



XX Troféu Cidade Caldas da Rainha Masters
Caldas da rainha, 15/3/2025

Prova 18	Masc., 200m Livres				25 anos e mais velhos
15/03/2025 - 19:10					Resultados
RN A(25-29)	1:51.39	Artiom Viatcheslavovitch, POLIAKOV	COL	Caldas da Rainha	01/12/2018
RN B(30-34)	1:54.11	Adriano Miguel, NIZ	GDNVNF	Tomar	31/01/2016
RN C(35-39)	1:54.01	Pedro Miguel, SILVA	CFV	Ponte de Sor	30/01/2011
RN D(40-44)	1:56.46	Eduardo Ferreira, SEVIERI	FCP	Torres Novas	26/01/2025
RN E(45-49)	2:03.65	Miguel Alexandre, MACHADO	CLIPTEAM	Recarei	08/12/2022
RN F(50-54)	2:04.16	Jorge Eduardo, FARIA	SAD	Caldas da Rainha	12/04/2014
RN G(55-59)	2:06.91	Jose Carlos, FREITAS	INDNP	Mealhada	20/01/2019
RN H(60-64)	2:14.14	Jose Carlos, FREITAS	CLIPTEAM	Funchal	20/11/2023
RN I(65-69)	2:32.43	Vitor Manuel, MAVIOSO	INDANL	Caldas da Rainha	28/01/2024
RN J(70-74)	2:42.97	Antonio Bessone, BASTO	SAD	Vila Praia de Ancora	17/05/2015
RN K(75-79)	3:04.06	Stephen Thomas, DYSON	SAD	Albufeira	11/12/2022
RN L(80-84)	3:38.56	Luis Vidigal, SALGUEIRO	SAD	Torres Novas	26/01/2025
RN M(85-89)	5:15.81	Joao Rodrigues, TEIXEIRA	AAC	Torres Novas	04/02/2022
RN N(90-94)	8:10.85	Virgilio Zacarias, COSTA	AAC	Torres Novas	04/02/2022

Pontos: DSV Masters 22

Lugar	Ano		Tempo final				Pts
25 anos e mais velhos							
1. Serhii, TREMPOLETS	92	Sport Alges e Dafundo	2:07.19				587
50m: 30.47 30.47	100m: 1:03.04	32.57	150m: 1:35.91	32.87	200m: 2:07.19	31.28	
2. Diogo Miguel, PAULINO	90	Alcobaca	2:08.28				656
50m: 30.12 30.12	100m: 1:03.02	32.90	150m: 1:36.49	33.47	200m: 2:08.28	31.79	
3. David Lopes, CUNHA	96	Lisboa PoolSharks	2:08.38				649
50m: 29.73 29.73	100m: 1:02.85	33.12	150m: 1:36.04	33.19	200m: 2:08.38	32.34	
4. Filipe Gouveia, GONCALVES	87	Lisboa PoolSharks	2:12.75				592
50m: 30.51 30.51	100m: 1:04.32	33.81	150m: 1:38.73	34.41	200m: 2:12.75	34.02	
5. Joao Paulo, RIBEIRO	92	CNLeiria - VOID	2:14.12				500
50m: 29.94 29.94	100m: 1:03.17	33.23	150m: 1:37.98	34.81	200m: 2:14.12	36.14	
6. Miguel Duarte, HENRIQUES	88	CNLeiria - VOID	2:19.06				515
50m: 31.57 31.57	100m: 1:06.24	34.67	150m: 1:42.68	36.44	200m: 2:19.06	36.38	
7. Pedro Nuno, TROVISCO	77	Natacao da Maia	2:22.09				526
50m: 32.66 32.66	100m: 1:09.16	36.50	150m: 1:46.06	36.90	200m: 2:22.09	36.03	
8. Bruno Miguel, BELCHIOR	85	Benedita	2:23.17				492
50m: 32.99 32.99	100m: 1:08.47	35.48	150m: 1:46.06	37.59	200m: 2:23.17	37.11	
9. Bruno Gil, DIAS	77	Benedita	2:25.60				489
50m: 32.99 32.99	100m: 1:09.89	36.90	150m: 1:47.92	38.03	200m: 2:25.60	37.68	
10. Rafael Devesa, DIAS	85	Galitos / Bresimar	2:26.42				460
50m: 32.69 32.69	100m: 1:09.45	36.76	150m: 1:48.20	38.75	200m: 2:26.42	38.22	
11. Diogo Marques, PRATAS	86	Gafanha da Encarnacao	2:28.03				427
50m: 33.70 33.70	100m: 1:10.06	36.36	150m: 1:49.50	39.44	200m: 2:28.03	38.53	
12. Tiago Alexandre, FREIRE	93	Lisboa PoolSharks	2:28.67				367
50m: 33.79 33.79	100m: 1:11.10	37.31	150m: 1:50.62	39.52	200m: 2:28.67	38.05	
13. Jaime Carlos, BENTO	61	Sport Alges e Dafundo	2:28.78				772
50m: 34.10 34.10	100m: 1:12.18	38.08	150m: 1:51.25	39.07	200m: 2:28.78	37.53	
14. David Piteira, PEREIRA	93	Lisboa PoolSharks	2:29.90				358
50m: 33.94 33.94	100m: 1:12.28	38.34	150m: 1:51.34	39.06	200m: 2:29.90	38.56	
15. Miguel Marcelo, BEJA	84	A Onda Azeitão	2:30.35				424
50m: 33.14 33.14	100m: 1:10.71	37.57	150m: 1:50.83	40.12	200m: 2:30.35	39.52	



