

Antwerp Diamond Speedo Race
Olympic Pool Wezenberg, Antwerp, 29 - 30/3/2025

Programmanr. 8
29/03/2025 - 10:34

Heren, 400m wisselslag

13 jaar en ouder
Resultaten Voorronde

Punten: AQUA 2024

Rang					Tijd	Pnt	100m	200m	300m	400m	
1.	FEDOSEEV, Anton	LUX	9476		4:35.64	680	Q	1:01.22	1:11.96	1:18.60	1:03.86
	50m: 28.44	28.44	150m: 1:37.41	36.19	250m: 2:52.16		38.98	350m: 4:04.24	32.46		
	100m: 1:01.22	32.78	200m: 2:13.18	35.77	300m: 3:31.78		39.62	400m: 4:35.64	31.40		
2.	CLAERHOUT, Bas	BEL	TZT/11127/08		4:45.32	613	Q	1:04.16	1:13.10	1:22.82	1:05.24
	50m: 30.38	30.38	150m: 1:40.21	36.05	250m: 2:57.49		40.23	350m: 4:12.80	32.72		
	100m: 1:04.16	33.78	200m: 2:17.26	37.05	300m: 3:40.08		42.59	400m: 4:45.32	32.52		
3.	BENNANI, Walid	BEL	HN/014066/07		4:46.93	603	Q	1:03.46	1:12.79	1:23.44	1:07.24
	50m: 29.36	29.36	150m: 1:39.89	36.43	250m: 2:57.61		41.36	350m: 4:13.91	34.22		
	100m: 1:03.46	34.10	200m: 2:16.25	36.36	300m: 3:39.69		42.08	400m: 4:46.93	33.02		
4.	MARTENS, Noah	BEL	BRABO/11222/00		4:47.64	599	Q	1:03.80	1:15.99	1:22.18	1:05.67
	50m: 28.92	28.92	150m: 1:42.88	39.08	250m: 2:59.83		40.04	350m: 4:15.30	33.33		
	100m: 1:03.80	34.88	200m: 2:19.79	36.91	300m: 3:41.97		42.14	400m: 4:47.64	32.34		
5.	HILDERS, Tijn	NED	200700027		4:48.87	591	Q	1:05.38	1:16.32	1:21.59	1:05.58
	50m: 30.04	30.04	150m: 1:43.30	37.92	250m: 3:01.96		40.26	350m: 4:16.93	33.64		
	100m: 1:05.38	35.34	200m: 2:21.70	38.40	300m: 3:43.29		41.33	400m: 4:48.87	31.94		
6.	GARCIA ZAMORA, E.	BEL	PERRON/008113/09		4:50.08	584	Q	1:04.73	1:16.17	1:22.21	1:06.97
	50m: 29.97	29.97	150m: 1:43.48	38.75	250m: 3:01.14		40.24	350m: 4:17.62	34.51		
	100m: 1:04.73	34.76	200m: 2:20.90	37.42	300m: 3:43.11		41.97	400m: 4:50.08	32.46		
7.	BHIJA, Tariq	BEL	KWZC/11080/10		4:51.44	576	Q	1:04.92	1:15.95	1:25.69	1:04.88
	50m: 29.54	29.54	150m: 1:44.30	39.38	250m: 3:03.36		42.49	350m: 4:19.78	33.22		
	100m: 1:04.92	35.38	200m: 2:20.87	36.57	300m: 3:46.56		43.20	400m: 4:51.44	31.66		
8.	DEVILLE, Manu	BEL	PERRON/009417/08		4:54.20	560	Q	1:06.27	1:15.50	1:27.15	1:05.28
	50m: 31.20	31.20	150m: 1:44.59	38.32	250m: 3:04.64		42.87	350m: 4:22.86	33.94		
	100m: 1:06.27	35.07	200m: 2:21.77	37.18	300m: 3:48.92		44.28	400m: 4:54.20	31.34		
9.	HAESEN, Adriaan	BEL	RSCM/11098/07		4:56.03	549	R	1:05.26	1:18.68	1:25.93	1:06.16
	50m: 29.77	29.77	150m: 1:45.16	39.90	250m: 3:06.76		42.82	350m: 4:24.55	34.68		
	100m: 1:05.26	35.49	200m: 2:23.94	38.78	300m: 3:49.87		43.11	400m: 4:56.03	31.48		
10.	GILSOUL, Sébastien	BEL	NOC/010357/05		4:56.35	547	R	1:05.38	1:17.93	1:26.88	1:06.16
	50m: 30.08	30.08	150m: 1:44.95	39.57	250m: 3:06.91		43.60	350m: 4:24.05	33.86		
	100m: 1:05.38	35.30	200m: 2:23.31	38.36	300m: 3:50.19		43.28	400m: 4:56.35	32.30		
11.	PATTYN, Lowie	BEL	TiMe/11027/10		4:56.63	546		1:08.70	1:14.43	1:28.16	1:05.34
	50m: 31.31	31.31	150m: 1:46.23	37.53	250m: 3:07.14		44.01	350m: 4:24.76	33.47		
	100m: 1:08.70	37.39	200m: 2:23.13	36.90	300m: 3:51.29		44.15	400m: 4:56.63	31.87		
12.	GLODKIEWICZ, alexandre	BEL	PERRON/014063/11		4:57.42	542		1:05.04	1:14.28	1:27.86	1:10.24
	50m: 30.52	30.52	150m: 1:42.80	37.76	250m: 3:02.96		43.64	350m: 4:23.40	36.22		
	100m: 1:05.04	34.52	200m: 2:19.32	36.52	300m: 3:47.18		44.22	400m: 4:57.42	34.02		
13.	VAN DER MEIJ, Jesse	NED	200600841		4:58.93	533		1:08.72	1:21.68	1:21.17	1:07.36
	50m: 31.50	31.50	150m: 1:50.30	41.58	250m: 3:10.59		40.19	350m: 4:26.38	34.81		
	100m: 1:08.72	37.22	200m: 2:30.40	40.10	300m: 3:51.57		40.98	400m: 4:58.93	32.55		
14.	ROOBAERT, Jurre	BEL	KVZP/11024/06		5:03.78	508		1:10.11	1:17.25	1:29.55	1:06.87
	50m: 31.91	31.91	150m: 1:49.06	38.95	250m: 3:12.42		45.06	350m: 4:32.27	35.36		
	100m: 1:10.11	38.20	200m: 2:27.36	38.30	300m: 3:56.91		44.49	400m: 5:03.78	31.51		
15.	HOEFLAKEN, Frits	NED	200804101		5:04.60	504		1:09.80	1:20.31	1:24.73	1:09.76
	50m: 32.06	32.06	150m: 1:51.12	41.32	250m: 3:12.30		42.19	350m: 4:31.26	36.42		
	100m: 1:09.80	37.74	200m: 2:30.11	38.99	300m: 3:54.84		42.54	400m: 5:04.60	33.34		
16.	BERLAMONT, Daan	BEL	LAQUA/11535/10		5:07.85	488		1:07.95	1:16.33	1:30.32	1:13.25
	50m: 31.32	31.32	150m: 1:46.22	38.27	250m: 3:08.71		44.43	350m: 4:32.32	37.72		
	100m: 1:07.95	36.63	200m: 2:24.28	38.06	300m: 3:54.60		45.89	400m: 5:07.85	35.53		
17.	VAN HISSENHOVEN, K.	BEL	RSCM/11133/06		5:10.05	478		1:10.63	1:23.11	1:28.44	1:07.87
	50m: 32.47	32.47	150m: 1:53.61	42.98	250m: 3:17.78		44.04	350m: 4:37.08	34.90		
	100m: 1:10.63	38.16	200m: 2:33.74	40.13	300m: 4:02.18		44.40	400m: 5:10.05	32.97		
18.	METTEN, Vince	BEL	DMB/11103/10		5:11.85	470		1:12.69	1:24.84	1:23.72	1:10.60
	50m: 33.01	33.01	150m: 1:55.15	42.46	250m: 3:19.20		41.67	350m: 4:37.63	36.38		
	100m: 1:12.69	39.68	200m: 2:37.53	42.38	300m: 4:01.25		42.05	400m: 5:11.85	34.22		
19.	VAN DER SPANK, Max	NED	201000275		5:12.29	468		1:10.36	1:22.18	1:28.84	1:10.91
	50m: 32.06	32.06	150m: 1:52.56	42.20	250m: 3:16.28		43.74	350m: 4:39.22	37.84		
	100m: 1:10.36	38.30	200m: 2:32.54	39.98	300m: 4:01.38		45.10	400m: 5:12.29	33.07		

