

Wettkampf 12  
 04.04.2025

Herren, 400m Lagen

 allg. Kategorie  
 Rangliste Finals

Swiss Agegroup Records 18	4:23.22	Marius Toscan	SVSW	Uster	19.12.2020
Swiss Agegroup Records 17	4:26.59	Jacques Läufer	LIMM	Dordrecht (NED)	13.07.2014
Swiss Agegroup Records 16	4:29.40	Noè Ponti	NSL	Geneva	25.03.2017
Swiss Agegroup Records 15	4:34.35	Noè Ponti	NSL	Gyor (HUN)	14.12.2016
Swiss Agegroup Records 14	4:35.57	Julien Niederberger	NSL	Gyor (HUN)	18.12.2019
Swiss Agegroup Records 13	4:56.42	Noè Ponti	NSL	Schaffhausen	17.07.2014
Swiss Agegroup Records 12	5:15.19	Quirin Rusch	MEIL	Karlsruhe (GER)	06.12.2015
Swiss Agegroup Records - 11	5:36.90	Colin Umegbolu	LIMM	Sursee	15.12.2023
Sieger 2024	4:20.45	Marius Toscan	SUI	Uster	05.04.2024
Swiss National Records	4:12.86	Jérémy Desplanches	GEN	Rennes (FRA)	16.04.2019

Limite : 4:58.95 / Limite 2x : 5:04.95 / Limite 3x : 5:10.95

Punkte: AQUA 2025

Rang			An			RT	Temps	Pkt.
<b>Final A</b>								
1.	Marius Toscan		2002	SV St.Gallen-Wittenbach		+0.70	<b>4:18.67</b>	823
	50m:	27.40 27.40	150m:	1:33.02 34.27	250m:	2:42.18 35.90	350m:	3:49.74 30.53
	100m:	58.75 31.35	200m:	2:06.28 33.26	300m:	3:19.21 37.03	400m:	4:18.67 28.93
2.	Maxwell Enrico Seidel		2001	Limmat Sharks		+0.54	<b>4:25.42</b>	762
	50m:	28.18 28.18	150m:	1:36.55 36.14	250m:	2:47.96 36.52	350m:	3:55.39 30.89
	100m:	1:00.41 32.23	200m:	2:11.44 34.89	300m:	3:24.50 36.54	400m:	4:25.42 30.03
3.	Julien Niederberger		2005	Lausanne Aquatique		+0.66	<b>4:27.32</b>	746
	50m:	28.52 28.52	150m:	1:35.94 34.50	250m:	2:47.00 36.77	350m:	3:56.26 31.76
	100m:	1:01.44 32.92	200m:	2:10.23 34.29	300m:	3:24.50 37.50	400m:	4:27.32 31.06
4.	Flavio Bucca		2005	SC Uster		+0.78	<b>4:29.86</b>	725
	50m:	27.66 27.66	150m:	1:34.26 34.34	250m:	2:46.14 38.87	350m:	3:57.77 32.20
	100m:	59.92 32.26	200m:	2:07.27 33.01	300m:	3:25.57 39.43	400m:	4:29.86 32.09
5.	Balint Ashton		2006	SV beider Basel		+0.53	<b>4:32.96</b>	701
	50m:	27.23 27.23	150m:	1:33.36 34.28	250m:	2:49.68 40.71	350m:	4:03.53 31.14
	100m:	59.08 31.85	200m:	2:08.97 35.61	300m:	3:32.39 42.71	400m:	4:32.96 29.43
6.	Attila Polster		2007	SC Thalwil		+0.64	<b>4:34.86</b>	686
	50m:	28.29 28.29	150m:	1:36.90 35.92	250m:	2:50.58 38.52	350m:	4:03.58 33.35
	100m:	1:00.98 32.69	200m:	2:12.06 35.16	300m:	3:30.23 39.65	400m:	4:34.86 31.28
7.	Christian Schreiber		2002	SV St.Gallen-Wittenbach		+0.78	<b>4:35.00</b>	685
	50m:	28.95 28.95	150m:	1:38.41 35.79	250m:	2:52.99 40.46	350m:	4:05.84 31.53
	100m:	1:02.62 33.67	200m:	2:12.53 34.12	300m:	3:34.31 41.32	400m:	4:35.00 29.16
8.	Lorenzo Guidotti		2008	Geneve Natation		+0.68	<b>4:35.04</b>	685
	50m:	28.64 28.64	150m:	1:39.06 36.65	250m:	2:54.69 39.37	350m:	4:05.57 31.60
	100m:	1:02.41 33.77	200m:	2:15.32 36.26	300m:	3:33.97 39.28	400m:	4:35.04 29.47
9.	Ian D'Iorio		2006	Turruta Nuoto		+0.67	<b>4:37.34</b>	668
	50m:	28.03 28.03	150m:	1:38.13 37.63	250m:	2:54.03 39.38	350m:	4:05.72 32.24
	100m:	1:00.50 32.47	200m:	2:14.65 36.52	300m:	3:33.48 39.45	400m:	4:37.34 31.62
10.	Luka Sarf		2008	Natation Sportive Genève		+0.64	<b>4:48.98</b>	590
	50m:	29.11 29.11	150m:	1:41.40 37.66	250m:	3:00.50 42.51	350m:	4:16.98 33.75
	100m:	1:03.74 34.63	200m:	2:17.99 36.59	300m:	3:43.23 42.73	400m:	4:48.98 32.00

