

Limietwedstrijd Onder 12 jaar
Zwolle, 23-2-2025

Event 42
23-2-2025 - 16:00

Girls, 400m Freestyle

11 years
Results

Points: AQUA 2024

Rank	YB				Time	Pts
1.	Tuintjer, Esmee				5:34.29	331
	50m: 35.52	35.52	150m: 2:43.79	250m: 350m:	350m: 5:34.29	
	100m: 1:18.09	42.57	200m: 2:43.79	300m: 400m:	400m: 5:34.29	
2.	Theodore, Elize				5:43.40	305
	50m: 37.58	37.58	150m: 2:48.93	250m: 350m:	350m: 5:43.40	
	100m: 1:20.60	43.02	200m: 2:48.93	300m: 400m:	400m: 5:43.40	
3.	Hensen, Evelien				5:52.40	282
	50m: 39.85	39.85	150m: 2:58.92	250m: 350m:	350m: 5:52.40	
	100m: 1:25.35	45.50	200m: 2:58.92	300m: 400m:	400m: 5:52.40	
4.	Loots, Fardau Minke				6:01.39	262
	50m: 39.96	39.96	150m: 2:58.15	250m: 350m:	350m: 6:01.39	
	100m: 1:25.71	45.75	200m: 2:58.15	300m: 400m:	400m: 6:01.39	
5.	Aaldenberg, Fleur				6:02.02	260
	50m: 41.19	41.19	150m: 3:01.21	250m: 350m:	350m: 6:02.02	
	100m: 1:27.73	46.54	200m: 3:01.21	300m: 400m:	400m: 6:02.02	
6.	Heesakkers, Babette				6:02.45	259
	50m: 41.22	41.22	150m: 2:58.56	250m: 350m:	350m: 6:02.45	
	100m: 1:26.51	45.29	200m: 2:58.56	300m: 400m:	400m: 6:02.45	
7.	Venekamp, Julia				6:04.39	255
	50m: 40.52	40.52	150m: 3:01.59	250m: 350m:	350m: 6:04.39	
	100m: 1:26.22	45.70	200m: 3:01.59	300m: 400m:	400m: 6:04.39	
8.	Reuver, Sanne				6:14.13	236
	50m: 43.13	43.13	150m: 3:07.88	250m: 350m:	350m: 6:14.13	
	100m: 1:30.86	47.73	200m: 3:07.88	300m: 400m:	400m: 6:14.13	
9.	Ykema, Fenna				6:14.21	236
	50m: 42.80	42.80	150m: 3:07.27	250m: 350m:	350m: 6:14.21	
	100m: 1:30.77	47.97	200m: 3:07.27	300m: 400m:	400m: 6:14.21	
10.	de Vries, Ilse				6:29.02	210
	50m: 43.06	43.06	150m: 3:12.62	250m: 350m:	350m: 6:29.02	
	100m: 1:31.60	48.54	200m: 3:12.62	300m: 400m:	400m: 6:29.02	
11.	Nijdam, Isa				6:37.91	196
	50m: 42.91	42.91	150m: 3:13.94	250m: 350m:	350m: 6:37.91	
	100m: 1:32.01	49.10	200m: 3:13.94	300m: 400m:	400m: 6:37.91	
12.	Mahr, Aiysha				6:58.97	168
	50m: 44.56	44.56	150m: 3:23.17	250m: 350m:	350m: 6:58.97	
	100m: 1:36.93	52.37	200m: 3:23.17	300m: 400m:	400m: 6:58.97	
13.	Akkerman, Jasmijn				7:04.55	161
	50m: 43.83	43.83	150m: 3:27.93	250m: 350m:	350m: 7:04.55	
	100m: 1:36.84	53.01	200m: 3:27.93	300m: 400m:	400m: 7:04.55	