XX Troféu Cidade Caldas da Rainha Masters
Caldas da rainha, 15/3/2025

Prova 18, Masc., 200m Livres, 25 anos e mais velhos

Lugar	Ano	Tempo final	Pts
16. Hugo Miranda, RAMOS	77	Centro Universitário Porto	2:33.03 421
50m: 33.63 33.63	100m: 1:11.30	37.67 150m: 1:51.30	40.00 200m: 2:33.03 41.73
17. Andre Rosado, ROCHA	78	Pimpoes/Cimai	2:34.96 405
50m: 34.50 34.50	100m: 1:13.54	39.04 150m: 1:55.17	41.63 200m: 2:34.96 39.79
18. Carlos Jorge, OLIVEIRA	64	Masters de Almada	2:35.03 682
50m: 35.62 35.62	100m: 1:14.79	39.17 150m: 1:55.40	40.61 200m: 2:35.03 39.63
19. Bruno Cena, SAEZ	78	Lisboa PoolSharks	2:37.08 389
50m: 35.10 35.10	100m: 1:15.06	39.96 150m: 1:57.84	42.78 200m: 2:37.08 39.24
20. Carlos Soares, GOULAO	75	Galitos / Bresimar	2:38.37 414
50m: 36.08 36.08	100m: 1:16.50	40.42 150m: 1:58.38	41.88 200m: 2:38.37 39.99
21. Gustavo Ferreira, BASTO	67	Galitos / Bresimar	2:39.11 505
50m: 34.82 34.82	100m: 1:14.12	39.30 150m: 1:56.58	42.46 200m: 2:39.11 42.53
22. Kevin David, BLICK	60	Óbidos	2:40.67 653
50m: 37.12 37.12	100m: 1:17.99	40.87 150m: 2:00.39	42.40 200m: 2:40.67 40.28
23. Urbino Jesus, SANTOS	75	Penafiel	2:44.25 371
50m: 38.21 38.21	100m: 1:19.38	41.17 150m: 2:02.52	43.14 200m: 2:44.25 41.73
24. Joao Pedro, MENDES	95	CNLeiria - VOID	2:46.38 262
50m: 36.46 36.46	100m: 1:18.78	42.32 150m: 2:03.51	44.73 200m: 2:46.38 42.87
25. Luis Miguel, OLIVEIRA	83	Lisboa PoolSharks	2:46.68 311
50m: 37.61 37.61	100m: 1:19.69	42.08 150m: 2:04.22	44.53 200m: 2:46.68 42.46
26. Antonio Jorge, MARTINHO	65	Académica de Coimbra	2:46.85 547
50m: 37.79 37.79	100m: 1:19.58	41.79 150m: 2:04.20	44.62 200m: 2:46.85 42.65
27. Rui Miguel, HENRIQUES	69	Nadadores dos Estoris	2:47.31 434
50m: 37.38 37.38	100m: 1:19.46	42.08 150m: 2:05.02	45.56 200m: 2:47.31 42.29
28. Armando Joao, COSTA	63	Sporting de Espinho	2:47.84 537
50m: 38.53 38.53	100m: 1:21.17	42.64 150m: 2:05.11	43.94 200m: 2:47.84 42.73
29. Ricardo Velho, FRANCO	74	Geslours	2:48.91 341
50m: 38.17 38.17	100m: 1:21.43	43.26 150m: 2:05.85	44.42 200m: 2:48.91 43.06
30. Paulo Fernando, OLIVEIRA	67	Nautico Marinha Grande	2:49.66 416
50m: 39.41 39.41	100m: 1:22.32	42.91 150m: 2:06.56	44.24 200m: 2:49.66 43.10
31. Antonio Manuel, LIGEIRO	79	Galitos / Bresimar	2:53.85 287
50m: 40.37 40.37	100m: 1:25.80	45.43 150m: 2:11.30	45.50 200m: 2:53.85 42.55
32. Jair Santos, MOREIRA	82	Benedita	2:57.47 258
50m: 40.31 40.31	100m: 1:24.98	44.67 150m: 2:12.05	47.07 200m: 2:57.47 45.42
33. Ruben Filipe, COELHO	82	Geslours	2:58.53 253
50m: 41.04 41.04	100m: 1:24.34	43.30 150m: 2:10.49	46.15 200m: 2:58.53 48.04
34. Paulo Jorge, SILVA	70	CNLeiria - VOID	3:02.55 334
50m: 39.13 39.13	100m: 1:23.80	44.67 150m: 2:13.01	49.21 200m: 3:02.55 49.54
35. Jorge Alexandre, ANASTACIO	73	Benedita	3:11.47 234
50m: 41.04 41.04	100m: 1:28.40	47.36 150m: 2:19.37	50.97 200m: 3:11.47 52.10
36. Daniel Castro, TRIGO	65	Sporting Clube de Aveiro	3:21.03 312
50m: 44.23 44.23	100m: 1:35.83	51.60 150m: 2:29.26	53.43 200m: 3:21.03 51.77
37. Celso Abreu, FERNANDES	67	Sporting Clube de Aveiro	3:21.87 247
50m: 44.92 44.92	100m: 1:36.05	51.13 150m: 2:28.79	52.74 200m: 3:21.87 53.08



