

Torneio Regional de Fundo Infantil e Juvenis
Cantanhede, 10 - 11/5/2025

Prova 2
10/05/2025 - 16:20

Masc., 1500m Livres

Inf B
Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Inf B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

Pontos: AQUA 2024

Lugar	Ano								Tempo final		Pts	
1. Afonso Manuel, FERNANDES	12								Academica de Coimbra		19:40.89	368
50m:	39.23	39.23	450m:	6:01.60	39.52	850m:	11:21.18	39.32	1250m:	16:32.39	38.44	
100m:	1:19.38	40.15	500m:	6:41.72	40.12	900m:	12:00.35	39.17	1300m:	17:10.73	38.34	
150m:	2:00.53	41.15	550m:	7:21.95	40.23	950m:	12:39.55	39.20	1350m:	17:48.31	37.58	
200m:	2:41.54	41.01	600m:	8:01.94	39.99	1000m:	13:18.33	38.78	1400m:	18:25.95	37.64	
250m:	3:21.78	40.24	650m:	8:42.00	40.06	1050m:	13:57.18	38.85	1450m:	19:04.10	38.15	
300m:	4:02.11	40.33	700m:	9:22.26	40.26	1100m:	14:36.24	39.06	1500m:	19:40.89	36.79	
350m:	4:42.51	40.40	750m:	10:02.29	40.03	1150m:	15:15.50	39.26				
400m:	5:22.08	39.57	800m:	10:41.86	39.57	1200m:	15:53.95	38.45				
2. Tomas Goncalves, RODRIGUES	12								Columbofila Cantanhedense		20:00.65	350
50m:	36.73	36.73	450m:	6:00.11	40.87	850m:	11:24.81	40.76	1250m:	16:48.59	40.30	
100m:	1:16.31	39.58	500m:	6:40.65	40.54	900m:	12:06.90	42.09	1300m:	17:28.84	40.25	
150m:	1:56.47	40.16	550m:	7:21.20	40.55	950m:	12:47.70	40.80	1350m:	18:08.67	39.83	
200m:	2:36.31	39.84	600m:	8:02.44	41.24	1000m:	13:26.40	38.70	1400m:	18:48.01	39.34	
250m:	3:17.16	40.85	650m:	8:42.65	40.21	1050m:	14:06.75	40.35	1450m:	19:25.33	37.32	
300m:	3:58.50	41.34	700m:	9:22.86	40.21	1100m:	14:47.35	40.60	1500m:	20:00.65	35.32	
350m:	4:39.52	41.02	750m:	10:03.50	40.64	1150m:	15:28.08	40.73				
400m:	5:19.24	39.72	800m:	10:44.05	40.55	1200m:	16:08.29	40.21				
3. Martim Neves, CARIDADE	12								Condeixa Aqua Clube		20:43.94	315
50m:	37.45	37.45	450m:	6:08.71	41.48	850m:	11:41.72	41.31	1250m:	17:20.12	42.34	
100m:	1:17.33	39.88	500m:	6:50.82	42.11	900m:	12:23.36	41.64	1300m:	18:02.34	42.22	
150m:	1:58.48	41.15	550m:	7:32.35	41.53	950m:	13:04.89	41.53	1350m:	18:44.15	41.81	
200m:	2:40.16	41.68	600m:	8:14.13	41.78	1000m:	13:46.75	41.86	1400m:	19:26.06	41.91	
250m:	3:22.23	42.07	650m:	8:56.52	42.39	1050m:	14:29.54	42.79	1450m:	20:07.17	41.11	
300m:	4:03.97	41.74	700m:	9:38.26	41.74	1100m:	15:12.20	42.66	1500m:	20:43.94	36.77	
350m:	4:45.80	41.83	750m:	10:20.04	41.78	1150m:	15:55.35	43.15				
400m:	5:27.23	41.43	800m:	11:00.41	40.37	1200m:	16:37.78	42.43				
4. Miguel Simoes, DIAS	12								Louzan Natacao/EFAPEL		21:01.33	302
50m:	38.40	38.40	450m:	6:10.83	42.17	850m:	11:51.75	42.19	1250m:	17:30.54	42.44	
100m:	1:18.28	39.88	500m:	6:53.50	42.67	900m:	12:34.00	42.25	1300m:	18:13.30	42.76	
150m:	1:59.67	41.39	550m:	7:35.82	42.32	950m:	13:16.73	42.73	1350m:	18:56.28	42.98	
200m:	2:40.40	40.73	600m:	8:18.30	42.48	1000m:	13:58.40	41.67	1400m:	19:39.21	42.93	
250m:	3:22.28	41.88	650m:	9:00.48	42.18	1050m:	14:41.31	42.91	1450m:	20:21.10	41.89	
300m:	4:04.20	41.92	700m:	9:44.11	43.63	1100m:	15:23.83	42.52	1500m:	21:01.33	40.23	
350m:	4:46.19	41.99	750m:	10:27.00	42.89	1150m:	16:05.95	42.12				
400m:	5:28.66	42.47	800m:	11:09.56	42.56	1200m:	16:48.10	42.15				
5. Rodrigo Miguel, CORDEIRO	12								Condeixa Aqua Clube		21:04.13	300
50m:	40.45	40.45	450m:	6:21.59	43.22	850m:	12:01.57	42.88	1250m:	17:38.20	42.29	
100m:	1:22.20	41.75	500m:	7:04.34	42.75	900m:	12:44.45	42.88	1300m:	18:20.55	42.35	
150m:	2:04.87	42.67	550m:	7:47.06	42.72	950m:	13:26.90	42.45	1350m:	19:03.23	42.68	
200m:	2:46.90	42.03	600m:	8:29.79	42.73	1000m:	14:09.84	42.94	1400m:	19:45.31	42.08	
250m:	3:29.50	42.60	650m:	9:12.87	43.08	1050m:	14:52.13	42.29	1450m:	20:27.55	42.24	
300m:	4:12.17	42.67	700m:	9:55.04	42.17	1100m:	15:33.38	41.25	1500m:	21:04.13	36.58	
350m:	4:55.10	42.93	750m:	10:37.13	42.09	1150m:	16:13.91	40.53				
400m:	5:38.37	43.27	800m:	11:18.69	41.56	1200m:	16:55.91	42.00				
6. Lourenco Serra, BARATA	12								Louzan Natacao/EFAPEL		22:13.94	255
50m:	39.83	39.83	450m:	6:28.41	44.89	850m:	12:30.31	46.28	1250m:	18:33.13	44.21	
100m:	1:20.77	40.94	500m:	7:12.58	44.17	900m:	13:15.28	44.97	1300m:	19:18.64	45.51	
150m:	2:03.36	42.59	550m:	7:57.72	45.14	950m:	14:00.30	45.02	1350m:	20:03.16	44.52	
200m:	2:47.19	43.83	600m:	8:43.49	45.77	1000m:	14:45.73	45.43	1400m:	20:47.72	44.56	
250m:	3:30.44	43.25	650m:	9:28.33	44.84	1050m:	15:31.53	45.80	1450m:	21:31.52	43.80	
300m:	4:14.51	44.07	700m:	10:13.68	45.35	1100m:	16:17.13	45.60	1500m:	22:13.94	42.42	
350m:	4:59.07	44.56	750m:	10:58.81	45.13	1150m:	17:02.90	45.77				
400m:	5:43.52	44.45	800m:	11:44.03	45.22	1200m:	17:48.92	46.02				

