

PCSC Coupe #2: Distance
Pointe-Claire, 24- - 25-1-2025

Epreuve 602
2025-01-24

400m Libre

11 ans et plus
Liste résultats Essais de temps

Points: AQUA 2024

Rang				Age					Temps	Pts		
11 ans et plus, Dames												
1.	LAMBERT, Sofia			14	Pointe-Claire Swim Club				5:15.91	392		
	50m:	34.01	34.01	150m:	1:52.82	40.40	250m:	3:13.52	40.76	350m:	4:35.12	40.93
	100m:	1:12.42	38.41	200m:	2:32.76	39.94	300m:	3:54.19	40.67	400m:	5:15.91	40.79
2.	LY, Mia Mei			13	Pointe-Claire Swim Club				5:17.87	385		
	50m:	35.48	35.48	150m:	1:55.66	40.62	250m:	3:15.97	40.18	350m:	4:36.96	40.69
	100m:	1:15.04	39.56	200m:	2:35.79	40.13	300m:	3:56.27	40.30	400m:	5:17.87	40.91
3.	LAMONTAGNE, Emma			11	Pointe-Claire Swim Club				5:18.05	384		
	50m:	35.55	35.55	150m:	1:55.09	39.78	250m:	3:16.17	40.65	350m:	4:37.63	40.58
	100m:	1:15.31	39.76	200m:	2:35.52	40.43	300m:	3:57.05	40.88	400m:	5:18.05	40.42
4.	PERRY, Ella			11	Pointe-Claire Swim Club				5:19.76	378		
	50m:	35.74	35.74	150m:	1:56.03	40.32	250m:	3:17.17	40.63	350m:	4:38.73	40.70
	100m:	1:15.71	39.97	200m:	2:36.54	40.51	300m:	3:58.03	40.86	400m:	5:19.76	41.03
5.	CHEN, Zoe			13	Pointe-Claire Swim Club				5:22.28	369		
	50m:	35.84	35.84	150m:	1:56.61	40.57	250m:	3:18.38	40.89	350m:	4:40.98	41.41
	100m:	1:16.04	40.20	200m:	2:37.49	40.88	300m:	3:59.57	41.19	400m:	5:22.28	41.30
6.	GUZMAN, Olivia			14	Pointe-Claire Swim Club				5:22.57	368		
	50m:	35.53	35.53	150m:	1:56.44	41.06	250m:	3:17.41	40.36	350m:	4:40.21	40.67
	100m:	1:15.38	39.85	200m:	2:37.05	40.61	300m:	3:59.54	42.13	400m:	5:22.57	42.36
7.	FANG, Brenda			13	Pointe-Claire Swim Club				5:24.14	363		
	50m:	34.88	34.88	150m:	1:55.33	40.85	250m:	3:17.74	41.42	350m:	4:41.40	41.95
	100m:	1:14.48	39.60	200m:	2:36.32	40.99	300m:	3:59.45	41.71	400m:	5:24.14	42.74
8.	MARK, Avery			14	Pointe-Claire Swim Club				5:25.98	357		
	50m:	35.64	35.64	150m:	1:57.83	41.37	250m:	3:20.28	41.31	350m:	4:43.81	42.66
	100m:	1:16.46	40.82	200m:	2:38.97	41.14	300m:	4:01.15	40.87	400m:	5:25.98	42.17
9.	ZHANG, Ruoxi			13	Pointe-Claire Swim Club				5:32.24	337		
	50m:	36.02	36.02	150m:	1:57.88	41.27	250m:	3:22.76	42.53	350m:	4:49.82	44.49
	100m:	1:16.61	40.59	200m:	2:40.23	42.35	300m:	4:05.33	42.57	400m:	5:32.24	42.42
10.	CUI, Yi			13	Pointe-Claire Swim Club				5:40.68	312		
	50m:	36.69	36.69	150m:	2:01.78	43.31	250m:	3:28.89	43.30	350m:	4:56.66	43.73
	100m:	1:18.47	41.78	200m:	2:45.59	43.81	300m:	4:12.93	44.04	400m:	5:40.68	44.02
11.	HENRIQUES DE SOUZA, Alice Maria			13	Pointe-Claire Swim Club				5:44.06	303		
	50m:	37.49	37.49	150m:	2:03.13	43.40	250m:	3:30.01	43.50	350m:	4:58.98	45.03
	100m:	1:19.73	42.24	200m:	2:46.51	43.38	300m:	4:13.95	43.94	400m:	5:44.06	45.08
12.	VOICULESCU, Amy Lara			13	Pointe-Claire Swim Club				5:44.93	301		
	50m:	37.26	37.26	150m:	2:03.21	44.08	250m:	3:31.93	44.33	350m:	5:00.74	44.53
	100m:	1:19.13	41.87	200m:	2:47.60	44.39	300m:	4:16.21	44.28	400m:	5:44.93	44.19
13.	LENET, Cadence			13	Pointe-Claire Swim Club				5:49.11	290		
	50m:	38.48	38.48	150m:	2:05.74	43.94	250m:	3:34.40	43.84	350m:	5:04.29	45.11
	100m:	1:21.80	43.32	200m:	2:50.56	44.82	300m:	4:19.18	44.78	400m:	5:49.11	44.82
14.	MCLAUHLAN, Maggie			14	Pointe-Claire Swim Club				6:10.11	244		
	50m:	38.75	38.75	150m:	2:10.55	46.32	250m:	3:45.64	47.94	350m:	5:21.50	48.65
	100m:	1:24.23	45.48	200m:	2:57.70	47.15	300m:	4:32.85	47.21	400m:	6:10.11	48.61
15.	LAUZON, Brielle			13	Pointe-Claire Swim Club				6:27.68	212		
	50m:	42.18	42.18	150m:	2:18.28	48.34	250m:	3:57.94	49.87	350m:	5:37.57	50.02
	100m:	1:29.94	47.76	200m:	3:08.07	49.79	300m:	4:47.55	49.61	400m:	6:27.68	50.11