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Programmanr. 8, Heren, 400m wisselslag, Voorronde, 13 jaar en ouder

Rang					Tijd	Pnt	100m	200m	300m	400m		
20.	PERSOONS, Emiel	BEL	ZIOS/11078/08		5:12.84	465	1:10.55	1:23.67	1:29.23	1:09.39		
	50m:	32.00	32.00	150m:	1:52.87	42.32	250m:	3:18.74	44.52	350m:	4:39.43	35.98
	100m:	1:10.55	38.55	200m:	2:34.22	41.35	300m:	4:03.45	44.71	400m:	5:12.84	33.41
21.	MACLEAR, Gareth	BEL	ZORO/11202/05		5:13.56	462	1:09.42	1:24.03	1:27.27	1:12.84		
	50m:	32.05	32.05	150m:	1:52.66	43.24	250m:	3:16.43	42.98	350m:	4:37.86	37.14
	100m:	1:09.42	37.37	200m:	2:33.45	40.79	300m:	4:00.72	44.29	400m:	5:13.56	35.70
22.	MATLA, Milco	NED	200600555		5:15.39	454	1:04.18	1:25.89	1:32.89	1:12.43		
	50m:	29.09	29.09	150m:	1:47.56	43.38	250m:	3:15.79	45.72	350m:	4:40.14	37.18
	100m:	1:04.18	35.09	200m:	2:30.07	42.51	300m:	4:02.96	47.17	400m:	5:15.39	35.25
23.	VAN TRICHT, Finn	BEL	FIRST/11212/10		5:16.90	448	1:13.42	1:24.06	1:25.69	1:13.73		
	50m:	33.49	33.49	150m:	1:56.46	43.04	250m:	3:19.91	42.43	350m:	4:41.36	38.19
	100m:	1:13.42	39.93	200m:	2:37.48	41.02	300m:	4:03.17	43.26	400m:	5:16.90	35.54
24.	BOLLU, Luca	BEL	KVZP/11050/08		5:17.91	443	1:12.21	1:22.58	1:31.45	1:11.67		
	50m:	32.81	32.81	150m:	1:54.59	42.38	250m:	3:20.35	45.56	350m:	4:43.17	36.93
	100m:	1:12.21	39.40	200m:	2:34.79	40.20	300m:	4:06.24	45.89	400m:	5:17.91	34.74