Torneio Regional de Fundo Infantis e Juvenis
Cantanhede, 10 - 11/5/2025

Prova 2, Masc., 1500m Livres, Inf B

Lugar			Ano					Tempo final	Pts
7.	Diogo Carvalho, FERNANDES		12	Náutico Académico				23:42.99	210
	50m:	43.69	43.69	450m:	7:05.87	48.90	850m:	13:32.56	47.11
	100m:	1:30.87	47.18	500m:	7:53.23	47.36	900m:	14:19.99	47.43
	150m:	2:18.19	47.32	550m:	8:42.75	49.52	950m:	15:08.25	48.26
	200m:	3:04.97	46.78	600m:	9:31.40	48.65	1000m:	15:56.26	48.01
	250m:	3:52.70	47.73	650m:	10:20.63	49.23	1050m:	16:44.18	47.92
	300m:	4:39.60	46.90	700m:	11:09.40	48.77	1100m:	17:32.95	48.77
	350m:	5:28.64	49.04	750m:	11:58.63	49.23	1150m:	18:21.26	48.31
	400m:	6:16.97	48.33	800m:	12:45.45	46.82	1200m:	19:09.43	48.17
8.	Tomas Dinis, TORRES		12	Columbofila Cantanhedense				23:45.54	209
	50m:	41.88	41.88	450m:	6:59.74	48.64	850m:	13:24.27	47.96
	100m:	1:26.93	45.05	500m:	7:47.84	48.10	900m:	14:13.27	49.00
	150m:	2:13.65	46.72	550m:	8:36.09	48.25	950m:	15:01.06	47.79
	200m:	3:00.79	47.14	600m:	9:23.22	47.13	1000m:	15:47.76	46.70
	250m:	3:47.49	46.70	650m:	10:11.53	48.31	1050m:	16:36.02	48.26
	300m:	4:35.82	48.33	700m:	10:59.56	48.03	1100m:	17:24.83	48.81
	350m:	5:23.38	47.56	750m:	11:48.01	48.45	1150m:	18:10.63	45.80
	400m:	6:11.10	47.72	800m:	12:36.31	48.30	1200m:	18:59.62	48.99
9.	Rodrigo Guilherme, MONTEIRO		12	Amigos da Escola				24:34.43	189
	50m:	46.32	46.32	450m:	7:15.63	49.51	850m:	13:48.31	49.58
	100m:	1:34.77	48.45	500m:	8:05.51	49.88	900m:	14:38.06	49.75
	150m:	2:23.63	48.86	550m:	8:54.60	49.09	950m:	15:28.99	50.93
	200m:	3:12.58	48.95	600m:	9:41.37	46.77	1000m:	16:18.85	49.86
	250m:	4:00.94	48.36	650m:	10:30.06	48.69	1050m:	17:10.31	51.46
	300m:	4:49.10	48.16	700m:	11:18.79	48.33	1100m:	18:01.48	51.17
	350m:	5:37.32	48.22	750m:	12:09.54	50.75	1150m:	18:52.84	51.36
	400m:	6:26.12	48.80	800m:	12:58.73	49.19	1200m:	19:43.97	51.13

