

Wettkampf 12
 04.04.2025

Herren, 400m Lagen

 allg. Kategorie
 Rangliste Vorläufe

Swiss Agegroup Records 18	4:23.22	Marius Toscan	SVSW	Uster	19.12.2020
Swiss Agegroup Records 17	4:26.59	Jacques Läufer	LIMM	Dordrecht (NED)	13.07.2014
Swiss Agegroup Records 16	4:29.40	Noè Ponti	NSL	Geneva	25.03.2017
Swiss Agegroup Records 15	4:34.35	Noè Ponti	NSL	Gyor (HUN)	14.12.2016
Swiss Agegroup Records 14	4:35.57	Julien Niederberger	NSL	Gyor (HUN)	18.12.2019
Swiss Agegroup Records 13	4:56.42	Noè Ponti	NSL	Schaffhausen	17.07.2014
Swiss Agegroup Records 12	5:15.19	Quirin Rusch	MEIL	Karlsruhe (GER)	06.12.2015
Swiss Agegroup Records - 11	5:36.90	Colin Umegbolu	LIMM	Sursee	15.12.2023
Sieger 2024	4:20.45	Marius Toscan	SUI	Uster	05.04.2024
Swiss National Records	4:12.86	Jérémy Desplanches	GEN	Rennes (FRA)	16.04.2019

