

Invitation - Quebec 2025 par ARENA et All Tides
 Quebec, 24- - 26-1-2025

Event 34
 2025-01-26 - 18:12

Men, 400m Freestyle

11 years and older
 Results

Points: AQUA 2024

Rank				Age					Time	Pts		
11 - 12 years												
1.	THEROUX, Christophe			12	Cnq				4:48.01	446		
	50m:	33.11	33.11	150m:	1:46.01	37.06	250m:	2:59.33	36.77	350m:	4:12.58	36.40
	100m:	1:08.95	35.84	200m:	2:22.56	36.55	300m:	3:36.18	36.85	400m:	4:48.01	35.43
2.	LESSARD, Edouard			12	Cnq				4:55.89	411		
	50m:	33.35	33.35	150m:	1:47.31	37.44	250m:	3:03.32	38.30	350m:	4:19.48	38.27
	100m:	1:09.87	36.52	200m:	2:25.02	37.71	300m:	3:41.21	37.89	400m:	4:55.89	36.41
3.	VAN OYEN, Mathieu			12	Cnq				5:15.23	340		
	50m:	35.18	35.18	150m:	1:54.43	40.09	250m:	3:15.47	40.42	350m:	4:36.41	40.16
	100m:	1:14.34	39.16	200m:	2:35.05	40.62	300m:	3:56.25	40.78	400m:	5:15.23	38.82
4.	RATTE, Alex-Antoine			11	Cnq				7:18.58	126		
	50m:	47.42	47.42	150m:	2:41.22	56.70	250m:	4:35.67	57.53	350m:	6:22.87	52.77
	100m:	1:44.52	57.10	200m:	3:38.14	56.92	300m:	5:30.10	54.43	400m:	7:18.58	55.71
13 - 14 years												
1.	CHAN, Oliver			14	Cnq				4:41.75	476		
	50m:	31.73	31.73	150m:	1:41.73	35.59	250m:	2:54.13	35.98	350m:	4:06.28	35.74
	100m:	1:06.14	34.41	200m:	2:18.15	36.42	300m:	3:30.54	36.41	400m:	4:41.75	35.47
2.	PIGEON, Arthur			13	Riverains				4:44.31	463		
	50m:	31.02	31.02	150m:	1:42.78	36.18	250m:	2:55.47	36.23	350m:	4:08.61	36.13
	100m:	1:06.60	35.58	200m:	2:19.24	36.46	300m:	3:32.48	37.01	400m:	4:44.31	35.70
3.	STEVENS, Morgan			14	Rouge et Or				4:48.56	443		
	50m:	31.50	31.50	150m:	1:44.90	37.42	250m:	2:59.45	37.19	350m:	4:13.51	36.72
	100m:	1:07.48	35.98	200m:	2:22.26	37.36	300m:	3:36.79	37.34	400m:	4:48.56	35.05
4.	CORMIER, Thomas			13	Cnq				4:52.15	427		
	50m:	32.65	32.65	150m:	1:46.31	37.52	250m:	3:01.16	37.11	350m:	4:16.17	37.43
	100m:	1:08.79	36.14	200m:	2:24.05	37.74	300m:	3:38.74	37.58	400m:	4:52.15	35.98
5.	TREMBLAY, Noah			14	Rouge et Or				4:54.56	417		
	50m:	33.18	33.18	150m:	1:47.97	37.86	250m:	3:03.51	38.23	350m:	4:18.52	37.48
	100m:	1:10.11	36.93	200m:	2:25.28	37.31	300m:	3:41.04	37.53	400m:	4:54.56	36.04
6.	BLAIS, Guillaume			14	Riverains				4:56.48	408		
	50m:	31.18	31.18	150m:	1:44.39	37.53	250m:	3:01.82	38.64	350m:	4:19.47	38.42
	100m:	1:06.86	35.68	200m:	2:23.18	38.79	300m:	3:41.05	39.23	400m:	4:56.48	37.01
7.	LEVESQUE, Felix			13	Cac				4:57.03	406		
	50m:	32.25	32.25	150m:	1:45.94	37.63	250m:	3:02.47	38.16	350m:	4:20.01	39.06
	100m:	1:08.31	36.06	200m:	2:24.31	38.37	300m:	3:40.95	38.48	400m:	4:57.03	37.02
8.	LEPINE, Loic			14	Riverains				4:57.95	402		
	50m:	32.64	32.64	150m:	1:48.27	38.49	250m:	3:04.42	38.20	350m:	4:20.63	38.09
	100m:	1:09.78	37.14	200m:	2:26.22	37.95	300m:	3:42.54	38.12	400m:	4:57.95	37.32
9.	DELAND, Etienne			13	Cnq				5:02.36	385		
	50m:	34.13	34.13	150m:	1:50.68	38.84	250m:	3:08.30	38.73	350m:	4:25.61	37.76
	100m:	1:11.84	37.71	200m:	2:29.57	38.89	300m:	3:47.85	39.55	400m:	5:02.36	36.75
10.	GAUDREAU, Emile			14	Cac				5:05.06	375		
	50m:	35.57	35.57	150m:	1:52.02	38.89	250m:	3:10.92	39.47	350m:	4:29.28	38.41
	100m:	1:13.13	37.56	200m:	2:31.45	39.43	300m:	3:50.87	39.95	400m:	5:05.06	35.78

