

KZK Laatste Kans 2024
Kortrijk, 26/12/2024

Programmanr. 2
26/12/2024 - 10:30

Meisjes, 400m vrije slag

11 - 14 jaar
Resultaten

Haai 2024 11 25m: 5:15.20; 12 25m: 4:56.20; 13 25m: 4:37.70; 14 25m: 4:33.20 / Loodsvisje 2024 11 25m: 5:45.52; 12 25m: 5:28.21; 13 25m: 5:13.92; 14 25m: 5:01.84

Punten: FINA 2023

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m
11 - 12 jaar								
1.	Velghe Laura	12 IKZ	5:02.21	478	1:11.17	1:17.75	1:17.81	1:15.48
	50m: 33.65	33.65	150m: 1:50.07	38.90	250m: 3:07.43	38.51	350m: 4:25.32	38.59
	100m: 1:11.17	37.52	200m: 2:28.92	38.85	300m: 3:46.73	39.30	400m: 5:02.21	36.89
2.	De Vreese Julie	12 MEGA	5:03.10	474	1:11.86	1:18.17	1:18.19	1:14.88
	50m: 34.08	34.08	150m: 1:50.90	39.04	250m: 3:08.78	38.75	350m: 4:27.02	38.80
	100m: 1:11.86	37.78	200m: 2:30.03	39.13	300m: 3:48.22	39.44	400m: 5:03.10	36.08
3.	Verstraete Linde	12 IKZ	5:16.19	417	1:14.88	1:22.13	1:22.20	1:16.98
	50m: 34.75	34.75	150m: 1:55.68	40.80	250m: 3:18.09	41.08	350m: 4:38.60	39.39
	100m: 1:14.88	40.13	200m: 2:37.01	41.33	300m: 3:59.21	41.12	400m: 5:16.19	37.59
4.	Delporte Elle	12 ZB	5:18.55	408	1:15.93	1:23.08	1:22.97	1:16.57
	50m: 35.29	35.29	150m: 1:57.51	41.58	250m: 3:19.89	40.88	350m: 4:41.78	39.80
	100m: 1:15.93	40.64	200m: 2:39.01	41.50	300m: 4:01.98	42.09	400m: 5:18.55	36.77
5.	Lagacie Axelle	13 IKZ	5:19.33	405	1:16.34	1:22.30	1:21.63	1:19.06
	50m: 35.62	35.62	150m: 1:57.49	41.15	250m: 3:19.43	40.79	350m: 4:40.49	40.22
	100m: 1:16.34	40.72	200m: 2:38.64	41.15	300m: 4:00.27	40.84	400m: 5:19.33	38.84
6.	Decupere Laurence	12 KZK	5:25.19	384	1:17.62	1:23.35	1:23.29	1:20.93
	50m: 36.51	36.51	150m: 1:59.42	41.80	250m: 3:22.78	41.81	350m: 4:45.37	41.11
	100m: 1:17.62	41.11	200m: 2:40.97	41.55	300m: 4:04.26	41.48	400m: 5:25.19	39.82
7.	Demarest Hailey	12 ZB	5:25.57	382	1:17.61	1:23.19	1:23.69	1:21.08
	50m: 36.76	36.76	150m: 1:58.90	41.29	250m: 3:22.70	41.90	350m: 4:45.93	41.44
	100m: 1:17.61	40.85	200m: 2:40.80	41.90	300m: 4:04.49	41.79	400m: 5:25.57	39.64
8.	Vanhaecke Juliette	12 MEGA	5:25.59	382	1:19.41	1:23.97	1:22.67	1:19.54
	50m: 36.80	36.80	150m: 2:01.12	41.71	250m: 3:24.79	41.41	350m: 4:46.55	40.50
	100m: 1:19.41	42.61	200m: 2:43.38	42.26	300m: 4:06.05	41.26	400m: 5:25.59	39.04
9.	Casteleyn Yana	12 ZB	5:27.27	376	1:18.94	1:24.09	1:24.23	1:20.01
