

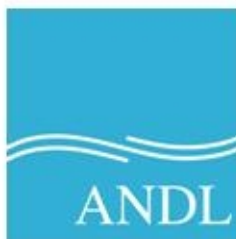


Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 15 - 16/3/2025

Prova 26 16/03/2025	Femin., 200m Livres				Absolutos (JUN+SEN) Resultados
Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 19 +	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 18	1:59.25	Francisca Soares, MARTINS	FOCA	Felgueiras	17/07/2021
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Leonor Vendima, COELHO		07	CNLeiria - VOID				2:12.04	583
	50m: 30.77 30.77	100m: 1:04.54	33.77	150m: 1:39.19	34.65	200m: 2:12.04	32.85		
2.	Luana Ferreira, CRAVEIRO		09	Nautico Marinha Grande				2:13.64	562
	50m: 29.87 29.87	100m: 1:03.79	33.92	150m: 1:39.22	35.43	200m: 2:13.64	34.42		
3.	Matilde Violante, VIANA		07	CNLeiria - VOID				2:13.72	561
	50m: 31.17 31.17	100m: 1:05.30	34.13	150m: 1:40.01	34.71	200m: 2:13.72	33.71		
4.	Ines Mira, PINO		06	Pimpoes/Cimai				2:16.68	525
	50m: 31.54 31.54	100m: 1:05.64	34.10	150m: 1:40.94	35.30	200m: 2:16.68	35.74		
5.	Francisca Ramos, NUNES		09	Naval de Peniche				2:20.29	486
	50m: 32.52 32.52	100m: 1:07.79	35.27	150m: 1:44.70	36.91	200m: 2:20.29	35.59		
6.	Anjali, RAICAR		09	Naval de Peniche				2:31.27	387
	50m: 34.37 34.37	100m: 1:12.61	38.24	150m: 1:52.55	39.94	200m: 2:31.27	38.72		
7.	Matilde Andre, LUIS		08	Alcobaca				2:31.95	382
	50m: 35.15 35.15	100m: 1:14.03	38.88	150m: 1:53.69	39.66	200m: 2:31.95	38.26		
8.	Dalila Leal, BERNARDINO		06	Nucleo de Pombal				2:33.09	374
	50m: 33.44 33.44	100m: 1:12.04	38.60	150m: 1:52.82	40.78	200m: 2:33.09	40.27		
9.	Matilde Monteiro, NEVES		08	Nucleo de Pombal				2:35.74	355
	50m: 35.19 35.19	100m: 1:14.00	38.81	150m: 1:55.11	41.11	200m: 2:35.74	40.63		
DNS	Giulia Santos, MOURA		06	CNLeiria - VOID					



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Leiria, 15 - 16/3/2025

Prova 26, Femin., 200m Livres

Prova 26	Femin., 200m Livres				Juvenis Femininos (A+B)
16/03/2025					Resultados
Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017