Limite : 4:58.95 / Limite 2x : 5:04.95 / Limite 3x : 5:10.95

Punkte: AQUA 2025

Rang				An				RT	Temps	Pkt.		
1.	Marius Toscan			2002	SV St.Gallen-Wittenbach			+0.73	4:27.41	745	A	
	50m:	28.17	28.17	150m:	1:35.04	34.70	250m:	2:46.86	37.84	350m:	3:58.82	32.51
	100m:	1:00.34	32.17	200m:	2:09.02	33.98	300m:	3:26.31	39.45	400m:	4:27.41	28.59
2.	Maxwell Enrico Seidel			2001	Limmat Sharks			+0.54	4:28.91	733	A	
	50m:	28.15	28.15	150m:	1:37.18	36.84	250m:	2:49.23	37.28	350m:	3:58.45	31.79
	100m:	1:00.34	32.19	200m:	2:11.95	34.77	300m:	3:26.66	37.43	400m:	4:28.91	30.46
3.	Christian Schreiber			2002	SV St.Gallen-Wittenbach			+0.80	4:35.99	678	A	
	50m:	29.74	29.74	150m:	1:39.90	36.29	250m:	2:54.73	40.71	350m:	4:06.49	31.02
	100m:	1:03.61	33.87	200m:	2:14.02	34.12	300m:	3:35.47	40.74	400m:	4:35.99	29.50
4.	Julien Niederberger			2005	Lausanne Aquatique			+0.64	4:36.54	674	A	
	50m:	28.78	28.78	150m:	1:36.55	34.94	250m:	2:51.67	39.29	350m:	4:05.81	34.08
	100m:	1:01.61	32.83	200m:	2:12.38	35.83	300m:	3:31.73	40.06	400m:	4:36.54	30.73
5.	Attila Polster			2007	SC Thalwil			+0.49	4:36.72	672	A	
	50m:	28.18	28.18	150m:	1:37.42	36.46	250m:	2:52.58	39.74	350m:	4:05.50	33.23
	100m:	1:00.96	32.78	200m:	2:12.84	35.42	300m:	3:32.27	39.69	400m:	4:36.72	31.22
6.	Lorenzo Guidotti			2008	Geneve Natation			+0.67	4:38.29	661	A	
	50m:	29.01	29.01	150m:	1:41.69	37.88	250m:	2:57.36	38.61	350m:	4:08.73	31.69
	100m:	1:03.81	34.80	200m:	2:18.75	37.06	300m:	3:37.04	39.68	400m:	4:38.29	29.56
7.	Flavio Bucca			2005	SC Uster			+0.74	4:40.58	645	A	
	50m:	27.97	27.97	150m:	1:36.30	35.73	250m:	2:50.31	40.59	350m:	4:06.05	35.26
	100m:	1:00.57	32.60	200m:	2:09.72	33.42	300m:	3:30.79	40.48	400m:	4:40.58	34.53
8.	Ian D'lorio			2006	Turrita Nuoto			+0.68	4:41.60	638	A	
	50m:	29.21	29.21	150m:	1:40.01	37.67	250m:	2:56.73	39.87	350m:	4:09.92	33.20
	100m:	1:02.34	33.13	200m:	2:16.86	36.85	300m:	3:36.72	39.99	400m:	4:41.60	31.68
9.	Balint Ashton			2006	SV beider Basel			+0.66	4:43.23	627	A	
	50m:	27.73	27.73	150m:	1:35.98	36.57	250m:	2:53.82	41.53	350m:	4:10.58	34.16
	100m:	59.41	31.68	200m:	2:12.29	36.31	300m:	3:36.42	42.60	400m:	4:43.23	32.65
10.	Luka Sarf			2008	Natation Sportive Genève			+0.65	4:49.46	587	A	
	50m:	29.70	29.70	150m:	1:42.78	38.01	250m:	3:01.08	42.00	350m:	4:17.48	33.84
	100m:	1:04.77	35.07	200m:	2:19.08	36.30	300m:	3:43.64	42.56	400m:	4:49.46	31.98
11.	Nicola Menaballi			2007	A-Club Savosa			+0.63	4:51.64	574	B	
	50m:	28.95	28.95	150m:	1:40.85	38.01	250m:	2:57.78	40.36	350m:	4:15.46	35.94
	100m:	1:02.84	33.89	200m:	2:17.42	36.57	300m:	3:39.52	41.74	400m:	4:51.64	36.18
12.	Vladyslav Rykov			2008	SC Bülach			+0.75	4:52.01	572	B	
	50m:	29.96	29.96	150m:	1:41.99	37.02	250m:	3:02.43	43.47	350m:	4:19.58	32.36
	100m:	1:04.97	35.01	200m:	2:18.96	36.97	300m:	3:47.22	44.79	400m:	4:52.01	32.43
13.	Luca Baur			2007	Lausanne Aquatique			+0.73	4:53.40	564	B	
	50m:	30.23	30.23	150m:	1:43.62	38.16	250m:	3:02.24	41.94	350m:	4:19.28	35.44
	100m:	1:05.46	35.23	200m:	2:20.30	36.68	300m:	3:43.84	41.60	400m:	4:53.40	34.12
14.	Yannick Knab			2006	SC Liestal			+0.70	4:53.96	561	B	
	50m:	29.84	29.84	150m:	1:41.46	36.95	250m:	3:01.83	42.85	350m:	4:19.72	35.30
	100m:	1:04.51	34.67	200m:	2:18.98	37.52	300m:	3:44.42	42.59	400m:	4:53.96	34.24

