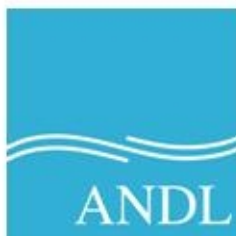


Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 3 15/03/2025	Masc., 1500m Livres				Absolutos (Jun+Sen) Resultados
Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts						
1. Francisco Xavier, RITA	07		Vieirense		17:00.49	571					
50m:	29.17	29.17	450m:	4:56.36	35.18	850m:	9:35.98	35.44	1250m:	14:11.45	34.41
100m:	1:00.73	31.56	500m:	5:30.96	34.60	900m:	10:10.89	34.91	1300m:	14:45.59	34.14
150m:	1:33.14	32.41	550m:	6:05.81	34.85	950m:	10:45.39	34.50	1350m:	15:19.69	34.10
200m:	2:06.16	33.02	600m:	6:40.31	34.50	1000m:	11:19.46	34.07	1400m:	15:53.62	33.93
250m:	2:39.37	33.21	650m:	7:15.93	35.62	1050m:	11:54.43	34.97	1450m:	16:27.29	33.67
300m:	3:13.03	33.66	700m:	7:51.06	35.13	1100m:	12:28.55	34.12	1500m:	17:00.49	33.20
350m:	3:46.82	33.79	750m:	8:26.30	35.24	1150m:	13:02.04	33.49			
400m:	4:21.18	34.36	800m:	9:00.54	34.24	1200m:	13:37.04	35.00			
2. Santiago Boica, SOUSA	08		Vieirense		17:46.87	500					
50m:	29.79	29.79	450m:	5:12.54	35.78	850m:	10:00.49	36.61	1250m:	14:52.15	36.91
100m:	1:03.03	33.24	500m:	5:48.98	36.44	900m:	10:37.11	36.62	1300m:	15:28.56	36.41
150m:	1:37.70	34.67	550m:	6:24.07	35.09	950m:	11:14.03	36.92	1350m:	16:03.38	34.82
200m:	2:12.95	35.25	600m:	6:59.77	35.70	1000m:	11:51.37	37.34	1400m:	16:39.13	35.75
250m:	2:49.44	36.49	650m:	7:34.80	35.03	1050m:	12:28.11	36.74	1450m:	17:13.65	34.52
300m:	3:25.45	36.01	700m:	8:11.84	37.04	1100m:	13:05.21	37.10	1500m:	17:46.87	33.22
350m:	4:01.11	35.66	750m:	8:47.72	35.88	1150m:	13:39.73	34.52			
400m:	4:36.76	35.65	800m:	9:23.88	36.16	1200m:	14:15.24	35.51			
3. Joao Paulo, RIBEIRO	92		CNLeiria - VOID		19:07.20	402					
50m:	31.17	31.17	450m:	5:30.73	38.78	850m:	10:43.24	38.81	1250m:	15:53.31	38.48
100m:	1:05.83	34.66	500m:	6:09.85	39.12	900m:	11:22.69	39.45	1300m:	16:31.74	38.43
150m:	1:42.05	36.22	550m:	6:49.15	39.30	950m:	12:02.44	39.75	1350m:	17:10.55	38.81
200m:	2:19.46	37.41	600m:	7:28.13	38.98	1000m:	12:41.48	39.04	1400m:	17:49.16	38.61
250m:	2:57.18	37.72	650m:	8:07.29	39.16	1050m:	13:19.38	37.90	1450m:	18:28.07	38.91
300m:	3:35.40	38.22	700m:	8:46.07	38.78	1100m:	13:57.42	38.04	1500m:	19:07.20	39.13
350m:	4:13.52	38.12	750m:	9:25.25	39.18	1150m:	14:36.03	38.61			
400m:	4:51.95	38.43	800m:	10:04.43	39.18	1200m:	15:14.83	38.80			



