

Invitation UNIK 2025 des fonderies Laroche  
Pont-Rouge, 25-1-2025

Epreuve 17  
2025-01-25 - 16:05

400m 4 nages

9 ans et plus  
Liste résultats

Points: FINA 2023

Rang	Age								Temps	Pts		
<b>9 - 10 ans, Garçons</b>												
1.	LEBLANC, Samuel								9	Riverains	<b>7:43.65</b>	129
	50m:	49.35	49.35	150m:	2:57.28	1:04.71	250m:	4:59.90	1:05.39	350m:	6:56.90	50.91
	100m:	1:52.57	1:03.22	200m:	3:54.51	57.23	300m:	6:05.99	1:06.09	400m:	7:43.65	46.75
<b>11 - 12 ans, Filles</b>												
1.	TRUDEL, Léanne								12	Unik	<b>5:57.15</b>	381
	50m:	38.28	38.28	150m:	2:15.84	47.01	250m:	3:49.56	47.91	350m:	5:17.87	39.05
	100m:	1:28.83	50.55	200m:	3:01.65	45.81	300m:	4:38.82	49.26	400m:	5:57.15	39.28
2.	POIRIER, Adèle								12	Unik	<b>6:04.20</b>	359
	50m:	37.00	37.00	150m:	2:11.80	45.65	250m:	3:49.68	54.59	350m:	5:25.20	39.33
	100m:	1:26.15	49.15	200m:	2:55.09	43.29	300m:	4:45.87	56.19	400m:	6:04.20	39.00
3.	PAQUET, Joanie								12	Unik	<b>6:25.38</b>	303
	50m:	40.81	40.81	150m:	2:24.89	52.32	250m:	4:08.43	54.24	350m:	5:45.52	42.20
	100m:	1:32.57	51.76	200m:	3:14.19	49.30	300m:	5:03.32	54.89	400m:	6:25.38	39.86
4.	COULOMBE, Mélya								12	Riverains	<b>7:02.99</b>	229
	50m:	48.68	48.68	150m:	2:44.69	58.12	250m:	4:32.38	53.83	350m:	7:02.27	1:33.35
	100m:	1:46.57	57.89	200m:	3:38.55	53.86	300m:	5:28.92	56.54	400m:	7:02.99	0.72
5.	JUTRAS, Zoé								11	Riverains	<b>7:03.95</b>	227
	50m:	38.59	38.59	150m:	2:28.77	55.42	250m:	4:21.04	58.85	350m:	6:14.63	52.65
	100m:	1:33.35	54.76	200m:	3:22.19	53.42	300m:	5:21.98	1:00.94	400m:	7:03.95	49.32
6.	GUIBET, Juliana								11	Riverains	<b>7:12.37</b>	214
	50m:	43.81	43.81	150m:	2:40.20	59.02	250m:	4:37.30	59.31	350m:	6:26.41	50.00
	100m:	1:41.18	57.37	200m:	3:37.99	57.79	300m:	5:36.41	59.11	400m:	7:12.37	45.96
<b>13 - 14 ans, Filles</b>												
1.	GERVAIS, Rosalie								14	Unik	<b>6:01.45</b>	367
	50m:	40.88	40.88	150m:	2:19.00	47.01	250m:	3:53.26	49.68	350m:	5:24.80	41.68
	100m:	1:31.99	51.11	200m:	3:03.58	44.58	300m:	4:43.12	49.86	400m:	6:01.45	36.65