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Caldas da rainha, 15/3/2025

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Lugar				Ano				Tempo final	Pts
38.	Pedro Martins, PINHEIRO	74	Pimpoes/Cimai				3:22.13	199	
	50m: 45.87 45.87	100m: 1:38.49	52.62 150m: 2:32.14	53.65	200m: 3:22.13	49.99			
39.	Jose Luis, CORREIA	59	Nadadores dos Estoris				3:25.73	311	
	50m: 46.49 46.49	100m: 1:39.82	53.33 150m: 2:34.56	54.74	200m: 3:25.73	51.17			
40.	Miguel Sala, COUTINHO	62	Sporting Clube de Aveiro				3:26.83	287	
	50m: 44.86 44.86	100m: 1:37.88	53.02 150m: 2:33.23	55.35	200m: 3:26.83	53.60			
41.	Antonio Jose, VITORINO	68	Naval de Peniche				3:28.75	223	
	50m: 44.39 44.39	100m: 1:37.47	53.08 150m: 2:33.43	55.96	200m: 3:28.75	55.32			
42.	Luis Vidigal, SALGUEIRO	45	Sport Alges e Dafundo				3:29.53	502	
	50m: 45.33 45.33	100m: 1:38.35	53.02 150m: 2:34.59	56.24	200m: 3:29.53	54.94			
43.	Rui Alexandre, MENDES	75	Naval de Peniche				3:32.77	171	
	50m: 44.53 44.53	100m: 1:37.87	53.34 150m: 2:36.06	58.19	200m: 3:32.77	56.71			
44.	Luis Javier, MARRERO	52	Académica de Coimbra				3:41.34	298	
	50m: 46.36 46.36	100m: 1:42.23	55.87 150m: 2:41.78	59.55	200m: 3:41.34	59.56			
45.	Jose Goncalves, SANTOS	54	Sporting Clube de Aveiro				3:43.91	288	
	50m: 49.60 49.60	100m: 1:45.70	56.10 150m: 2:44.99	59.29	200m: 3:43.91	58.92			
46.	Eduardo Jose, CARREGUEIRO	59	Vieirense				3:44.23	240	
	50m: 44.55 44.55	100m: 1:38.00	53.45 150m: 2:39.17	1:01.17	200m: 3:44.23	1:05.06			
47.	Jose Henrique, MADAIL	54	Galitos / Bresimar				3:49.82	267	
	50m: 57.06 57.06	100m: 1:53.95	56.89 150m: 2:52.07	58.12	200m: 3:49.82	57.75			
48.	Jose Alexandre, RAPOSO	55	Sporting Clube de Aveiro				3:50.86	263	
	50m: 52.96 52.96	100m: 1:54.78	1:01.82 150m: 2:55.46	1:00.68	200m: 3:50.86	55.40			
49.	Hugo Alexandre, DIAS	80	Ba-Leiria				4:00.37	108	
	50m: 54.33 54.33	100m: 1:55.37	1:01.04 150m: 2:58.95	1:03.58	200m: 4:00.37	1:01.42			
