

PCSC Coupe #2: Distance  
Pointe-Claire, 24- - 25-1-2025

Epreuve 704  
2025-01-25

400m Libre

11 ans et plus  
Liste résultats Essais de temps

Points: AQUA 2024

Rang				Age					Temps	Pts		
11 ans et plus, Dames												
1.	MCIVER, Emerson			12	Pointe-Claire Swim Club				<b>5:17.68</b>	385		
	50m:	35.76	35.76	150m:	1:55.84	40.80	250m:	3:17.17	40.50	350m:	4:37.69	40.38
	100m:	1:15.04	39.28	200m:	2:36.67	40.83	300m:	3:57.31	40.14	400m:	5:17.68	39.99
2.	CHEN, Helena			12	Pointe-Claire Swim Club				<b>5:39.84</b>	315		
	50m:	38.00	38.00	150m:	2:03.44	43.10	250m:	3:29.49	43.39	350m:	4:56.55	43.60
	100m:	1:20.34	42.34	200m:	2:46.10	42.66	300m:	4:12.95	43.46	400m:	5:39.84	43.29
3.	LU, Melissa			12	Pointe-Claire Swim Club				<b>5:40.10</b>	314		
	50m:	38.72	38.72	150m:	2:03.42	42.82	250m:	3:29.54	42.95	350m:	4:56.57	43.35
	100m:	1:20.60	41.88	200m:	2:46.59	43.17	300m:	4:13.22	43.68	400m:	5:40.10	43.53
4.	LAROCHE, Kayla			11	Pointe-Claire Swim Club				<b>5:43.33</b>	305		
	50m:	38.32	38.32	150m:	2:04.43	43.32	250m:	3:31.95	43.84	350m:	4:59.38	43.95
	100m:	1:21.11	42.79	200m:	2:48.11	43.68	300m:	4:15.43	43.48	400m:	5:43.33	43.95
5.	NYKANOROV, Emma			12	Pointe-Claire Swim Club				<b>5:44.56</b>	302		
	50m:	38.12	38.12	150m:	2:04.36	43.45	250m:	3:30.93	43.22	350m:	5:00.09	44.48
	100m:	1:20.91	42.79	200m:	2:47.71	43.35	300m:	4:15.61	44.68	400m:	5:44.56	44.47
6.	NEPTON-BRIGHT, Olivia			11	Pointe-Claire Swim Club				<b>5:45.52</b>	299		
	50m:	37.22	37.22	150m:	2:03.32	43.15	250m:	3:31.31	44.53	350m:	5:01.25	44.92
	100m:	1:20.17	42.95	200m:	2:46.78	43.46	300m:	4:16.33	45.02	400m:	5:45.52	44.27
7.	ZHANG, Xinru			12	Pointe-Claire Swim Club				<b>5:48.13</b>	293		
	50m:	39.18	39.18	150m:	2:06.00	43.96	250m:	3:34.92	44.21	350m:	5:03.35	44.18
	100m:	1:22.04	42.86	200m:	2:50.71	44.71	300m:	4:19.17	44.25	400m:	5:48.13	44.78
8.	CARON, Coralynne			12	Pointe-Claire Swim Club				<b>5:58.33</b>	268		
	50m:	38.25	38.25	150m:	2:05.80	44.75	250m:	3:37.96	46.60	350m:	5:10.89	47.28
	100m:	1:21.05	42.80	200m:	2:51.36	45.56	300m:	4:23.61	45.65	400m:	5:58.33	47.44
9.	FORREST, Gabby			11	Pointe-Claire Swim Club				<b>5:59.88</b>	265		
	50m:	40.21	40.21	150m:	2:09.03	44.59	250m:	3:40.64	45.68	350m:	5:13.20	46.24
	100m:	1:24.44	44.23	200m:	2:54.96	45.93	300m:	4:26.96	46.32	400m:	5:59.88	46.68
10.	BOILY, Gabriella			11	Pointe-Claire Swim Club				<b>5:59.98</b>	265		
	50m:	39.33	39.33	150m:	2:08.49	45.38	250m:	3:40.48	46.16	350m:	5:13.37	46.57
	100m:	1:23.11	43.78	200m:	2:54.32	45.83	300m:	4:26.80	46.32	400m:	5:59.98	46.61
11.	DI LAURO, Delfina			11	Pointe-Claire Swim Club				<b>6:02.52</b>	259		
	50m:	40.51	40.51	150m:	2:12.02	46.32	250m:	3:43.35	45.46	350m:	5:15.61	46.37
	100m:	1:25.70	45.19	200m:	2:57.89	45.87	300m:	4:29.24	45.89	400m:	6:02.52	46.91
12.	HENRIQUES DE SOUZA, Sofia Maria			11	Pointe-Claire Swim Club				<b>6:03.11</b>	258		
	50m:	37.18	37.18	150m:	2:08.23	46.28	250m:	3:41.14	47.33	350m:	5:15.07	47.54
	100m:	1:21.95	44.77	200m:	2:53.81	45.58	300m:	4:27.53	46.39	400m:	6:03.11	48.04
13.	DROUAL, Louna			12	Pointe-Claire Swim Club				<b>6:03.84</b>	256		
	50m:	37.95	37.95	150m:	2:10.74	46.82	250m:	3:42.91	46.80	350m:	5:15.62	46.21
	100m:	1:23.92	45.97	200m:	2:56.11	45.37	300m:	4:29.41	46.50	400m:	6:03.84	48.22
14.	BOURBEAU, Hanna			12	Pointe-Claire Swim Club				<b>6:11.66</b>	241		
	50m:	40.61	40.61	150m:	2:14.03	47.20	250m:	3:48.39	47.00	350m:	5:24.10	48.48
	100m:	1:26.83	46.22	200m:	3:01.39	47.36	300m:	4:35.62	47.23	400m:	6:11.66	47.56
15.	VANNICOLA-PRIMEAU, Mia			12	Pointe-Claire Swim Club				<b>6:21.48</b>	222		
	50m:	41.54	41.54	150m:	2:16.75	48.38	250m:	3:53.72	48.07	350m:	5:31.82	49.04
	100m:	1:28.37	46.83	200m:	3:05.65	48.90	300m:	4:42.78	49.06	400m:	6:21.48	49.66

