

Invitation - Quebec 2025 par ARENA et All Tides
Quebec, 24- - 26-1-2025

Epreuve 33 Dames, 400m Libre
2025-01-26 - 17:47 11 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	LE GAL, Mae		12	Natation Edmundston Swimming						4:55.43	505	
	50m:	31.83	31.83	150m:	1:46.21	37.74	250m:	3:03.26	38.88	350m:	4:19.80	37.96
	100m:	1:08.47	36.64	200m:	2:24.38	38.17	300m:	3:41.84	38.58	400m:	4:55.43	35.63
2.	MARTIN, Alizé		12	ICI						5:00.54	480	
	50m:	33.88	33.88	150m:	1:51.24	38.77	250m:	3:07.43	38.01	350m:	4:24.29	38.40
	100m:	1:12.47	38.59	200m:	2:29.42	38.18	300m:	3:45.89	38.46	400m:	5:00.54	36.25
3.	TESSIER, Ellyanne		12	Cnq						5:03.48	466	
	50m:	33.54	33.54	150m:	1:49.77	39.01	250m:	3:08.22	38.59	350m:	4:25.95	38.82
	100m:	1:10.76	37.22	200m:	2:29.63	39.86	300m:	3:47.13	38.91	400m:	5:03.48	37.53
4.	VACHON, Julianne		11	Club de Natation Régional de la Beauce						5:32.98	353	
	50m:	38.09	38.09	150m:	2:03.70	43.72	250m:	3:27.88	42.59	350m:	4:53.09	41.96
	100m:	1:19.98	41.89	200m:	2:45.29	41.59	300m:	4:11.13	43.25	400m:	5:32.98	39.89
5.	VACHON, Gabrielle		12	Club de Natation Régional de la Beauce						5:34.25	349	
	50m:	36.25	36.25	150m:	1:59.28	43.01	250m:	3:26.89	44.26	350m:	4:54.16	43.36
	100m:	1:16.27	40.02	200m:	2:42.63	43.35	300m:	4:10.80	43.91	400m:	5:34.25	40.09
6.	ABETTI, Alae		11	Cnq						5:40.39	330	
	50m:	37.54	37.54	150m:	2:01.49	42.28	250m:	3:28.65	43.75	350m:	4:56.52	44.93
	100m:	1:19.21	41.67	200m:	2:44.90	43.41	300m:	4:11.59	42.94	400m:	5:40.39	43.87
7.	LORTIE, Charlotte		11	Cnq						5:40.95	329	
	50m:	38.67	38.67	150m:	2:05.63	43.41	250m:	3:32.91	43.59	350m:	4:59.69	42.50
	100m:	1:22.22	43.55	200m:	2:49.32	43.69	300m:	4:17.19	44.28	400m:	5:40.95	41.26
8.	PAQUET, Joanie		12	Unik						5:41.78	326	
	50m:	38.49	38.49	150m:	2:06.76	45.07	250m:	3:34.60	44.40	350m:	5:01.16	43.05
	100m:	1:21.69	43.20	200m:	2:50.20	43.44	300m:	4:18.11	43.51	400m:	5:41.78	40.62
9.	LAJEUNESSE, Emilie		12	Club de Natation de Montmagny						5:54.26	293	
	50m:	39.71	39.71	150m:	2:11.43	46.86	250m:	3:43.07	45.98	350m:	5:12.55	44.60
	100m:	1:24.57	44.86	200m:	2:57.09	45.66	300m:	4:27.95	44.88	400m:	5:54.26	41.71
10.	HELETA, Stella		11	Cnq						6:00.08	279	
	50m:	39.81	39.81	150m:	2:11.61	46.82	250m:			350m:	5:16.41	47.04
	100m:	1:24.79	44.98	200m:	2:57.39	45.78	300m:	4:29.37		400m:	6:00.08	43.67
11.	GRENIER, Alice		11	Unik						6:31.35	217	
	50m:	43.86	43.86	150m:	2:22.45	50.53	250m:	4:04.50	51.62	350m:	5:45.57	50.37
	100m:	1:31.92	48.06	200m:	3:12.88	50.43	300m:	4:55.20	50.70	400m:	6:31.35	45.78
12.	LARIVIÈRE, Andréanne		11	Cnq						6:32.53	215	
	50m:	43.65	43.65	150m:	2:24.16	49.76	250m:	4:05.45	50.52	350m:	5:45.32	48.64
	100m:	1:34.40	50.75	200m:	3:14.93	50.77	300m:	4:56.68	51.23	400m:	6:32.53	47.21
13.	GINGRAS PARÉ, Charlotte		11	Cnq						6:35.43	210	
	50m:	42.87	42.87	150m:	2:26.36	52.32	250m:	4:10.80	52.09	350m:	5:49.97	46.49
	100m:	1:34.04	51.17	200m:	3:18.71	52.35	300m:	5:03.48	52.68	400m:	6:35.43	45.46
14.	BEN SAAD, Nour		11	Cnq						7:11.83	161	
	50m:	47.35	47.35	150m:	2:36.66	56.57	250m:	4:28.46	57.50	350m:	6:18.27	
	100m:	1:40.09	52.74	200m:	3:30.96	54.30	300m:			400m:	7:11.83	53.56
forf.nd.	CRAWFORD, Makayla		12	Western Valley Swim Team								

