

LK Mol 2024
Mol, 29/12/2024

Programmanr. 17
29/12/2024 - 10:50

400m vrije slag

10 jaar
Resultaten

Punten: AQUA 2024

Rang								Tijd		Pnt		
10 jaar, Jongens												
1.	VAN HOVE, Nand		MOZKA/11154/14			7:03.02		6:26.40		165		
	50m:	41.75	41.75	150m:	2:19.59	51.28	250m:	4:00.49	50.74	350m:	5:40.20	49.03
	100m:	1:28.31	46.56	200m:	3:09.75	50.16	300m:	4:51.17	50.68	400m:	6:26.40	46.20
10 jaar, Meisjes												
1.	LYTVYNIUK-HUL, Sofia		ZS/21136/14			7:02.67		6:43.64		188		
	50m:	44.49	44.49	150m:	2:27.61	52.28	250m:	4:13.38	53.18	350m:	5:56.85	51.35
	100m:	1:35.33	50.84	200m:	3:20.20	52.59	300m:	5:05.50	52.12	400m:	6:43.64	46.79
2.	GEERTS, Amélie		MOZKA/21157/14			7:20.56		6:53.52		174		
	50m:	45.98	45.98	150m:	2:30.64	52.34	250m:	4:17.92	53.15	350m:	6:01.89	51.50
	100m:	1:38.30	52.32	200m:	3:24.77	54.13	300m:	5:10.39	52.47	400m:	6:53.52	51.63