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Event 34, Boys, 400m Freestyle, 13 - 14 years

Rank				Age						Time	Pts	
11.	DOUCET, Logan			14	BLAST Swim Club					5:05.58	373	
	50m:	33.78	33.78	150m:	1:51.42	39.50	250m:	3:10.87	38.77	350m:	4:28.64	38.60
	100m:	1:11.92	38.14	200m:	2:32.10	40.68	300m:	3:50.04	39.17	400m:	5:05.58	36.94
12.	LARIVIERE, Simon			14	Cnq					5:07.32	367	
	50m:	35.48	35.48	150m:	1:53.37	38.88	250m:	3:12.12	39.00	350m:	4:29.63	37.92
	100m:	1:14.49	39.01	200m:	2:33.12	39.75	300m:	3:51.71	39.59	400m:	5:07.32	37.69
13.	ST-LAURENT, Elliot			14	Cac					5:23.58	314	
	50m:	38.22	38.22	150m:	2:01.90	42.02	250m:	3:23.69	40.86	350m:	4:45.56	40.79
	100m:	1:19.88	41.66	200m:	2:42.83	40.93	300m:	4:04.77	41.08	400m:	5:23.58	38.02
14.	RATA, Alexandre			13	Natation Edmundston Swimming					5:31.23	293	
	50m:	37.04	37.04	150m:	2:01.61	42.56	250m:	3:28.18	43.10	350m:	4:52.36	41.22
	100m:	1:19.05	42.01	200m:	2:45.08	43.47	300m:	4:11.14	42.96	400m:	5:31.23	38.87
15.	CASTONGUAY, Olivier			14	Nsh					5:33.48	287	
	50m:	36.32	36.32	150m:	1:59.12	42.48	250m:	3:26.41	44.04	350m:	4:52.77	42.88
	100m:	1:16.64	40.32	200m:	2:42.37	43.25	300m:	4:09.89	43.48	400m:	5:33.48	40.71
16.	JACQUES, Julien			13	Club de Natation des Equinoxes					5:36.48	279	
	50m:	38.79	38.79	150m:	2:05.68	43.51	250m:	3:30.34	42.29	350m:	4:56.37	42.99
	100m:	1:22.17	43.38	200m:	2:48.05	42.37	300m:	4:13.38	43.04	400m:	5:36.48	40.11
17.	POITRAS, Alexis			14	Cac					6:01.75	225	
	50m:	35.88	35.88	150m:	2:05.73	46.67	250m:	3:41.08	48.17	350m:	5:15.91	47.20
	100m:	1:19.06	43.18	200m:	2:52.91	47.18	300m:	4:28.71	47.63	400m:	6:01.75	45.84
18.	ZHERNOVOI, Maksym			13	Megophias					6:03.32	222	
	50m:	41.31	41.31	150m:			250m:	3:45.43	47.25	350m:		
	100m:	1:26.37	45.06	200m:	2:58.18		300m:			400m:	6:03.32	

