

Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 2	Femin., 800m Livres				Absolutos (JUN+SEN)
15/03/2025					Resultados
Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 19 +	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac 18	8:30.86	Tamila Hryhorivna, HOLUB	SCB	Moscovo (RUS)	03/08/2017
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Rec Nac 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014

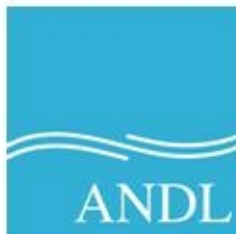
Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts
1. Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande	9:16.98	629	
50m: 30.67 30.67	250m: 2:50.16 35.57	450m: 5:10.02 33.95	650m: 7:31.68 35.52		
100m: 1:04.22 33.55	300m: 3:25.81 35.65	500m: 5:44.73 34.71	700m: 8:07.36 35.68		
150m: 1:39.32 35.10	350m: 4:00.95 35.14	550m: 6:20.31 35.58	750m: 8:42.30 34.94		
200m: 2:14.59 35.27	400m: 4:36.07 35.12	600m: 6:56.16 35.85	800m: 9:16.98 34.68		
2. Matilde Violante, VIANA	07	CNLeiria - VOID	9:26.92	597	
50m: 30.98 30.98	250m: 2:50.13 35.84	450m: 5:12.17 35.56	650m: 7:37.96 36.75		
100m: 1:04.68 33.70	300m: 3:25.83 35.70	500m: 5:48.17 36.00	700m: 8:14.74 36.78		
150m: 1:39.57 34.89	350m: 4:01.05 35.22	550m: 6:24.61 36.44	750m: 8:51.20 36.46		
200m: 2:14.29 34.72	400m: 4:36.61 35.56	600m: 7:01.21 36.60	800m: 9:26.92 35.72		

Prova 2	Femin., 800m Livres				Juvenis Femininos (A+B)
15/03/2025					Resultados
Rec Nac Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac JUV A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004
Rec Nac JUV B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980

Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts
1. Diana Isabel, ALVES	10	Pimpoes/Cimai	9:48.64	533	
50m: 32.72 32.72	250m: 2:58.64 36.79	450m: 5:27.62 36.80	650m: 7:58.34 37.68		
100m: 1:08.68 35.96	300m: 3:35.86 37.22	500m: 6:05.11 37.49	700m: 8:36.09 37.75		
150m: 1:45.18 36.50	350m: 4:12.98 37.12	550m: 6:42.82 37.71	750m: 9:13.06 36.97		
200m: 2:21.85 36.67	400m: 4:50.82 37.84	600m: 7:20.66 37.84	800m: 9:48.64 35.58		
2. Laura Helena, AMORIM	10	Nautico Marinha Grande	9:57.42	510	
50m: 33.63 33.63	250m: 3:03.72 37.77	450m: 5:34.66 37.59	650m: 8:06.03 37.61		
100m: 1:10.24 36.61	300m: 3:41.48 37.76	500m: 6:12.62 37.96	700m: 8:43.98 37.95		
150m: 1:48.22 37.98	350m: 4:19.11 37.63	550m: 6:50.54 37.92	750m: 9:21.41 37.43		
200m: 2:25.95 37.73	400m: 4:57.07 37.96	600m: 7:28.42 37.88	800m: 9:57.42 36.01		
3. Madalena Gracio, PEDROSO	10	Nautico Marinha Grande	10:02.15	498	
50m: 34.79 34.79	250m: 3:08.90 39.02	450m: 5:40.90 37.76	650m: 8:11.98 37.53		
100m: 1:12.45 37.66	300m: 3:46.96 38.06	500m: 6:18.85 37.95	700m: 8:49.58 37.60		
150m: 1:50.84 38.39	350m: 4:25.21 38.25	550m: 6:56.65 37.80	750m: 9:26.74 37.16		
200m: 2:29.88 39.04	400m: 5:03.14 37.93	600m: 7:34.45 37.80	800m: 10:02.15 35.41		
4. Vida Sofia, VELEZ	10	Ba-Leiria	10:02.26	498	
50m: 31.91 31.91	250m: 2:58.22 36.69	450m: 5:37.72 40.74	650m: 8:12.09 37.59		
100m: 1:08.03 36.12	300m: 3:36.74 38.52	500m: 6:17.19 39.47	700m: 8:49.14 37.05		
150m: 1:44.64 36.61	350m: 4:16.61 39.87	550m: 6:55.67 38.48	750m: 9:26.87 37.73		
200m: 2:21.53 36.89	400m: 4:56.98 40.37	600m: 7:34.50 38.83	800m: 10:02.26 35.39		