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Epreuve 704, Dames, 400m Libre, 11 ans et plus

Rang				Age					Temps	Pts		
16.	HMIDDOUCH, Soraya			11	Pointe-Claire Swim Club				<b>6:29.14</b>	209		
	50m:	43.69	43.69	150m:	2:20.39	49.20	250m:	3:59.18	49.45	350m:	5:38.84	49.74
	100m:	1:31.19	47.50	200m:	3:09.73	49.34	300m:	4:49.10	49.92	400m:	6:29.14	50.30
17.	POMERLEAU, Emmanuelle			12	Pointe-Claire Swim Club				<b>6:30.70</b>	207		
	50m:	42.35	42.35	150m:	2:19.39	49.31	250m:	3:58.70	49.61	350m:	5:40.01	51.13
	100m:	1:30.08	47.73	200m:	3:09.09	49.70	300m:	4:48.88	50.18	400m:	6:30.70	50.69
18.	MCLEAN, Chloe			11	Pointe-Claire Swim Club				<b>6:37.00</b>	197		
	50m:	42.64	42.64	150m:	2:22.53	50.30	250m:	4:03.53	51.16	350m:	5:45.21	50.70
	100m:	1:32.23	49.59	200m:	3:12.37	49.84	300m:	4:54.51	50.98	400m:	6:37.00	51.79
19.	TREMBLAY, Ailys			11	Pointe-Claire Swim Club				<b>6:48.69</b>	181		
	50m:	43.50	43.50	150m:	2:25.45	51.24	250m:	4:09.67	51.98	350m:	5:55.42	53.26
	100m:	1:34.21	50.71	200m:	3:17.69	52.24	300m:	5:02.16	52.49	400m:	6:48.69	53.27
20.	FIGAROLS-DA CRUZ, Willow			12	Pointe-Claire Swim Club				<b>6:52.06</b>	176		
	50m:	44.11	44.11	150m:	2:26.95	51.85	250m:	4:12.21	52.62	350m:	5:58.28	53.00
	100m:	1:35.10	50.99	200m:	3:19.59	52.64	300m:	5:05.28	53.07	400m:	6:52.06	53.78
21.	MCLAREN, Olivia			11	Pointe-Claire Swim Club				<b>6:56.15</b>	171		
	50m:	43.76	43.76	150m:	2:27.25	51.92	250m:	4:13.20	52.42	350m:	6:01.49	53.67
	100m:	1:35.33	51.57	200m:	3:20.78	53.53	300m:	5:07.82	54.62	400m:	6:56.15	54.66
22.	BRENNAN, Stephanie			11	Pointe-Claire Swim Club				<b>6:56.84</b>	170		
	50m:	45.99	45.99	150m:	2:29.49	52.42	250m:	4:16.01	54.11	350m:	6:02.19	53.22
	100m:	1:37.07	51.08	200m:	3:21.90	52.41	300m:	5:08.97	52.96	400m:	6:56.84	54.65
23.	MUMME, Mikaela			12	Pointe-Claire Swim Club				<b>7:06.45</b>	159		
	50m:	48.05	48.05	150m:	2:37.14	54.87	250m:	4:26.49	55.13	350m:	6:11.51	52.99
	100m:	1:42.27	54.22	200m:	3:31.36	54.22	300m:	5:18.52	52.03	400m:	7:06.45	54.94
24.	JING, Muxi			12	Pointe-Claire Swim Club				<b>7:20.51</b>	144		
	50m:	47.13	47.13	150m:	2:39.22	56.93	250m:	4:31.51	54.76	350m:	6:23.61	55.07
	100m:	1:42.29	55.16	200m:	3:36.75	57.53	300m:	5:28.54	57.03	400m:	7:20.51	56.90