Pontos: AQUA 2024

Lugar			Ano				Tempo final	Pts
1.	Diana Isabel, ALVES		10	Pimpoes/Cimai			2:18.96	500
	50m: 32.63 32.63	100m: 1:08.31		35.68	150m: 1:44.51	36.20	200m: 2:18.96	34.45
2.	Maria Carolina, ALVES		10	Ba-Leiria			2:19.11	498
	50m: 32.61 32.61	100m: 1:08.08		35.47	150m: 1:43.75	35.67	200m: 2:19.11	35.36
3.	Laura Helena, AMORIM		10	Nautico Marinha Grande			2:19.89	490
	50m: 32.44 32.44	100m: 1:08.14		35.70	150m: 1:44.49	36.35	200m: 2:19.89	35.40
4.	Barbara Balbino, MENDES		10	Naval de Peniche			2:19.98	489
	50m: 32.69 32.69	100m: 1:08.29		35.60	150m: 1:44.38	36.09	200m: 2:19.98	35.60
5.	Leonor Mota, ALVES		11	Nautico Marinha Grande			2:21.28	475
	50m: 33.68 33.68	100m: 1:09.81		36.13	150m: 1:46.52	36.71	200m: 2:21.28	34.76
6.	Bianca Balbino, MENDES		10	Naval de Peniche			2:21.81	470
	50m: 32.44 32.44	100m: 1:07.83		35.39	150m: 1:44.98	37.15	200m: 2:21.81	36.83
7.	Anastasiya, PRYMACHENKO		11	Nucleo de Pombal			2:22.98	459
	50m: 32.30 32.30	100m: 1:08.87		36.57	150m: 1:46.18	37.31	200m: 2:22.98	36.80
8.	Maria Joao, VALA		11	Pimpoes/Cimai			2:24.06	448
	50m: 33.48 33.48	100m: 1:10.38		36.90	150m: 1:47.68	37.30	200m: 2:24.06	36.38
9.	Carlota Sa, SANTOS		11	Nucleo de Pombal			2:25.35	437
	50m: 34.52 34.52	100m: 1:11.29		36.77	150m: 1:48.91	37.62	200m: 2:25.35	36.44
10.	Carolina Silva, CASTANHEIRA		11	CNLeiria - VOID			2:25.95	431
	50m: 33.42 33.42	100m: 1:10.14		36.72	150m: 1:47.99	37.85	200m: 2:25.95	37.96
11.	Constanca Rolim, PEDRO		10	Ba-Leiria			2:26.59	426
	50m: 34.26 34.26	100m: 1:11.09		36.83	150m: 1:49.42	38.33	200m: 2:26.59	37.17
12.	Mariana Santos, AFONSO		10	Naval de Peniche			2:28.18	412
	50m: 33.12 33.12	100m: 1:10.77		37.65	150m: 1:50.07	39.30	200m: 2:28.18	38.11
13.	Margarida Soares, MAIA		11	Nautico Marinha Grande			2:30.44	394
	50m: 34.26 34.26	100m: 1:12.58		38.32	150m: 1:51.92	39.34	200m: 2:30.44	38.52
14.	Cristiana Henriques, ALMEIDA		11	Benedita			2:32.34	379
	50m: 34.87 34.87	100m: 1:12.96		38.09	150m: 1:53.00	40.04	200m: 2:32.34	39.34
15.	Matilde Filipa, AMADO		10	Nautico Marinha Grande			2:32.41	379
	50m: 34.48 34.48	100m: 1:12.66		38.18	150m: 1:52.70	40.04	200m: 2:32.41	39.71
16.	Isabela Lourenco, COSTA		11	Benedita			2:40.76	323
	50m: 35.76 35.76	100m: 1:15.97		40.21	150m: 1:58.17	42.20	200m: 2:40.76	42.59



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 15 - 16/3/2025

Prova 26, Femin., 200m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
17. Erica Felix, RODRIGUES 50m: 36.72 36.72 100m: 1:18.06 41.34 150m: 2:00.45 42.39 200m: 2:41.81 41.36	11 Uniao Juncalense	2:41.81	316
18. Beatriz Morgado, SILVA 50m: 41.75 41.75 100m: 1:25.90 44.15 150m: 2:10.02 44.12 200m: 2:51.94 41.92	11 Benedita	2:51.94	264
19. Sara Nunes, HORTA 50m: 40.08 40.08 100m: 1:24.01 43.93 150m: 2:08.81 44.80 200m: 2:53.35 44.54	11 CNLeiria - VOID	2:53.35	257
20. Anastasia, STURZA 50m: 38.04 38.04 100m: 1:22.25 44.21 150m: 2:10.70 48.45 200m: 2:58.75 48.05	10 Uniao Juncalense	2:58.75	235
21. Diana Morais, CARLOS 50m: 42.15 42.15 100m: 1:29.33 47.18 150m: 2:15.40 46.07 200m: 2:58.76 43.36	11 Pimpoes/Cimai	2:58.76	234
22. Maria Leonor, OLIVEIRA 50m: 44.60 44.60 100m: 1:34.63 50.03 150m: 2:26.73 52.10 200m: 3:17.60 50.87	11 CNLeiria - VOID	3:17.60	173
23. Maria Lopes, ESPERANCA 50m: 44.75 44.75 100m: 1:36.57 51.82 150m: 2:32.28 55.71 200m: 3:23.49 51.21	11 Uniao Juncalense	3:23.49	159
DNS Madalena Gracio, PEDROSO	10 Nautico Marinha Grande		