Prova 2 Masc., 1500m Livres Inf A
10/05/2025 - 16:20 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Inf A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Hugo Ferreira, SILVA		11	Academica de Coimbra				18:11.84	466
	50m:	35.26	35.26	450m:	5:26.24	36.63	850m:	10:17.96	36.56
	100m:	1:11.34	36.08	500m:	6:02.90	36.66	900m:	10:54.38	36.42
	150m:	1:47.40	36.06	550m:	6:39.06	36.16	950m:	11:30.92	36.54
	200m:	2:23.97	36.57	600m:	7:15.43	36.37	1000m:	12:07.49	36.57
	250m:	3:00.17	36.20	650m:	7:51.93	36.50	1050m:	12:44.01	36.52
	300m:	3:36.66	36.49	700m:	8:28.33	36.40	1100m:	13:20.62	36.61
	350m:	4:12.98	36.32	750m:	9:04.96	36.63	1150m:	13:57.37	36.75
	400m:	4:49.61	36.63	800m:	9:41.40	36.44	1200m:	14:34.14	36.77
2.	Bernardo Bento, DINIS		11	Condeixa Aqua Clube				18:48.39	422
	50m:	34.31	34.31	450m:	5:30.06	38.17	850m:	10:33.76	37.63
	100m:	1:09.64	35.33	500m:	6:07.91	37.85	900m:	11:11.24	37.48
	150m:	1:45.95	36.31	550m:	6:45.82	37.91	950m:	11:48.66	37.42
	200m:	2:22.69	36.74	600m:	7:23.39	37.57	1000m:	12:26.22	37.56
	250m:	2:59.60	36.91	650m:	8:01.95	38.56	1050m:	13:03.95	37.73
	300m:	3:36.68	37.08	700m:	8:40.20	38.25	1100m:	13:42.08	38.13
	350m:	4:14.06	37.38	750m:	9:17.94	37.74	1150m:	14:19.95	37.87
	400m:	4:51.89	37.83	800m:	9:56.13	38.19	1200m:	14:59.14	39.19
3.	Vicente Abrantes, DIOGO		11	Columbofila Cantanhedense				19:14.73	394
	50m:	35.10	35.10	450m:	5:38.24	38.72	850m:	10:48.08	38.80
	100m:	1:12.69	37.59	500m:	6:16.72	38.48	900m:	11:27.40	39.32
	150m:	1:50.51	37.82	550m:	6:55.24	38.52	950m:	12:06.38	38.98
	200m:	2:27.59	37.08	600m:	7:34.06	38.82	1000m:	12:45.46	39.08
	250m:	3:04.89	37.30	650m:	8:12.97	38.91	1050m:	13:24.68	39.22
	300m:	3:43.03	38.14	700m:	8:51.90	38.93	1100m:	14:04.16	39.48
	350m:	4:21.32	38.29	750m:	9:30.55	38.65	1150m:	14:43.25	39.09
	400m:	4:59.52	38.20	800m:	10:09.28	38.73	1200m:	15:22.26	39.01

