



Campeonato Distrital de Inverno da ANDL - INF, JUV e ABS
Leiria, 15 - 16/3/2025

Prova 10 15/03/2025	Femin., 200m Estilos				Absolutos (JUN+SEN) Resultados
Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac 19 +	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	12/12/2024
Rec Nac 18	2:13.83	Mariana Pacheco, CUNHA	CNCE	Felgueiras	07/05/2022
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009

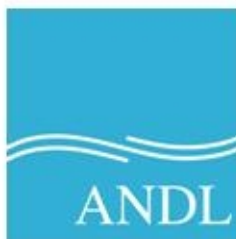
Pontos: AQUA 2024

Lugar	Ano				Tempo final	Pts
1. Joana Rosa, FERREIRA	05	CNLeiria - VOID			2:29.28	543
50m: 31.52 31.52	100m: 1:10.88 39.36	150m: 1:54.15 43.27	200m: 2:29.28 35.13			
2. Beatriz Belo, CLARA	09	CNLeiria - VOID			2:32.37	511
50m: 31.75 31.75	100m: 1:09.73 37.98	150m: 1:56.53 46.80	200m: 2:32.37 35.84			
3. Ana Margarida, MARQUES	09	Ba-Leiria			2:42.76	419
50m: 33.83 33.83	100m: 1:16.27 42.44	150m: 2:04.39 48.12	200m: 2:42.76 38.37			
4. Maria Teresa, OLIVEIRA	09	Ba-Leiria			2:53.32	347
50m: 40.14 40.14	100m: 1:26.09 45.95	150m: 2:12.89 46.80	200m: 2:53.32 40.43			
5. Constanca Carvalho, PIEDADE	08	Uniao Juncalense			2:59.82	311
50m: 41.35 41.35	100m: 1:24.96 43.61	150m: 2:17.44 52.48	200m: 2:59.82 42.38			
6. Matilde Santos, COUTINHO	07	Naval da Nazaré			3:01.62	302
50m: 37.53 37.53	100m: 1:26.70 49.17	150m: 2:20.97 54.27	200m: 3:01.62 40.65			

Prova 10 15/03/2025	Femin., 200m Estilos				Juvenis Femininos (A+B) Resultados
Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2024

Lugar	Ano				Tempo final	Pts
1. Sofia Roma, BRIZIDA	10	CNLeiria - VOID			2:35.15	484
50m: 33.33 33.33	100m: 1:12.37 39.04	150m: 1:56.84 44.47	200m: 2:35.15 38.31			
2. Matilde Santos, VIEIRA	10	Nautico Marinha Grande			2:36.60	471
50m: 33.83 33.83	100m: 1:13.86 40.03	150m: 2:01.28 47.42	200m: 2:36.60 35.32			
3. Maria Joao, VALA	11	Pimpoes/Cimai			2:36.63	470
50m: 34.39 34.39	100m: 1:14.36 39.97	150m: 2:01.19 46.83	200m: 2:36.63 35.44			
4. Laura Helena, AMORIM	10	Nautico Marinha Grande			2:39.20	448
50m: 36.13 36.13	100m: 1:17.22 41.09	150m: 2:03.28 46.06	200m: 2:39.20 35.92			
5. Leonor Pereira, SILVA	10	Óbidos			2:46.77	390
50m: 35.56 35.56	100m: 1:19.39 43.83	150m: 2:05.65 46.26	200m: 2:46.77 41.12			
6. Maria Santos, FONSECA	11	CNLeiria - VOID			2:49.00	374
50m: 36.99 36.99	100m: 1:20.06 43.07	150m: 2:07.56 47.50	200m: 2:49.00 41.44			



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Prova 10, Femin., 200m Estilos, Juvenis Femininos (A+B)

Lugar			Ano					Tempo final	Pts
7.	Beatriz Marques, GASPAR	11	Nautico Marinha Grande	2:49.89	369				
	50m: 37.46 37.46	100m: 1:25.15	47.69	150m: 2:11.61	46.46	200m: 2:49.89	38.28		
8.	Anastasiya, PRYMACHENKO	11	Nucleo de Pombal	2:51.19	360				
	50m: 37.03 37.03	100m: 1:21.22	44.19	150m: 2:11.73	50.51	200m: 2:51.19	39.46		
9.	Margarida Soares, MAIA	11	Nautico Marinha Grande	2:54.86	338				
	50m: 41.24 41.24	100m: 1:27.51	46.27	150m: 2:15.92	48.41	200m: 2:54.86	38.94		
10.	Isabela Maria, CARREIRA	11	Uniao Juncalense	3:00.49	307				
	50m: 41.44 41.44	100m: 1:28.21	46.77	150m: 2:19.19	50.98	200m: 3:00.49	41.30		
11.	Margarida Lopes, RODRIGUES	11	Uniao Juncalense	3:05.13	285				
	50m: 39.84 39.84	100m: 1:26.54	46.70	150m: 2:24.00	57.46	200m: 3:05.13	41.13		
12.	Kelly Simao, COSTA	11	Óbidos	3:07.81	273				
	50m: 42.15 42.15	100m: 1:29.69	47.54	150m: 2:24.18	54.49	200m: 3:07.81	43.63		
13.	Erica Felix, RODRIGUES	11	Uniao Juncalense	3:10.61	261				
	50m: 39.69 39.69	100m: 1:29.19	49.50	150m: 2:26.10	56.91	200m: 3:10.61	44.51		
14.	Alice Lucas, COSTA	10	Uniao Juncalense	3:13.32	250				
	50m: 41.60 41.60	100m: 1:28.98	47.38	150m: 2:26.00	57.02	200m: 3:13.32	47.32		