15 - 16 years

1.	DUBE, Samuel			15	Cnq					4:25.63	568	
	50m:	30.27	30.27	150m:	1:37.91	33.96	250m:	2:46.60	34.51	350m:	3:53.84	33.40
	100m:	1:03.95	33.68	200m:	2:12.09	34.18	300m:	3:20.44	33.84	400m:	4:25.63	31.79
2.	BROWN, Olivier			16	BLAST Swim Club					4:27.23	558	
	50m:	30.30	30.30	150m:	1:37.60	33.94	250m:	2:46.36	34.51	350m:	3:55.35	34.24
	100m:	1:03.66	33.36	200m:	2:11.85	34.25	300m:	3:21.11	34.75	400m:	4:27.23	31.88
3.	NOEL, Tristan			16	Riverains					4:27.42	557	
	50m:	29.22	29.22	150m:	1:36.77	34.54	250m:	2:46.31	34.78	350m:	3:55.68	34.50
	100m:	1:02.23	33.01	200m:	2:11.53	34.76	300m:	3:21.18	34.87	400m:	4:27.42	31.74
4.	DUREAU, Alexandre			16	Riverains					4:28.01	553	
	50m:	30.47	30.47	150m:	1:38.28	34.04	250m:	2:47.00	34.25	350m:	3:55.18	33.87
	100m:	1:04.24	33.77	200m:	2:12.75	34.47	300m:	3:21.31	34.31	400m:	4:28.01	32.83
5.	BELANGER, Eliot			16	Riverains					4:29.21	546	
	50m:	30.83	30.83	150m:	1:38.81	34.18	250m:	2:48.21	34.55	350m:	3:56.82	33.93
	100m:	1:04.63	33.80	200m:	2:13.66	34.85	300m:	3:22.89	34.68	400m:	4:29.21	32.39
6.	POMERLEAU, Justin			15	Rouge et Or					4:31.30	533	
	50m:	29.48	29.48	150m:	1:38.41	35.27	250m:	2:49.23	35.28	350m:	3:58.57	34.38
	100m:	1:03.14	33.66	200m:	2:13.95	35.54	300m:	3:24.19	34.96	400m:	4:31.30	32.73
7.	LAFRENIERE, Tommy			15	Cnq					4:31.38	533	
	50m:	28.18	28.18	150m:	1:37.68	36.04	250m:	2:48.71	35.38	350m:	3:58.79	34.84
	100m:	1:01.64	33.46	200m:	2:13.33	35.65	300m:	3:23.95	35.24	400m:	4:31.38	32.59

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Event 34, Boys, 400m Freestyle, 15 - 16 years

