

Event 33 Women, 400m Freestyle 11 years and older
16.03.2025 - 15:40 Results

Record Campionato Elite	4:20.37	BERTSCHI, Amélie	AST	Chiasso	09.03.2024
Record Campionato A1D	4:25.51	ZOLLINGER, Chiara	AST	Bellinzona	11.02.2012
Record Campionato A2	4:40.42	DELLA, Bruna Alice	AST	Bellinzona	16.02.2008
Record Campionato A3	4:51.10	DE LUCA, Sofia	LUGA	Bellinzona	15.03.2014
Vincitore 2024 Elite	4:20.37	BERTSCHI, Amelie	AST	Chiasso	09.03.2024
Vincitore 2024 A1D	4:31.73	D'IORIO, Micol	TURR	Chiasso	09.03.2024
Vincitore 2024 13	4:41.43	MARIOTTI, Rebecca	LUGA	Chiasso	09.03.2024
Vincitore 2024 12	5:14.80	DE CONTO, Sveva	LUGA	Chiasso	09.03.2024
Vincitore 2024 A3	5:13.70	VALSESIA, Ylenia	NUM	Bellinzona	24.03.2024

Limiti A3 A3: 7:15.32 / Limiti A2 A2: 6:29.14 / Limiti A1 A1D: 6:02.40 / Limiti Elite Elite: 5:45.52

Points: AQUA 2024

Rank			YB			Time			Pts
Allieve 3									
1.	RUSCA, Sara		14	A-Club Swimming Team Savosa		5:23.58			365
	50m:	35.85 35.85	150m:	1:59.34 42.31	250m:	3:22.66 41.40	350m:	4:46.27 41.54	
	100m:	1:17.03 41.18	200m:	2:41.26 41.92	300m:	4:04.73 42.07	400m:	5:23.58 37.31	
Allieve 2									
1.	DE CONTO, Sveva		12	Lugano Aquatics		4:54.18			486
	50m:	34.27 34.27	150m:	1:49.00 37.03	250m:	3:02.86 37.46	350m:	4:17.56 37.23	
	100m:	1:11.97 37.70	200m:	2:25.40 36.40	300m:	3:40.33 37.47	400m:	4:54.18 36.62	
2.	VALSESIA, Ylenia		13	Mendrisiotto Nuoto		4:58.83			463
	50m:	34.41 34.41	150m:	1:49.85 38.01	250m:	3:05.42 37.51	350m:	4:21.83 38.36	
	100m:	1:11.84 37.43	200m:	2:27.91 38.06	300m:	3:43.47 38.05	400m:	4:58.83 37.00	
3.	FORTINA, Nicole		13	Mendrisiotto Nuoto		4:59.75			459
	50m:	34.72 34.72	150m:	1:50.44 37.70	250m:	3:07.14 37.88	350m:	4:23.76 38.29	
	100m:	1:12.74 38.02	200m:	2:29.26 38.82	300m:	3:45.47 38.33	400m:	4:59.75 35.99	
4.	PELLANDA, Esmeralda		13	Nuoto Sport Locarno		4:59.95			458
	50m:	34.84 34.84	150m:	1:50.67 38.16	250m:	3:06.82 38.24	350m:	4:23.60 38.46	
	100m:	1:12.51 37.67	200m:	2:28.58 37.91	300m:	3:45.14 38.32	400m:	4:59.95 36.35	
5.	CHOUKHMANE, Nisrine		12	Turrita Nuoto		5:00.72			455
	50m:	34.67 34.67	150m:	1:50.30 38.12	250m:	3:07.03 38.59	350m:	4:23.64 38.20	
	100m:	1:12.18 37.51	200m:	2:28.44 38.14	300m:	3:45.44 38.41	400m:	5:00.72 37.08	
6.	MAGGIONI, Victoria		13	A-Club Swimming Team Savosa		5:19.93			377
	50m:	35.50 35.50	150m:	1:56.22 40.28	250m:	3:17.43 40.47	350m:	4:40.45 41.52	
	100m:	1:15.94 40.44	200m:	2:36.96 40.74	300m:	3:58.93 41.50	400m:	5:19.93 39.48	
7.	MINA, Olivia		13	Turrita Nuoto		5:30.39			343
	50m:	37.49 37.49	150m:	2:01.87 41.97	250m:	3:25.73 42.30	350m:	4:50.12 41.88	
	100m:	1:19.90 42.41	200m:	2:43.43 41.56	300m:	4:08.24 42.51	400m:	5:30.39 40.27	
8.	MANIGLIO, Maria		13	Lugano Aquatics		5:44.50			302
	50m:	37.10 37.10	150m:	2:02.51 42.94	250m:	3:31.79 44.97	350m:	5:01.63 44.91	
	100m:	1:19.57 42.47	200m:	2:46.82 44.31	300m:	4:16.72 44.93	400m:	5:44.50 42.87	
Allieve 1									
1.	FONTANA, Sofia		10	Turrita Nuoto		4:31.28			619
	50m:	31.37 31.37	150m:	1:39.77 34.35	250m:	2:48.64 34.34	350m:	3:57.59 34.68	
	100m:	1:05.42 34.05	200m:	2:14.30 34.53	300m:	3:22.91 34.27	400m:	4:31.28 33.69	
2.	BRUGGER, Aline		11	Lugano Aquatics		4:46.40			526
	50m:	32.52 32.52	150m:	1:43.12 35.68	250m:	2:56.42 36.64	350m:	4:10.83 37.16	
	100m:	1:07.44 34.92	200m:	2:19.78 36.66	300m:	3:33.67 37.25	400m:	4:46.40 35.57	