Invitation - Quebec 2025 par ARENA et All Tides
Quebec, 24- - 26-1-2025

Epreuve 33, Dames, 400m Libre

13 - 14 ans

1.	PICHETTE, Alexandra	14	Cnq					4:43.36	573
	50m: 31.64 31.64	150m: 1:42.94 35.98	250m: 2:55.24 36.23	350m: 4:07.86 36.19					
	100m: 1:06.96 35.32	200m: 2:19.01 36.07	300m: 3:31.67 36.43	400m: 4:43.36 35.50					
2.	LAFRENIÈRE, Juliette	14	Cnq					4:52.47	521
	50m: 32.22 32.22	150m: 1:45.47 37.29	250m: 3:01.19 37.83	350m: 4:17.25 38.17					
	100m: 1:08.18 35.96	200m: 2:23.36 37.89	300m: 3:39.08 37.89	400m: 4:52.47 35.22					
3.	LEGARÉ, Lili-Marguerite	14	Cnq					4:52.91	518
	50m: 32.90 32.90	150m: 1:46.56 37.62	250m: 3:02.23 38.39	350m: 4:17.39 37.75					
	100m: 1:08.94 36.04	200m: 2:23.84 37.28	300m: 3:39.64 37.41	400m: 4:52.91 35.52					
4.	BELISLE, Viviane	14	Cnq					4:55.10	507
	50m: 33.40 33.40	150m: 1:47.33 37.36	250m: 3:02.99 37.69	350m: 4:18.42 37.43					
	100m: 1:09.97 36.57	200m: 2:25.30 37.97	300m: 3:40.99 38.00	400m: 4:55.10 36.68					
5.	CANTIN, Élisabeth	14	Rouge et Or					4:55.72	504
	50m: 33.71 33.71	150m: 1:46.88 37.22	250m: 3:02.71 37.98	350m: 4:18.63 37.95					
	100m: 1:09.66 35.95	200m: 2:24.73 37.85	300m: 3:40.68 37.97	400m: 4:55.72 37.09					
6.	HARVEY, Élie	13	Cnq					4:56.64	499
	50m: 33.68 33.68	150m: 1:48.44 37.73	250m: 3:04.07 37.73	350m: 4:19.49 37.07					
	100m: 1:10.71 37.03	200m: 2:26.34 37.90	300m: 3:42.42 38.35	400m: 4:56.64 37.15					
7.	CHAMBERLAND, Zoé	14	Cnq					4:57.47	495
	50m: 33.11 33.11	150m: 1:48.47 38.02	250m: 3:04.70 38.32	350m: 4:20.91 37.96					
	100m: 1:10.45 37.34	200m: 2:26.38 37.91	300m: 3:42.95 38.25	400m: 4:57.47 36.56					
8.	GAGNON, Héloïse	14	Cnq					5:00.29	481
	50m: 34.14 34.14	150m: 1:50.06 38.63	250m: 3:07.53 38.69	350m: 4:24.19 38.06					
	100m: 1:11.43 37.29	200m: 2:28.84 38.78	300m: 3:46.13 38.60	400m: 5:00.29 36.10					
9.	ALBERT, Maélie	14	Cnq					5:06.28	453
	50m: 34.47 34.47	150m: 1:49.86 38.30	250m: 3:08.19 39.22	350m: 4:27.70 39.84					
	100m: 1:11.56 37.09	200m: 2:28.97 39.11	300m: 3:47.86 39.67	400m: 5:06.28 38.58					
10.	LACHANCE, Emma	14	Cnq					5:10.02	437
	50m: 35.68 35.68	150m: 1:53.44 39.74	250m: 3:13.04 39.36	350m: 4:31.57 39.25					
	100m: 1:13.70 38.02	200m: 2:33.68 40.24	300m: 3:52.32 39.28	400m: 5:10.02 38.45					
11.	OUELLET, Laurence	13	Nsh					5:12.36	427
	50m: 35.76 35.76	150m: 1:54.98 40.01	250m: 3:16.02 40.13	350m: 4:35.68 39.25					
	100m: 1:14.97 39.21	200m: 2:35.89 40.91	300m: 3:56.43 40.41	400m: 5:12.36 36.68					
12.	MARCOTTE, Rosalie	13	Cnq					5:12.68	426
	50m: 33.55 33.55	150m: 1:51.37 39.45	250m: 3:14.53 41.95	350m: 4:34.69 39.90					
	100m: 1:11.92 38.37	200m: 2:32.58 41.21	300m: 3:54.79 40.26	400m: 5:12.68 37.99					
13.	SIMARD, Mariane	13	Cnq					5:13.56	423
	50m: 34.75 34.75	150m: 1:55.03 40.48	250m: 3:15.21 39.98	350m: 4:35.60 39.90					
	100m: 1:14.55 39.80	200m: 2:35.23 40.20	300m: 3:55.70 40.49	400m: 5:13.56 37.96					
14.	ROMDHANE, Yasmine	14	Nsh					5:15.82	413
	50m: 35.41 35.41	150m: 1:54.57 39.95	250m: 3:14.80 40.00	350m: 4:36.46 40.80					
	100m: 1:14.62 39.21	200m: 2:34.80 40.23	300m: 3:55.66 40.86	400m: 5:15.82 39.36					
15.	GAGNON, Chloé	13	Rouge et Or					5:16.20	412
	50m: 37.34 37.34	150m: 1:57.87 40.18	250m: 3:18.34 40.08	350m: 4:37.94 39.66					
	100m: 1:17.69 40.35	200m: 2:38.26 40.39	300m: 3:58.28 39.94	400m: 5:16.20 38.26					
16.	CÔTÉ, Emma	13	Cac					5:16.74	410
	50m: 36.50 36.50	150m: 1:58.24 40.99	250m: 3:19.30 40.00	350m: 4:39.39					
	100m: 1:17.25 40.75	200m: 2:39.30 41.06	300m: 3:58.28 39.94	400m: 5:16.74 37.35					

