
	100m: 1:13.02 1:13.02	300m: 3:53.62 1:21.17	500m: 6:36.15 1:21.69	700m: 9:18.50 1:20.72					
	200m: 2:32.45 1:19.43	400m: 5:14.46 1:20.84	600m: 7:57.78 1:21.63	800m: 10:38.24 1:19.74					
25.	Alice Mendes, MACEDO	08	Estamos Juntos					10:46.84	420
	100m: 1:11.57 1:11.57	300m: 3:55.36 1:23.48	500m: 6:43.32 1:24.23	700m: 9:29.27 1:22.55					
	200m: 2:31.88 1:20.31	400m: 5:19.09 1:23.73	600m: 8:06.72 1:23.40	800m: 10:46.84 1:17.57					
26.	Beatriz Ribeiro, VELOSO	10	Vigor da Mocidade					10:47.34	420
	100m: 1:16.85 1:16.85	300m: 4:01.29 1:21.96	500m: 6:45.40 1:22.37	700m: 9:28.82 1:21.71					
	200m: 2:39.33 1:22.48	400m: 5:23.03 1:21.74	600m: 8:07.11 1:21.71	800m: 10:47.34 1:18.52					
27.	Leonor Mosca, SILVA	10	Columbifila Cantanhedense					10:52.13	410
	100m: 1:10.56 1:10.56	300m: 3:43.70 1:16.55	500m: 6:33.56 1:33.78	700m: 9:28.57 1:26.10					
	200m: 2:27.15 1:16.59	400m: 4:59.78 1:16.08	600m: 8:02.47 1:28.91	800m: 10:52.13 1:23.56					
28.	Mariana Pina, MACEDO	10	Estamos Juntos					11:01.02	394
	100m: 1:14.99 1:14.99	300m: 4:03.43 1:24.82	500m: 6:53.02 1:24.80	700m: 9:41.58 1:23.48					
	200m: 2:38.61 1:23.62	400m: 5:28.22 1:24.79	600m: 8:18.10 1:25.08	800m: 11:01.02 1:19.44					
29.	Isabella Scavone, LOPES	10	Miranda do Corvo					11:01.45	393
	100m: 1:17.90 1:17.90	300m: 4:04.17 1:23.10	500m: 6:50.88 1:23.94	700m: 9:38.57 1:23.94					
	200m: 2:41.07 1:23.17	400m: 5:26.94 1:22.77	600m: 8:14.63 1:23.75	800m: 11:01.45 1:22.88					
30.	Mariana Moreira, LOPES	11	Feirense					11:13.97	372
	100m: 1:15.40 1:15.40	300m: 4:06.66 1:26.72	500m: 7:00.45 1:26.79	700m: 9:53.81 1:25.97					
	200m: 2:39.94 1:24.54	400m: 5:33.66 1:27.00	600m: 8:27.84 1:27.39	800m: 11:13.97 1:20.16					
31.	Vida Sofia, VELEZ	10	Bairro dos Anjos					11:26.95	351
	<i>FTL</i>								
	100m: 1:09.43 1:09.43	300m: 3:45.38 1:17.92	500m: 6:46.70 1:42.92	700m: 9:56.40 1:34.54					
	200m: 2:27.46 1:18.03	400m: 5:03.78 1:18.40	600m: 8:21.86 1:35.16	800m: 11:26.95 1:30.55					