

Wettkampf 22
 05.04.2025

Damen, 400m Freistil

 allg. Kategorie
 Rangliste Vorläufe

Swiss Agegroup Records 18	4:15.34	Flavia Rigamonti	Geneva	05.08.1999
Swiss Agegroup Records 17	4:15.63	Flavia Rigamonti	Gerlafingen	07.08.1998
Swiss Agegroup Records 16	4:18.33	Hanna Miluska	SVB Dunkerque (FRA)	27.07.2000
Swiss Agegroup Records 15	4:23.47	Flavia Rigamonti	Copenhagen (DEN)	07.08.1996
Swiss Agegroup Records 14	4:31.19	Nadia Krüger	SKBE ???	01.01.1982
Swiss Agegroup Records 13	4:36.64	Katarina Triska	L84 ???	01.01.1988
Swiss Agegroup Records 12	4:42.74	Yaël Hagen	LYN Romanshorn	20.07.2018
Swiss Agegroup Records - 11	4:52.58	Yaël Hagen	LYN Tenero	21.07.2017
Sieger 2024	4:18.70	Vanna Djakovic	SUI Uster	06.04.2024
Swiss National Records	4:09.29	Flavia Rigamonti	AST Austin (USA)	06.06.2008

Limite : 4:42.77 / Limite 2x : 4:48.77 / Limite 3x : 4:54.77

Punkte: AQUA 2025

Rang				An				RT	Temps	Pkt.		
1.	Amelie Bertschi			2005 A-Club Savosa			+0.70	4:31.41	652	A		
	50m:	30.93	30.93	150m:	1:39.55	34.76	250m:	2:48.61	34.26	350m:	3:57.42	34.42
	100m:	1:04.79	33.86	200m:	2:14.35	34.80	300m:	3:23.00	34.39	400m:	4:31.41	33.99
2.	Vanna Djakovic			2005 SC Uster			+0.79	4:31.50	651	A		
	50m:	31.24	31.24	150m:	1:39.93	34.58	250m:	2:48.17	33.23	350m:	3:56.90	35.23
	100m:	1:05.35	34.11	200m:	2:14.94	35.01	300m:	3:21.67	33.50	400m:	4:31.50	34.60
3.	Lea Harrison			2006 SC Uster			+0.63	4:32.57	643	A		
	50m:	31.00	31.00	150m:	1:39.53	34.71	250m:	2:48.87	34.43	350m:	3:58.16	34.93
	100m:	1:04.82	33.82	200m:	2:14.44	34.91	300m:	3:23.23	34.36	400m:	4:32.57	34.41
4.	Julia Balthasar			2006 Lausanne Aquatique			+0.77	4:32.67	643	A		
	50m:	31.99	31.99	150m:	1:41.63	35.18	250m:	2:50.42	34.06	350m:	3:58.76	34.28
	100m:	1:06.45	34.46	200m:	2:16.36	34.73	300m:	3:24.48	34.06	400m:	4:32.67	33.91
5.	Anina Bruhin			2006 SV Baar			+0.72	4:33.20	639	A		
	50m:	31.36	31.36	150m:	1:40.15	34.60	250m:	2:49.39	34.27	350m:	3:58.81	34.72
	100m:	1:05.55	34.19	200m:	2:15.12	34.97	300m:	3:24.09	34.70	400m:	4:33.20	34.39
6.	Elisabetta Rossi			2007 Mendrisiotto Nuoto			+0.75	4:34.32	631	A		
	50m:	31.72	31.72	150m:	1:40.59	34.96	250m:	2:50.42	34.84	350m:	4:00.90	35.42
	100m:	1:05.63	33.91	200m:	2:15.58	34.99	300m:	3:25.48	35.06	400m:	4:34.32	33.42
7.	Sofia Fontana			2010 Turruta Nuoto				4:34.85	628	A		
	50m:	31.91	31.91	150m:	1:40.86	35.04	250m:	2:50.85	35.04	350m:	4:01.13	35.46
	100m:	1:05.82	33.91	200m:	2:15.81	34.95	300m:	3:25.67	34.82	400m:	4:34.85	33.72
8.	Nina Mani			2009 Swim Regio Solothurn			+0.70	4:35.00	627	A		
	50m:	31.51	31.51	150m:	1:40.25	34.38	250m:	2:49.95	34.45	350m:	3:59.95	34.87
	100m:	1:05.87	34.36	200m:	2:15.50	35.25	300m:	3:25.08	35.13	400m:	4:35.00	35.05
	Micol D'Iorio			2009 Turruta Nuoto			+0.77	4:35.00	627	A		
	50m:	31.34	31.34	150m:	1:39.55	34.56	250m:	2:50.15	35.80	350m:	4:02.45	36.63
	100m:	1:04.99	33.65	200m:	2:14.35	34.80	300m:	3:25.82	35.67	400m:	4:35.00	32.55
10.	Emma Fredersdorf			2005 SV beider Basel			+0.72	4:35.41	624	A		
	50m:	31.48	31.48	150m:	1:40.11	34.59	250m:	2:49.88	34.75	350m:	4:00.70	35.33
	100m:	1:05.52	34.04	200m:	2:15.13	35.02	300m:	3:25.37	35.49	400m:	4:35.41	34.71
11.	Suami Papais			2008 A-Club Savosa			+0.72	4:35.42	624	B		
	50m:	31.50	31.50	150m:	1:39.78	34.28	250m:	2:50.72	35.81	350m:	4:02.35	35.61
	100m:	1:05.50	34.00	200m:	2:14.91	35.13	300m:	3:26.74	36.02	400m:	4:35.42	33.07
12.	Soyala Déverin			2007 SC Aarefisch			+0.77	4:35.54	623	B		
	50m:	31.02	31.02	150m:	1:39.55	34.52	250m:	2:49.63	35.11	350m:	4:01.29	35.79
	100m:	1:05.03	34.01	200m:	2:14.52	34.97	300m:	3:25.50	35.87	400m:	4:35.54	34.25
13.	Nastassja Cramerli			1998 Turruta Nuoto			+0.82	4:38.33	604	B		
	50m:	32.34	32.34	150m:	1:42.08	34.89	250m:	2:52.87	35.26	350m:	4:03.54	35.25
	100m:	1:07.19	34.85	200m:	2:17.61	35.53	300m:	3:28.29	35.42	400m:	4:38.33	34.79
14.	Katharina Hibbeln			2005 SV St.Gallen-Wittenbach			+0.70	4:40.17	592	B		
	50m:	31.78	31.78	150m:	1:41.82	35.56	250m:	2:53.51	35.96	350m:	4:05.21	35.94
	100m:	1:06.26	34.48	200m:	2:17.55	35.73	300m:	3:29.27	35.76	400m:	4:40.17	34.96