Invitation - Quebec 2025 par ARENA et All Tides
 Quebec, 24- - 26-1-2025

Epreuve 33, Filles, 400m Libre, 13 - 14 ans

Rang				Age						Temps	Pts	
17.	SIMARD, Mélody			14	Club de Natation de Montmagny					5:17.06	409	
	50m:	35.11	35.11	150m:	1:56.11	40.95	250m:	3:17.66	40.73	350m:	4:38.67	40.01
	100m:	1:15.16	40.05	200m:	2:36.93	40.82	300m:	3:58.66	41.00	400m:	5:17.06	38.39
18.	BEN AISSIA, Acil			13	Cnq					5:21.84	391	
	50m:	36.85	36.85	150m:	1:57.99	40.53	250m:	3:19.73	40.37	350m:	4:41.91	41.33
	100m:	1:17.46	40.61	200m:	2:39.36	41.37	300m:	4:00.58	40.85	400m:	5:21.84	39.93
19.	PITCHER, Iris			14	Saint John Fundy Swim Team					5:24.00	383	
	50m:	37.81	37.81	150m:	2:00.90	41.72	250m:	3:23.56	40.47	350m:	4:45.17	40.24
	100m:	1:19.18	41.37	200m:	2:43.09	42.19	300m:	4:04.93	41.37	400m:	5:24.00	38.83
20.	BLAIS, Florence			14	Riverains					5:29.10	365	
	50m:	34.41	34.41	150m:	1:55.32	41.48	250m:	3:19.67	42.63	350m:	4:46.84	43.65
	100m:	1:13.84	39.43	200m:	2:37.04	41.72	300m:	4:03.19	43.52	400m:	5:29.10	42.26
21.	SAYEGH, Jasmine			14	Rouge et Or					5:29.29	365	
	50m:	36.89	36.89	150m:	2:00.52	42.40	250m:	3:24.97	42.53	350m:	4:48.70	41.41
	100m:	1:18.12	41.23	200m:	2:42.44	41.92	300m:	4:07.29	42.32	400m:	5:29.29	40.59
22.	LABBÉ, Camille			14	Nsh					5:35.96	343	
	50m:	38.43	38.43	150m:			250m:	3:31.22	42.83	350m:	4:55.24	42.12
	100m:	1:21.37	42.94	200m:	2:48.39		300m:	4:13.12	41.90	400m:	5:35.96	40.72
23.	TREMBLAY, Maëlys			14	Cac					5:39.47	333	
	50m:	38.56	38.56	150m:	2:06.51	43.98	250m:	3:32.89	43.31	350m:	4:58.85	42.22
	100m:	1:22.53	43.97	200m:	2:49.58	43.07	300m:	4:16.63	43.74	400m:	5:39.47	40.62
24.	BOUCHARD, Victoria			14	Rouge et Or					5:40.11	331	
	50m:	38.55	38.55	150m:	2:04.39	43.72	250m:	3:32.16	43.73	350m:	4:59.44	43.50
	100m:	1:20.67	42.12	200m:	2:48.43	44.04	300m:	4:15.94	43.78	400m:	5:40.11	40.67
25.	SAVARD-FORGET, Rose			13	Nsh					5:42.12	325	
	50m:	38.19	38.19	150m:	2:04.13	44.01	250m:	3:32.28	44.53	350m:	5:00.30	44.15
	100m:	1:20.12	41.93	200m:	2:47.75	43.62	300m:	4:16.15	43.87	400m:	5:42.12	41.82
26.	GOUDREAU, Marianne			14	Cac					5:42.91	323	
	50m:	36.86	36.86	150m:	2:03.76	44.46	250m:	3:34.24	45.88	350m:	5:02.44	44.03
	100m:	1:19.30	42.44	200m:	2:48.36	44.60	300m:	4:18.41	44.17	400m:	5:42.91	40.47
27.	FOISY, Élisabeth			13	Rouge et Or					5:43.33	322	
	50m:	38.59	38.59	150m:	2:06.77	44.66	250m:	3:35.77	44.29	350m:	5:03.16	43.26
	100m:	1:22.11	43.52	200m:	2:51.48	44.71	300m:	4:19.90	44.13	400m:	5:43.33	40.17
28.	PARÉ, Camille			13	Club de Natation Régional de la Beauce					5:51.27	300	
	50m:	40.90	40.90	150m:	2:08.80	45.00	250m:			350m:	5:08.11	44.39
	100m:	1:23.80	42.90	200m:	2:53.19	44.39	300m:	4:23.72		400m:	5:51.27	43.16
29.	LAVOIE, Daphnée			13	Nsh					5:58.43	283	
	50m:			150m:	2:08.84	46.03	250m:			350m:	5:17.65	46.48
	100m:	1:22.81		200m:			300m:	4:31.17		400m:	5:58.43	40.78
30.	GASCON, Louanne			13	Mégophias					6:03.71	271	
	50m:	39.62	39.62	150m:	2:12.19	46.94	250m:	3:47.91	48.26	350m:	5:21.25	45.29
	100m:	1:25.25	45.63	200m:	2:59.65	47.46	300m:	4:35.96	48.05	400m:	6:03.71	42.46
31.	GERVAIS, Camille			14	Cnq					6:14.82	247	
	50m:	43.47	43.47	150m:	2:21.10	48.77	250m:	3:58.32	48.04	350m:	5:31.60	45.38
	100m:	1:32.33	48.86	200m:	3:10.28	49.18	300m:	4:46.22	47.90	400m:	6:14.82	43.22
32.	SANSCARTIER, Marianne			13	ICI					6:56.23	180	
	50m:	49.20	49.20	150m:	2:35.33	53.51	250m:	4:20.92	52.55	350m:	6:05.79	52.35
	100m:	1:41.82	52.62	200m:	3:28.37	53.04	300m:	5:13.44	52.52	400m:	6:56.23	50.44