Torneio Regional de Fundo Infantil e Juvenis
Cantanhede, 10 - 11/5/2025

Prova 2, Masc., 1500m Livres, Inf A

Lugar	Ano								Tempo final			Pts
4.	Afonso Jose, MIRANDA				11	Louzan Natacao/EFAPEL				19:25.75	383	
	50m:	35.97	35.97	450m:	5:41.53	39.18	850m:	10:51.33	38.92	1250m:	16:06.69	39.65
	100m:	1:13.24	37.27	500m:	6:19.17	37.64	900m:	11:30.07	38.74	1300m:	16:46.84	40.15
	150m:	1:51.04	37.80	550m:	6:58.00	38.83	950m:	12:09.27	39.20	1350m:	17:27.10	40.26
	200m:	2:29.42	38.38	600m:	7:36.88	38.88	1000m:	12:48.90	39.63	1400m:	18:07.05	39.95
	250m:	3:07.46	38.04	650m:	8:15.94	39.06	1050m:	13:27.90	39.00	1450m:	18:47.38	40.33
	300m:	3:45.40	37.94	700m:	8:54.46	38.52	1100m:	14:07.16	39.26	1500m:	19:25.75	38.37
	350m:	4:23.96	38.56	750m:	9:33.23	38.77	1150m:	14:47.15	39.99			
	400m:	5:02.35	38.39	800m:	10:12.41	39.18	1200m:	15:27.04	39.89			
5.	Goncalo Nunes, MARQUES				11	Condeixa Aqua Clube				19:38.71	370	
	50m:	35.37	35.37	400m:	5:04.20	39.11	750m:	9:42.76	40.60	1150m:	15:04.35	40.17
	100m:	1:11.86	36.49	450m:	5:43.70	39.50	800m:	10:22.59	39.83	1200m:	15:44.45	40.10
	150m:	1:50.12	38.26	500m:	6:23.38	39.68	850m:	11:02.25	39.66	1300m:	17:05.96	1:21.51
	200m:	2:29.17	39.05	550m:	7:02.91	39.53	900m:	11:42.51	40.26	1400m:	18:23.00	1:17.04
	250m:	3:07.26	38.09	600m:	7:42.41	39.50	950m:	12:23.00	40.49	1500m:	19:38.71	1:15.71
	300m:	3:46.10	38.84	650m:	8:22.33	39.92	1000m:	13:03.38	40.38			
	350m:	4:25.09	38.99	700m:	9:02.16	39.83	1100m:	14:24.18	1:20.80			
6.	Leonardo Fonseca, FERRAZ				11	Academica de Coimbra				19:38.92	370	
	50m:	37.55	37.55	450m:	5:53.33	39.84	850m:	11:09.31	39.38	1250m:	16:25.99	39.88
	100m:	1:17.07	39.52	500m:	6:32.88	39.55	900m:	11:48.67	39.36	1300m:	17:04.69	38.70
	150m:	1:55.80	38.73	550m:	7:12.78	39.90	950m:	12:28.36	39.69	1350m:	17:43.77	39.08
	200m:	2:35.42	39.62	600m:	7:52.07	39.29	1000m:	13:08.15	39.79	1400m:	18:23.11	39.34
	250m:	3:15.26	39.84	650m:	8:31.46	39.39	1050m:	13:47.63	39.48	1450m:	19:01.78	38.67
	300m:	3:54.61	39.35	700m:	9:10.65	39.19	1100m:	14:27.45	39.82	1500m:	19:38.92	37.14
	350m:	4:33.74	39.13	750m:	9:50.15	39.50	1150m:	15:06.47	39.02			
	400m:	5:13.49	39.75	800m:	10:29.93	39.78	1200m:	15:46.11	39.64			
7.	Diogo Teixeira, LOPES				11	Cumbofilas Cantanhedense				19:51.12	359	
	50m:	36.89	36.89	450m:	5:54.44	40.29	850m:	11:14.62	39.98	1250m:	16:34.43	39.86
	100m:	1:15.73	38.84	500m:	6:34.56	40.12	900m:	11:54.51	39.89	1300m:	17:14.39	39.96
	150m:	1:54.95	39.22	550m:	7:14.43	39.87	950m:	12:34.26	39.75	1350m:	17:54.42	40.03