Wettkampf 22, Damen, 400m Freistil, Vorlauf, allg. Kategorie

Rang	An				RT	Temps	Pkt.					
15.	Lisa Piccirilli				2006	Red-Fish Neuchâtel	+0.73	4:41.78	582	B		
	50m:	32.02	32.02	150m:	1:42.14	35.45	250m:	2:54.43	36.16	350m:	4:07.61	36.39
	100m:	1:06.69	34.67	200m:	2:18.27	36.13	300m:	3:31.22	36.79	400m:	4:41.78	34.17
16.	Michelle Armandi				2006	SC Aarefisch	+0.77	4:41.92	582	B		
	50m:	31.30	31.30	150m:	1:40.84	34.90	250m:	2:52.60	36.02	350m:	4:05.67	36.61
	100m:	1:05.94	34.64	200m:	2:16.58	35.74	300m:	3:29.06	36.46	400m:	4:41.92	36.25
17.	Sofia Scarfone				2007	Mendrisiotto Nuoto	+0.70	4:41.99	581	B		
	50m:	32.42	32.42	150m:	1:42.74	35.18	250m:	2:55.51	36.31	350m:	4:07.64	35.80
	100m:	1:07.56	35.14	200m:	2:19.20	36.46	300m:	3:31.84	36.33	400m:	4:41.99	34.35
18.	Rebecca Mariotti				2011	Lugano Aquatics	+0.79	4:42.92	575	B *		
	50m:	32.77	32.77	150m:	1:45.07	36.06	250m:	2:56.73	35.50	350m:	4:08.24	35.50
	100m:	1:09.01	36.24	200m:	2:21.23	36.16	300m:	3:32.74	36.01	400m:	4:42.92	34.68
19.	Marielena Sophie Petersdorf				2007	SV St.Gallen-Wittenbach	+0.55	4:42.93	575	B *		
	50m:	32.25	32.25	150m:	1:43.22	35.48	250m:	2:55.46	36.02	350m:	4:07.91	36.08
	100m:	1:07.74	35.49	200m:	2:19.44	36.22	300m:	3:31.83	36.37	400m:	4:42.93	35.02
20.	Lou Anna Benelli				2010	SK Bern	+0.66	4:43.66	571	B *		
	50m:	32.62	32.62	150m:	1:44.16	36.10	250m:	2:56.60	36.62	350m:	4:08.29	35.75
	100m:	1:08.06	35.44	200m:	2:19.98	35.82	300m:	3:32.54	35.94	400m:	4:43.66	35.37
21.	Frida Hirsch				2011	SC Kreuzlingen	+0.79	4:44.41	566	R *		
	50m:	31.81	31.81	150m:	1:42.92	36.29	250m:	2:56.02	36.87	350m:	4:09.38	36.77
	100m:	1:06.63	34.82	200m:	2:19.15	36.23	300m:	3:32.61	36.59	400m:	4:44.41	35.03
22.	Thaline Beljean				2007	Red-Fish Neuchâtel	+0.68	4:45.36	561	*		
	50m:	31.94	31.94	150m:	1:43.64	36.23	250m:	2:56.92	36.32	350m:	4:10.35	36.42
	100m:	1:07.41	35.47	200m:	2:20.60	36.96	300m:	3:33.93	37.01	400m:	4:45.36	35.01
23.	Lucia Dibbern				2007	SK Bern		4:45.45	560	*		
	50m:	33.77	33.77	150m:	1:45.14	35.72	250m:	2:57.18	35.83	350m:	4:09.95	36.34
	100m:	1:09.42	35.65	200m:	2:21.35	36.21	300m:	3:33.61	36.43	400m:	4:45.45	35.50
24.	Ave Chtaini				2007	Lausanne Aquatique	+0.81	4:45.65	559	*		
	50m:	31.97	31.97	150m:	1:42.22	35.82	250m:	2:55.10	36.84	350m:	4:09.31	37.41
