



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 33 16/03/2025	Masc., 200m Costas					Absolutos (Jun+Sen) Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)		16/12/2018
Rec Nac SEN	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)		16/12/2018
Rec Nac 18	1:57.90	Tomas Maia, JANUARIO	SLB	Leiria		09/12/2023
Rec Nac 17	1:59.34	Adriano Miguel, NIZ	CFV	Alges		16/05/2003

Pontos: AQUA 2024

Lugar	Ano			Tempo final	Pts	
1. Goncalo Pereira, COLACO	07	CNLeiria - VOID		2:22.83	404	
50m: 32.98 32.98	100m: 1:08.90	35.92	150m: 1:46.22	37.32	200m: 2:22.83	36.61

Prova 33 16/03/2025	Masc., 200m Costas					Juvenis Masculinos (A+B) Resultados
Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)		16/12/2018
Rec Nac JUV A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés		04/06/2011
Rec Nac JUV B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia		09/03/2013

Pontos: AQUA 2024

Lugar	Ano			Tempo final	Pts	
1. Tomas Pascoal, FERREIRA	09	Ba-Leiria		2:11.52	518	
50m: 30.85 30.85	100m: 1:04.12	33.27	150m: 1:38.40	34.28	200m: 2:11.52	33.12
2. Paulo, KOT	09	Nautico Marinha Grande		2:18.35	445	
50m: 32.66 32.66	100m: 1:08.25	35.59	150m: 1:44.05	35.80	200m: 2:18.35	34.30
3. Lucas Ferreira, GASPAR	10	Vieirense		2:19.51	434	
50m: 31.98 31.98	100m: 1:07.30	35.32	150m: 1:43.47	36.17	200m: 2:19.51	36.04
4. David Ferrador, PEREIRA	09	CNLeiria - VOID		2:21.39	416	
50m: 31.94 31.94	100m: 1:07.96	36.02	150m: 1:45.17	37.21	200m: 2:21.39	36.22
5. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande		2:21.61	415	
50m: 32.88 32.88	100m: 1:08.73	35.85	150m: 1:45.65	36.92	200m: 2:21.61	35.96
6. Dinis Lamas, SANTOS	10	Ba-Leiria		2:22.84	404	
50m: 32.90 32.90	100m: 1:09.46	36.56	150m: 1:46.61	37.15	200m: 2:22.84	36.23
7. Xinyang, CHENG	09	Nautico Marinha Grande		2:23.93	395	
50m: 32.55 32.55	100m: 1:08.46	35.91	150m: 1:45.90	37.44	200m: 2:23.93	38.03
8. Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande		2:26.85	372	
50m: 33.01 33.01	100m: 1:09.96	36.95	150m: 1:49.14	39.18	200m: 2:26.85	37.71
9. Joao Piteira, GAIOLAS	10	Nautico Marinha Grande		2:28.94	356	
50m: 35.30 35.30	100m: 1:13.48	38.18	150m: 1:52.20	38.72	200m: 2:28.94	36.74
10. Lucas Costa, JESUS	10	Nautico Marinha Grande		2:29.05	355	
50m: 35.15 35.15	100m: 1:13.11	37.96	150m: 1:51.36	38.25	200m: 2:29.05	37.69
11. Francisco Lourenco, CUSTODIO	09	Naval da Nazaré		2:34.54	319	
50m: 33.81 33.81	100m: 1:12.58	38.77	150m: 1:53.68	41.10	200m: 2:34.54	40.86



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Prova 33, Masc., 200m Costas, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
12. Simao Sousa, JESUS	10 Nautico Marinha Grande	2:40.94	282
50m: 37.87 37.87 100m: 1:19.07 41.20 150m: 2:01.19 42.12 200m: 2:40.94 39.75			
13. Alexandre Afonso, SANTOS	09 Uniao Juncalense	2:41.28	280
50m: 37.81 37.81 100m: 1:19.20 41.39 150m: 2:01.39 42.19 200m: 2:41.28 39.89			
DNS Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande		

Prova 33 Masc., 200m Costas Infantil A
16/03/2025 Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac INF A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29/06/2012

Pontos: AQUA 2024

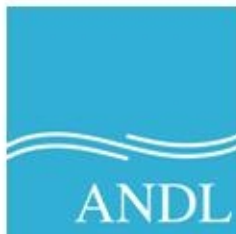
Lugar	Ano	Tempo final	Pts
1. Martim Cruz, MOURA	11 CNLeiria - VOID	2:34.13	321
50m: 34.80 34.80 100m: 1:13.67 38.87 150m: 1:54.14 40.47 200m: 2:34.13 39.99			
2. Francisco Costa, VALENTIM	11 Óbidos	2:35.60	312
50m: 37.21 37.21 100m: 1:16.78 39.57 150m: 1:56.88 40.10 200m: 2:35.60 38.72			
3. Diego Rodrigues, MENDES	11 Nautico Marinha Grande	2:51.83	232
50m: 41.24 41.24 100m: 1:25.44 44.20 150m: 2:09.59 44.15 200m: 2:51.83 42.24			
4. Joao Rodrigo, BREDA	11 Nautico Marinha Grande	2:59.24	204
50m: 42.62 42.62 100m: 1:28.30 45.68 150m: 2:14.28 45.98 200m: 2:59.24 44.96			
5. Andrey, POGOMIY	11 Ba-Leiria	2:59.31	204
50m: 40.92 40.92 100m: 1:26.39 45.47 150m: 2:14.30 47.91 200m: 2:59.31 45.01			
6. Gabriel Marques, CARREIRA	11 Uniao Juncalense	3:12.27	165
50m: 44.92 44.92 100m: 1:34.35 49.43 150m: 2:24.82 50.47 200m: 3:12.27 47.45			

Prova 33 Masc., 200m Costas Infantil B
16/03/2025 Resultados

Rec Nac Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nac INF B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	16/03/2013

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Sebastian, PACHECO	12 Naval de Peniche	2:49.68	241
50m: 40.25 40.25 100m: 1:23.74 43.49 150m: 2:07.66 43.92 200m: 2:49.68 42.02			
2. Joao Pedro, BELO	12 Nautico Marinha Grande	3:05.21	185
50m: 43.27 43.27 100m: 1:30.90 47.63 150m: 2:18.74 47.84 200m: 3:05.21 46.47			
3. Afonso Mourao, MIRANDA	12 Ba-Leiria	3:13.22	163
50m: 45.80 45.80 100m: 1:35.64 49.84 150m: 2:24.94 49.30 200m: 3:13.22 48.28			
4. Mihail, ONCIU	12 Ba-Leiria	3:27.49	131
50m: 46.58 46.58 100m: 1:41.07 54.49 150m: 2:34.88 53.81 200m: 3:27.49 52.61			



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Prova 33, Masc., 200m Costas, Infantil B

Lugar	Ano	Tempo final	Pts
5. Ruben Jose, FERREIRA	12 CNLeiria - VOID	3:53.76	92
50m: 54.18 54.18	100m: 1:54.43 1:00.25	150m: 2:54.98 1:00.55	200m: 3:53.76 58.78
EXH Pedro Vidal, GUEDES	09 Gafanha da Encarnacao	2:16.95	458
50m: 31.92 31.92	100m: 1:06.07 34.15	150m: 1:41.71 35.64	200m: 2:16.95 35.24