	200m:	2:35.02	40.07	600m:	7:54.14	39.71	1000m:	13:14.25	39.99	1400m:	18:34.27	39.85
	250m:	3:14.55	39.53	650m:	8:34.31	40.17	1050m:	13:54.63	40.38	1450m:	19:13.39	39.12
	300m:	3:54.22	39.67	700m:	9:14.54	40.23	1100m:	14:34.52	39.89	1500m:	19:51.12	37.73
	350m:	4:34.38	40.16	750m:	9:54.34	39.80	1150m:	15:14.35	39.83			
	400m:	5:14.15	39.77	800m:	10:34.64	40.30	1200m:	15:54.57	40.22			
8.	Pedro Filipe, ALMEIDA				11	Cumbofilas Cantanhedense				20:00.94	350	
	50m:	36.92	36.92	450m:	5:51.10	40.02	850m:	11:12.61	40.37	1250m:	16:38.39	40.86
	100m:	1:14.80	37.88	500m:	6:31.18	40.08	900m:	11:52.99	40.38	1300m:	17:19.16	40.77
	150m:	1:53.48	38.68	550m:	7:11.42	40.24	950m:	12:33.67	40.68	1350m:	18:00.09	40.93
	200m:	2:32.55	39.07	600m:	7:51.25	39.83	1000m:	13:14.17	40.50	1400m:	18:41.01	40.92
	250m:	3:11.92	39.37	650m:	8:31.74	40.49	1050m:	13:54.80	40.63	1450m:	19:21.55	40.54
	300m:	3:51.23	39.31	700m:	9:11.85	40.11	1100m:	14:35.84	41.04	1500m:	20:00.94	39.39
	350m:	4:31.06	39.83	750m:	9:51.96	40.11	1150m:	15:16.59	40.75			
	400m:	5:11.08	40.02	800m:	10:32.24	40.28	1200m:	15:57.53	40.94			
9.	Francisco Marques, PEREIRA				11	Cumbofilas Cantanhedense				20:08.90	343	
	50m:	37.07	37.07	450m:	5:59.34	40.65	850m:	11:21.94	40.85	1250m:	16:47.94	40.78
	100m:	1:16.80	39.73	500m:	6:39.43	40.09	900m:	12:02.04	40.10	1300m:	17:28.98	41.04
	150m:	1:56.64	39.84	550m:	7:19.86	40.43	950m:	12:42.53	40.49	1350m:	18:08.76	39.78
	200m:	2:36.10	39.46	600m:	8:00.40	40.54	1000m:	13:23.53	41.00	1400m:	18:50.32	41.56
	250m:	3:16.06	39.96	650m:	8:40.23	39.83	1050m:	14:04.32	40.79	1450m:	19:30.61	40.29
	300m:	3:57.20	41.14	700m:	9:20.40	40.17	1100m:	14:44.68	40.36	1500m:	20:08.90	38.29
	350m:	4:37.68	40.48	750m:	10:01.13	40.73	1150m:	15:25.57	40.89			
	400m:	5:18.69	41.01	800m:	10:41.09	39.96	1200m:	16:07.16	41.59			
10.	Daniel Nunes, FREITAS				11	Cumbofilas Cantanhedense				20:09.36	343	
	50m:	38.87	38.87	450m:	6:03.71	41.20	850m:	11:31.69	41.00	1250m:	16:54.22	40.23
	100m:	1:19.30	40.43	500m:	6:44.26	40.55	900m:	12:13.58	41.89	1300m:	17:34.15	39.93
	150m:	2:00.22	40.92	550m:	7:25.45	41.19	950m:	12:53.91	40.33	1350m:	18:13.49	39.34
	200m:	2:40.57	40.35	600m:	8:06.86	41.41	1000m:	13:34.33	40.42	1400m:	18:52.84	39.35
	250m:	3:20.01	39.44	650m:	8:46.81	39.95	1050m:	14:15.12	40.79	1450m:	19:32.33	39.49
	300m:	4:01.31	41.30	700m:	9:27.50	40.69	1100m:	14:55.70	40.58	1500m:	20:09.36	37.03
	350m:	4:42.00	40.69	750m:	10:08.94	41.44	1150m:	15:33.96	38.26			
	400m:	5:22.51	40.51	800m:	10:50.69	41.75	1200m:	16:13.99	40.03			

