

Eredivisie Competitie - deel 4
Alkmaar, 9-3-2025

Programmanr. 28
9-3-2025 - 15:35

Meisjes, 400m vrije slag

Gebjr 2011 - 2013
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Elle van Gemeren	DAW	5:08.50	201100428	5:00.44
	50m: 34.70	34.70	150m:	250m:	350m:
	100m: 1:12.08	37.38	200m: 2:29.21	300m:	400m: 5:00.44
2.	Liv Schoon	DAW	5:25.55	201202112	5:04.30
	50m: 33.92	33.92	150m:	250m:	350m:
	100m: 1:11.40	37.48	200m: 2:29.09	300m:	400m: 5:04.30
3.	Roubin van Kampen	Zpch	5:07.68	201200370	5:05.47
	50m: 34.92	34.92	150m:	250m:	350m:
	100m: 1:13.76	38.84	200m: 2:31.91	300m:	400m: 5:05.47
4.	Juno Toornend	Team Noord Holland 1	5:19.63	201101718	5:08.87
	50m: 35.63	35.63	150m:	250m:	350m:
	100m: 1:14.47	38.84	200m: 2:32.48	300m:	400m: 5:08.87
5.	Anne Kük	Team Noord Holland 1	5:22.00	201101580	5:16.77
	50m: 35.39	35.39	150m:	250m:	350m:
	100m: 1:15.73	40.34	200m: 2:37.57	300m:	400m: 5:16.77
6.	Sofija Velevska	Zpch	5:20.43	201102774	5:20.80
	50m: 37.40	37.40	150m:	250m:	350m:
	100m: 1:17.02	39.62	200m: 2:40.69	300m:	400m: 5:20.80
7.	Sophie Seijsener	DAW	5:45.55	201101730	5:23.94
	50m: 36.75	36.75	150m:	250m:	350m:
	100m: 1:17.63	40.88	200m: 2:40.92	300m:	400m: 5:23.94
8.	Nynke Muntinga	Zpch	5:22.31	201100060	5:24.28
	50m: 36.15	36.15	150m:	250m:	350m:
	100m: 1:17.03	40.88	200m: 2:40.50	300m:	400m: 5:24.28
9.	Caitlin Lakke	Team Noord Holland 1	5:48.36	201302438	5:27.26
	50m: 36.53	36.53	150m:	250m:	350m:
	100m: 1:16.98	40.45	200m: 2:42.09	300m:	400m: 5:27.26
10.	Elisa Obdam	DAW	6:12.80	201201444	5:28.40
	50m: 35.74	35.74	150m:	250m:	350m:
	100m: 1:16.24	40.50	200m: 2:41.15	300m:	400m: 5:28.40
11.	Isaura van den Brink	DAW	5:56.23	201102540	5:34.84
	50m: 36.84	36.84	150m:	250m:	350m:
	100m: 1:18.01	41.17	200m: 2:43.39	300m:	400m: 5:34.84
12.	Lisa Holswilder	Zpch	6:40.84	201101128	5:45.84
	50m: 36.43	36.43	150m:	250m:	350m:
	100m: 1:18.25	41.82	200m: 2:48.41	300m:	400m: 5:45.84
13.	Lola Opdam	DAW	6:32.81	201103150	6:00.10
	50m: 39.84	39.84	150m:	250m:	350m:
	100m: 1:24.20	44.36	200m: 2:56.84	300m:	400m: 6:00.10
14.	Lena Lichner	Zpch	NT	201202024	6:20.43
	50m: 43.53	43.53	150m:	250m:	350m:
	100m: 1:31.57	48.04	200m: 3:09.41	300m:	400m: 6:20.43
15.	Emilie Schram	DAW	NT	201301816	6:53.01
	50m: 44.36	44.36	150m:	250m:	350m:
	100m: 1:36.28	51.92	200m: 3:23.74	300m:	400m: 6:53.01
16.	Irina Velevska	Zpch	NT	201201802	7:05.25
	50m: 44.91	44.91	150m:	250m:	350m:
	100m: 1:35.60	50.69	200m: 3:23.82	300m:	400m: 7:05.25