

Torneio Regional de Fundo Infantis e Juvenis
Cantanhede, 10 - 11/5/2025

Prova 3 Masc., 400m Estilos Inf B
11/05/2025 - 10:00 Resultados

Recordes Nacionais 25m Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recordes Nacionais 25m Inf B	4:49.65	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	15/03/2013

Pontos: AQUA 2024

Lugar	Ano			Tempo final				Pts
1. Afonso Manuel, FERNANDES	12	Academica de Coimbra		5:47.58				308
50m: 39.71 39.71	150m: 2:09.41	44.47	250m: 3:42.18	50.04	350m: 5:11.58			38.12
100m: 1:24.94 45.23	200m: 2:52.14	42.73	300m: 4:33.46	51.28	400m: 5:47.58			36.00
2. Tomas Goncalves, RODRIGUES	12	Columbofila Cantanhedense		5:53.36				293
50m: 36.21 36.21	150m: 2:06.25	45.79	250m: 3:44.26	52.00	350m: 5:16.18			39.18
100m: 1:20.46 44.25	200m: 2:52.26	46.01	300m: 4:37.00	52.74	400m: 5:53.36			37.18
3. Miguel Simoes, DIAS	12	Louzan Natacao/EFAPEL		5:55.60				287
50m: 36.09 36.09	150m: 2:06.60	46.30	250m: 3:41.84	51.60	350m: 5:15.15			40.88
100m: 1:20.30 44.21	200m: 2:50.24	43.64	300m: 4:34.27	52.43	400m: 5:55.60			40.45
4. Rodrigo Miguel, CORDEIRO	12	Condeixa Aqua Clube		6:00.72				275
50m: 39.06 39.06	150m: 2:14.90	49.44	250m: 3:52.84	50.84	350m: 5:24.95			39.43
100m: 1:25.46 46.40	200m: 3:02.00	47.10	300m: 4:45.52	52.68	400m: 6:00.72			35.77
5. Martim Neves, CARIDADE	12	Condeixa Aqua Clube		6:01.79				273
50m: 42.26 42.26	150m: 2:15.35	46.84	250m: 3:53.67	51.65	350m: 5:24.41			39.15
100m: 1:28.51 46.25	200m: 3:02.02	46.67	300m: 4:45.26	51.59	400m: 6:01.79			37.38
6. Lourenco Serra, BARATA	12	Louzan Natacao/EFAPEL		6:20.35				235
50m: 41.16 41.16	150m: 2:20.99	49.61	250m: 3:58.68	50.13	350m: 5:37.41			45.07
100m: 1:31.38 50.22	200m: 3:08.55	47.56	300m: 4:52.34	53.66	400m: 6:20.35			42.94
7. Diogo Carvalho, FERNANDES	12	Náutico Académico		6:44.38				195
50m: 47.52 47.52	150m: 2:35.04	52.08	250m: 4:20.79	55.75	350m: 6:01.96			43.84
100m: 1:42.96 55.44	200m: 3:25.04	50.00	300m: 5:18.12	57.33	400m: 6:44.38			42.42
DSQ Rodrigo Guilherme, MONTEIRO	12	Amigos da Escola						
SW 7.2 - O/A atleta, no percurso subaquático após a viragem aos 200 metros, realizou duas pernadas de bruços.								
DSQ Tomas Dinis, TORRES	12	Columbofila Cantanhedense						
SW 7.6 - O/A atleta tocou na parede com as mãos alternadamente na viragem aos 250 metros.								