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Prova 2, Masc., 1500m Livres, Inf A

Lugar				Ano				Tempo final	Pts
11.	Bernardo Silva, NEVES			11	Náutico Académico			20:19.05	335
	50m:	38.20	38.20	450m:	6:12.74	42.46	850m:	11:42.80	41.86
	100m:	1:19.89	41.69	500m:	6:52.92	40.18	900m:	12:24.36	41.56
	150m:	2:01.82	41.93	550m:	7:33.56	40.64	950m:	13:04.52	40.16
	200m:	2:44.43	42.61	600m:	8:15.65	42.09	1000m:	13:45.08	40.56
	250m:	3:26.38	41.95	650m:	8:57.54	41.89	1050m:	14:25.30	40.22
	300m:	4:07.61	41.23	700m:	9:38.64	41.10	1100m:	15:05.72	40.42
	350m:	4:48.64	41.03	750m:	10:20.87	42.23	1150m:	15:44.64	38.92
	400m:	5:30.28	41.64	800m:	11:00.94	40.07	1200m:	16:25.11	40.47
12.	Duarte Santos, MATEUS			11	Condeixa Aqua Clube			21:19.82	289
	50m:	38.23	38.23	450m:	6:19.80	43.02	850m:	12:04.92	43.32
	100m:	1:20.86	42.63	500m:	7:03.26	43.46	900m:	12:47.97	43.05
	150m:	2:03.10	42.24	550m:	7:45.52	42.26	950m:	13:31.25	43.28
	200m:	2:45.47	42.37	600m:	8:29.16	43.64	1000m:	14:15.26	44.01
	250m:	3:28.29	42.82	650m:	9:12.31	43.15	1050m:	14:57.73	42.47
	300m:	4:10.85	42.56	700m:	9:55.63	43.32	1100m:	15:40.58	42.85
	350m:	4:53.63	42.78	750m:	10:38.39	42.76	1150m:	16:23.94	43.36
	400m:	5:36.78	43.15	800m:	11:21.60	43.21	1200m:	17:06.98	43.04
13.	Ruben Silva, ESTEVES			11	Condeixa Aqua Clube			21:24.30	286
	50m:	36.36	36.36	450m:	6:17.35	43.72	850m:	12:00.49	42.47
	100m:	1:16.24	39.88	500m:	7:00.02	42.67	900m:	12:42.65	42.16
	150m:	1:57.39	41.15	550m:	7:44.07	44.05	950m:	13:25.25	42.60
	200m:	2:39.83	42.44	600m:	8:26.91	42.84	1000m:	14:08.08	42.83
	250m:	3:22.74	42.91	650m:	9:09.97	43.06	1100m:	15:33.97	1:25.89
	300m:	4:06.63	43.89	700m:	9:53.41	43.44	1150m:	16:17.91	43.94
	350m:	4:49.88	43.25	750m:	10:37.01	43.60	1200m:	17:03.05	45.14
	400m:	5:33.63	43.75	800m:	11:18.02	41.01	1250m:	17:47.18	44.13
14.	Guilherme Goncalves, CHANTRE			11	Miranda do Corvo			21:38.88	277
	50m:	39.41	39.41	450m:	6:18.77	43.00	850m:	12:07.06	43.85
	100m:	1:20.62	41.21	500m:	7:02.45	43.68	900m:	12:50.68	43.62
	150m:	2:01.99	41.37	550m:	7:45.77	43.32	950m:	13:35.35	44.67
	200m:	2:43.79	41.80	600m:	8:29.42	43.65	1000m:	14:18.98	43.63
	250m:	3:26.62	42.83	650m:	9:13.26	43.84	1050m:	15:02.25	43.27
	300m:	4:09.33	42.71	700m:	9:56.32	43.06	1100m:	15:46.72	44.47
	350m:	4:52.41	43.08	750m:	10:39.48	43.16	1150m:	16:31.81	45.09
	400m:	5:35.77	43.36	800m:	11:23.21	43.73	1200m:	17:16.12	44.31

Prova 2 Masc., 1500m Livres Juv B
10/05/2025 - 16:20 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Juv B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: AQUA 2024

Lugar				Ano				Tempo final	Pts
1.	Santiago Marques, PEREIRA			10	Columbofila Cantanhedense			17:49.24	496
	50m:	33.91	33.91	450m:	5:20.69	35.96	850m:	10:08.34	36.18
	100m:	1:08.75	34.84	500m:	5:56.91	36.22	900m:	10:44.09	35.75
	150m:	1:44.35	35.60	550m:	6:33.25	36.34	950m:	11:20.09	36.00
	200m:	2:20.05	35.70	600m:	7:09.33	36.08	1000m:	11:55.97	35.88
	250m:	2:56.44	36.39	650m:	7:44.79	35.46	1050m:	12:31.51	35.54
	300m:	3:32.00	35.56	700m:	8:20.78	35.99	1100m:	13:07.26	35.75
	350m:	4:08.36	36.36	750m:	8:56.69	35.91	1150m:	13:43.43	36.17
	400m:	4:44.73	36.37	800m:	9:32.16	35.47	1200m:	14:19.45	36.02
2.	Miguel Tomas, GOMES			10	Náutico Académico			18:08.21	471
	50m:	34.93	34.93	450m:	5:23.02	36.24	850m:	10:14.64	36.53
	100m:	1:10.23	35.30	500m:	5:58.13	35.11	900m:	10:51.45	36.81
	150m:	1:46.07	35.84	550m:	6:34.66	36.53	950m:	11:28.92	37.47
	200m:	2:21.68	35.61	600m:	7:10.79	36.13	1000m:	12:05.54	36.62
	250m:	2:58.35	36.67	650m:	7:48.51	37.72	1050m:	12:42.46	36.92
	300m:	3:34.84	36.49	700m:	8:24.86	36.35	1100m:	13:18.55	36.09
	350m:	4:11.12	36.28	750m:	9:01.29	36.43	1150m:	13:54.89	36.34
	400m:	4:46.78	35.66	800m:	9:38.11	36.82	1200m:	14:32.06	37.17

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Prova 2, Masc., 1500m Livres, Juv B

