

Prova 40
09/03/2025 - 9:45

Femin., 200m Costas

12 anos e mais velhos
Resultados

TAC Infantis B Fem INF B 50m: 3:57.00 - 25m: 3:57.00 / TAC Infantis A Fem INF A 50m: 3:35.00 - 25m: 3:35.00 /
TAC Juvenis B Fem JUV B 50m: 3:19.00 - 25m: 3:19.00 / TAC Juvenis A Fem JUV A 50m: 3:14.67 - 25m: 3:14.67 /
TAC Júniores Fem JUN 50m: 3:11.67 - 25m: 3:11.67 / TAC Séniores Fem SEN 50m: 3:09.67 - 25m: 3:09.67 /
TAC OPEN Portugal 16 JUN 16: 2:30.20 / TAC OPEN Portugal 15 JUV A: 2:33.34 / TAC OPEN Portugal FEM JUV B JUV B: 2:36.96 /
TAC OPEN Portugal JUN 17 JUN 17: 2:29.23 / TAC OPEN Portugal JUN 18 JUN 18: 2:29.23 /
TAC OPEN Portugal SEN 19 19: 2:26.09 / TAC OPEN Portugal SEN 20 20: 2:25.37 / TAC Zonal Infantis FEM INF B INF B: 3:02.00 /
TAC Zonal Infantis INF A: 2:52.00

Pontos: AQUA 2024

Lugar	Nome	Idade	Licença	Clube	Tempo Final	AQUA	50m	100m	150m	200m
Infantis B ANALEN										
1.	Lara Amorim, Pereira	12	219560	CNLA	3:03.28	273	44.54	46.86	46.65	45.23
2.	Diana Sofia, Rosado	12	214800	CNLA	3:18.51	215	47.84	50.91	53.23	46.53
3.	C., Vinagre	12	216020	GDRTCCMM	3:22.27	203	47.67	52.02	52.65	49.93
4.	Sara Araujo, Silva	12	217861	NDCO	3:27.62	188	51.50	52.31	53.93	49.88
5.	Alice Cardoso, Silva	12	218505	CNLA	3:27.92	187	48.61	54.28	53.20	51.83
6.	Alice Estrela, Guerrinha	12	218813	CNLA	3:32.17	176	48.35	54.42	55.92	53.48
Infantis B ANICentro										
1.	M., Rodrigues	12	216116	CNFU	3:35.35	168	50.43	56.12	57.06	51.74
DSQ	M., Cacilhas	12	216125	ANAR						
	<i>613 - O(a) atleta não efectuou movimento continuo nem imediato dos braços, na viragem aos 150 metros</i>									
	<i>- SW 6.4</i>									
Infantis A ANALEN										
1.	Maria Brito, Palma	13	212846	ACRZA	2:56.56	305	40.97	44.44	45.86	45.29
2.	Alice Maria, Nunes	13	211599	ACMN	3:02.23	278	42.61	47.98	47.33	44.31
3.	Sophia Maria, Pestana	13	221357	ACRZA	3:02.63	276	44.69	46.94	47.52	43.48
4.	Lara Sofia, Goncalves	13	220020	CNLA	3:03.08	274	45.40	47.66	47.30	42.72
5.	Ines Borges, Costa	13	217859	NDCO	3:03.96	270	43.71	46.53	48.42	45.30
6.	M., Machado	13	220029	NDCO	3:07.84	253	44.51	47.58	50.22	45.53
7.	Filipa Serrao, Rosario	13	216068	CNLA	3:08.15	252	45.10	48.75	49.16	45.14
8.	Mafalda Costa, Nunes	13	218242	GSC	3:10.21	244	45.37	48.33	48.71	47.80
9.	Ariana Nunes, Batista	13	217209	GSC	3:11.49	239	47.43	49.17	49.15	45.74
10.	L., Rebocho	13	212852	ACRZA	3:13.07	233	48.18	49.48	49.64	45.77
11.	Sofia, Medeiro Horta	13	216032	ACRZA	3:13.51	232	44.55	49.81	50.67	48.48
12.	Valentina Guerrero, Nava	13	222580	CNLA	3:27.95	187	51.18	53.84	53.24	49.69
DSQ	Daniela Varela, Silva	13	217150	ACMN						
	<i>- O atleta não efectuou a viragem aos 150 metros, após terminar o movimento contínuo dos braços. SW</i>									
	<i>6.4</i>									
Infantis A ANICentro										
1.	C., Augusto	13	218018	CNFU	3:03.96	270	44.06	46.90	47.06	45.94
2.	M., Antunes	13	217878	CCDSERTA	3:06.79	258	43.33	47.53	48.02	47.91
3.	Maria Benedita, Ribeiro	13	217879	CCDSERTA	3:07.58	254	44.44	48.53	50.26	44.35
4.	Matilde Nunes, Simoes	13	220422	CCDSERTA	3:11.11	241	44.64	48.83	49.90	47.74
5.	Diana Sofia, Pereira	13	216176	CNFU	3:14.29	229	45.27	50.35	51.07	47.60
6.	M., Mesquita	13	210852	EFC	3:34.45	170	49.59	55.06	55.80	54.00