Invitation - Quebec 2025 par ARENA et All Tides
Quebec, 24- - 26-1-2025

Epreuve 33, Dames, 400m Libre

15 - 16 ans

1.	TURCOTTE, Annabelle	15	Cnq	4:28.06	677
	50m: 30.97 30.97 150m: 1:38.82 34.53 250m: 2:47.44 34.48 350m: 3:55.51 34.03				
	100m: 1:04.29 33.32 200m: 2:12.96 34.14 300m: 3:21.48 34.04 400m: 4:28.06 32.55				
2.	LEMELIN DUCHARME, Michaëlle	15	Cnq	4:45.67	559
	50m: 32.04 32.04 150m: 1:44.61 36.78 250m: 2:58.07 36.52 350m: 4:11.00 36.06				
	100m: 1:07.83 35.79 200m: 2:21.55 36.94 300m: 3:34.94 36.87 400m: 4:45.67 34.67				
3.	SHINK, Laurie	16	Cnq	4:47.57	548
	50m: 32.52 32.52 150m: 1:44.85 36.43 250m: 2:58.28 36.52 350m: 4:11.71 36.23				
	100m: 1:08.42 35.90 200m: 2:21.76 36.91 300m: 3:35.48 37.20 400m: 4:47.57 35.86				
4.	CANSU DEMIRCIOGLU, Selin	15	Saint John Fundy Swim Team	4:51.85	524
	50m: 32.45 32.45 150m: 1:46.26 37.51 250m: 3:01.19 37.42 350m: 4:16.67 37.80				
	100m: 1:08.75 36.30 200m: 2:23.77 37.51 300m: 3:38.87 37.68 400m: 4:51.85 35.18				
5.	JUTRAS, Annalie	16	Riverains	4:55.44	505
	50m: 32.03 32.03 150m: 1:45.69 37.75 250m: 3:01.87 38.39 350m: 4:18.78 38.46				
	100m: 1:07.94 35.91 200m: 2:23.48 37.79 300m: 3:40.32 38.45 400m: 4:55.44 36.66				
6.	RATESCU, Athena	15	BLAST Swim Club	5:04.06	463
	50m: 32.41 32.41 150m: 1:47.30 38.25 250m: 3:06.30 39.61 350m: 4:25.79 40.04				
	100m: 1:09.05 36.64 200m: 2:26.69 39.39 300m: 3:45.75 39.45 400m: 5:04.06 38.27				
7.	BOUCHARD, Marie	15	Rouge et Or	5:04.97	459
	50m: 34.34 34.34 150m: 1:50.39 38.22 250m: 3:08.41 38.87 350m: 4:26.81 39.11				
	100m: 1:12.17 37.83 200m: 2:29.54 39.15 300m: 3:47.70 39.29 400m: 5:04.97 38.16				
8.	TROTTIER, Alycia	15	Cnq	5:07.48	448
	50m: 34.07 34.07 150m: 1:51.48 39.17 250m: 3:10.53 39.17 350m: 4:29.36 39.11				
	100m: 1:12.31 38.24 200m: 2:31.36 39.88 300m: 3:50.25 39.72 400m: 5:07.48 38.12				