Lugar			Ano					Tempo final	Pts
3.	Rodrigo Miguel, MATIAS		10	Náutico Académico				18:09.78	469
	50m:	34.07	34.07	450m:	5:23.13	36.66	850m:	10:14.70	35.40
	100m:	1:09.00	34.93	500m:	5:59.66	36.53	900m:	10:50.07	35.37
	150m:	1:44.48	35.48	550m:	6:36.27	36.61	950m:	11:26.10	36.03
	200m:	2:20.39	35.91	600m:	7:12.71	36.44	1000m:	12:02.13	36.03
	250m:	2:57.04	36.65	650m:	7:49.35	36.64	1050m:	12:38.47	36.34
	300m:	3:33.86	36.82	700m:	8:25.85	36.50	1100m:	13:15.05	36.58
	350m:	4:10.35	36.49	750m:	9:02.74	36.89	1150m:	13:51.44	36.39
	400m:	4:46.47	36.12	800m:	9:39.30	36.56	1200m:	14:28.62	37.18
4.	Francisco Martins, SIMOES		10	Náutico Académico				18:17.70	459
	50m:	34.09	34.09	450m:	5:20.98	36.35	850m:	10:17.03	36.14
	100m:	1:09.19	35.10	500m:	5:58.28	37.30	900m:	10:54.19	37.16
	150m:	1:43.93	34.74	550m:	6:35.65	37.37	950m:	11:30.61	36.42
	200m:	2:19.47	35.54	600m:	7:12.32	36.67	1000m:	12:07.43	36.82
	250m:	2:55.43	35.96	650m:	7:49.17	36.85	1050m:	12:43.69	36.26
	300m:	3:31.82	36.39	700m:	8:26.11	36.94	1100m:	13:21.33	37.64
	350m:	4:08.16	36.34	750m:	9:03.45	37.34	1150m:	13:58.43	37.10
	400m:	4:44.63	36.47	800m:	9:40.89	37.44	1200m:	14:35.46	37.03
5.	Dinis Goncalves, ARAUJO		10	Náutico Académico				18:38.60	433
	50m:	35.44	35.44	450m:	5:34.89	37.59	850m:	10:32.28	35.53
	100m:	1:12.27	36.83	500m:	6:12.06	37.17	900m:	11:09.15	36.87
	150m:	1:49.55	37.28	550m:	6:49.49	37.43	950m:	11:47.12	37.97
	200m:	2:27.16	37.61	600m:	7:27.18	37.69	1000m:	12:24.70	37.58
	250m:	3:04.86	37.70	650m:	8:04.49	37.31	1050m:	13:02.21	37.51
	300m:	3:42.30	37.44	700m:	8:41.86	37.37	1100m:	13:39.87	37.66
	350m:	4:19.84	37.54	750m:	9:19.14	37.28	1150m:	14:17.65	37.78
	400m:	4:57.30	37.46	800m:	9:56.75	37.61	1200m:	14:55.46	37.81

DNS Andre Filipe, COSTA 10 Vigor da Mocidade

Prova 2 Masc., 1500m Livres Juv A
10/05/2025 - 16:20 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Joao Nuno, GASPAR		09	Condeixa Aqua Clube				17:19.51	540
	50m:	31.71	31.71	450m:	5:03.13	34.71	850m:	9:51.12	36.09
	100m:	1:04.68	32.97	500m:	5:37.95	34.82	900m:	10:24.97	33.85
	150m:	1:38.41	33.73	550m:	6:13.25	35.30	950m:	11:01.50	36.53
	200m:	2:12.52	34.11	600m:	6:49.42	36.17	1000m:	11:37.19	35.69
	250m:	2:46.43	33.91	650m:	7:25.87	36.45	1050m:	12:11.61	34.42
	300m:	3:20.20	33.77	700m:	8:02.47	36.60	1100m:	12:46.47	34.86
	350m:	3:54.40	34.20	750m:	8:38.85	36.38	1150m:	13:20.76	34.29
	400m:	4:28.42	34.02	800m:	9:15.03	36.18	1200m:	13:54.90	34.14
2.	Tomas Rafael, PEREIRA		09	Condeixa Aqua Clube				17:29.86	524
	50m:	31.78	31.78	450m:	5:08.80	34.18	850m:	9:46.11	35.19
	100m:	1:05.14	33.36	500m:	5:43.77	34.97	900m:	10:21.39	35.28
	150m:	1:38.82	33.68	550m:	6:18.36	34.59	950m:	10:56.76	35.37
	200m:	2:13.23	34.41	600m:	6:52.85	34.49	1000m:	11:32.34	35.58
	250m:	2:48.47	35.24	650m:	7:27.61	34.76	1050m:	12:07.58	35.24
	300m:	3:23.94	35.47	700m:	8:01.85	34.24	1100m:	12:43.76	36.18
	350m:	3:59.49	35.55	750m:	8:36.21	34.36	1150m:	13:19.38	35.62
	400m:	4:34.62	35.13	800m:	9:10.92	34.71	1200m:	13:55.58	36.20