50.	Luis Silveira, VIEGAS	47	Sport Alges e Dafundo				4:01.38	285	
	50m: 54.56 54.56	100m: 1:54.03	59.47 150m: 2:58.10	1:04.07	200m: 4:01.38	1:03.28			
51.	Manuel Jose, ESTEVES	50	Masters de Almada				4:02.27	282	
	50m: 53.15 53.15	100m: 1:53.76	1:00.61 150m: 2:57.92	1:04.16	200m: 4:02.27	1:04.35			
52.	Flavio Humberto, AMADO	69	Vieirense				4:13.34	125	
	50m: 49.51 49.51	100m: 1:50.55	1:01.04 150m: 3:02.81	1:12.26	200m: 4:13.34	1:10.53			
53.	Amilcar Filipe, PIRES	84	CNLeiria - VOID				4:22.56	79	
	50m: 56.80 56.80	100m: 2:03.11	1:06.31 150m: 3:11.75	1:08.64	200m: 4:22.56	1:10.81			
54.	Jose Vicente, MOURA	37	Sport Alges e Dafundo				4:32.76	363	
	50m: 1:00.73 1:00.73	100m: 2:13.66	1:12.93 150m: 3:25.74	1:12.08	200m: 4:32.76	1:07.02			
55.	Jose Manuel, HORTA	49	Sport Alges e Dafundo				5:23.74	118	
	50m: 1:14.59 1:14.59	100m: 2:37.86	1:23.27 150m: 4:02.21	1:24.35	200m: 5:23.74	1:21.53			

Grupo A

1.	David Lopes, CUNHA	96	Lisboa PoolSharks				2:08.38	649
	50m: 29.73 29.73	100m: 1:02.85	33.12 150m: 1:36.04	33.19	200m: 2:08.38	32.34		



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Caldas da rainha, 15/3/2025

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Grupo B

1. Serhii, TREMPOLETS	92	Sport Alges e Dafundo	2:07.19	587
50m: 30.47 30.47	100m: 1:03.04	32.57 150m: 1:35.91 32.87	200m: 2:07.19	31.28
2. Joao Paulo, RIBEIRO	92	CNLeiria - VOID	2:14.12	500
50m: 29.94 29.94	100m: 1:03.17	33.23 150m: 1:37.98 34.81	200m: 2:14.12	36.14
3. Tiago Alexandre, FREIRE	93	Lisboa PoolSharks	2:28.67	367
50m: 33.79 33.79	100m: 1:11.10	37.31 150m: 1:50.62 39.52	200m: 2:28.67	38.05
4. David Piteira, PEREIRA	93	Lisboa PoolSharks	2:29.90	358
50m: 33.94 33.94	100m: 1:12.28	38.34 150m: 1:51.34 39.06	200m: 2:29.90	38.56
5. Joao Pedro, MENDES	95	CNLeiria - VOID	2:46.38	262
50m: 36.46 36.46	100m: 1:18.78	42.32 150m: 2:03.51 44.73	200m: 2:46.38	42.87