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

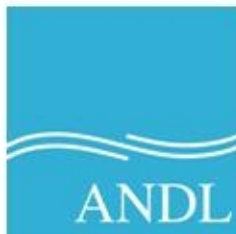
Prova 3, Masc., 1500m Livres

Prova 3 Masc., 1500m Livres Juvenis Masculinos (A+B)
15/03/2025 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts	
1.	Paulo, KOT		09	Nautico Marinha Grande						16:28.61	628	
	50m:	28.72	28.72	450m:	4:47.46	32.60	850m:	9:12.95	33.71	1250m:	13:43.65	33.72
	100m:	1:00.22	31.50	500m:	5:20.28	32.82	900m:	9:47.09	34.14	1300m:	14:17.76	34.11
	150m:	1:32.55	32.33	550m:	5:53.17	32.89	950m:	10:20.75	33.66	1350m:	14:51.88	34.12
	200m:	2:04.68	32.13	600m:	6:26.26	33.09	1000m:	10:54.68	33.93	1400m:	15:25.28	33.40
	250m:	2:36.92	32.24	650m:	6:59.44	33.18	1050m:	11:28.45	33.77	1450m:	15:58.22	32.94
	300m:	3:09.48	32.56	700m:	7:32.74	33.30	1100m:	12:02.71	34.26	1500m:	16:28.61	30.39
	350m:	3:41.86	32.38	750m:	8:05.71	32.97	1150m:	12:36.10	33.39			
	400m:	4:14.86	33.00	800m:	8:39.24	33.53	1200m:	13:09.93	33.83			
2.	Guilherme Costa, REBELO		10	Pimpoes/Cimai						17:49.59	496	
	50m:	32.17	32.17	450m:	5:18.47	36.54	850m:	10:05.61	35.25	1250m:	14:51.54	36.17
	100m:	1:06.62	34.45	500m:	5:55.06	36.59	900m:	10:42.21	36.60	1300m:	15:26.88	35.34
	150m:	1:41.89	35.27	550m:	6:30.21	35.15	950m:	11:17.07	34.86	1350m:	16:02.49	35.61
	200m:	2:17.49	35.60	600m:	7:06.45	36.24	1000m:	11:53.33	36.26	1400m:	16:38.88	36.39
	250m:	2:53.95	36.46	650m:	7:42.66	36.21	1050m:	12:27.83	34.50	1450m:	17:14.40	35.52
	300m:	3:29.79	35.84	700m:	8:18.42	35.76	1100m:	13:03.53	35.70	1500m:	17:49.59	35.19
	350m:	4:05.93	36.14	750m:	8:54.79	36.37	1150m:	13:39.20	35.67			
	400m:	4:41.93	36.00	800m:	9:30.36	35.57	1200m:	14:15.37	36.17			
3.	David Ferrador, PEREIRA		09	CNLeiria - VOID						18:01.98	479	
	50m:	30.46	30.46	450m:	5:11.02	35.87	850m:	10:04.34	37.00	1250m:	14:59.68	36.84
	100m:	1:04.13	33.67	500m:	5:47.02	36.00	900m:	10:40.84	36.50	1300m:	15:36.65	36.97
	150m:	1:38.26	34.13	550m:	6:23.74	36.72	950m:	11:17.69	36.85	1350m:	16:13.91	37.26
	200m:	2:12.99	34.73	600m:	7:00.52	36.78	1000m:	11:55.00	37.31	1400m:	16:50.99	37.08
	250m:	2:47.90	34.91	650m:	7:37.34	36.82	1050m:	12:31.75	36.75	1450m:	17:27.24	36.25
	300m:	3:23.18	35.28	700m:	8:13.97	36.63	1100m:	13:08.60	36.85	1500m:	18:01.98	34.74
	350m:	3:59.31	36.13	750m:	8:50.98	37.01	1150m:	13:45.61	37.01			
	400m:	4:35.15	35.84	800m:	9:27.34	36.36	1200m:	14:22.84	37.23			
4.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande						18:07.88	471	
	50m:	30.87	30.87	450m:	5:18.22	36.59	850m:	10:10.64	36.99	1250m:	15:07.86	37.12
	100m:	1:04.57	33.70	500m:	5:53.90	35.68	900m:	10:47.83	37.19	1300m:	15:45.46	37.60
	150m:	1:40.43	35.86	550m:	6:29.99	36.09	950m:	11:25.11	37.28	1350m:	16:22.19	36.73
	200m:	2:16.72	36.29	600m:	7:06.77	36.78	1000m:	12:02.33	37.22	1400m:	16:58.37	36.18
	250m:	2:52.94	36.22	650m:	7:43.53	36.76	1050m:	12:40.06	37.73	1450m:	17:33.82	35.45
	300m:	3:29.13	36.19	700m:	8:19.97	36.44	1100m:	13:17.25	37.19	1500m:	18:07.88	34.06
	350m:	4:05.47	36.34	750m:	8:56.84	36.87	1150m:	13:54.39	37.14			
	400m:	4:41.63	36.16	800m:	9:33.65	36.81	1200m:	14:30.74	36.35			



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 3, Masc., 1500m Livres, Juvenis Masculinos (A+B)

Lugar			Ano					Tempo final	Pts
5.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande				19:18.42	390
	50m:	32.43 32.43	450m:	5:40.91 39.43	850m:	10:53.52 39.08	1250m:	16:07.28 39.21	
	100m:	1:09.14 36.71	500m:	6:19.86 38.95	900m:	11:32.68 39.16	1300m:	16:46.38 39.10	
	150m:	1:47.58 38.44	550m:	6:59.12 39.26	950m:	12:11.97 39.29	1350m:	17:25.55 39.17	
	200m:	2:26.40 38.82	600m:	7:37.92 38.80	1000m:	12:51.15 39.18	1400m:	18:03.75 38.20	
	250m:	3:05.13 38.73	650m:	8:16.90 38.98	1050m:	13:30.22 39.07	1450m:	18:41.57 37.82	
	300m:	3:44.12 38.99	700m:	8:55.69 38.79	1100m:	14:09.56 39.34	1500m:	19:18.42 36.85	
	350m:	4:23.06 38.94	750m:	9:35.02 39.33	1150m:	14:48.74 39.18			
	400m:	5:01.48 38.42	800m:	10:14.44 39.42	1200m:	15:28.07 39.33			