Prova 26  
16/03/2025

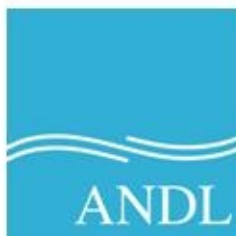
Femin., 200m Livres

Infantil A  
Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Emiliana Arruda, SARAIVA 50m: 34.73 34.73 100m: 1:12.85 38.12 150m: 1:52.44 39.59 200m: 2:29.90 37.46	12 Vieirense	2:29.90	398
2. Maria Ines, GOMES 50m: 38.44 38.44 100m: 1:20.33 41.89 150m: 2:03.47 43.14 200m: 2:44.21 40.74	12 Nucleo de Pombal	2:44.21	303
3. Constanca Santos, COUTINHO 50m: 38.62 38.62 100m: 1:18.83 40.21 150m: 2:02.93 44.10 200m: 2:46.34 43.41	12 Naval da Nazaré	2:46.34	291
4. Carolina Matos, CORREIA 50m: 39.25 39.25 100m: 1:23.13 43.88 150m: 2:07.44 44.31 200m: 2:48.98 41.54	12 Nucleo de Pombal	2:48.98	278
5. Rita Alexandra, JORDAO 50m: 38.80 38.80 100m: 1:21.79 42.99 150m: 2:07.48 45.69 200m: 2:50.66 43.18	12 Uniao Juncalense	2:50.66	270
6. Daniela Carvalho, FERREIRA 50m: 39.42 39.42 100m: 1:22.84 43.42 150m: 2:07.85 45.01 200m: 2:51.00 43.15	12 Nucleo de Pombal	2:51.00	268
7. Valeria, MORITS 50m: 39.14 39.14 100m: 1:23.40 44.26 150m: 2:09.92 46.52 200m: 2:54.78 44.86	12 Nautico Marinha Grande	2:54.78	251
8. Maria Antonia, VAZAO 50m: 40.34 40.34 100m: 1:25.85 45.51 150m: 2:12.59 46.74 200m: 2:57.12 44.53	12 Uniao Juncalense	2:57.12	241



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Leiria, 15 - 16/3/2025

Prova 26, Femin., 200m Livres, Infantil A

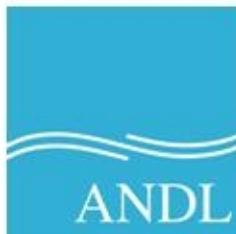
Lugar	Ano	Tempo final	Pts
9. Mariana Duarte, ANTUNES	12 Alcobaca	3:06.06	208
50m: 41.08 41.08	100m: 1:29.37 48.29	150m: 2:18.38 49.01	200m: 3:06.06 47.68
10. Ana Francisca, QUERIDO	12 Pimpoes/Cimai	3:08.53	200
50m: 43.83 43.83	100m: 1:33.28 49.45	150m: 2:22.44 49.16	200m: 3:08.53 46.09