	50m: 37.57	37.57	150m: 2:00.98	42.04	250m: 3:25.11	42.08	350m: 4:48.10	40.84
	100m: 1:18.94	41.37	200m: 2:43.03	42.05	300m: 4:07.26	42.15	400m: 5:27.27	39.17
10.	Noppe Pauline	12 IKZ	5:27.59	375	1:18.24	1:24.54	1:23.64	1:21.17
	50m: 36.38	36.38	150m: 2:00.84	42.60	250m: 3:24.60	41.82	350m: 4:48.90	42.48
	100m: 1:18.24	41.86	200m: 2:42.78	41.94	300m: 4:06.42	41.82	400m: 5:27.59	38.69
11.	Rombaut Céline	12 KZK	5:28.92	371	1:20.08	1:24.88	1:24.14	1:19.82
	50m: 38.76	38.76	150m: 2:02.26	42.18	250m: 3:27.06	42.10	350m: 4:50.82	41.72
	100m: 1:20.08	41.32	200m: 2:44.96	42.70	300m: 4:09.10	42.04	400m: 5:28.92	38.10
12.	Van Iseghem Phéline	12 BZK	5:41.67	331	1:20.14	1:27.21	1:29.46	1:24.86
	50m: 37.72	37.72	150m: 2:04.57	44.43	250m: 3:31.64	44.29	350m: 5:00.57	43.76
	100m: 1:20.14	42.42	200m: 2:47.35	42.78	300m: 4:16.81	45.17	400m: 5:41.67	41.10
13.	Potier Jolie	12 MEGA	5:43.98	324	1:19.85	1:26.26	1:27.77	1:30.10
	50m: 37.41	37.41	150m: 2:02.74	42.89	250m: 3:29.32	43.21	350m: 4:59.06	45.18
	100m: 1:19.85	42.44	200m: 2:46.11	43.37	300m: 4:13.88	44.56	400m: 5:43.98	44.92
14.	De Wever Maud	13 IKZ	5:46.10	318	1:23.98	1:29.07	1:27.74	1:25.31
	50m: 39.51	39.51	150m: 2:08.58	44.60	250m: 3:37.25	44.20	350m: 5:05.10	44.31
	100m: 1:23.98	44.47	200m: 2:53.05	44.47	300m: 4:20.79	43.54	400m: 5:46.10	41.00
15.	Bollaert Amelie	13 IKZ	6:08.32	264	1:28.91	1:34.76	1:35.12	1:29.53
	50m: 42.91	42.91	150m: 2:16.34	47.43	250m: 3:50.95	47.28	350m: 5:26.13	47.34
	100m: 1:28.91	46.00	200m: 3:03.67	47.33	300m: 4:38.79	47.84	400m: 6:08.32	42.19
16.	Zephirin Astrid	13 KZK	6:10.84	259	1:27.14	1:37.35	1:37.08	1:29.27
	50m: 39.43	39.43	150m: 2:15.66	48.52	250m: 3:52.78	48.29	350m: 5:28.13	46.56
	100m: 1:27.14	47.71	200m: 3:04.49	48.83	300m: 4:41.57	48.79	400m: 6:10.84	42.71
17.	Segaert Hanne	13 BZK	6:14.20	252	1:30.29	1:37.72	1:37.02	1:29.17
	50m: 41.21	41.21	150m: 2:18.58	48.29	250m: 3:55.92	47.91	350m: 5:31.99	46.96
	100m: 1:30.29	49.08	200m: 3:08.01	49.43	300m: 4:45.03	49.11	400m: 6:14.20	42.21
18.	Verplancke Mara	13 MZK	6:18.12	244	1:30.26	1:36.39	1:37.17	1:34.30
	50m: 41.82	41.82	150m: 2:18.83	48.57	250m: 3:55.81	49.16	350m: 5:32.78	48.96
	100m: 1:30.26	48.44	200m: 3:06.65	47.82	300m: 4:43.82	48.01	400m: 6:18.12	45.34