Rank				Age						Time	Pts	
8.	DORVAL, Henri-Louis			15	Rouge et Or					4:36.04	506	
	50m:	30.81	30.81	150m:	1:40.61	34.90	250m:	2:51.53	35.10	350m:	4:02.27	35.34
	100m:	1:05.71	34.90	200m:	2:16.43	35.82	300m:	3:26.93	35.40	400m:	4:36.04	33.77
9.	FORTIN, Ludovic			16	Riverains					4:38.37	494	
	50m:	31.18	31.18	150m:	1:40.97	35.17	250m:	2:52.92	35.75	350m:	4:04.70	36.13
	100m:	1:05.80	34.62	200m:	2:17.17	36.20	300m:	3:28.57	35.65	400m:	4:38.37	33.67
10.	LANDRY, Olivier			16	Riverains					4:38.40	493	
	50m:	31.34	31.34	150m:	1:42.14	35.30	250m:	2:53.51	35.46	350m:	4:04.10	34.91
	100m:	1:06.84	35.50	200m:	2:18.05	35.91	300m:	3:29.19	35.68	400m:	4:38.40	34.30
11.	ROCHETTE, Hubert			15	Cnq					4:41.99	475	
	50m:	31.77	31.77	150m:	1:42.23	36.08	250m:	2:54.27	35.98	350m:	4:06.12	35.81
	100m:	1:06.15	34.38	200m:	2:18.29	36.06	300m:	3:30.31	36.04	400m:	4:41.99	35.87
12.	SLAMA, Seif			16	Rouge et Or					4:42.26	473	
	50m:	30.11	30.11	150m:	1:39.34	35.63	250m:	2:51.30	36.31	350m:	4:05.99	37.75
	100m:	1:03.71	33.60	200m:	2:14.99	35.65	300m:	3:28.24	36.94	400m:	4:42.26	36.27
13.	GAGNON, Charles			15	Rouge et Or					4:43.18	469	
	50m:	30.87	30.87	150m:	1:42.05	36.40	250m:	2:55.24	36.36	350m:	4:07.90	36.36
	100m:	1:05.65	34.78	200m:	2:18.88	36.83	300m:	3:31.54	36.30	400m:	4:43.18	35.28
14.	LEMAY, Felix			15	Riverains					4:46.87	451	
	50m:	31.89	31.89	150m:	1:44.27	36.49	250m:	2:57.84	36.58	350m:	4:11.23	36.66
	100m:	1:07.78	35.89	200m:	2:21.26	36.99	300m:	3:34.57	36.73	400m:	4:46.87	35.64
15.	VAN OYEN, Antoine			16	Cnq					4:47.04	450	
	50m:	30.48	30.48	150m:	1:40.76	35.72	250m:	2:54.34	37.05	350m:	4:09.40	37.39
	100m:	1:05.04	34.56	200m:	2:17.29	36.53	300m:	3:32.01	37.67	400m:	4:47.04	37.64
16.	TREMBLAY, Lou			15	Riverains					4:52.61	425	
	50m:	32.25	32.25	150m:	1:46.73	37.63	250m:	3:02.34	37.69	350m:	4:17.86	37.42
	100m:	1:09.10	36.85	200m:	2:24.65	37.92	300m:	3:40.44	38.10	400m:	4:52.61	34.75
17.	LAPOINTE, Xavier			15	Riverains					4:53.14	423	
	50m:	32.43	32.43	150m:	1:46.56	37.81	250m:	3:02.29	37.99	350m:	4:17.30	37.14
	100m:	1:08.75	36.32	200m:	2:24.30	37.74	300m:	3:40.16	37.87	400m:	4:53.14	35.84
18.	LANGLAIS, Liam			15	Cac					5:00.85	391	
	50m:	31.64	31.64	150m:	1:46.14	38.87	250m:	3:04.46	39.78	350m:	4:23.23	39.78
	100m:	1:07.27	35.63	200m:	2:24.68	38.54	300m:	3:43.45	38.99	400m:	5:00.85	37.62
19.	MONTOUR, Aimerick			15	Nsh					5:05.56	373	
	50m:	35.71	35.71	150m:	1:55.90	40.61	250m:	3:14.83	38.68	350m:	4:30.58	36.62
	100m:	1:15.29	39.58	200m:	2:36.15	40.25	300m:	3:53.96	39.13	400m:	5:05.56	34.98
20.	CORRIVEAU, Raphael			15	Riverains					5:06.60	369	
	50m:	34.06	34.06	150m:	1:51.37	39.02	250m:	3:10.91	39.72	350m:	4:29.14	38.76
	100m:	1:12.35	38.29	200m:	2:31.19	39.82	300m:	3:50.38	39.47	400m:	5:06.60	37.46
21.	DEMERS, Etienne			16	Unik					5:09.55	359	
	50m:	32.68	32.68	150m:	1:50.75	39.61	250m:	3:12.13	40.27	350m:	4:31.81	39.55
	100m:	1:11.14	38.46	200m:	2:31.86	41.11	300m:	3:52.26	40.13	400m:	5:09.55	37.74
22.	LEVESQUE, Etienne			16	Cac					5:17.06	334	
	50m:	34.88	34.88	150m:	1:55.75	40.73	250m:	3:17.60	40.74	350m:	4:37.89	39.02
	100m:	1:15.02	40.14	200m:	2:36.86	41.11	300m:	3:58.87	41.27	400m:	5:17.06	39.17
23.	DOYON, Jacob			15	Club de Natation de Montmagny					5:19.71	326	
	50m:	35.74	35.74	150m:	1:56.91	41.27	250m:	3:20.03	41.29	350m:	4:41.33	39.76
	100m:	1:15.64	39.90	200m:	2:38.74	41.83	300m:	4:01.57	41.54	400m:	5:19.71	38.38