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Epreuve 602, Dames, 400m Libre, 11 ans et plus

Rang				Age					Temps	Pts		
16.	TREMBLAY, Laurie-Gabrielle			13	Pointe-Claire Swim Club				6:29.59	209		
	50m:	42.88	42.88	150m:	2:18.56	49.76	250m:	3:58.77	50.22	350m:	5:38.67	49.49
	100m:	1:28.80	45.92	200m:	3:08.55	49.99	300m:	4:49.18	50.41	400m:	6:29.59	50.92

11 ans et plus, Messieurs

1.	LIU, Stephen			12	Pointe-Claire Swim Club				4:57.52	363		
	50m:	32.10	32.10	150m:	1:46.50	37.92	250m:	3:02.87	38.04	350m:	4:19.11	37.96
	100m:	1:08.58	36.48	200m:	2:24.83	38.33	300m:	3:41.15	38.28	400m:	4:57.52	38.41
2.	PAQUETTE, Olivier			13	Pointe-Claire Swim Club				4:57.93	361		
	50m:	31.87	31.87	150m:	1:46.10	37.89	250m:	3:02.42	38.36	350m:	4:19.22	37.76
	100m:	1:08.21	36.34	200m:	2:24.06	37.96	300m:	3:41.46	39.04	400m:	4:57.93	38.71
3.	HILLIER, Malcolm			12	Pointe-Claire Swim Club				5:10.28	320		
	50m:	34.44	34.44	150m:	1:51.81	38.75	250m:	3:10.32	39.60	350m:	4:30.60	40.45
	100m:	1:13.06	38.62	200m:	2:30.72	38.91	300m:	3:50.15	39.83	400m:	5:10.28	39.68
4.	RICCI, Adriano			12	Pointe-Claire Swim Club				5:13.35	310		
	50m:	34.21	34.21	150m:	1:51.90	39.23	250m:	3:11.40	39.80	350m:	4:32.58	40.44
	100m:	1:12.67	38.46	200m:	2:31.60	39.70	300m:	3:52.14	40.74	400m:	5:13.35	40.77
5.	CHOWN, Tristan			12	Pointe-Claire Swim Club				5:15.48	304		
	50m:	35.01	35.01	150m:	1:54.36	39.90	250m:	3:15.35	40.82	350m:	4:35.65	39.83
	100m:	1:14.46	39.45	200m:	2:34.53	40.17	300m:	3:55.82	40.47	400m:	5:15.48	39.83
6.	MACLEOD, Logan			12	Pointe-Claire Swim Club				5:19.68	292		
	50m:	36.16	36.16	150m:	1:55.36	39.97	250m:	3:16.49	41.10	350m:	4:38.94	41.43
	100m:	1:15.39	39.23	200m:	2:35.39	40.03	300m:	3:57.51	41.02	400m:	5:19.68	40.74
7.	YANG, Zhichong			13	Pointe-Claire Swim Club				5:26.07	275		
	50m:	35.81	35.81	150m:	1:57.15	41.68	250m:	3:20.79	42.03	350m:	4:44.53	42.13
	100m:	1:15.47	39.66	200m:	2:38.76	41.61	300m:	4:02.40	41.61	400m:	5:26.07	41.54