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Kortrijk, 26/12/2024

Programmanr. 2, Meisjes, 400m vrije slag, 11 - 12 jaar

Rang	Geb.		Tijd Pnt			100m	200m	300m	400m	
19.	Hosten Iris	12	ZB	6:30.48 221			1:27.93	1:41.20	1:44.99	1:36.36
	50m: 42.18	42.18	150m: 2:18.61	50.68	250m: 4:00.99	51.86	350m: 5:42.39	48.27		
	100m: 1:27.93	45.75	200m: 3:09.13	50.52	300m: 4:54.12	53.13	400m: 6:30.48	48.09		
20.	Vervenne Louisa	13	KZK	6:42.99 201			1:29.70	1:45.77	1:46.34	1:41.18
	50m: 39.44	39.44	150m: 2:20.92	51.22	250m: 4:06.94	51.47	350m: 5:53.59	51.78		
	100m: 1:29.70	50.26	200m: 3:15.47	54.55	300m: 5:01.81	54.87	400m: 6:42.99	49.40		
21.	Schoenmaekers Alix	13	MEGA	6:43.25 201			1:34.02	1:43.84	1:44.87	1:40.52
	50m: 44.07	44.07	150m: 2:25.17	51.15	250m: 4:10.56	52.70	350m: 5:53.72	50.99		
	100m: 1:34.02	49.95	200m: 3:17.86	52.69	300m: 5:02.73	52.17	400m: 6:43.25	49.53		
22.	Bleuzé Dakota	13	UZKZ	6:47.89 194			1:37.37	1:47.19	1:46.66	1:36.67
	50m: 44.66	44.66	150m: 2:30.65	53.28	250m: 4:17.59	53.03	350m: 6:02.55	51.33		
	100m: 1:37.37	52.71	200m: 3:24.56	53.91	300m: 5:11.22	53.63	400m: 6:47.89	45.34		
23.	De Clerck Clara	12	KZK	7:02.79 174			1:39.53	1:50.19	1:49.27	1:43.80
	50m: 46.29	46.29	150m: 2:34.05	54.52	250m: 4:24.75	55.03	350m: 6:13.52	54.53		
	100m: 1:39.53	53.24	200m: 3:29.72	55.67	300m: 5:18.99	54.24	400m: 7:02.79	49.27		