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Event 34, Boys, 400m Freestyle, 15 - 16 years

Rank			Age						Time	Pts		
24.	HARVEY, Elliot		16	Cac					5:32.24	290		
	50m:	38.27	38.27	150m:	2:03.36	42.95	250m:	3:29.42	42.32	350m:	4:53.82	41.31
	100m:	1:20.41	42.14	200m:	2:47.10	43.74	300m:	4:12.51	43.09	400m:	5:32.24	38.42
25.	LAVOIE, Xavier		16	Nsh					5:41.58	267		
	50m:	37.23	37.23	150m:	2:02.43	42.63	250m:	3:30.21	43.58	350m:	4:59.57	44.81
	100m:	1:19.80	42.57	200m:	2:46.63	44.20	300m:	4:14.76	44.55	400m:	5:41.58	42.01
26.	MORIN, Alexandre		15	Cac					5:44.85	259		
	50m:	38.73	38.73	150m:	2:05.78	43.82	250m:	3:33.09	43.31	350m:	5:02.83	44.94
	100m:	1:21.96	43.23	200m:	2:49.78	44.00	300m:	4:17.89	44.80	400m:	5:44.85	42.02

17 years and older

1.	BERUBE, Thomas		18	Riverains					4:19.55	609		
	50m:	29.73	29.73	150m:	1:35.22	32.71	250m:	2:41.28	32.80	350m:	3:47.19	32.84
	100m:	1:02.51	32.78	200m:	2:08.48	33.26	300m:	3:14.35	33.07	400m:	4:19.55	32.36
2.	CAYER, Eliot		17	Riverains					4:26.53	562		
	50m:	30.30	30.30	150m:	1:38.17	34.15	250m:	2:45.82	34.17	350m:	3:53.16	33.90
	100m:	1:04.02	33.72	200m:	2:11.65	33.48	300m:	3:19.26	33.44	400m:	4:26.53	33.37
3.	VALLIERES, Eloi		19	Rouge et Or					4:30.20	540		
	50m:	30.31	30.31	150m:	1:38.75	34.63	250m:	2:48.51	34.76	350m:	3:58.03	34.56
	100m:	1:04.12	33.81	200m:	2:13.75	35.00	300m:	3:23.47	34.96	400m:	4:30.20	32.17
4.	CASTANO, Miguel		19	Cnq					4:31.22	534		
	50m:	32.18	32.18	150m:	1:41.02	34.67	250m:	2:50.69	34.89	350m:	3:59.81	34.31
	100m:	1:06.35	34.17	200m:	2:15.80	34.78	300m:	3:25.50	34.81	400m:	4:31.22	31.41
5.	GOSSELIN, Justin		19	Cnq					4:32.19	528		
	50m:	30.97	30.97	150m:	1:39.39	34.35	250m:	2:49.44	35.04	350m:	3:59.16	34.73
	100m:	1:05.04	34.07	200m:	2:14.40	35.01	300m:	3:24.43	34.99	400m:	4:32.19	33.03
6.	GUY, Thomas		17	Riverains					4:39.83	486		
	50m:	31.18	31.18	150m:	1:41.67	35.44	250m:	2:53.84	35.99	350m:	4:05.56	35.44
	100m:	1:06.23	35.05	200m:	2:17.85	36.18	300m:	3:30.12	36.28	400m:	4:39.83	34.27
7.	GOSSELIN, Thomas		24	Nsh					4:59.75	395		
	50m:	32.09	32.09	150m:	1:47.98	38.52	250m:	3:06.53	39.52	350m:	4:23.34	37.89
	100m:	1:09.46	37.37	200m:	2:27.01	39.03	300m:	3:45.45	38.92	400m:	4:59.75	36.41