

Audentese Spordiklubi Karikas 2025
Tallinn, 25.1.2025

Event 29
25.01.2025 - 15:45

Women, 400m Medley

2012 and older
Results

Points: AQUA 2024

Rank	YB								Time	Pts		
YOB 2009 - 2012												
1.	ROASTO, Emma		09	Ujumisklubi Briis				5:40.03	441			
	50m:	34.82	34.82	150m:	2:01.62	43.01	250m:	3:33.61	50.32	350m:	5:02.14	37.87
	100m:	1:18.61	43.79	200m:	2:43.29	41.67	300m:	4:24.27	50.66	400m:	5:40.03	37.89
2.	MUIDRE, Marit		09	Ujumisklubi Briis				5:42.10	433			
	50m:	36.98	36.98	150m:	2:09.19	44.20	250m:	3:41.23	48.18	350m:	5:07.20	35.54
	100m:	1:24.99	48.01	200m:	2:53.05	43.86	300m:	4:31.66	50.43	400m:	5:42.10	34.90
3.	TRUUVELT, Triin		11	Spordiklubi Fortuna				6:13.61	332			
	50m:	39.35	39.35	150m:	2:17.43	50.39	250m:	3:58.23	52.30	350m:	5:33.50	43.41
	100m:	1:27.04	47.69	200m:	3:05.93	48.50	300m:	4:50.09	51.86	400m:	6:13.61	40.11
4.	SEPP, Meribell		10	Spordiklubi Fortuna				6:35.24	281			
	50m:	39.67	39.67	150m:	2:24.00	53.75	250m:	4:08.81	53.52	350m:	5:49.84	46.04
	100m:	1:30.25	50.58	200m:	3:15.29	51.29	300m:	5:03.80	54.99	400m:	6:35.24	45.40
2008 and older												
1.	KIKAS, Greete		07	TOPi Ujumisklubi				5:35.06	461			
	50m:	34.57	34.57	150m:	2:02.16	45.15	250m:	3:33.76	47.32	350m:	5:00.08	36.43
	100m:	1:17.01	42.44	200m:	2:46.44	44.28	300m:	4:23.65	49.89	400m:	5:35.06	34.98
2.	JAMSA, Fiona		08	Ujumisklubi Briis				5:41.01	437			
	50m:	36.41	36.41	150m:	2:04.68	46.58	250m:	3:37.81	49.25	350m:	5:05.46	38.13
	100m:	1:18.10	41.69	200m:	2:48.56	43.88	300m:	4:27.33	49.52	400m:	5:41.01	35.55