	100m:	1:06.40	34.43	200m:	2:18.26	36.04	300m:	3:31.90	36.80	400m:	4:45.65	36.34
25.	Anouk Schmidberger				2007	SC Winterthur	+0.51	4:46.64	553	*		
	50m:	32.49	32.49	150m:	1:44.35	36.15	250m:	2:57.90	36.79	350m:	4:11.61	36.70
	100m:	1:08.20	35.71	200m:	2:21.11	36.76	300m:	3:34.91	37.01	400m:	4:46.64	35.03
26.	Margaux Ruegsegger				2011	Red-Fish Neuchâtel	+0.73	4:47.19	550	*		
	50m:	31.90	31.90	150m:	1:45.52	37.55	250m:	2:58.48	36.56	350m:	4:11.83	36.19
	100m:	1:07.97	36.07	200m:	2:21.92	36.40	300m:	3:35.64	37.16	400m:	4:47.19	35.36
27.	Leona Giaimo				2008	Swim Team Lucerne	+0.68	4:49.33	538	**		
	50m:	32.98	32.98	150m:	1:46.70	37.57	250m:	3:00.93	37.08	350m:	4:14.38	36.55
	100m:	1:09.13	36.15	200m:	2:23.85	37.15	300m:	3:37.83	36.90	400m:	4:49.33	34.95
28.	Anna Pitzer				2005	SV beider Basel	+0.71	4:49.89	535	**		
	50m:	32.58	32.58	150m:	1:43.88	35.83	250m:	2:57.23	36.58	350m:	4:12.78	37.77
	100m:	1:08.05	35.47	200m:	2:20.65	36.77	300m:	3:35.01	37.78	400m:	4:49.89	37.11
29.	Emma Mecic				2007	Nuoto Sport Locarno	+0.94	4:49.98	534	**		
	50m:	33.17	33.17	150m:	1:45.69	36.55	250m:	2:59.54	37.03	350m:	4:13.72	37.20
	100m:	1:09.14	35.97	200m:	2:22.51	36.82	300m:	3:36.52	36.98	400m:	4:49.98	36.26
30.	Jessica Freimann				1999	Limmat Sharks	+0.77	4:51.76	525	**		
	50m:	33.25	33.25	150m:	1:46.92	37.10	250m:	3:01.04	37.12	350m:	4:15.50	37.28
	100m:	1:09.82	36.57	200m:	2:23.92	37.00	300m:	3:38.22	37.18	400m:	4:51.76	36.26
31.	Meret Aka				2009	Limmat Sharks	+0.77	4:55.23	506	***		
	50m:	33.04	33.04	150m:	1:46.17	36.73	250m:	3:00.79	37.23	350m:	4:16.96	38.26
	100m:	1:09.44	36.40	200m:	2:23.56	37.39	300m:	3:38.70	37.91	400m:	4:55.23	38.27
32.	Aisha Mauri				2010	Limmat Sharks	+0.45	4:57.35	496	***		
	50m:	33.51	33.51	150m:	1:47.89	38.15	250m:	3:04.30	38.74	350m:	4:20.89	38.47
	100m:	1:09.74	36.23	200m:	2:25.56	37.67	300m:	3:42.42	38.12	400m:	4:57.35	36.46

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Rang	An						RT	Temps	Pkt.			
33.	Minjia Ludi											
	2010 Limmat Sharks						+0.63	5:07.06	450 ***			
	50m:	34.25	34.25	150m:	1:52.02	39.47	250m:	3:10.61	39.30	350m:	4:28.85	38.91
	100m:	1:12.55	38.30	200m:	2:31.31	39.29	300m:	3:49.94	39.33	400m:	5:07.06	38.21