

Competitie Eredivisie deel 2 ZPC AMERSFOORT
Amersfoort, 11-1-2025

Programmanr. 3
11-1-2025 - 14:20

Heren, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	200101817	tijd	RT
1.	Austin Namesnik	ZPC AMERSFOORT 1	4:24.33	200101817	4:22.89	
	50m: 26.70	26.70	150m:	250m:	350m:	
	100m: 58.12	31.42	200m:	300m:	400m: 4:22.89	
2.	Émile Fouzaï	ZPC AMERSFOORT 1	4:26.07	200500263	4:23.93	
	50m: 26.91	26.91	150m:	250m:	350m:	
	100m: 58.28	31.37	200m:	300m:	400m: 4:23.93	
3.	Koen Marsman	ZPC AMERSFOORT 1	4:24.32	200502763	4:24.24	
	50m: 27.34	27.34	150m:	250m:	350m:	
	100m: 59.20	31.86	200m:	300m:	400m: 4:24.24	
4.	Lucas Greven	Hellas-Glana 1	4:21.66	199501941	4:27.68	
	50m: 27.84	27.84	150m:	250m:	350m:	
	100m: 1:00.44	32.60	200m:	300m:	400m: 4:27.68	
5.	Bram Zwetsloot	De Dolfijn	NT	200202117	4:35.03	
	50m: 28.12	28.12	150m:	250m:	350m:	
	100m: 1:02.51	34.39	200m:	300m:	400m: 4:35.03	
6.	Youri Voet	ZPC AMERSFOORT 1	4:29.16	200502269	4:39.66	
	50m: 29.68	29.68	150m:	250m:	350m:	
	100m: 1:03.99	34.31	200m:	300m:	400m: 4:39.66	
7.	Ruben de Vries	Hellas-Glana 1	4:46.64	200600497	4:52.02	
	50m: 30.19	30.19	150m:	250m:	350m:	
	100m: 1:06.65	36.46	200m:	300m:	400m: 4:52.02	
8.	Martijn Velders	Aqua-Novio'94	4:51.04	199502619	4:53.86	
	50m: 31.94	31.94	150m:	250m:	350m:	
	100m: 1:09.02	37.08	200m:	300m:	400m: 4:53.86	
9.	Jesse van der Meij	De Dolfijn	4:52.55	200600841	4:54.75	
	50m: 30.84	30.84	150m:	250m:	350m:	
	100m: 1:06.86	36.02	200m:	300m:	400m: 4:54.75	
10.	Bart Muselaers	Aqua-Novio'94	4:42.21	200100865	4:54.79	
	50m: 28.01	28.01	150m:	250m:	350m:	
	100m: 1:01.98	33.97	200m:	300m:	400m: 4:54.79	
11.	Lars Kerremans	Hellas-Glana 1	4:57.67	200100305	4:55.79	
	50m: 29.80	29.80	150m:	250m:	350m:	
	100m: 1:06.32	36.52	200m:	300m:	400m: 4:55.79	
12.	Sofyan El Fhim	Aqua-Novio'94	5:07.48	200502131	5:08.51	
	50m: 32.09	32.09	150m:	250m:	350m:	
	100m: 1:13.19	41.10	200m:	300m:	400m: 5:08.51	