

Event 17

Men, 400m Freestyle

Absoluto

12/01/2025 - 10:00

Startlist

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Sen	4:12.55	Ivo Emanuel Carneiro	CNVR	Chaves	23/11/2008
Recorde Regional (25m) 18	4:21.63	Daniel Filipe Lopes	CNIN	Coruche	16/11/2013
Recorde Regional (25m) 17	4:22.83	Daniel Filipe Lopes	CNIN	Mealhada	15/12/2012
Recorde Regional (25m) Juv A	4:22.51	João Carlos Ferreira	GCVR	Braga	18/03/2000
Recorde Regional (25m) Juv B	4:29.64	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018
Recorde Regional (25m) Inf A	4:39.76	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	01/07/2017
Recorde Regional (25m) Inf B	4:54.34	Lucas Pinto Ribeiro	GCVR	Peso da Régua	12/03/2023

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	Incs.	Tempo
<u>Heat 1 of 2, 10:00</u>									
2	Martim Beato Guedes	M	219121	Inf	12	EMNVinhais/FCV	6:04.92	___	___
3	Nuno Pinto Oliveira	M	219466	Juv	10	Gcvr	5:44.20	___	___
4	Rui Pedro Lopes	M	216387	Juv	10	Durius Ac Pesqueira	6:01.54	___	___
5	Tiago Miguel Costa	M	220502	Juv	09	Durius Ac Pesqueira	NT	___	___
<u>Heat 2 of 2, 10:10</u>									
2	Joao Miguel Rocha	M	205562	Juv	09	CMN Peso da Regua	4:40.76	___	___
3	Jose Pedro Rocha	M	201748	Abs	04	CMN Peso da Regua	4:26.59	___	___
4	Rodrigo Daniel Silva	M	147587	Abs	06	Gcvr	4:35.92	___	___
5	Miguel Afonso Encarnacao	M	151821	Abs	08	Gcvr	4:42.55	___	___