Prova 3 Masc., 400m Estilos Inf A
11/05/2025 - 10:00 Resultados

Recordes Nacionais 25m Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recordes Nacionais 25m Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	09/07/2004

Pontos: AQUA 2024

Lugar	Ano			Tempo final				Pts
1. Hugo Ferreira, SILVA	11	Academica de Coimbra		5:12.31				425
50m: 33.77 33.77	150m: 1:50.94	39.42	250m: 3:16.98	47.70	350m: 4:39.08			35.18
100m: 1:11.52 37.75	200m: 2:29.28	38.34	300m: 4:03.90	46.92	400m: 5:12.31			33.23
2. Bernardo Bento, DINIS	11	Condeixa Aqua Clube		5:26.88				370
50m: 36.79 36.79	150m: 2:01.31	42.06	250m: 3:27.62	45.25	350m: 4:49.91			36.06
100m: 1:19.25 42.46	200m: 2:42.37	41.06	300m: 4:13.85	46.23	400m: 5:26.88			36.97
3. Afonso Jose, MIRANDA	11	Louzan Natacao/EFAPEL		5:29.09				363
50m: 33.82 33.82	150m: 1:56.21	43.29	250m: 3:25.20	45.84	350m: 4:51.23			38.82
100m: 1:12.92 39.10	200m: 2:39.36	43.15	300m: 4:12.41	47.21	400m: 5:29.09			37.86
4. Goncalo Nunes, MARQUES	11	Condeixa Aqua Clube		5:29.89				360
50m: 33.33 33.33	150m: 1:57.00	45.43	250m: 3:27.23	47.82	350m: 4:53.83			36.71
100m: 1:11.57 38.24	200m: 2:39.41	42.41	300m: 4:17.12	49.89	400m: 5:29.89			36.06
5. Leonardo Fonseca, FERRAZ	11	Academica de Coimbra		5:45.29				314
50m: 36.35 36.35	150m: 2:00.61	43.09	250m: 3:36.60	53.97	350m: 5:08.74			38.59
100m: 1:17.52 41.17	200m: 2:42.63	42.02	300m: 4:30.15	53.55	400m: 5:45.29			36.55

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Prova 3, Masc., 400m Estilos, Inf A

Lugar	Ano				Tempo final				Pts
6. Bernardo Silva, NEVES	11	Náutico Académico			5:45.47				313
50m: 37.85 37.85	150m: 2:08.13	43.38	250m: 3:39.36	49.18	350m: 5:09.05				38.79
100m: 1:24.75 46.90	200m: 2:50.18	42.05	300m: 4:30.26	50.90	400m: 5:45.47				36.42
7. Francisco Marques, PEREIRA	11	Columbofila Cantanhedense			5:47.72				307
50m: 36.52 36.52	150m: 2:04.84	45.71	250m: 3:38.93	49.44	350m: 5:08.96				39.79
100m: 1:19.13 42.61	200m: 2:49.49	44.65	300m: 4:29.17	50.24	400m: 5:47.72				38.76
8. Pedro Filipe, ALMEIDA	11	Columbofila Cantanhedense			5:48.63				305
50m: 36.96 36.96	150m: 2:12.32	45.25	250m: 3:44.05	47.76	350m: 5:10.27				38.93
100m: 1:27.07 50.11	200m: 2:56.29	43.97	300m: 4:31.34	47.29	400m: 5:48.63				38.36
9. Duarte Santos, MATEUS	11	Condeixa Aqua Clube			6:10.92				253
50m: 41.57 41.57	150m: 2:18.36	45.86	250m: 3:58.01	53.33	350m: 5:32.10				40.37
100m: 1:32.50 50.93	200m: 3:04.68	46.32	300m: 4:51.73	53.72	400m: 6:10.92				38.82
10. Ruben Silva, ESTEVES	11	Condeixa Aqua Clube			6:14.16				247
50m: 42.42 42.42	150m: 2:23.12	46.65	250m: 4:00.06	51.39	350m: 5:34.41				41.42
100m: 1:36.47 54.05	200m: 3:08.67	45.55	300m: 4:52.99	52.93	400m: 6:14.16				39.75
11. Daniel Nunes, FREITAS	11	Columbofila Cantanhedense			6:24.88				227
50m: 43.71 43.71	150m: 2:26.84	48.16	250m: 4:07.98	55.60	350m: 5:46.00				41.35
100m: 1:38.68 54.97	200m: 3:12.38	45.54	300m: 5:04.65	56.67	400m: 6:24.88				38.88
DSQ Vicente Abrantes, DIOGO	11	Columbofila Cantanhedense							
SW 7.6 - O/A atleta tocou na parede com as mãos alternadamente na viragem aos 250 metros.									
DSQ Diogo Teixeira, LOPES	11	Columbofila Cantanhedense							
SW 7.6 - O/A atleta tocou só com uma mão na parede na viragem aos 275 metros.									
DSQ Guilherme Goncalves, CHANTRE	11	Miranda do Corvo							
SW 8.4 - O/A atleta tocou na parede com as mãos alternadamente na viragem aos 50 metros.									