Final B

11.	Nicola Menaballi		2007	A-Club Savosa		+0.63	<b>4:38.19</b>	662
	50m:	26.93 26.93	150m:	1:35.91 35.67	250m:	2:52.83 40.79	350m:	4:06.51 32.45
	100m:	1:00.24 33.31	200m:	2:12.04 36.13	300m:	3:34.06 41.23	400m:	4:38.19 31.68
12.	Lennox Rutishauser		2005	SC Frauenfeld		+0.69	<b>4:46.10</b>	608
	50m:	28.43 28.43	150m:	1:40.33 38.57	250m:	2:55.99 38.53	350m:	4:12.59 35.71
	100m:	1:01.76 33.33	200m:	2:17.46 37.13	300m:	3:36.88 40.89	400m:	4:46.10 33.51
13.	Yannick Knab		2006	SC Liestal		+0.70	<b>4:46.84</b>	604
	50m:	29.46 29.46	150m:	1:40.79 36.58	250m:	2:58.17 40.74	350m:	4:14.06 34.86
	100m:	1:04.21 34.75	200m:	2:17.43 36.64	300m:	3:39.20 41.03	400m:	4:46.84 32.78

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Rang			An				RT	Temps	Pkt.			
14.	Vladyslav Rykov		2008 SC Bülach				+0.60	<b>4:48.63</b>	593			
	50m:	29.76	29.76	150m:	3:01.79	1:57.36	250m:	4:16.58	1:59.13	350m:		
	100m:	1:04.43	34.67	200m:	2:17.45		300m:	3:44.38		400m:	4:48.63	
15.	Luca Baur		2007 Lausanne Aquatique				+0.73	<b>4:48.68</b>	592			
	50m:	29.96	29.96	150m:	1:44.43	38.31	250m:	3:01.59	41.27	350m:	4:17.27	33.46
	100m:	1:05.12	35.16	200m:	2:20.32	36.89	300m:	3:43.81	42.22	400m:	4:48.68	31.41
16.	Julius Dian Arnold		2007 Limmat Sharks				+0.61	<b>4:52.38</b>	570			
	50m:	29.37	29.37	150m:	1:44.03	39.20	250m:	3:02.40	39.32	350m:	4:18.24	33.77
	100m:	1:04.83	35.46	200m:	2:23.08	39.05	300m:	3:44.47	42.07	400m:	4:52.38	34.14
17.	Yuuki Yotsumoto		2010 Limmat Sharks				+0.68	<b>4:52.63</b>	569			
	50m:	30.56	30.56	150m:	1:44.82	38.59	250m:	3:03.30	40.28	350m:	4:19.31	33.82
	100m:	1:06.23	35.67	200m:	2:23.02	38.20	300m:	3:45.49	42.19	400m:	4:52.63	33.32
18.	Jean-Luc Zwingli		2006 Lausanne Aquatique				+0.65	<b>4:53.27</b>	565			
	50m:	30.12	30.12	150m:	1:44.23	38.07	250m:	3:04.18	43.42	350m:	4:21.39	33.50
	100m:	1:06.16	36.04	200m:	2:20.76	36.53	300m:	3:47.89	43.71	400m:	4:53.27	31.88
19.	Paul Weidner		2008 Swim Team Biel-Bienne				+0.78	<b>4:53.60</b>	563			
	50m:	31.63	31.63	150m:	1:44.55	36.96	250m:	3:04.29	43.20	350m:	4:21.39	34.31
	100m:	1:07.59	35.96	200m:	2:21.09	36.54	300m:	3:47.08	42.79	400m:	4:53.60	32.21
20.	Adrian Tschanz		2009 SK Bern				+0.73	<b>4:55.27</b>	553			
	50m:	30.48	30.48	150m:	1:44.72	38.38	250m:	3:04.64	42.00	350m:	4:21.56	34.50
	100m:	1:06.34	35.86	200m:	2:22.64	37.92	300m:	3:47.06	42.42	400m:	4:55.27	33.71