9.	COULOMBE, Gabrielle	16	Riverains	5:09.63	439
	50m: 34.40 34.40 150m: 1:51.96 39.70 250m: 3:11.36 39.75 350m: 4:31.01 39.82				
	100m: 1:12.26 37.86 200m: 2:31.61 39.65 300m: 3:51.19 39.83 400m: 5:09.63 38.62				
10.	BEAUDOIN, Charlotte	16	Cnq	5:12.95	425
	50m: 35.52 35.52 150m: 1:54.82 39.82 250m: 3:15.27 39.82 350m: 4:35.05 39.60				
	100m: 1:15.00 39.48 200m: 2:35.45 40.63 300m: 3:55.45 40.18 400m: 5:12.95 37.90				
11.	TANGUAY, Jade	15	Club de Natation Régional de la Beauce	5:13.84	421
	50m: 35.51 35.51 150m: 1:55.41 40.71 250m: 3:16.72 40.32 350m: 4:36.85 39.74				
	100m: 1:14.70 39.19 200m: 2:36.40 40.99 300m: 3:57.11 40.39 400m: 5:13.84 36.99				
12.	FORTIN, Héloïse	15	Riverains	5:14.60	418
	50m: 33.64 33.64 150m: 1:50.75 39.23 250m: 3:11.97 40.59 350m: 4:34.24 41.30				
	100m: 1:11.52 37.88 200m: 2:31.38 40.63 300m: 3:52.94 40.97 400m: 5:14.60 40.36				
13.	RACHEDI, Ranya	15	Riverains	5:20.51	396
	50m: 35.34 35.34 150m: 1:54.33 39.83 250m: 3:15.97 40.88 350m: 4:39.07 41.59				
	100m: 1:14.50 39.16 200m: 2:35.09 40.76 300m: 3:57.48 41.51 400m: 5:20.51 41.44				
14.	DULAC, Julia	15	Club de Natation Régional de la Beauce	5:23.63	384
	50m: 35.74 35.74 150m: 1:57.38 41.34 250m: 3:20.43 41.19 350m: 4:43.65 41.33				
	100m: 1:16.04 40.30 200m: 2:39.24 41.86 300m: 4:02.32 41.89 400m: 5:23.63 39.98				
15.	GAGNON, Estelle	16	Club de Natation de Montmagny	5:24.24	382
	50m: 35.82 35.82 150m: 1:58.31 42.16 250m: 3:22.38 42.16 350m: 4:44.72 40.88				
	100m: 1:16.15 40.33 200m: 2:40.22 41.91 300m: 4:03.84 41.46 400m: 5:24.24 39.52				
16.	THÉRIAULT, Marie-Pier	16	Unik	5:50.91	301
	50m: 38.41 38.41 150m: 2:06.10 45.13 250m: 3:36.48 45.66 350m: 5:07.36 45.62				
	100m: 1:20.97 42.56 200m: 2:50.82 44.72 300m: 4:21.74 45.26 400m: 5:50.91 43.55				

