

Nationale Zwem Competitie-deel2
Denekamp, 11/1/2025

Programmanr. 17
11/01/2025 - 15:40

Meisjes, 400m vrije slag

Gebjr 2009 - 2013
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Esm�� de Gans	Zpc Amersfoort 2	4:54.96	200900134	4:49.08
	50m: 32.79	32.79 150m:	250m:	350m:	
	100m: 1:09.60	36.81 200m: 2:24.02	300m:	400m: 4:49.08	
2.	Yanique Bax	Zpc Amersfoort 2	4:47.22	201001428	4:49.57
	50m: 33.42	33.42 150m:	250m:	350m:	
	100m: 1:09.81	36.39 200m: 2:22.84	300m:	400m: 4:49.57	
3.	Rixt Rothschild	ZPC Hoogeveen 1	5:09.81	200900026	4:53.53
	50m: 32.94	32.94 150m:	250m:	350m:	
	100m: 1:10.16	36.22 200m: 2:23.51	300m:	400m: 4:53.53	
4.	Nienke Koster	ZPC Hoogeveen 1	5:01.13	200900612	5:01.30
	50m: 33.72	33.72 150m:	250m:	350m:	
	100m: 1:10.99	37.27 200m: 2:26.97	300m:	400m: 5:01.30	
5.	Sterre Dietvorst	Zpc Amersfoort 2	4:50.99	200900726	5:02.10
	50m: 32.89	32.89 150m:	250m:	350m:	
	100m: 1:09.86	36.97 200m: 2:26.25	300m:	400m: 5:02.10	
6.	Nora Lynn Otten	ZPC Hoogeveen 1	5:00.74	200903338	5:04.22
	50m: 33.94	33.94 150m:	250m:	350m:	
	100m: 1:10.88	36.94 200m: 2:28.12	300m:	400m: 5:04.22	
7.	Mila Soethof	De Dinkel 1	5:08.37	200900482	5:04.96
	50m: 33.51	33.51 150m:	250m:	350m:	
	100m: 1:11.65	38.14 200m: 2:29.83	300m:	400m: 5:04.96	
8.	Myron Dekker	ZPC Hoogeveen 1	5:07.26	201000512	5:08.56
	50m: 34.03	34.03 150m:	250m:	350m:	
	100m: 1:10.75	36.72 200m: 2:28.43	300m:	400m: 5:08.56	
9.	Kayleigh van Doeselaar	WS Twente 1	5:42.77	201000478	5:21.31
	50m: 37.38	37.38 150m:	250m:	350m:	
	100m: 1:17.80	40.42 200m: 2:42.63	300m:	400m: 5:21.31	
10.	Chantal Peters	ZPC Hoogeveen 1	NT	201001578	5:27.11
	50m: 34.49	34.49 150m:	250m:	350m:	
	100m: 1:13.53	39.04 200m: 2:38.06	300m:	400m: 5:27.11	
11.	Lynn ten Berge	De Dinkel 1	5:23.02	201000884	5:38.91
	50m: 36.29	36.29 150m:	250m:	350m:	
	100m: 1:18.45	42.16 200m: 2:45.91	300m:	400m: 5:38.91	