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Prova 2, 1500m Livres

Lugar				Ano				Tempo final	Pts
EXH	Gustavo Pires, MARQUES			04	Condeixa Aqua Clube			16:34.42	617
	50m:	30.27	30.27	450m:	4:49.75	33.03	850m:	9:17.99	33.17
	100m:	1:01.47	31.20	500m:	5:23.43	33.68	900m:	9:51.00	33.01
	150m:	1:33.54	32.07	550m:	5:57.03	33.60	950m:	10:24.60	33.60
	200m:	2:06.01	32.47	600m:	6:30.63	33.60	1000m:	10:58.34	33.74
	250m:	2:38.48	32.47	650m:	7:03.93	33.30	1050m:	11:31.66	33.32
	300m:	3:11.00	32.52	700m:	7:37.76	33.83	1100m:	12:04.87	33.21
	350m:	3:43.63	32.63	750m:	8:11.25	33.49	1150m:	12:38.45	33.58
	400m:	4:16.72	33.09	800m:	8:44.82	33.57	1200m:	13:12.30	33.85
EXH	Samuel Dinis, MAIA			08	Miranda do Corvo			17:19.76	540
	50m:	31.65	31.65	450m:	5:05.56	34.71	850m:	9:46.18	35.10
	100m:	1:04.31	32.66	500m:	5:40.74	35.18	900m:	10:21.77	35.59
	150m:	1:37.93	33.62	550m:	6:15.92	35.18	950m:	10:56.61	34.84
	200m:	2:11.94	34.01	600m:	6:51.18	35.26	1000m:	11:31.29	34.68
	250m:	2:46.61	34.67	650m:	7:26.22	35.04	1050m:	12:06.12	34.83
	300m:	3:21.29	34.68	700m:	8:00.97	34.75	1100m:	12:41.25	35.13
	350m:	3:56.10	34.81	750m:	8:36.13	35.16	1150m:	13:15.99	34.74
	400m:	4:30.85	34.75	800m:	9:11.08	34.95	1200m:	13:50.66	34.67
EXH	Guilherme Simoes, SOUSA			08	Náutico Académico			17:25.88	530
	50m:	31.97	31.97	450m:	5:06.13	34.77	850m:	9:46.34	35.20
	100m:	1:04.54	32.57	500m:	5:41.25	35.12	900m:	10:21.83	35.49
	150m:	1:38.19	33.65	550m:	6:16.15	34.90	950m:	10:57.49	35.66
	200m:	2:12.17	33.98	600m:	6:51.27	35.12	1000m:	11:32.92	35.43
	250m:	2:38.42	26.25	650m:	7:26.14	34.87	1050m:	12:08.21	35.29
	300m:	3:21.68	43.26	700m:	8:01.07	34.93	1100m:	12:43.70	35.49
	350m:	3:56.42	34.74	750m:	8:36.26	35.19	1150m:	13:19.18	35.48
	400m:	4:31.36	34.94	800m:	9:11.14	34.88	1200m:	13:54.81	35.63
EXH	Pedro Emanuel, PEREIRA			10	Academica de Coimbra			20:38.95	319
	50m:	38.80	38.80	450m:	6:01.89	40.43	850m:	11:30.03	41.49
	100m:	1:18.36	39.56	500m:	6:42.39	40.50	900m:	12:12.26	42.23
	150m:	1:59.64	41.28	550m:	7:23.59	41.20	950m:	12:53.94	41.68
	200m:	2:40.42	40.78	600m:	8:04.14	40.55	1000m:	13:36.04	42.10
	250m:	3:20.21	39.79	650m:	8:44.75	40.61	1050m:	14:18.73	42.69
	300m:	4:00.41	40.20	700m:	9:26.12	41.37	1100m:	15:01.16	42.43
	350m:	4:40.83	40.42	750m:	10:07.31	41.19	1150m:	15:44.12	42.96
	400m:	5:21.46	40.63	800m:	10:48.54	41.23	1200m:	16:26.89	42.77
EXH	Matilde Lucia, GASPAS			06	APC Coimbra			26:47.08	180
	50m:	47.91	47.91	450m:	7:55.87	53.39	850m:	15:04.70	54.52
	100m:	1:38.91	51.00	500m:	8:49.64	53.77	900m:	15:58.62	53.92
	150m:	2:32.86	53.95	550m:	9:43.33	53.69	950m:	16:53.42	54.80
	200m:	3:26.74	53.88	600m:	10:35.57	52.24	1000m:	17:47.34	53.92
	250m:	4:20.92	54.18	650m:	11:28.36	52.79	1050m:	18:41.06	53.72
	300m:	5:14.81	53.89	700m:	12:22.44	54.08	1100m:	19:35.37	54.31
	350m:	6:08.72	53.91	750m:	13:16.45	54.01	1150m:	20:28.44	53.07
	400m:	7:02.48	53.76	800m:	14:10.18	53.73	1200m:	21:20.33	51.89