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Juvenis ANALEN

1. Ines Diogo, Mestre	14	209575	CRIRA	2:35.81	444	35.60	39.42	41.35	39.44
<i>TAC OPEN PORTUGAL - Jamor, 3 a 6 Abril 2025</i>									
2. Maria Goncalves, Oliveira	14	208326	NDCO	2:42.04	395	37.63	40.79	42.14	41.48
3. Leonor Barao, Guerreiro	15	207049	CRIRA	2:44.05	381	36.85	41.41	43.36	42.43
4. Maria Ines, Luis	14	209579	CRIRA	2:50.30	340	38.20	43.49	45.28	43.33
5. L., Marinheiro	15	212851	ACRZA	2:52.66	326	41.29	43.22	44.71	43.44
6. Rita Bernardino, Pombo	15	214684	CNLA	2:54.57	316	41.72	44.94	46.49	41.42
7. Alice Raquel, Dias	14	211596	GDRTCMM	2:56.98	303	40.61	43.87	46.84	45.66
8. Carolina Freire, Pereira	14	218508	CNLA	3:05.39	264	43.62	46.59	47.76	47.42
9. S., Passechnikoff	15	218697	GSC	3:07.07	257	42.46	47.03	49.70	47.88
10. Margarida Maria, Beato	14	217851	GSC	3:08.57	250	43.52	48.54	49.67	46.84
11. Constanca Alves, Matos	14	211863	CNLA	3:11.64	239	45.00	48.61	49.04	48.99
12. M., Marques	14	220357	ACMN	3:16.55	221	45.58	50.87	51.70	48.40
13. Maria Beatrice, Brandao	14	221356	ACRZA	3:16.58	221	47.20	51.37	50.97	47.04
14. Melanie Munha, Inacio	14	218931	CNLA	3:21.70	205	50.28	51.47	49.97	49.98
<i>FTL</i>									

Juvenis ANICentro

1. Carolina Neves, Sousa	15	208299	EFC	2:46.88	362	37.53	42.21	44.28	42.86
2. Ines Martins, Farinha	14	214553	CCDSERTA	2:49.15	347	40.56	43.14	43.37	42.08
3. Filipa Calado, Gervasio	15	205873	CEN	2:53.85	320	41.34	44.73	45.11	42.67
4. Madalena Pires, Tavares	15	207005	ANAR	3:03.06	274	45.19	48.13	47.51	42.23
5. M., Mesquita	14	209630	CNFU	3:03.16	273	43.68	47.99	46.51	44.98
6. Lara Santos, Costa	15	218032	CNFU	3:08.79	250	44.53	48.97	50.05	45.24
7. Matilde Lopes, Moreno	14	216170	CNFU	3:20.22	209	47.54	51.14	52.30	49.24
<i>FTL</i>									

Absolutos ANALEN

1. Sofia Oliveira, Silva	26	121399	CNLA	2:38.78	420	38.16	39.52	40.45	40.65
2. M., Pucarinhas	16	146807	CFE	2:44.98	374	37.90	41.31	43.35	42.42
3. Daniela Filipa, Mantas	26	126401	ACMN	2:46.60	363	40.30	42.35	43.36	40.59
4. Claudia Fale, Silva	17	206483	ACMN	2:53.78	320	42.28	45.44	44.04	42.02

Absolutos ANICentro

1. Eduarda Galvao, Raposo	16	209623	CNFU	2:40.34	408	37.14	40.54	41.53	41.13
2. Ines Maria, Escarduca	17	202744	CEN	2:41.98	395	37.79	42.18	43.06	38.95
3. Clara Sofia, Marcal	16	217455	CCDSERTA	2:54.43	317	43.23	44.49	44.44	42.27
4. Stefania Cosmina, Chitic	17	204179	CEN	2:59.95	288	42.28	45.34	47.11	45.22
5. Ines Sofia, Trindade	17	212136	CEN	3:04.09	269	42.03	47.30	49.34	45.42
6. Vitoria Morao, Almeida	16	206749	ANAR	3:06.37	259	44.41	46.87	48.07	47.02