

Event 13

Women, 400m Medley

Absoluto

12/01/2025 - 9:30

Startlist

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 18 +	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 17	5:15.65	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	08/07/2023
Recorde Regional (25m) 16	5:26.28	Andreia Monteiro Barreira	CMNPR	Peso da Régua	06/03/2022
Recorde Regional (25m) Juv A	5:15.46	Ana Margarida Guedes	GCVR	Vila Real	21/11/2015
Recorde Regional (25m) Juv B	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014
Recorde Regional (25m) Inf A	5:25.80	Ana Margarida Guedes	GCVR	Mirandela	30/11/2013
Recorde Regional (25m) Inf B	5:52.45	Ana Margarida Guedes	GCVR	Mirandela	01/12/2012

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	Incs.	Tempo
<u>Heat 1 of 1, 9:30</u>									
1	Ines Filipa Guerra	F	209832	Juv	11	Flavitus	6:38.95	___	___
2	Maria Ines Mesquita	F	214677	Juv	10	Gcvr	6:18.71	___	___
5	Iara Beatriz Matela	F	201729	Abs	09	EN Braganca	6:33.68	___	___