Grupo C

1. Diogo Miguel, PAULINO	90	Alcobaca	2:08.28	656
50m: 30.12 30.12	100m: 1:03.02	32.90 150m: 1:36.49 33.47	200m: 2:08.28	31.79
2. Filipe Gouveia, GONCALVES	87	Lisboa PoolSharks	2:12.75	592
50m: 30.51 30.51	100m: 1:04.32	33.81 150m: 1:38.73 34.41	200m: 2:12.75	34.02
3. Miguel Duarte, HENRIQUES	88	CNLeiria - VOID	2:19.06	515
50m: 31.57 31.57	100m: 1:06.24	34.67 150m: 1:42.68 36.44	200m: 2:19.06	36.38
4. Diogo Marques, PRATAS	86	Gafanha da Encarnacao	2:28.03	427
50m: 33.70 33.70	100m: 1:10.06	36.36 150m: 1:49.50 39.44	200m: 2:28.03	38.53

Grupo D

1. Bruno Miguel, BELCHIOR	85	Benedita	2:23.17	492
50m: 32.99 32.99	100m: 1:08.47	35.48 150m: 1:46.06 37.59	200m: 2:23.17	37.11
2. Rafael Devesa, DIAS	85	Galitos / Bresimar	2:26.42	460
50m: 32.69 32.69	100m: 1:09.45	36.76 150m: 1:48.20 38.75	200m: 2:26.42	38.22
3. Miguel Marcelo, BEJA	84	A Onda Azeitão	2:30.35	424
50m: 33.14 33.14	100m: 1:10.71	37.57 150m: 1:50.83 40.12	200m: 2:30.35	39.52
4. Luis Miguel, OLIVEIRA	83	Lisboa PoolSharks	2:46.68	311
50m: 37.61 37.61	100m: 1:19.69	42.08 150m: 2:04.22 44.53	200m: 2:46.68	42.46
5. Jair Santos, MOREIRA	82	Benedita	2:57.47	258
50m: 40.31 40.31	100m: 1:24.98	44.67 150m: 2:12.05 47.07	200m: 2:57.47	45.42
6. Ruben Filipe, COELHO	82	Geslours	2:58.53	253
50m: 41.04 41.04	100m: 1:24.34	43.30 150m: 2:10.49 46.15	200m: 2:58.53	48.04
7. Amilcar Filipe, PIRES	84	CNLeiria - VOID	4:22.56	79
50m: 56.80 56.80	100m: 2:03.11	1:06.31 150m: 3:11.75 1:08.64	200m: 4:22.56	1:10.81



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Caldas da rainha, 15/3/2025

Prova 18, Masc., 200m Livres

Grupo E

1. Pedro Nuno, TROVISCO	77	Natacao da Maia	2:22.09	526
50m: 32.66 32.66	100m: 1:09.16	36.50 150m: 1:46.06 36.90	200m: 2:22.09	36.03
2. Bruno Gil, DIAS	77	Benedita	2:25.60	489
50m: 32.99 32.99	100m: 1:09.89	36.90 150m: 1:47.92 38.03	200m: 2:25.60	37.68
3. Hugo Miranda, RAMOS	77	Centro Universitário Porto	2:33.03	421
50m: 33.63 33.63	100m: 1:11.30	37.67 150m: 1:51.30 40.00	200m: 2:33.03	41.73
4. Andre Rosado, ROCHA	78	Pimpoes/Cimai	2:34.96	405
50m: 34.50 34.50	100m: 1:13.54	39.04 150m: 1:55.17 41.63	200m: 2:34.96	39.79
5. Bruno Cena, SAEZ	78	Lisboa PoolSharks	2:37.08	389
50m: 35.10 35.10	100m: 1:15.06	39.96 150m: 1:57.84 42.78	200m: 2:37.08	39.24
6. Antonio Manuel, LIGEIRO	79	Galitos / Bresimar	2:53.85	287
50m: 40.37 40.37	100m: 1:25.80	45.43 150m: 2:11.30 45.50	200m: 2:53.85	42.55
7. Hugo Alexandre, DIAS	80	Ba-Leiria	4:00.37	108
50m: 54.33 54.33	100m: 1:55.37	1:01.04 150m: 2:58.95 1:03.58	200m: 4:00.37	1:01.42

