

Audentese Spordiklubi Karikas 2025  
Tallinn, 25.1.2025

Event 30  
25.01.2025 - 15:50

Men, 400m Medley

2012 and older  
Results

Points: AQUA 2024

Rank			YB					Time	Pts		
<b>YOB 2009 - 2012</b>											
1.	VESSELOV, Robert		09	Spordiklubi Garant				<b>4:50.51</b>	528		
	50m:	31.77 31.77	150m:	1:48.06	38.46	250m:	3:05.60	39.62	350m:	4:18.24	33.11
	100m:	1:09.60 37.83	200m:	2:25.98	37.92	300m:	3:45.13	39.53	400m:	4:50.51	32.27
2.	BARANJUK, Mark		09	Spordiklubi Garant				<b>4:56.06</b>	498		
	50m:	31.32 31.32	150m:	1:47.56	38.65	250m:	3:06.37	40.62	350m:	4:22.66	36.15
	100m:	1:08.91 37.59	200m:	2:25.75	38.19	300m:	3:46.51	40.14	400m:	4:56.06	33.40
3.	MADDISON, Rasmus		11	Audentese Spordiklubi				<b>5:17.71</b>	403		
	50m:	32.46 32.46	150m:	1:54.01	40.79	250m:	3:19.57	44.60	350m:	4:41.78	37.41
	100m:	1:13.22 40.76	200m:	2:34.97	40.96	300m:	4:04.37	44.80	400m:	5:17.71	35.93
4.	SERGEJEV, Ivan		10	Spordiklubi Garant				<b>5:24.72</b>	378		
	50m:	32.77 32.77	150m:	1:56.22	41.11	250m:	3:23.41	47.33	350m:	4:49.75	38.64
	100m:	1:15.11 42.34	200m:	2:36.08	39.86	300m:	4:11.11	47.70	400m:	5:24.72	34.97
5.	VIIDAS, Ilja		11	Spordiklubi Garant				<b>5:26.92</b>	370		
	50m:	35.01 35.01	150m:	1:58.56	43.00	250m:	3:26.53	46.89	350m:	4:51.10	38.49
	100m:	1:15.56 40.55	200m:	2:39.64	41.08	300m:	4:12.61	46.08	400m:	5:26.92	35.82
6.	EFROS, Stefan		11	Spordiklubi Garant				<b>5:38.36</b>	334		
	50m:	36.46 36.46	150m:	2:05.17	43.61	250m:	3:36.13	48.49	350m:	5:02.09	36.93
	100m:	1:21.56 45.10	200m:	2:47.64	42.47	300m:	4:25.16	49.03	400m:	5:38.36	36.27
<b>2008 and older</b>											
1.	VANARI, Kaur		05	Spordiklubi Fortuna				<b>5:06.59</b>	449		
	50m:	32.42 32.42	150m:	1:53.02	40.52	250m:	3:14.33	41.17	350m:	4:32.21	37.00
	100m:	1:12.50 40.08	200m:	2:33.16	40.14	300m:	3:55.21	40.88	400m:	5:06.59	34.38
2.	NAIRISMAGI, Sigmar		08	Spordiklubi Fortuna				<b>5:08.69</b>	440		
	50m:	30.79 30.79	150m:	1:51.06	42.83	250m:	3:15.19	43.56	350m:	4:36.37	36.89
	100m:	1:08.23 37.44	200m:	2:31.63	40.57	300m:	3:59.48	44.29	400m:	5:08.69	32.32
3.	JARTSEV, Artemi		08	ARGO Ujumisklubi				<b>5:21.19</b>	390		
	50m:	35.72 35.72	150m:	2:00.88	42.48	250m:	3:24.93	42.75	350m:	4:46.66	38.01
	100m:	1:18.40 42.68	200m:	2:42.18	41.30	300m:	4:08.65	43.72	400m:	5:21.19	34.53
4.	REBANE, Eldor		08	Jarveotsa Gumnaasiumi Spordiklubi				<b>5:23.25</b>	383		
	50m:	35.37 35.37	150m:	1:56.91	40.42	250m:	3:24.63	46.56	350m:	4:48.12	36.94
	100m:	1:16.49 41.12	200m:	2:38.07	41.16	300m:	4:11.18	46.55	400m:	5:23.25	35.13
5.	METS, Rodion		08	ARGO Ujumisklubi				<b>6:10.97</b>	253		
	50m:	39.29 39.29	150m:	2:15.74	48.05	250m:	3:54.10	50.43	350m:	5:29.20	44.55
	100m:	1:27.69 48.40	200m:	3:03.67	47.93	300m:	4:44.65	50.55	400m:	6:10.97	41.77