

Défi du Nouvel An
St-Laurent, 11 - 12/1/2025

Epreuve 19
1/12/2025 - 10:16

Dames, 400m 4 nages

10 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	BOUHAREVICH, Olivia		12	DDO						5:57.41	380	
	50m:	39.62	39.62	150m:	2:12.99	45.64	250m:	3:46.16	48.54	350m:	5:16.73	41.59
	100m:	1:27.35	47.73	200m:	2:57.62	44.63	300m:	4:35.14	48.98	400m:	5:57.41	40.68
2.	RONG, Qia		12	CNSL						6:03.72	360	
	50m:	38.93	38.93	150m:	2:11.94	47.27	250m:	3:49.82	53.75	350m:	5:22.70	41.40
	100m:	1:24.67	45.74	200m:	2:56.07	44.13	300m:	4:41.30	51.48	400m:	6:03.72	41.02
3.	SEHIL, Fatma		12	DDO						6:16.49	325	
	50m:	38.86	38.86	150m:	2:14.75	49.02	250m:	3:56.04	52.41	350m:	5:34.30	46.09
	100m:	1:25.73	46.87	200m:	3:03.63	48.88	300m:	4:48.21	52.17	400m:	6:16.49	42.19
4.	CHUNG, Emma		12	DDO						6:28.44	296	
	50m:	42.28	42.28	150m:	2:20.28	45.63	250m:	4:02.19	54.67	350m:	5:43.51	43.24
	100m:	1:34.65	52.37	200m:	3:07.52	47.24	300m:	5:00.27	58.08	400m:	6:28.44	44.93
5.	DION, Callie		11	DDO						6:28.98	294	
	50m:	42.05	42.05	150m:	2:25.32	51.42	250m:	4:06.88	53.32	350m:	5:45.65	44.62
	100m:	1:33.90	51.85	200m:	3:13.56	48.24	300m:	5:01.03	54.15	400m:	6:28.98	43.33
6.	SEHIL, Zeyneb		11	DDO						6:38.40	274	
	50m:	45.41	45.41	150m:	2:30.41	50.76	250m:	4:12.72	53.34	350m:	5:54.83	47.44
	100m:	1:39.65	54.24	200m:	3:19.38	48.97	300m:	5:07.39	54.67	400m:	6:38.40	43.57
7.	SILES, Elena		11	DDO						6:38.87	273	
	50m:	46.04	46.04	150m:	2:30.08	49.94	250m:	4:15.25	55.86	350m:	5:56.24	44.06
	100m:	1:40.14	54.10	200m:	3:19.39	49.31	300m:	5:12.18	56.93	400m:	6:38.87	42.63
8.	GALLO, Aria		11	DDO						7:02.06	230	
	50m:	49.21	49.21	150m:	2:42.48	50.96	250m:	4:29.82	56.08	350m:	6:17.23	48.20
	100m:	1:51.52	1:02.31	200m:	3:33.74	51.26	300m:	5:29.03	59.21	400m:	7:02.06	44.83
9.	VINET, Juliette		11	CNC						7:15.92	209	
	50m:	56.98	56.98	150m:	2:54.11	52.17	250m:	4:45.32	58.11	350m:	6:32.91	48.77
	100m:	2:01.94	1:04.96	200m:	3:47.21	53.10	300m:	5:44.14	58.82	400m:	7:15.92	43.01
10.	AOUAMEUR, Léa		11	CNSL						7:17.56	207	
	50m:	48.75	48.75	150m:	2:47.02	53.24	250m:	4:43.44	1:01.37	350m:	6:31.73	46.83
	100m:	1:53.78	1:05.03	200m:	3:42.07	55.05	300m:	5:44.90	1:01.46	400m:	7:17.56	45.83
11.	EL ASRI, Sofia		11	CNC						7:32.16	187	
	50m:	51.90	51.90	150m:	2:49.02	55.32	250m:	4:45.82	1:01.10	350m:	6:43.30	51.32
	100m:	1:53.70	1:01.80	200m:	3:44.72	55.70	300m:	5:51.98	1:06.16	400m:	7:32.16	48.86
12.	EHLERMANN, Lana Lou		11	CNC						7:49.84	167	
	50m:	57.17	57.17	150m:	2:56.58	54.09	250m:	4:58.33	1:05.66	350m:	6:59.03	54.88
	100m:	2:02.49	1:05.32	200m:	3:52.67	56.09	300m:	6:04.15	1:05.82	400m:	7:49.84	50.81
13.	READY, Laurence		12	DDO						7:54.71	162	
	50m:	57.96	57.96	150m:	3:04.75	58.20	250m:	5:07.07	1:06.35	350m:	7:04.45	50.65
	100m:	2:06.55	1:08.59	200m:	4:00.72	55.97	300m:	6:13.80	1:06.73	400m:	7:54.71	50.26
disq.	OLASSA, Ève		11	CNC								
	<i>BaF - Il.6.5 n'a pas terminé sur le dos / Did not finish on back</i>											

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15 - 16 ans

1. SAUVÉ, Maelie			15	CNSL				6:00.19	371	
50m:	37.13	37.13	150m:	2:07.90	44.35	250m:	3:45.36	51.72	350m: 5:19.66	39.40
100m:	1:23.55	46.42	200m:	2:53.64	45.74	300m:	4:40.26	54.90	400m: 6:00.19	40.53

17 ans et plus

1. DI MARIA, Jessica			17	CNSL				5:30.03	482	
50m:	33.59	33.59	150m:	1:54.11	40.87	250m:	3:25.63	49.47	350m: 4:53.43	37.41
100m:	1:13.24	39.65	200m:	2:36.16	42.05	300m:	4:16.02	50.39	400m: 5:30.03	36.60