11 ans et plus, Messieurs

1.	SHAO, Yiming			11	Pointe-Claire Swim Club				<b>5:34.85</b>	254		
	50m:	38.29	38.29	150m:	2:02.24	42.83	250m:	3:26.57	42.11	350m:	4:51.74	42.53
	100m:	1:19.41	41.12	200m:	2:44.46	42.22	300m:	4:09.21	42.64	400m:	5:34.85	43.11
2.	YANG, Zhiyu			11	Pointe-Claire Swim Club				<b>5:38.40</b>	246		
	50m:	36.07	36.07	150m:	2:00.12	42.21	250m:	3:26.69	43.35	350m:	4:54.18	43.90
	100m:	1:17.91	41.84	200m:	2:43.34	43.22	300m:	4:10.28	43.59	400m:	5:38.40	44.22
3.	WANG, Yechen			12	Pointe-Claire Swim Club				<b>5:41.95</b>	239		
	50m:	38.32	38.32	150m:	2:04.87	43.83	250m:	3:31.67	43.63	350m:	4:58.46	43.43
	100m:	1:21.04	42.72	200m:	2:48.04	43.17	300m:	4:15.03	43.36	400m:	5:41.95	43.49
4.	BAI, Yifan			13	Pointe-Claire Swim Club				<b>5:43.78</b>	235		
	50m:	39.51	39.51	150m:	2:05.55	42.99	250m:	3:32.78	43.35	350m:	4:59.90	43.72
	100m:	1:22.56	43.05	200m:	2:49.43	43.88	300m:	4:16.18	43.40	400m:	5:43.78	43.88
5.	BINDER-LABROSSE, Liam			11	Pointe-Claire Swim Club				<b>5:43.83</b>	235		
	50m:	37.97	37.97	150m:	2:03.99	43.51	250m:	3:31.90	43.70	350m:	4:59.82	44.00
	100m:	1:20.48	42.51	200m:	2:48.20	44.21	300m:	4:15.82	43.92	400m:	5:43.83	44.01
6.	SERGERIE, Alexander			11	Pointe-Claire Swim Club				<b>5:47.59</b>	227		
	50m:	38.81	38.81	150m:	2:04.62	43.84	250m:	3:33.18	44.05	350m:	5:02.51	45.12
	100m:	1:20.78	41.97	200m:	2:49.13	44.51	300m:	4:17.39	44.21	400m:	5:47.59	45.08

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Epreuve 704, Messieurs, 400m Libre, 11 ans et plus

