



11º Torneio de Natação Cidade de Pombal INF e ABS
Pombal, 23/2/2025

Prova 20	Femin., 200m Estilos				Absolutos (JUV+JUN+SEN)	
23/02/2025					Resultados	
Recordes Nacionais 25m Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024	
Recordes Nacionais 25m 19 +	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024	
Recordes Nacionais 25m 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022	
Recordes Nacionais 25m 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021	
Recordes Nacionais 25m 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009	
Recordes Nacionais 25m 15	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019	
Recordes Nacionais 25m 14	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018	

Pontos: AQUA 2025

Lugar	Ano			Tempo final			Pts
1. Maria Neto, SIMOES	10	Condeixa Aqua Clube		2:27.85			
50m: 32.33 32.33	100m: 1:11.75	39.42	150m: 1:53.77	42.02	200m: 2:27.85	34.08	
2. Helena Nunes, RODRIGUES	03	Condeixa Aqua Clube		2:29.24			
50m: 32.79 32.79	100m: 1:10.42	37.63	150m: 1:56.87	46.45	200m: 2:29.24	32.37	
3. Sofia Roma, BRIZIDA	10	CNLeiria - VOID		2:32.34			
50m: 33.46 33.46	100m: 1:13.23	39.77	150m: 1:55.79	42.56	200m: 2:32.34	36.55	
4. Beatriz Belo, CLARA	09	CNLeiria - VOID		2:34.38			
50m: 31.84 31.84	100m: 1:09.88	38.04	150m: 1:59.10	49.22	200m: 2:34.38	35.28	
5. Daniela Pina, RODRIGUES	09	Gesloures		2:35.92			
50m: 32.47 32.47	100m: 1:12.94	40.47	150m: 1:59.45	46.51	200m: 2:35.92	36.47	
6. Bruna Andreia, SIMOES	01	Vieirense		2:38.26			
50m: 32.33 32.33	100m: 1:14.12	41.79	150m: 2:01.14	47.02	200m: 2:38.26	37.12	
7. Patricia Subtil, HENRIQUES	08	Gesloures		2:40.88			
50m: 33.30 33.30	100m: 1:14.69	41.39	150m: 2:04.55	49.86	200m: 2:40.88	36.33	
8. Leonor Pereira, SILVA	10	Óbidos		2:45.16			
50m: 35.43 35.43	100m: 1:19.43	44.00	150m: 2:06.01	46.58	200m: 2:45.16	39.15	
9. Constanca Rolim, PEDRO	10	Ba-Leiria		2:49.85			
50m: 39.17 39.17	100m: 1:22.13	42.96	150m: 2:12.23	50.10	200m: 2:49.85	37.62	
10. Diana Rita, FONSECA	08	Vieirense		2:50.33			
50m: 36.79 36.79	100m: 1:19.88	43.09	150m: 2:11.05	51.17	200m: 2:50.33	39.28	
11. Catarina Tagaroso, LOBO	07	Uniao Juncalense		2:51.63			
50m: 37.25 37.25	100m: 1:22.80	45.55	150m: 2:12.14	49.34	200m: 2:51.63	39.49	
12. Matilde Santos, COUTINHO	07	Naval da Nazaré		2:57.94			
50m: 36.82 36.82	100m: 1:22.52	45.70	150m: 2:16.98	54.46	200m: 2:57.94	40.96	
13. Maria Margarida, OLIVEIRA	09	Ba-Leiria		2:59.00			
50m: 40.07 40.07	100m: 1:27.15	47.08	150m: 2:16.82	49.67	200m: 2:59.00	42.18	
14. Carolina Santos, CARRILHO	08	CLAC-Entroncamento		3:03.66			
50m: 39.94 39.94	100m: 1:26.68	46.74	150m: 2:19.94	53.26	200m: 3:03.66	43.72	
15. Kelly Simao, COSTA	11	Óbidos		3:09.26			
50m: 44.97 44.97	100m: 1:32.86	47.89	150m: 2:27.14	54.28	200m: 3:09.26	42.12	
16. Diana Morais, CARLOS	11	Pimpoes/Cimai		3:12.59			
50m: 42.47 42.47	100m: 1:29.60	47.13	150m: 2:28.74	59.14	200m: 3:12.59	43.85	
17. Catarina Leonor, PEREIRA	11	CLAC-Entroncamento		3:23.47			
50m: 44.57 44.57	100m: 1:35.04	50.47	150m: 2:38.56	1:03.52	200m: 3:23.47	44.91	
DNS Anastasiya, PRYMACHENKO	11	Nucleo de Pombal					
DNS Carlota Sa, SANTOS	11	Nucleo de Pombal					



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Lugar	Ano	Tempo final	Pts
EXH Rita Isabel, NEVES 50m: 34.67 34.67 100m: 1:16.30	08	Condeixa Aqua Clube 2:36.55	34.53
EXH Joana Cura, NEVES 50m: 34.63 34.63 100m: 1:17.30	11	Condeixa Aqua Clube 2:41.67	35.75
EXH Matilde Sofia, PEREIRA 50m: 36.30 36.30 100m: 1:16.31	11	Condeixa Aqua Clube 2:41.77	37.13
EXH Laura Samora, GONCALVES 50m: 36.10 36.10 100m: 1:18.08	10	CNLeiria - VOID 2:45.41	36.87
EXH Marta Cabete, GOMES 50m: 34.43 34.43 100m: 1:19.18	08	CNLeiria - VOID 2:46.10	38.55
EXH Dalila Leal, BERNARDINO 50m: 33.60 33.60 100m: 1:18.72	06	Nucleo de Pombal 2:46.54	38.01
EXH Rita Ribeiro, PEREIRA 50m: 39.18 39.18 100m: 1:21.08	11	Gesloures 2:55.05	40.08