



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 31 16/03/2025	Masc., 200m Bruços				Absolutos (Jun+Sen) Resultados
Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac SEN	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac 18	2:08.01	Rafael Miguel, MIMOSO	SLB	Tomar	14/12/2024
Rec Nac 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	09/12/2023

Pontos: AQUA 2024

Lugar	Ano		Tempo final				Pts
1. Francisco Marques, SIMOES	07	CNLeiria - VOID	2:24.37				576
50m: 32.40 32.40	100m: 1:09.42	37.02	150m: 1:46.73	37.31	200m: 2:24.37	37.64	
2. Joao Miguel, SANTOS	81	CNLeiria - VOID	2:30.07				513
50m: 33.87 33.87	100m: 1:11.26	37.39	150m: 1:50.44	39.18	200m: 2:30.07	39.63	
3. Bernardo Nunes, DOMINGUEZ	07	Ba-Leiria	2:33.90				475
50m: 35.06 35.06	100m: 1:14.19	39.13	150m: 1:53.94	39.75	200m: 2:33.90	39.96	
4. Diogo Filipe, RODRIGUES	98	CNLeiria - VOID	2:38.23				437
50m: 35.48 35.48	100m: 1:15.94	40.46	150m: 1:58.09	42.15	200m: 2:38.23	40.14	
5. Diogo Coelho, JORDAO	08	Uniao Juncalense	2:40.00				423
50m: 36.17 36.17	100m: 1:17.24	41.07	150m: 1:58.43	41.19	200m: 2:40.00	41.57	
6. Daniel Gomes, SANTOS	08	Nautico Marinha Grande	2:51.46				344
50m: 37.89 37.89	100m: 1:20.94	43.05	150m: 2:05.99	45.05	200m: 2:51.46	45.47	
7. Diogo Barata, ALVES	08	Nautico Marinha Grande	3:00.33				295
50m: 39.29 39.29	100m: 1:25.54	46.25	150m: 2:14.43	48.89	200m: 3:00.33	45.90	

Prova 31 16/03/2025	Masc., 200m Bruços				Juvenis Masculinos (A+B) Resultados
Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac JUV A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	12/11/2022
Rec Nac JUV B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	08/05/2022

Pontos: AQUA 2024

Lugar	Ano		Tempo final				Pts
1. David Xavier, ALMEIDA	10	Ba-Leiria	2:31.46				499
50m: 33.83 33.83	100m: 1:13.57	39.74	150m: 1:53.07	39.50	200m: 2:31.46	38.39	
2. Afonso Ferreira, REIS	10	Nautico Marinha Grande	2:33.77				477
50m: 35.06 35.06	100m: 1:14.12	39.06	150m: 1:54.09	39.97	200m: 2:33.77	39.68	
3. Xinyang, CHENG	09	Nautico Marinha Grande	2:34.40				471
50m: 34.16 34.16	100m: 1:12.55	38.39	150m: 1:53.07	40.52	200m: 2:34.40	41.33	
4. Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	2:36.57				452
50m: 35.40 35.40	100m: 1:15.68	40.28	150m: 1:56.49	40.81	200m: 2:36.57	40.08	
5. Hugo Miguel, SANTOS	09	Pimpoes/Cimai	2:38.50				435
50m: 35.50 35.50	100m: 1:15.07	39.57	150m: 1:56.17	41.10	200m: 2:38.50	42.33	



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Prova 31, Masc., 200m Bruços, Juvenis Masculinos (A+B)

Lugar	Ano	Tempo final	Pts
6. Guilherme Rodrigues, CABRAL 50m: 36.67 36.67 100m: 1:18.69 42.02 150m: 2:01.75 43.06 200m: 2:44.24 42.49	10 Pimpoes/Cimai	2:44.24	391
7. Francisco Antonio, SIMOES 50m: 38.87 38.87 100m: 1:22.51 43.64 150m: 2:04.93 42.42 200m: 2:47.63 42.70	10 Ba-Leiria	2:47.63	368
8. Simao Sousa, JESUS 50m: 37.53 37.53 100m: 1:21.19 43.66 150m: 2:06.34 45.15 200m: 2:52.43 46.09	10 Nautico Marinha Grande	2:52.43	338
9. Vladyslav, BABUSHKIN 50m: 40.43 40.43 100m: 1:26.11 45.68 150m: 2:12.73 46.62 200m: 2:58.05 45.32	09 Nautico Marinha Grande	2:58.05	307
10. Santiago Neves, SILVA 50m: 39.54 39.54 100m: 1:24.71 45.17 150m: 2:11.86 47.15 200m: 2:58.73 46.87	10 Nucleo de Pombal	2:58.73	303
DSQ Rafael Costa, ANTUNES <i>O atleta tocou na parede com as mãos alternadas, na viragem dos 150 metros.</i>	10 Naval de Peniche		

Prova 31
16/03/2025

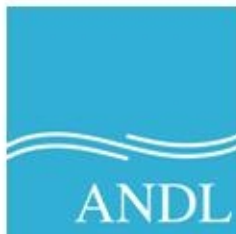
Masc., 200m Bruços

Infantil A
Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac INF A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01/08/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joao Santos, ALMEIDA 50m: 37.20 37.20 100m: 1:19.75 42.55 150m: 2:03.12 43.37 200m: 2:44.92 41.80	11 Ba-Leiria	2:44.92	386
2. Simao Pedro, MARQUES 50m: 43.39 43.39 100m: 1:33.16 49.77 150m: 2:24.02 50.86 200m: 3:14.56 50.54	11 Uniao Juncalense	3:14.56	235
3. Rafael Teixeira, MARTINS 50m: 46.03 46.03 100m: 1:39.26 53.23 150m: 2:33.49 54.23 200m: 3:25.47 51.98	11 Naval de Peniche	3:25.47	200
4. Bruno Garcia, MILITAO 50m: 46.97 46.97 100m: 1:41.18 54.21 150m: 2:35.60 54.42 200m: 3:27.89 52.29	11 Óbidos	3:27.89	193
DSQ Rodrigo Freire, JOAQUIM <i>O atleta tocou na parede com as mãos alternadas, na viragem dos 150 metros.</i>	11 CNLeiria - VOID		



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Leiria, 15 - 16/3/2025

Prova 31, Masc., 200m Braços

Prova 31 Masc., 200m Braços Infantil B
16/03/2025 Resultados

Rec Nac Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac INF B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13/07/2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Gabriel Sousa, GOMES	12 Óbidos	3:37.08	169
50m: 51.19 51.19	100m: 1:47.67 56.48	150m: 2:43.51 55.84	200m: 3:37.08 53.57
2. Joao Maria, TEMPERO	12 Pimpoes/Cimai	3:37.29	169
50m: 51.20 51.20	100m: 1:47.23 56.03	150m: 2:43.33 56.10	200m: 3:37.29 53.96
3. Ruben Jose, FERREIRA	12 CNLeiria - VOID	3:52.99	137
50m: 49.71 49.71	100m: 1:49.50 59.79	150m: 2:51.61 1:02.11	200m: 3:52.99 1:01.38
EXH Afonso Martim, GOUVEIA	05 Académica de Coimbra	2:31.37	500
50m: 34.08 34.08	100m: 1:12.18 38.10	150m: 1:51.07 38.89	200m: 2:31.37 40.30