Grupo F

1. Carlos Soares, GOULAO	75	Galitos / Bresimar	2:38.37	414
50m: 36.08 36.08	100m: 1:16.50	40.42 150m: 1:58.38 41.88	200m: 2:38.37	39.99
2. Urbino Jesus, SANTOS	75	Penafiel	2:44.25	371
50m: 38.21 38.21	100m: 1:19.38	41.17 150m: 2:02.52 43.14	200m: 2:44.25	41.73
3. Ricardo Velho, FRANCO	74	Geslourses	2:48.91	341
50m: 38.17 38.17	100m: 1:21.43	43.26 150m: 2:05.85 44.42	200m: 2:48.91	43.06
4. Jorge Alexandre, ANASTACIO	73	Benedita	3:11.47	234
50m: 41.04 41.04	100m: 1:28.40	47.36 150m: 2:19.37 50.97	200m: 3:11.47	52.10
5. Pedro Martins, PINHEIRO	74	Pimpoes/Cimai	3:22.13	199
50m: 45.87 45.87	100m: 1:38.49	52.62 150m: 2:32.14 53.65	200m: 3:22.13	49.99
6. Rui Alexandre, MENDES	75	Naval de Peniche	3:32.77	171
50m: 44.53 44.53	100m: 1:37.87	53.34 150m: 2:36.06 58.19	200m: 3:32.77	56.71

Grupo G

1. Gustavo Ferreira, BASTO	67	Galitos / Bresimar	2:39.11	505
50m: 34.82 34.82	100m: 1:14.12	39.30 150m: 1:56.58 42.46	200m: 2:39.11	42.53
2. Rui Miguel, HENRIQUES	69	Nadadores dos Estoris	2:47.31	434
50m: 37.38 37.38	100m: 1:19.46	42.08 150m: 2:05.02 45.56	200m: 2:47.31	42.29
3. Paulo Fernando, OLIVEIRA	67	Nautico Marinha Grande	2:49.66	416
50m: 39.41 39.41	100m: 1:22.32	42.91 150m: 2:06.56 44.24	200m: 2:49.66	43.10
4. Paulo Jorge, SILVA	70	CNLeiria - VOID	3:02.55	334
50m: 39.13 39.13	100m: 1:23.80	44.67 150m: 2:13.01 49.21	200m: 3:02.55	49.54
5. Celso Abreu, FERNANDES	67	Sporting Clube de Aveiro	3:21.87	247
50m: 44.92 44.92	100m: 1:36.05	51.13 150m: 2:28.79 52.74	200m: 3:21.87	53.08
6. Antonio Jose, VITORINO	68	Naval de Peniche	3:28.75	223
50m: 44.39 44.39	100m: 1:37.47	53.08 150m: 2:33.43 55.96	200m: 3:28.75	55.32



XX Troféu Cidade Caldas da Rainha Masters
Caldas da rainha, 15/3/2025

Prova 18, Masc., 200m Livres, Grupo G

Lugar	Ano	Tempo final	Pts
7. Flavio Humberto, AMADO	69 Vieirense	4:13.34	125
50m: 49.51 49.51	100m: 1:50.55 1:01.04	150m: 3:02.81 1:12.26	200m: 4:13.34 1:10.53