13 - 14 jaar

1.	Feys Farah	11	KZK	5:00.99 484			1:10.10	1:18.43	1:18.32	1:14.14
	50m: 32.59	32.59	150m: 1:49.17	39.07	250m: 3:07.91	39.38	350m: 4:24.62	37.77		
	100m: 1:10.10	37.51	200m: 2:28.53	39.36	300m: 3:46.85	38.94	400m: 5:00.99	36.37		
2.	Gantois Janne	11	BZK	5:03.61 472			1:10.01	1:17.38	1:18.84	1:17.38
	50m: 33.62	33.62	150m: 1:48.05	38.04	250m: 3:06.84	39.45	350m: 4:25.23	39.00		
	100m: 1:10.01	36.39	200m: 2:27.39	39.34	300m: 3:46.23	39.39	400m: 5:03.61	38.38		
3.	Caenepeel Aimée	11	ISWIM	5:08.58 449			1:13.22	1:18.57	1:19.46	1:17.33
	50m: 34.70	34.70	150m: 1:52.44	39.22	250m: 3:11.44	39.65	350m: 4:31.00	39.75		
	100m: 1:13.22	38.52	200m: 2:31.79	39.35	300m: 3:51.25	39.81	400m: 5:08.58	37.58		
4.	Anraed Camille	11	TIME	5:10.81 440			1:13.09	1:19.13	1:21.07	1:17.52
	50m: 35.04	35.04	150m: 1:52.29	39.20	250m: 3:12.54	40.32	350m: 4:32.91	39.62		
	100m: 1:13.09	38.05	200m: 2:32.22	39.93	300m: 3:53.29	40.75	400m: 5:10.81	37.90		
5.	De Bruyne Silke	11	ISWIM	5:11.97 435			1:14.06	1:20.54	1:20.39	1:16.98
	50m: 35.19	35.19	150m: 1:54.29	40.23	250m: 3:14.75	40.15	350m: 4:34.52	39.53		
	100m: 1:14.06	38.87	200m: 2:34.60	40.31	300m: 3:54.99	40.24	400m: 5:11.97	37.45		
6.	Claeys Inna	11	ISWIM	5:20.79 400			1:14.43	1:21.95	1:23.28	1:21.13
	50m: 35.47	35.47	150m: 1:55.05	40.62	250m: 3:18.18	41.80	350m: 4:41.70	42.04		
	100m: 1:14.43	38.96	200m: 2:36.38	41.33	300m: 3:59.66	41.48	400m: 5:20.79	39.09		
7.	Filimonov Vlada	10	BZK	5:24.70 385			1:15.62	1:22.76	1:23.94	1:22.38
	50m: 35.34	35.34	150m: 1:56.68	41.06	250m: 3:20.46	42.08	350m: 4:44.23	41.91		
	100m: 1:15.62	40.28	200m: 2:38.38	41.70	300m: 4:02.32	41.86	400m: 5:24.70	40.47		
8.	Devlieghe Febe	11	MEGA	5:28.82 371			1:19.42	1:24.28	1:24.00	1:21.12
	50m: 37.10	37.10	150m: 2:01.64	42.22	250m: 3:25.30	41.60	350m: 4:49.10	41.40		
	100m: 1:19.42	42.32	200m: 2:43.70	42.06	300m: 4:07.70	42.40	400m: 5:28.82	39.72		
9.	Claeys Elise	11	MEGA	5:37.90 342			1:22.39	1:25.89	1:25.89	1:23.73
	50m: 38.56	38.56	150m: 2:04.82	42.43	250m: 3:30.57	42.29	350m: 4:56.75	42.58		
	100m: 1:22.39	43.83	200m: 2:48.28	43.46	300m: 4:14.17	43.60	400m: 5:37.90	41.15		
10.	Decroix Britt	11	ISWIM	5:39.83 336			1:18.60	1:27.92	1:29.27	1:24.04
	50m: 36.34	36.34	150m: 2:02.66	44.06	250m: 3:31.47	44.95	350m: 4:59.16	43.37		
	100m: 1:18.60	42.26	200m: 2:46.52	43.86	300m: 4:15.79	44.32	400m: 5:39.83	40.67		
11.	Deschoemaeker Rani	10	ZB	5:47.58 314			1:24.47	1:28.91	1:28.76	1:25.44
	50m: 39.45	39.45	150m: 2:08.92	44.45	250m: 3:37.67	44.29	350m: 5:04.96	42.82		
	100m: 1:24.47	45.02	200m: 2:53.38	44.46	300m: 4:22.14	44.47	400m: 5:47.58	42.62		
12.	Packet Sarah	11	MZK	6:02.93 276			1:27.28	1:34.27	1:33.16	1:28.22
	50m: 40.92	40.92	150m: 2:14.98	47.70	250m: 3:48.79	47.24	350m: 5:20.31	45.60		
	100m: 1:27.28	46.36	200m: 3:01.55	46.57	300m: 4:34.71	45.92	400m: 6:02.93	42.62		
13.	Tommissen Simonah	10	ZB	6:13.14 254			1:28.84	1:34.60	1:36.02	1:33.68
	50m: 42.13	42.13	150m: 2:15.19	46.35	250m: 3:51.02	47.58	350m: 5:26.96	47.50		
	100m: 1:28.84	46.71	200m: 3:03.44	48.25	300m: 4:39.46	48.44	400m: 6:13.14	46.18		
14.	Vandamme Britt	11	ZB	6:13.89 252			1:30.97	1:36.16	1:36.85	1:29.91
	50m: 43.18	43.18	150m: 2:19.10	48.13	250m: 3:56.50	49.37	350m: 5:30.66	46.68		
	100m: 1:30.97	47.79	200m: 3:07.13	48.03	300m: 4:43.98	47.48	400m: 6:13.89	43.23		