Prova 10
15/03/2025

Femin., 200m Estilos

Infantil A
Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Luna Francisco, PEREIRA	12	Nucleo de Pombal	2:51.05	361				
	50m: 39.37 39.37	100m: 1:20.99	41.62	150m: 2:12.97	51.98	200m: 2:51.05	38.08		
2.	Safira Pedro, FONSECA	12	Vieirense	3:04.01	290				
	50m: 39.28 39.28	100m: 1:23.56	44.28	150m: 2:22.95	59.39	200m: 3:04.01	41.06		
3.	Carolina Matos, CORREIA	12	Nucleo de Pombal	3:06.07	280				
	50m: 42.71 42.71	100m: 1:29.49	46.78	150m: 2:25.02	55.53	200m: 3:06.07	41.05		
4.	Maria Ines, GOMES	12	Nucleo de Pombal	3:07.22	275				
	50m: 40.71 40.71	100m: 1:29.11	48.40	150m: 2:24.72	55.61	200m: 3:07.22	42.50		
5.	Barbara Serrano, LOMBA	12	Ba-Leiria	3:08.46	270				
	50m: 41.92 41.92	100m: 1:30.86	48.94	150m: 2:27.02	56.16	200m: 3:08.46	41.44		
6.	Yaroslava, TABUNSCHYK	12	CNLeiria - VOID	3:14.07	247				
	50m: 42.68 42.68	100m: 1:33.81	51.13	150m: 2:29.77	55.96	200m: 3:14.07	44.30		
7.	Iara Maria, CAMACHO	12	Pimpoes/Cimai	3:14.34	246				
	50m: 42.63 42.63	100m: 1:32.26	49.63	150m: 2:33.30	1:01.04	200m: 3:14.34	41.04		



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Prova 10, Femin., 200m Estilos, Infantil A

Lugar	Ano	Tempo final	Pts
8. Rita Alexandra, JORDAO 50m: 45.56 45.56 100m: 1:37.28 51.72 150m: 2:33.31 56.03 200m: 3:15.57 42.26	12 Uniao Juncalense	3:15.57	241
9. Maria Leonor, FERREIRA 50m: 48.47 48.47 100m: 1:40.60 52.13 150m: 2:35.07 54.47 200m: 3:18.96 43.89	12 Óbidos	3:18.96	229
10. Daniela Carvalho, FERREIRA 50m: 48.28 48.28 100m: 1:40.95 52.67 150m: 2:38.16 57.21 200m: 3:22.79 44.63	12 Nucleo de Pombal	3:22.79	216
DNS Valeria, MORITS	12 Nautico Marinha Grande		

Prova 10 Femin., 200m Estilos Infantil B
15/03/2025 Resultados

Rec Nac Open	2:11.70	Camila Rodrigues, REBELO	ALN	Tomar	14/12/2024
Rec Nac INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Lara Sofia, MARCELINO 50m: 44.15 44.15 100m: 1:32.71 48.56 150m: 2:30.08 57.37 200m: 3:12.57 42.49	13 Vieiraense	3:12.57	253
2. Laura Silva, MARTINS 50m: 40.69 40.69 100m: 1:29.90 49.21 150m: 2:31.38 1:01.48 200m: 3:13.85 42.47	13 Ba-Leiria	3:13.85	248
3. Emma Henriques, SOUTO 50m: 45.16 45.16 100m: 1:32.56 47.40 150m: 2:31.65 59.09 200m: 3:16.46 44.81	13 Óbidos	3:16.46	238
4. Sofia Guilherme, CABREIRA 50m: 48.72 48.72 100m: 1:39.47 50.75 150m: 2:35.71 56.24 200m: 3:18.94 43.23	13 Óbidos	3:18.94	229
5. Violeta Neves, SILVA 50m: 47.81 47.81 100m: 1:39.22 51.41 150m: 2:37.65 58.43 200m: 3:21.95 44.30	13 Nucleo de Pombal	3:21.95	219
6. Mafalda Amado, QUARESMA 50m: 49.89 49.89 100m: 1:41.94 52.05 150m: 2:42.05 1:00.11 200m: 3:27.47 45.42	13 Pimpoes/Cimai	3:27.47	202
7. Sara Machado, JANUARIO 50m: 45.88 45.88 100m: 1:37.83 51.95 150m: 2:37.44 59.61 200m: 3:27.86 50.42	13 Alcobaca	3:27.86	201
8. Eduarda Antunes, BUGALHAO 50m: 48.16 48.16 100m: 1:45.32 57.16 150m: 2:45.73 1:00.41 200m: 3:35.47 49.74	13 Ba-Leiria	3:35.47	180
9. Mariana Santos, VALENTIM 50m: 50.21 50.21 100m: 1:44.27 54.06 150m: 2:44.96 1:00.69 200m: 3:35.77 50.81	13 Pimpoes/Cimai	3:35.77	180
10. Erica Maria, FORTUNATO 50m: 52.39 52.39 100m: 1:47.52 55.13 150m: 2:53.24 1:05.72 200m: 3:41.58 48.34	13 Ba-Leiria	3:41.58	166
DSQ Francisca Vieira, SILVA	13 Nucleo de Pombal		
<i>A atleta tocou com uma mão na parede, na viragem dos 25 metros.</i>			