Grupo H

1. Jaime Carlos, BENTO	61 Sport Alges e Dafundo	2:28.78	772
50m: 34.10 34.10	100m: 1:12.18 38.08	150m: 1:51.25 39.07	200m: 2:28.78 37.53
2. Carlos Jorge, OLIVEIRA	64 Masters de Almada	2:35.03	682
50m: 35.62 35.62	100m: 1:14.79 39.17	150m: 1:55.40 40.61	200m: 2:35.03 39.63
3. Antonio Jorge, MARTINHO	65 Académica de Coimbra	2:46.85	547
50m: 37.79 37.79	100m: 1:19.58 41.79	150m: 2:04.20 44.62	200m: 2:46.85 42.65
4. Armando Joao, COSTA	63 Sporting de Espinho	2:47.84	537
50m: 38.53 38.53	100m: 1:21.17 42.64	150m: 2:05.11 43.94	200m: 2:47.84 42.73
5. Daniel Castro, TRIGO	65 Sporting Clube de Aveiro	3:21.03	312
50m: 44.23 44.23	100m: 1:35.83 51.60	150m: 2:29.26 53.43	200m: 3:21.03 51.77
6. Miguel Sala, COUTINHO	62 Sporting Clube de Aveiro	3:26.83	287
50m: 44.86 44.86	100m: 1:37.88 53.02	150m: 2:33.23 55.35	200m: 3:26.83 53.60

Grupo I

1. Kevin David, BLICK	60 Óbidos	2:40.67	653
50m: 37.12 37.12	100m: 1:17.99 40.87	150m: 2:00.39 42.40	200m: 2:40.67 40.28
2. Jose Luis, CORREIA	59 Nadadores dos Estoris	3:25.73	311
50m: 46.49 46.49	100m: 1:39.82 53.33	150m: 2:34.56 54.74	200m: 3:25.73 51.17
3. Eduardo Jose, CARREGUEIRO	59 Vieirense	3:44.23	240
50m: 44.55 44.55	100m: 1:38.00 53.45	150m: 2:39.17 1:01.17	200m: 3:44.23 1:05.06

Grupo J

1. Luis Javier, MARRERO	52 Académica de Coimbra	3:41.34	298
50m: 46.36 46.36	100m: 1:42.23 55.87	150m: 2:41.78 59.55	200m: 3:41.34 59.56
2. Jose Goncalves, SANTOS	54 Sporting Clube de Aveiro	3:43.91	288
50m: 49.60 49.60	100m: 1:45.70 56.10	150m: 2:44.99 59.29	200m: 3:43.91 58.92
3. Jose Henrique, MADAIL	54 Galitos / Bresimar	3:49.82	267
50m: 57.06 57.06	100m: 1:53.95 56.89	150m: 2:52.07 58.12	200m: 3:49.82 57.75
4. Jose Alexandre, RAPOSO	55 Sporting Clube de Aveiro	3:50.86	263
50m: 52.96 52.96	100m: 1:54.78 1:01.82	150m: 2:55.46 1:00.68	200m: 3:50.86 55.40

Grupo K

1. Luis Silveira, VIEGAS	47 Sport Alges e Dafundo	4:01.38	285
50m: 54.56 54.56	100m: 1:54.03 59.47	150m: 2:58.10 1:04.07	200m: 4:01.38 1:03.28
2. Manuel Jose, ESTEVES	50 Masters de Almada	4:02.27	282
50m: 53.15 53.15	100m: 1:53.76 1:00.61	150m: 2:57.92 1:04.16	200m: 4:02.27 1:04.35
3. Jose Manuel, HORTA	49 Sport Alges e Dafundo	5:23.74	118
50m: 1:14.59 1:14.59	100m: 2:37.86 1:23.27	150m: 4:02.21 1:24.35	200m: 5:23.74 1:21.53



XX Troféu Cidade Caldas da Rainha Masters
Caldas da rainha, 15/3/2025

Prova 18, Masc., 200m Livres

Grupo L

1.	Luis Vidigal, SALGUEIRO	45	Sport Alges e Dafundo	3:29.53	502
	50m: 45.33 45.33	100m: 1:38.35	53.02 150m: 2:34.59	56.24	200m: 3:29.53 54.94

Grupo M

1.	Jose Vicente, MOURA	37	Sport Alges e Dafundo	4:32.76	363
	50m: 1:00.73 1:00.73	100m: 2:13.66	1:12.93 150m: 3:25.74	1:12.08	200m: 4:32.76 1:07.02