Rang				Age					Temps	Pts		
7.	GERDES, Alejandro			11	Pointe-Claire Swim Club				<b>5:47.86</b>	227		
	50m:	37.69	37.69	150m:	2:03.41	43.29	250m:	3:32.32	44.64	350m:	5:02.94	45.95
	100m:	1:20.12	42.43	200m:	2:47.68	44.27	300m:	4:16.99	44.67	400m:	5:47.86	44.92
8.	KABAL-BAKER, Lionel			12	Pointe-Claire Swim Club				<b>5:53.45</b>	216		
	50m:	38.78	38.78	150m:	2:06.35	44.03	250m:	3:37.05	44.90	350m:	5:08.56	46.00
	100m:	1:22.32	43.54	200m:	2:52.15	45.80	300m:	4:22.56	45.51	400m:	5:53.45	44.89
9.	MILLER, Chase			11	Pointe-Claire Swim Club				<b>5:55.14</b>	213		
	50m:	38.73	38.73	150m:	2:07.56	44.83	250m:	3:38.23	45.30	350m:	5:09.19	45.88
	100m:	1:22.73	44.00	200m:	2:52.93	45.37	300m:	4:23.31	45.08	400m:	5:55.14	45.95
10.	CUI, Gabriel Jiarui			11	Pointe-Claire Swim Club				<b>6:00.44</b>	204		
	50m:	38.39	38.39	150m:	2:09.41	46.28	250m:	3:41.61	46.72	350m:	5:13.56	46.30
	100m:	1:23.13	44.74	200m:	2:54.89	45.48	300m:	4:27.26	45.65	400m:	6:00.44	46.88
11.	CUI, Gavin			12	Pointe-Claire Swim Club				<b>6:05.67</b>	195		
	50m:	39.74	39.74	150m:	2:12.10	46.62	250m:	3:44.70	46.68	350m:	5:18.51	46.57
	100m:	1:25.48	45.74	200m:	2:58.02	45.92	300m:	4:31.94	47.24	400m:	6:05.67	47.16
12.	CLOUÂTRE, Médéric			11	Pointe-Claire Swim Club				<b>6:05.92</b>	195		
	50m:	38.20	38.20	150m:	2:10.14	47.14	250m:	3:43.61	46.26	350m:	5:17.71	47.12
	100m:	1:23.00	44.80	200m:	2:57.35	47.21	300m:	4:30.59	46.98	400m:	6:05.92	48.21
13.	ZAYED, Zayden			12	Pointe-Claire Swim Club				<b>6:11.41</b>	186		
	50m:	41.39	41.39	150m:	2:13.73	46.86	250m:	3:47.67	47.38	350m:	5:23.20	47.74
	100m:	1:26.87	45.48	200m:	3:00.29	46.56	300m:	4:35.46	47.79	400m:	6:11.41	48.21
14.	LIU, Zhichen			12	Pointe-Claire Swim Club				<b>6:11.98</b>	185		
	50m:	39.58	39.58	150m:	2:14.03	47.58	250m:	3:48.22	47.11	350m:	5:24.71	47.94
	100m:	1:26.45	46.87	200m:	3:01.11	47.08	300m:	4:36.77	48.55	400m:	6:11.98	47.27
15.	DU PREEZ, Levi			11	Pointe-Claire Swim Club				<b>6:13.27</b>	183		
	50m:	41.75	41.75	150m:	2:16.32	46.82	250m:	3:51.23	47.42	350m:	5:25.87	47.36
	100m:	1:29.50	47.75	200m:	3:03.81	47.49	300m:	4:38.51	47.28	400m:	6:13.27	47.40
16.	CHEBILA, Ilyas			11	Pointe-Claire Swim Club				<b>6:25.92</b>	166		
	50m:	45.14	45.14	150m:	2:21.65	48.50	250m:	3:59.76	49.17	350m:	5:36.35	48.68
	100m:	1:33.15	48.01	200m:	3:10.59	48.94	300m:	4:47.67	47.91	400m:	6:25.92	49.57
17.	CHANG, Cheng Yen			11	Pointe-Claire Swim Club				<b>6:27.16</b>	164		
	50m:	40.28	40.28	150m:	2:17.30	49.25	250m:	3:56.30	49.73	350m:	5:37.17	50.81
	100m:	1:28.05	47.77	200m:	3:06.57	49.27	300m:	4:46.36	50.06	400m:	6:27.16	49.99
18.	QUAN, Maxton			11	Pointe-Claire Swim Club				<b>6:52.08</b>	136		
	50m:	43.78	43.78	150m:	2:26.90	52.93	250m:	4:11.47	52.72	350m:	5:58.30	54.89
	100m:	1:33.97	50.19	200m:	3:18.75	51.85	300m:	5:03.41	51.94	400m:	6:52.08	53.78
19.	KAKAVAND, Nikan			11	Pointe-Claire Swim Club				<b>6:54.31</b>	134		
	50m:	43.51	43.51	150m:	2:31.61	55.43	250m:	4:15.63	53.12	350m:	6:01.98	55.39
	100m:	1:36.18	52.67	200m:	3:22.51	50.90	300m:	5:06.59	50.96	400m:	6:54.31	52.33
20.	BOLANIS, Sonny			11	Pointe-Claire Swim Club				<b>6:55.54</b>	133		
	50m:	45.06	45.06	150m:	2:30.70	53.68	250m:	4:17.14	53.75	350m:	6:02.54	52.53
	100m:	1:37.02	51.96	200m:	3:23.39	52.69	300m:	5:10.01	52.87	400m:	6:55.54	53.00
21.	AGRAWAL, Ashvik			11	Pointe-Claire Swim Club				<b>7:17.27</b>	114		
	50m:	50.91	50.91	150m:	2:42.15	57.46	250m:	4:30.79	54.83	350m:	6:20.46	54.60
	100m:	1:44.69	53.78	200m:	3:35.96	53.81	300m:	5:25.86	55.07	400m:	7:17.27	56.81