

II Meeting Jovem do Algarve
Quarteira, 22/2/2025

Prova 11
22/02/2025

Masc., 400m Livres

Juvenis
Resultados

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts		
Juvenil B											
1.	RETRE, Goncalo Alexandre		10	Naval de Faro				4:37.08	449		
	50m:	31.95 31.95	150m:	1:41.48	35.19	250m:	2:52.30	35.55	350m:	4:03.12	35.12
	100m:	1:06.29 34.34	200m:	2:16.75	35.27	300m:	3:28.00	35.70	400m:	4:37.08	33.96
2.	KHALADZY, Mark		10	Lagoa Academico Clube				4:46.13	408		
	50m:	32.10 32.10	150m:	1:45.62	36.96	250m:	2:59.10	36.78	350m:	4:11.97	36.44
	100m:	1:08.66 36.56	200m:	2:22.32	36.70	300m:	3:35.53	36.43	400m:	4:46.13	34.16
3.	PLACIDO, Rodrigo Ferreira		10	Naval de Faro				4:48.37	398		
	50m:	32.62 32.62	150m:	1:45.92	37.06	250m:	2:59.13	36.69	350m:	4:11.91	36.25
	100m:	1:08.86 36.24	200m:	2:22.44	36.52	300m:	3:35.66	36.53	400m:	4:48.37	36.46
4.	MINHALMA, José Pedro		10	Cng				4:54.61	373		
	50m:	33.54 33.54	150m:	1:46.82	37.42	250m:	3:02.89	38.13	350m:	4:18.32	37.76
	100m:	1:09.40 35.86	200m:	2:24.76	37.94	300m:	3:40.56	37.67	400m:	4:54.61	36.29
Juvenil A											
1.	NUNES, Joao Tomas		09	Clube natacao Olhao				4:24.92	514		
	50m:	30.83 30.83	150m:	1:38.26	34.02	250m:	2:46.29	34.25	350m:	3:53.23	33.23
	100m:	1:04.24 33.41	200m:	2:12.04	33.78	300m:	3:20.00	33.71	400m:	4:24.92	31.69
EXH	GUERREIRO, Francisco Alfarrá		10	RIA Aqua Tavira				4:57.23	364		
	50m:	34.69 34.69	150m:	1:49.58	38.00	250m:	3:05.62	38.29	350m:	4:21.08	37.57
	100m:	1:11.58 36.89	200m:	2:27.33	37.75	300m:	3:43.51	37.89	400m:	4:57.23	36.15