Prova 3

Masc., 400m Estilos

Juv B

11/05/2025 - 10:00

Resultados

Recordes Nacionais 25m Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recordes Nacionais 25m Juv B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	21/03/2003

Pontos: AQUA 2024

Lugar	Ano				Tempo final				Pts
1. Santiago Marques, PEREIRA	10	Columbofila Cantanhedense			5:02.44				467
50m: 31.81 31.81	150m: 1:47.72	39.97	250m: 3:10.98	44.21	350m: 4:29.23				34.90
100m: 1:07.75 35.94	200m: 2:26.77	39.05	300m: 3:54.33	43.35	400m: 5:02.44				33.21
2. Francisco Martins, SIMOES	10	Náutico Académico			5:06.81				448
50m: 31.60 31.60	150m: 1:46.99	39.47	250m: 3:11.22	46.41	350m: 4:32.99				36.38
100m: 1:07.52 35.92	200m: 2:24.81	37.82	300m: 3:56.61	45.39	400m: 5:06.81				33.82
3. Miguel Tomas, GOMES	10	Náutico Académico			5:11.83				426
50m: 33.72 33.72	150m: 1:51.19	40.13	250m: 3:16.00	46.19	350m: 4:39.22				36.94
100m: 1:11.06 37.34	200m: 2:29.81	38.62	300m: 4:02.28	46.28	400m: 5:11.83				32.61
4. Rodrigo Miguel, MATIAS	10	Náutico Académico			5:21.32				390
50m: 32.58 32.58	150m: 1:53.38	43.03	250m: 3:22.24	46.69	350m: 4:44.82				35.61
100m: 1:10.35 37.77	200m: 2:35.55	42.17	300m: 4:09.21	46.97	400m: 5:21.32				36.50
5. Dinis Goncalves, ARAUJO	10	Náutico Académico			5:24.09				380
50m: 33.34 33.34	150m: 1:54.55	41.98	250m: 3:23.84	48.60	350m: 4:49.00				36.24
100m: 1:12.57 39.23	200m: 2:35.24	40.69	300m: 4:12.76	48.92	400m: 5:24.09				35.09
DNS Andre Filipe, COSTA	10	Vigor da Mocidade							

Prova 3, Masc., 400m Estilos

Masc., 400m Estilos

Resultados

Recordes Nacionais 25m Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	09/12/2022
Recordes Nacionais 25m Juv A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	13/12/2013

Pontos: AQUA 2024

Lugar	Ano										Tempo final	Pts
1.	Tomas Rafael, PEREIRA				09	Condeixa Aqua Clube					5:06.56	449
	50m:	31.28	31.28	150m:	1:46.84	39.14	250m:	3:11.06	46.09	350m:	4:32.00	33.15
	100m:	1:07.70	36.42	200m:	2:24.97	38.13	300m:	3:58.85	47.79	400m:	5:06.56	34.56
2.	Joao Nuno, GASPAS				09	Condeixa Aqua Clube					5:16.80	407
	50m:	30.81	30.81	150m:	1:50.48	43.84	250m:	3:20.27	47.12	350m:	4:43.18	34.01
	100m:	1:06.64	35.83	200m:	2:33.15	42.67	300m:	4:09.17	48.90	400m:	5:16.80	33.62
EXH	Gustavo Pires, MARQUES				04	Condeixa Aqua Clube					4:41.36	581
	50m:	28.90	28.90	150m:	1:39.76	36.67	250m:	2:56.62	40.76	350m:	4:11.09	32.57
	100m:	1:03.09	34.19	200m:	2:15.86	36.10	300m:	3:38.52	41.90	400m:	4:41.36	30.27