

gara 15

Donne, 400m Mista

Assoluti

15.03.2025 - 16:35

Risultati

Record Campionato Elite	4:55.10	BERTSCHI, Amélie	AST	Chiasso	09.03.2024
Record Campionato A1D	5:03.68	ZOLLINGER, Chiara	AST	Lugano	27.02.2011
Record Campionato A2	5:19.32	DE MARCHI, Anaïs	NSL	Bellinzona	17.02.2008
Vincitore 2024 Elite	4:55.10	BERTSCHI, Amélie	AST	Chiasso	09.03.2024
Vincitore 2024 A1D	5:33.25	LARGHI, Emma	AST	Chiasso	09.03.2024
Vincitore 2024 13	5:28.73	MENEGHETTI, Margherita	LUGA	Chiasso	09.03.2024

Limiti A2 A2: 7:15.64 / Limiti A1 A1D: 6:45.70 / Limiti Elite Elite: 6:26.80

Pointi: AQUA 2024

Rango	An	Tempo	Pt.
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Allieve 2

1. VALSESIA, Ylenia	13	Mendrisiotto Nuoto	5:45.79	419
50m: 36.98 36.98	150m: 2:05.69 46.54	250m: 3:40.03 49.60	350m: 5:08.24 39.82	
100m: 1:19.15 42.17	200m: 2:50.43 44.74	300m: 4:28.42 48.39	400m: 5:45.79 37.55	
2. REALINI, Giulia	13	Mendrisiotto Nuoto	6:16.48	325
50m: 40.61 40.61	150m: 2:21.26 47.36	250m: 4:00.57 53.89	350m: 5:36.73 42.49	
100m: 1:33.90 53.29	200m: 3:06.68 45.42	300m: 4:54.24 53.67	400m: 6:16.48 39.75	

Allieve 1

1. MENEGHETTI, Margherita	11	Lugano Aquatics	5:19.80	530
50m: 33.19 33.19	150m: 1:54.69 42.63	250m: 3:20.76 44.56	350m: 4:43.24 37.60	
100m: 1:12.06 38.87	200m: 2:36.20 41.51	300m: 4:05.64 44.88	400m: 5:19.80 36.56	
2. MONIGHETTI, Gaia	11	Turrita Nuoto	5:31.53	476
50m: 35.01 35.01	150m: 1:59.21 44.78	250m: 3:30.39 47.16	350m: 4:55.71 37.59	
100m: 1:14.43 39.42	200m: 2:43.23 44.02	300m: 4:18.12 47.73	400m: 5:31.53 35.82	
3. TAMAGNI, Elena	11	Lugano Aquatics	5:41.90	434
50m: 36.09 36.09	150m: 2:04.21 46.36	250m: 3:36.76 49.03	350m: 5:05.16 38.38	
100m: 1:17.85 41.76	200m: 2:47.73 43.52	300m: 4:26.78 50.02	400m: 5:41.90 36.74	
4. ASIETTI, Cecilia	10	Nuoto Sport Locarno	5:47.30	414
50m: 37.01 37.01	150m: 2:06.19 43.35	250m: 3:38.02 49.64	350m: 5:08.55 39.89	
100m: 1:22.84 45.83	200m: 2:48.38 42.19	300m: 4:28.66 50.64	400m: 5:47.30 38.75	

Elite

1. BERTSCHI, Amélie	05	A-Club Swimming Team Savosa	4:53.77	684	RC
<i>Campionessa Cantonale Ticinese</i>					
50m: 31.09 31.09	150m: 1:45.41 38.47	250m: 3:05.49 42.09	350m: 4:21.65 33.56		
100m: 1:06.94 35.85	200m: 2:23.40 37.99	300m: 3:48.09 42.60	400m: 4:53.77 32.12		
2. ROSSI, Elisabetta	07	Mendrisiotto Nuoto	5:00.14	642	
50m: 32.46 32.46	150m: 1:47.51 38.93	250m: 3:08.17 42.77	350m: 4:26.39 34.66		
100m: 1:08.58 36.12	200m: 2:25.40 37.89	300m: 3:51.73 43.56	400m: 5:00.14 33.75		
3. BORSA, Matilde	08	A-Club Swimming Team Savosa	5:07.55	596	
50m: 32.66 32.66	150m: 1:49.23 38.92	250m: 3:12.25 43.85	350m: 4:32.86 35.75		
100m: 1:10.31 37.65	200m: 2:28.40 39.17	300m: 3:57.11 44.86	400m: 5:07.55 34.69		
4. PLACIDI, Elisa	09	A-Club Swimming Team Savosa	5:07.99	594	
50m: 33.10 33.10	150m: 1:50.46 39.71	250m: 3:14.42 45.00	350m: 4:35.30 34.64		
100m: 1:10.75 37.65	200m: 2:29.42 38.96	300m: 4:00.66 46.24	400m: 5:07.99 32.69		
5. ANDREANI, Elisa	09	Mendrisiotto Nuoto	5:09.14	587	
50m: 33.31 33.31	150m: 1:50.61 38.60	250m: 3:14.96 46.96	350m: 4:35.94 34.88		
100m: 1:12.01 38.70	200m: 2:28.00 37.39	300m: 4:01.06 46.10	400m: 5:09.14 33.20		
6. PAPAIS, Suami	08	A-Club Swimming Team Savosa	5:11.13	576	
50m: 32.57 32.57	150m: 1:52.76 42.24	250m: 3:18.10 44.08	350m: 4:38.24 35.29		
100m: 1:10.52 37.95	200m: 2:34.02 41.26	300m: 4:02.95 44.85	400m: 5:11.13 32.89		

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Rango							An							Tempo	Pt.
7.	MILAN, Emma						08	Mendrisiotto Nuoto						5:17.78	541
	50m:	33.24	33.24	150m:	1:53.61	41.70	250m:	3:19.78	45.85	350m:	4:42.96	36.68			
	100m:	1:11.91	38.67	200m:	2:33.93	40.32	300m:	4:06.28	46.50	400m:	5:17.78	34.82			
8.	SCARFONE, Sofia						07	Mendrisiotto Nuoto						5:28.39	490
	50m:	35.74	35.74	150m:	1:59.51	41.74	250m:	3:28.66	49.36	350m:	4:53.93	35.48			
	100m:	1:17.77	42.03	200m:	2:39.30	39.79	300m:	4:18.45	49.79	400m:	5:28.39	34.46			
9.	CROCI TORTI, Sveva						09	Mendrisiotto Nuoto						5:35.76	458
	50m:	36.34	36.34	150m:	2:02.80	43.75	250m:	3:34.07	48.80	350m:	5:00.47	37.04			
	100m:	1:19.05	42.71	200m:	2:45.27	42.47	300m:	4:23.43	49.36	400m:	5:35.76	35.29			