Invitation - Quebec 2025 par ARENA et All Tides
Quebec, 24- - 26-1-2025

Epreuve 33, Filles, 400m Libre, 15 - 16 ans

Rang				Age					Temps	Pts		
17.	ROSSIGNOL, Shanie			16	Natation Edmundston Swimming				6:03.82	270		
	50m:	38.55	38.55	150m:	2:09.62	46.38	250m:	3:44.48	46.89	350m:	5:18.65	46.44
	100m:	1:23.24	44.69	200m:	2:57.59	47.97	300m:	4:32.21	47.73	400m:	6:03.82	45.17
18.	RUZISKA, Kyara			16	Cnq				7:26.37	146		
	50m:	45.80	45.80	150m:	2:38.14	57.44	250m:	4:35.95		350m:	6:32.80	58.23
	100m:	1:40.70	54.90	200m:			300m:	5:34.57	58.62	400m:	7:26.37	53.57
forf.nd.	HAMEL, Rosalie			16	Riverains							
17 ans et plus												
1.	VÉZINA, Corinne			20	Rouge et Or				4:28.39	674		
	50m:	30.61	30.61	150m:	1:38.45	34.44	250m:	2:47.34	34.60	350m:	3:55.87	34.35
	100m:	1:04.01	33.40	200m:	2:12.74	34.29	300m:	3:21.52	34.18	400m:	4:28.39	32.52
2.	TURCOTTE, Juliette			17	Cnq				4:33.88	634		
	50m:	31.38	31.38	150m:	1:39.72	34.42	250m:	2:49.57	34.96	350m:	3:59.49	34.84
	100m:	1:05.30	33.92	200m:	2:14.61	34.89	300m:	3:24.65	35.08	400m:	4:33.88	34.39
3.	SHINK, Ariane			18	Cnq				4:35.82	621		
	50m:	32.02	32.02	150m:	1:41.97	34.97	250m:	2:51.80	34.86	350m:	4:01.82	34.78
	100m:	1:07.00	34.98	200m:	2:16.94	34.97	300m:	3:27.04	35.24	400m:	4:35.82	34.00
4.	MALENFANT, Viviane			17	Cnq				4:39.51	597		
	50m:	32.15	32.15	150m:	1:42.88	35.55	250m:	2:54.12	35.54	350m:	4:05.45	35.91
	100m:	1:07.33	35.18	200m:	2:18.58	35.70	300m:	3:29.54	35.42	400m:	4:39.51	34.06
5.	GUY, Roxane			17	Cnq				4:42.00	581		
	50m:	32.74	32.74	150m:	1:44.19	36.07	250m:	2:55.55	35.47	350m:	4:06.67	35.52
	100m:	1:08.12	35.38	200m:	2:20.08	35.89	300m:	3:31.15	35.60	400m:	4:42.00	35.33
6.	PAUL, Florence			18	Rouge et Or				4:42.26	579		
	50m:	32.40	32.40	150m:	1:44.42	36.20	250m:	2:56.38	35.61	350m:	4:07.48	35.12
	100m:	1:08.22	35.82	200m:	2:20.77	36.35	300m:	3:32.36	35.98	400m:	4:42.26	34.78
7.	GAGNON, Isabelle			21	Lav				4:44.07	568		
	50m:	32.97	32.97	150m:	1:44.34	35.88	250m:	2:55.82	35.86	350m:	4:08.51	36.46
	100m:	1:08.46	35.49	200m:	2:19.96	35.62	300m:	3:32.05	36.23	400m:	4:44.07	35.56
