

NZC deel 4 Veenendaal
Veenendaal, 8-3-2025

Programmanr. 20
8-3-2025

Meisjes, 400m wisselslag

Onder 16
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Elin Ditewig	VZC	4:57.58	200900392	5:00.04
	50m: 30.45	30.45	150m:	250m:	350m:
	100m: 1:06.01	35.56	200m: 2:21.87	300m:	400m: 5:00.04
2.	Juliëtte Woltjes	VZC	4:57.36	200900774	5:14.95
	50m: 31.00	31.00	150m:	250m:	350m:
	100m: 1:07.73	36.73	200m: 2:26.73	300m:	400m: 5:14.95
3.	Robine Moot	ZPC AMERSFOORT 1	5:12.73	200900330	5:16.03
	50m: 32.92	32.92	150m:	250m:	350m:
	100m: 1:11.99	39.07	200m: 2:35.70	300m:	400m: 5:16.03
4.	Myrthe Stelten	Hellas-Glana 1	5:12.02	200900234	5:17.91
	50m: 32.28	32.28	150m:	250m:	350m:
	100m: 1:11.63	39.35	200m: 2:35.66	300m:	400m: 5:17.91
5.	Mandy Berndsens	VZC	5:25.65	201001138	5:26.07
	50m: 33.62	33.62	150m:	250m:	350m:
	100m: 1:13.35	39.73	200m: 2:38.34	300m:	400m: 5:26.07
6.	Fenne Metten	ZPC AMERSFOORT 1	5:11.43	201000102	5:27.10
	50m: 33.36	33.36	150m:	250m:	350m:
	100m: 1:14.33	40.97	200m: 2:37.81	300m:	400m: 5:27.10
7.	Chiara Lammertink	ZPC AMERSFOORT 1	5:43.30	200902200	5:32.32
	50m: 33.53	33.53	150m:	250m:	350m:
	100m: 1:13.13	39.60	200m: 2:35.62	300m:	400m: 5:32.32
8.	Myrthe Rozendaal	Aqua-Novio'94	5:41.33	201000790	5:34.28
	50m: 36.98	36.98	150m:	250m:	350m:
	100m: 1:22.41	45.43	200m: 2:47.70	300m:	400m: 5:34.28
9.	Alaine Lomans	Hellas-Glana 1	5:37.31	201000420	5:40.07
	50m: 33.63	33.63	150m:	250m:	350m:
	100m: 1:13.85	40.22	200m: 2:43.38	300m:	400m: 5:40.07
10.	Tara Langkamp	Aqua-Novio'94	5:34.62	200900362	5:42.84
	50m: 33.00	33.00	150m:	250m:	350m:
	100m: 1:14.27	41.27	200m: 2:44.47	300m:	400m: 5:42.84
11.	Yfke van der Leij	VZC	6:03.11	201000028	5:52.15
	50m: 36.94	36.94	150m:	250m:	350m:
	100m: 1:20.58	43.64	200m: 2:49.85	300m:	400m: 5:52.15
12.	Eva de Man	Aqua-Novio'94	6:02.32	201000294	6:01.89
	50m: 37.90	37.90	150m:	250m:	350m:
	100m: 1:24.68	46.78	200m: 2:55.73	300m:	400m: 6:01.89
13.	Julie Simonis	Hellas-Glana 1	NT	201000144	6:03.01
	50m: 36.93	36.93	150m:	250m:	350m:
	100m: 1:21.32	44.39	200m: 2:48.83	300m:	400m: 6:03.01
14.	Danique de Man	VZC	NT	201001972	7:10.27
	50m: 51.75	51.75	150m:	250m:	350m:
	100m: 1:49.93	58.18	200m: 3:40.58	300m:	400m: 7:10.27
DIS	Anne Engbersen	ZPC AMERSFOORT 1	5:39.65	201000044	
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>				
BM	Isis Verhoeff	ZPC AMERSFOORT 1	5:57.55	200902962	5:39.91
	50m: 33.06	33.06	150m:	250m:	350m:
	100m: 1:12.23	39.17	200m: 2:35.69	300m:	400m: 5:39.91