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Prova 2, Femin., 800m Livres, Juvenis Femininos (A+B)

Lugar	Ano	Tempo final	Pts
5. Bianca Balbino, MENDES	10	10:10.18	478
50m: 33.04 33.04	250m: 3:01.57 38.09	450m: 5:36.01 39.05	650m: 8:13.22 39.17
100m: 1:08.74 35.70	300m: 3:39.75 38.18	500m: 6:15.32 39.31	700m: 8:52.69 39.47
150m: 1:45.86 37.12	350m: 4:18.24 38.49	550m: 6:54.71 39.39	750m: 9:31.89 39.20
200m: 2:23.48 37.62	400m: 4:56.96 38.72	600m: 7:34.05 39.34	800m: 10:10.18 38.29
6. Anastasiya, PRYMACHENKO	11	10:12.48	473
50m: 34.72 34.72	250m: 3:10.53 39.03	450m: 5:46.38 38.58	650m: 8:21.65 38.63
100m: 1:13.12 38.40	300m: 3:49.63 39.10	500m: 6:24.71 38.33	700m: 8:59.72 38.07
150m: 1:52.21 39.09	350m: 4:28.74 39.11	550m: 7:03.92 39.21	750m: 9:37.93 38.21
200m: 2:31.50 39.29	400m: 5:07.80 39.06	600m: 7:43.02 39.10	800m: 10:12.48 34.55
7. Carlota Sa, SANTOS	11	10:13.02	472
50m: 35.77 35.77	250m: 3:10.60 39.13	450m: 5:46.80 39.06	650m: 8:21.84 38.69
100m: 1:13.70 37.93	300m: 3:49.61 39.01	500m: 6:25.04 38.24	700m: 9:00.10 38.26
150m: 1:52.59 38.89	350m: 4:28.67 39.06	550m: 7:04.03 38.99	750m: 9:38.44 38.34
200m: 2:31.47 38.88	400m: 5:07.74 39.07	600m: 7:43.15 39.12	800m: 10:13.02 34.58
8. Debora Silva, INACIO	10	10:18.77	459
50m: 34.37 34.37	250m: 3:06.65 38.36	450m: 5:44.26 39.70	650m: 8:23.66 40.00
100m: 1:11.47 37.10	300m: 3:45.87 39.22	500m: 6:23.58 39.32	700m: 9:03.21 39.55
150m: 1:49.35 37.88	350m: 4:25.15 39.28	550m: 7:03.43 39.85	750m: 9:41.73 38.52
200m: 2:28.29 38.94	400m: 5:04.56 39.41	600m: 7:43.66 40.23	800m: 10:18.77 37.04
9. Carolina Silva, CASTANHEIRA	11	10:23.97	447
50m: 33.22 33.22	250m: 3:07.73 39.37	450m: 5:45.66 39.87	650m: 8:26.73 39.60
100m: 1:10.08 36.86	300m: 3:47.20 39.47	500m: 6:25.74 40.08	700m: 9:06.68 39.95
150m: 1:48.84 38.76	350m: 4:26.79 39.59	550m: 7:05.87 40.13	750m: 9:46.05 39.37
200m: 2:28.36 39.52	400m: 5:05.79 39.00	600m: 7:47.13 41.26	800m: 10:23.97 37.92
10. Margarida Soares, MAIA	11	10:46.89	401
50m: 36.63 36.63	250m: 3:19.07 40.77	450m: 6:04.11 41.41	650m: 8:49.12 41.18
100m: 1:16.23 39.60	300m: 4:00.30 41.23	500m: 6:45.24 41.13	700m: 9:30.75 41.63
150m: 1:57.16 40.93	350m: 4:41.63 41.33	550m: 7:26.60 41.36	750m: 10:09.67 38.92
200m: 2:38.30 41.14	400m: 5:22.70 41.07	600m: 8:07.94 41.34	800m: 10:46.89 37.22