8.	MICHAUD, Laurence			18	Cnq				4:49.06	539		
	50m:	32.92	32.92	150m:	1:45.51	36.50	250m:	2:59.46	37.48	350m:	4:13.49	36.96
	100m:	1:09.01	36.09	200m:	2:21.98	36.47	300m:	3:36.53	37.07	400m:	4:49.06	35.57
9.	LEROY, Jordan			17	Saint John Fundy Swim Team				4:52.23	522		
	50m:	31.42	31.42	150m:	1:43.83	36.63	250m:	2:59.28	37.79	350m:	4:15.33	38.03
	100m:	1:07.20	35.78	200m:	2:21.49	37.66	300m:	3:37.30	38.02	400m:	4:52.23	36.90
10.	HARVEY, Clara			17	Cnq				4:52.84	519		
	50m:	31.26	31.26	150m:	1:44.60	37.77	250m:	3:00.52	38.35	350m:	4:17.05	38.65
	100m:	1:06.83	35.57	200m:	2:22.17	37.57	300m:	3:38.40	37.88	400m:	4:52.84	35.79
11.	CHALIFOUR, Mathilde			19	Rouge et Or				4:53.98	513		
	50m:	32.80	32.80	150m:	1:46.19	37.28	250m:	3:01.18	37.36	350m:	4:16.97	38.00
	100m:	1:08.91	36.11	200m:	2:23.82	37.63	300m:	3:38.97	37.79	400m:	4:53.98	37.01
12.	GAGNON, Amélie			17	Nsh				4:58.27	491		
	50m:	33.56	33.56	150m:	1:49.63	38.21	250m:	3:05.87	38.27	350m:	4:22.17	38.40
	100m:	1:11.42	37.86	200m:	2:27.60	37.97	300m:	3:43.77	37.90	400m:	4:58.27	36.10
13.	GINGRAS, Aurélie			17	Riverains				5:00.53	480		
	50m:	34.17	34.17	150m:	1:49.86	38.14	250m:	3:06.72	38.12	350m:	4:23.02	37.72
	100m:	1:11.72	37.55	200m:	2:28.60	38.74	300m:	3:45.30	38.58	400m:	5:00.53	37.51

Invitation - Quebec 2025 par ARENA et All Tides
Quebec, 24- - 26-1-2025

Epreuve 33, Dames, 400m Libre, 17 ans et plus

Rang				Age					Temps	Pts		
14.	LEPAGE, Ann-Sophie			22	Rouge et Or				5:21.79	391		
	50m:	35.42	35.42	150m:	1:55.69	41.07	250m:	3:19.36	41.69	350m:	4:41.57	41.03
	100m:	1:14.62	39.20	200m:	2:37.67	41.98	300m:	4:00.54	41.18	400m:	5:21.79	40.22
15.	VERREAULT, Melory			17	Rouge et Or				5:30.82	360		
	50m:	36.35	36.35	150m:	2:00.99	42.73	250m:	3:26.20	42.15	350m:	4:50.84	41.61
	100m:	1:18.26	41.91	200m:	2:44.05	43.06	300m:	4:09.23	43.03	400m:	5:30.82	39.98
16.	BOUCHER, Béatrice			19	Riverains				5:55.62	289		
	50m:	37.67	37.67	150m:	2:05.16	44.22	250m:	3:36.89	46.40	350m:	5:10.58	47.07
	100m:	1:20.94	43.27	200m:	2:50.49	45.33	300m:	4:23.51	46.62	400m:	5:55.62	45.04