



Event 16
11.04.2025 - 17:15

Men, 400m Freestyle

2009 and older
Results

Latvijas rekords 3:51.52 MILOSLAVSKIS Romans LAT Shanghai (CHN) 07.04.2006

SKSM Open: 3:46.76 / SM Open: 4:06.29 / SMK Open: 4:20.64 / I Open: 4:39.05 / II Open: 5:07.14 / III Open: 5:46.42 / IV Open: 6:58.98

Points: AQUA 2024

Rank			YB			Time			Pts
YOB 2009									
1.	KRAVCENKO Jegors		09	RSS Ridzene-Daugavas SN		5:40.76			241 III
	50m:	35.36 35.36	150m:	1:59.04 42.76	250m:	3:27.46 44.73	350m:	4:57.86 44.89	
	100m:	1:16.28 40.92	200m:	2:42.73 43.69	300m:	4:12.97 45.51	400m:	5:40.76 42.90	

YOB 2008

1.	BRJUHOVECKIS Kirills		08	RSS Ridzene-Ziepniekkalns		4:23.02			525 I
	50m:	28.33 28.33	150m:	1:34.12 33.42	250m:	2:41.33 33.59	350m:	3:49.97 34.63	
	100m:	1:00.70 32.37	200m:	2:07.74 33.62	300m:	3:15.34 34.01	400m:	4:23.02 33.05	
2.	DEKSNIS Ernests		08	RSS Ridzene-Ziepniekkalns		4:31.55			477 I
	50m:	29.12 29.12	150m:	1:38.69 35.37	250m:	2:50.69 35.54	350m:	3:59.83 33.99	
	100m:	1:03.32 34.20	200m:	2:15.15 36.46	300m:	3:25.84 35.15	400m:	4:31.55 31.72	
3.	SAFRONOVS Aleksejs		08	RSS Ridzene-Zolitude		4:46.50			406 II
	50m:	30.16 30.16	150m:	1:41.72 36.50	250m:	2:56.98 37.80	350m:	4:11.51 36.80	
	100m:	1:05.22 35.06	200m:	2:19.18 37.46	300m:	3:34.71 37.73	400m:	4:46.50 34.99	

2007 and older

1.	VAIVADS Igors		07	RSS Ridzene-Daugavas SN		4:11.79			599 SMK
	JAUNS SACENS BU VECUMA GRUPAS REKORDS!!								
	50m:	26.74 26.74	150m:	1:28.32 31.61	250m:	2:33.53 32.65	350m:	3:39.87 33.07	
	100m:	56.71 29.97	200m:	2:00.88 32.56	300m:	3:06.80 33.27	400m:	4:11.79 31.92	
2.	KUCERUKS Sebastians		07	RSS Ridzene-Daugavas SN		5:05.22			336 II
	50m:	32.37 32.37	150m:	1:47.15 38.32	250m:	3:05.86 39.44	350m:	4:26.94 40.35	
	100m:	1:08.83 36.46	200m:	2:26.42 39.27	300m:	3:46.59 40.73	400m:	5:05.22 38.28	