Event 33, Girls, 400m Freestyle, Allieve 1

Rank					YB					Time	Pts	
3.	TAMAGNI, Elena				11	Lugano Aquatics				4:52.42	494	
	50m:	32.98	32.98	150m:	1:46.44	37.15	250m:	3:01.18	37.34	350m:	4:16.07	37.44
	100m:	1:09.29	36.31	200m:	2:23.84	37.40	300m:	3:38.63	37.45	400m:	4:52.42	36.35
4.	SCARFONE, Sara				11	Mendrisiotto Nuoto				4:53.42	489	
	50m:	33.36	33.36	150m:	1:46.93	37.07	250m:	3:01.57	37.33	350m:	4:17.00	37.69
	100m:	1:09.86	36.50	200m:	2:24.24	37.31	300m:	3:39.31	37.74	400m:	4:53.42	36.42
5.	MONTEIRO DA SILVA, Alissa				11	Turrita Nuoto				4:56.52	474	
	50m:	33.58	33.58	150m:	1:49.03	38.24	250m:	3:04.79	37.94	350m:	4:20.44	37.76
	100m:	1:10.79	37.21	200m:	2:26.85	37.82	300m:	3:42.68	37.89	400m:	4:56.52	36.08
6.	GIAMBRONE, Susanna				11	Mendrisiotto Nuoto				5:13.54	401	
	50m:	34.40	34.40	150m:	1:52.94	40.38	250m:	3:14.24	40.58	350m:	4:35.81	40.55
	100m:	1:12.56	38.16	200m:	2:33.66	40.72	300m:	3:55.26	41.02	400m:	5:13.54	37.73

Elite

1.	BERTSCHI, Amelie				05	A-Club Swimming Team Savosa				4:19.54	707	RC
	<i>CAMPIONESSA CANTONALE TICINESE</i>											
	50m:	29.83	29.83	150m:	1:35.52	33.14	250m:	2:41.73	32.83	350m:	3:47.58	32.90
	100m:	1:02.38	32.55	200m:	2:08.90	33.38	300m:	3:14.68	32.95	400m:	4:19.54	31.96
2.	ROSSI, Elisabetta				07	Mendrisiotto Nuoto				4:25.01	664	
	50m:	30.32	30.32	150m:	1:36.05	33.20	250m:	2:42.98	33.41	350m:	3:51.19	34.24
	100m:	1:02.85	32.53	200m:	2:09.57	33.52	300m:	3:16.95	33.97	400m:	4:25.01	33.82
3.	PAPAI, Suami				08	A-Club Swimming Team Savosa				4:29.42	632	
	50m:	30.52	30.52	150m:	1:37.57	33.94	250m:	2:45.92	34.57	350m:	3:56.03	34.99
	100m:	1:03.63	33.11	200m:	2:11.35	33.78	300m:	3:21.04	35.12	400m:	4:29.42	33.39
4.	ANDREANI, Elisa				09	Mendrisiotto Nuoto				4:30.79	623	
	50m:	30.57	30.57	150m:	1:38.73	34.64	250m:	2:47.37	34.17	350m:	3:57.25	34.76
	100m:	1:04.09	33.52	200m:	2:13.20	34.47	300m:	3:22.49	35.12	400m:	4:30.79	33.54
5.	SCARFONE, Sofia				07	Mendrisiotto Nuoto				4:35.13	594	
	50m:	31.52	31.52	150m:	1:40.19	34.73	250m:	2:50.40	34.79	350m:	4:01.40	35.48
	100m:	1:05.46	33.94	200m:	2:15.61	35.42	300m:	3:25.92	35.52	400m:	4:35.13	33.73
6.	MILAN, Emma				08	Mendrisiotto Nuoto				4:43.39	543	
	50m:	31.55	31.55	150m:	1:41.62	35.75	250m:	2:54.27	36.30	350m:	4:07.61	36.73
	100m:	1:05.87	34.32	200m:	2:17.97	36.35	300m:	3:30.88	36.61	400m:	4:43.39	35.78
7.	LANINI, Amanda				08	Nuoto Sport Locarno				4:44.91	535	
	50m:	31.78	31.78	150m:	1:43.04	36.20	250m:	2:55.95	36.76	350m:	4:08.89	36.24
	100m:	1:06.84	35.06	200m:	2:19.19	36.15	300m:	3:32.65	36.70	400m:	4:44.91	36.02
8.	LUPICA, Sophie				07	Lugano Aquatics				4:47.59	520	
	50m:	32.34	32.34	150m:	1:44.18	36.16	250m:	2:57.59	36.71	350m:	4:11.27	36.91
	100m:	1:08.02	35.68	200m:	2:20.88	36.70	300m:	3:34.36	36.77	400m:	4:47.59	36.32
9.	MONTORFANO, Carlotta				08	Mendrisiotto Nuoto				4:51.75	498	
	50m:	33.53	33.53	150m:	1:46.90	36.96	250m:	3:00.70	37.01	350m:	4:14.77	37.06
	100m:	1:09.94	36.41	200m:	2:23.69	36.79	300m:	3:37.71	37.01	400m:	4:51.75	36.98
10.	CROCI TORTI, Sveva				09	Mendrisiotto Nuoto				4:57.61	469	
	50m:	33.14	33.14	150m:	1:47.21	37.59	250m:	3:03.45	38.63	350m:	4:20.65	38.46
	100m:	1:09.62	36.48	200m:	2:24.82	37.61	300m:	3:42.19	38.74	400m:	4:57.61	36.96