8.	CHEN, Jackie			14	Pointe-Claire Swim Club				5:32.40	260		
	50m:	36.60	36.60	150m:	1:59.02	41.87	250m:	3:23.85	42.47	350m:	4:49.45	42.87
	100m:	1:17.15	40.55	200m:	2:41.38	42.36	300m:	4:06.58	42.73	400m:	5:32.40	42.95
9.	SHAO, Daniel			13	Pointe-Claire Swim Club				5:36.91	250		
	50m:	36.11	36.11	150m:	1:58.74	41.90	250m:	3:24.07	43.34	350m:	4:52.03	44.32
	100m:	1:16.84	40.73	200m:	2:40.73	41.99	300m:	4:07.71	43.64	400m:	5:36.91	44.88
10.	DU PREEZ, Joah			13	Pointe-Claire Swim Club				5:37.65	248		
	50m:	38.11	38.11	150m:	2:02.43	42.27	250m:	3:28.40	43.82	350m:	4:53.97	43.13
	100m:	1:20.16	42.05	200m:	2:44.58	42.15	300m:	4:10.84	42.44	400m:	5:37.65	43.68
11.	ZHANG, David			13	Pointe-Claire Swim Club				5:41.48	240		
	50m:	36.78	36.78	150m:	2:02.95	43.85	250m:	3:28.76	42.98	350m:	4:56.53	44.01
	100m:	1:19.10	42.32	200m:	2:45.78	42.83	300m:	4:12.52	43.76	400m:	5:41.48	44.95
12.	MITREA, Victor Gabriel			13	Pointe-Claire Swim Club				5:46.08	230		
	50m:	37.20	37.20	150m:	2:03.74	43.84	250m:	3:32.56	44.48	350m:	5:02.96	45.64
	100m:	1:19.90	42.70	200m:	2:48.08	44.34	300m:	4:17.32	44.76	400m:	5:46.08	43.12
13.	MCLAREN, Jacob			13	Pointe-Claire Swim Club				6:07.40	192		
	50m:	37.39	37.39	150m:	2:11.27	47.32	250m:	3:45.53	46.84	350m:	5:22.23	47.34
	100m:	1:23.95	46.56	200m:	2:58.69	47.42	300m:	4:34.89	49.36	400m:	6:07.40	45.17
14.	SWEIHA, Augustin			13	Pointe-Claire Swim Club				6:10.30	188		
	50m:	39.80	39.80	150m:	2:12.72	47.93	250m:	3:46.33	46.98	350m:	5:23.66	49.44
	100m:	1:24.79	44.99	200m:	2:59.35	46.63	300m:	4:34.22	47.89	400m:	6:10.30	46.64

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Epreuve 602, Messieurs, 400m Libre, 11 ans et plus

Rang			Age						Temps	Pts
15.	LOULOUDOV, Michael		14	Pointe-Claire Swim Club				6:20.39	173	
	50m:	42.40 42.40	150m:	2:17.42 48.24	250m:	3:53.37 47.06	350m:	5:31.89 49.68		
	100m:	1:29.18 46.78	200m:	3:06.31 48.89	300m:	4:42.21 48.84	400m:	6:20.39 48.50		