Prova 26 Femin., 200m Livres Infantil B  
16/03/2025 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA	13 Ba-Leiria	2:41.58	318
50m: 37.69 37.69	100m: 1:19.34 41.65	150m: 2:00.73 41.39	200m: 2:41.58 40.85
2. Laura Silva, MARTINS	13 Ba-Leiria	2:48.58	280
50m: 38.55 38.55	100m: 1:22.09 43.54	150m: 2:07.57 45.48	200m: 2:48.58 41.01
3. Lara Sofia, MARCELINO	13 Vieiraense	2:49.81	274
50m: 39.25 39.25	100m: 1:23.17 43.92	150m: 2:07.68 44.51	200m: 2:49.81 42.13
4. Violeta Neves, SILVA	13 Nucleo de Pombal	2:58.73	235
50m: 41.71 41.71	100m: 1:28.49 46.78	150m: 2:15.04 46.55	200m: 2:58.73 43.69
5. Ines Barreto, CALDEIREIRO	13 Vieiraense	3:01.76	223
50m: 41.88 41.88	100m: 1:29.49 47.61	150m: 2:17.40 47.91	200m: 3:01.76 44.36
6. Mafalda Amado, QUARESMA	13 Pimpoes/Cimai	3:03.88	215
50m: 45.33 45.33	100m: 1:33.26 47.93	150m: 2:21.70 48.44	200m: 3:03.88 42.18
7. Catarina Franco, RODRIGUES	13 Naval de Peniche	3:04.67	213
50m: 44.49 44.49	100m: 1:32.61 48.12	150m: 2:21.02 48.41	200m: 3:04.67 43.65
8. Elisa Rodrigues, SIMOES	13 Benedita	3:06.61	206
50m: 44.31 44.31	100m: 1:32.79 48.48	150m: 2:21.99 49.20	200m: 3:06.61 44.62
9. Francisca Vieira, SILVA	13 Nucleo de Pombal	3:06.80	205
50m: 42.66 42.66	100m: 1:30.70 48.04	150m: 2:20.17 49.47	200m: 3:06.80 46.63
10. Sara Machado, JANUARIO	13 Alcobaca	3:09.03	198
50m: 42.45 42.45	100m: 1:29.79 47.34	150m: 2:19.49 49.70	200m: 3:09.03 49.54
11. Nuria Rocha, BOTAS	13 Vieiraense	3:09.27	197
50m: 45.28 45.28	100m: 1:34.43 49.15	150m: 2:23.36 48.93	200m: 3:09.27 45.91
12. Eva Vieira, SILVA	13 Nucleo de Pombal	3:11.42	191
50m: 45.30 45.30	100m: 1:33.01 47.71	150m: 2:22.89 49.88	200m: 3:11.42 48.53
13. Carminho Jose, LOPES	13 Benedita	3:12.12	189
50m: 44.78 44.78	100m: 1:34.25 49.47	150m: 2:22.80 48.55	200m: 3:12.12 49.32



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS  
Leiria, 15 - 16/3/2025

Prova 26, Femin., 200m Livres, Infantil B

Lugar	Ano	Tempo final	Pts
14. Mariana Santos, VALENTIM	13	3:21.98	162
50m: 46.19 46.19 100m: 1:38.41 52.22 150m: 2:30.80 52.39 200m: 3:21.98 51.18			
15. Eduarda Antunes, BUGALHAO	13	3:24.08	157
50m: 48.63 48.63 100m: 1:40.68 52.05 150m: 2:34.24 53.56 200m: 3:24.08 49.84			
16. Catarina Faustino, DIAS	13	3:24.89	156
50m: 46.28 46.28 100m: 1:40.50 54.22 150m: 2:34.25 53.75 200m: 3:24.89 50.64			
17. Constanca Teopisto, CARVALHO	13	3:28.12	148
50m: 47.89 47.89 100m: 1:42.28 54.39 150m: 2:37.02 54.74 200m: 3:28.12 51.10			
18. Joana Andre, MAIA	13	3:37.47	130
50m: 47.99 47.99 100m: 1:43.21 55.22 150m: 2:41.02 57.81 200m: 3:37.47 56.45			
DNS Erica Maria, FORTUNATO	13		
EXH Sara Calisto, PIMENTEL	05	2:18.08	509
50m: 31.61 31.61 100m: 1:06.03 34.42 150m: 1:41.61 35.58 200m: 2:18.08 36.47			