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Rang	An				RT	Temps	Pkt.					
15.	Lennox Rutishauser				2005	SC Frauenfeld	+0.71	4:54.34	559	B		
	50m:	27.60	27.60	150m:	1:40.32	38.99	250m:	2:59.20	41.41	350m:	4:18.51	37.08
	100m:	1:01.33	33.73	200m:	2:17.79	37.47	300m:	3:41.43	42.23	400m:	4:54.34	35.83
16.	Jean-Luc Zwingli				2006	Lausanne Aquatique	+0.65	4:55.14	554	B		
	50m:	30.13	30.13	150m:	1:44.54	38.60	250m:	3:04.69	42.83	350m:	4:23.07	33.90
	100m:	1:05.94	35.81	200m:	2:21.86	37.32	300m:	3:49.17	44.48	400m:	4:55.14	32.07
17.	Yuuki Yotsumoto				2010	Limmat Sharks	+0.62	4:55.96	550	B		
	50m:	30.78	30.78	150m:	1:45.82	38.87	250m:	3:05.35	41.38	350m:	4:22.32	34.72
	100m:	1:06.95	36.17	200m:	2:23.97	38.15	300m:	3:47.60	42.25	400m:	4:55.96	33.64
18.	Paul Weidner				2008	Swim Team Biel-Bienne	+0.74	4:56.04	549	B		
	50m:	32.12	32.12	150m:	1:46.42	36.95	250m:	3:05.92	43.33	350m:	4:24.37	35.25
	100m:	1:09.47	37.35	200m:	2:22.59	36.17	300m:	3:49.12	43.20	400m:	4:56.04	31.67
19.	Julius Dian Arnold				2007	Limmat Sharks	+0.68	4:56.15	549	B		
	50m:	29.40	29.40	150m:	1:43.90	38.90	250m:	3:03.22	42.16	350m:	4:21.68	35.39
	100m:	1:05.00	35.60	200m:	2:21.06	37.16	300m:	3:46.29	43.07	400m:	4:56.15	34.47
20.	Adrian Tschanz				2009	SK Bern	+0.64	4:56.28	548	B		
	50m:	30.96	30.96	150m:	1:45.94	39.30	250m:	3:05.86	42.22	350m:	4:23.63	34.86
	100m:	1:06.64	35.68	200m:	2:23.64	37.70	300m:	3:48.77	42.91	400m:	4:56.28	32.65
21.	Davide Alberti				2010	A-Club Savosa	+0.70	4:56.70	545	R		
	50m:	29.72	29.72	150m:	1:41.85	36.93	250m:	3:02.87	43.87	350m:	4:22.48	35.25
	100m:	1:04.92	35.20	200m:	2:19.00	37.15	300m:	3:47.23	44.36	400m:	4:56.70	34.22
22.	Valerii Dziuba				2008	CN Delémont	+0.75	4:58.22	537			
	50m:	31.03	31.03	150m:	1:45.54	38.57	250m:	3:05.59	42.86	350m:	4:23.94	35.14
	100m:	1:06.97	35.94	200m:	2:22.73	37.19	300m:	3:48.80	43.21	400m:	4:58.22	34.28
23.	Jan-Marco Haldemann				2001	Swim Team Biel-Bienne	+0.72	4:58.53	536			
	50m:	30.47	30.47	150m:	1:47.24	40.98	250m:	3:08.44	42.27	350m:	4:26.70	34.91
	100m:	1:06.26	35.79	200m:	2:26.17	38.93	300m:	3:51.79	43.35	400m:	4:58.53	31.83
24.	Vico Gentina				2009	SV St.Gallen-Wittenbach	+0.49	5:00.60	525	*		
	50m:	30.90	30.90	150m:	1:45.69	38.11	250m:	3:07.72	44.29	350m:	4:26.18	34.03
	100m:	1:07.58	36.68	200m:	2:23.43	37.74	300m:	3:52.15	44.43	400m:	5:00.60	34.42
25.	Giacomo Mazzarella				2008	SC Winterthur	+0.67	5:01.83	518	*		
	50m:	31.17	31.17	150m:	1:47.92	41.64	250m:	3:10.11	42.08	350m:	4:28.65	35.45
	100m:	1:06.28	35.11	200m:	2:28.03	40.11	300m:	3:53.20	43.09	400m:	5:01.83	33.18
26.	Pietro Mosconi				2009	Geneve Natation	+0.63	5:02.36	515	*		
	50m:	28.79	28.79	150m:	1:44.15	39.69	250m:	3:08.48	45.22	350m:	4:28.99	34.71
	100m:	1:04.46	35.67	200m:	2:23.26	39.11	300m:	3:54.28	45.80	400m:	5:02.36	33.37
27.	Mirko Rado				2001	Morges-Natation	+0.67	5:02.92	513	*		
	50m:	28.96	28.96	150m:	1:43.03	40.35	250m:	3:07.10	44.46	350m:	4:27.85	37.57
	100m:	1:02.68	33.72	200m:	2:22.64	39.61	300m:	3:50.28	43.18	400m:	5:02.92	35.07
28.	Elias Salzmann				2011	Nuoto Sport Locarno	+0.62	5:06.82	493	**		
	50m:	31.16	31.16	150m:	1:47.99	41.27	250m:	3:12.11	44.10	350m:	4:32.28	35.71
	100m:	1:06.72	35.56	200m:	2:28.01	40.02	300m:	3:56.57	44.46	400m:	5:06.82	34.54