

Prova 8

Femin., 400m Livres

Absolutos

01/02/2025 - 17:20

Resultados Final

Recorde Nacional Open	4:08.77	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	14/05/2023
Recorde Nacional 18 +	4:08.77	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	14/05/2023
Recorde Nacional Jun 17	4:14.67	Tamila Hryhorivna, HOLUB	SCB	Oeiras	23/07/2016
Recorde Nacional Jun 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04/08/2002
Recorde Nacional Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07/06/2014
Recorde Nacional Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recorde Nacional Inf A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08/08/1980
Recorde Nacional Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27/07/1979
Recorde Meeting	4:14.02	Diana Margarida, DURAES	POR	Povoa de Varzim	02/02/2019

TLP - ABS FEMININOS : 4:56.56

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Clube	Tempo Final	FINA	Pts
Final A							
1.	Gaia, VALENTE		518071	Team Lombardia	4:31.05	663	20,00
	50m: 30.42 30.42	150m: 1:36.46 33.23	250m: 2:45.53 34.81	350m: 3:56.15 35.28			
	100m: 1:03.23 32.81	200m: 2:10.72 34.26	300m: 3:20.87 35.34	400m: 4:31.05 34.90			
2.	Daniela Magalhaes, LOPES		130098	Porto	4:31.19	662	18,00
	50m: 31.01 31.01	150m: 1:38.64 34.32	250m: 2:48.10 34.89	350m: 3:57.65 34.63			
	100m: 1:04.32 33.31	200m: 2:13.21 34.57	300m: 3:23.02 34.92	400m: 4:31.19 33.54			
3.	Francisca Macedo, LOPES		129982	Vilacondense	4:36.60	624	16,00
	50m: 31.18 31.18	150m: 1:39.31 34.18	250m: 2:49.71 35.22	350m: 4:01.19 35.83			
	100m: 1:05.13 33.95	200m: 2:14.49 35.18	300m: 3:25.36 35.65	400m: 4:36.60 35.41			
4.	Carolina Vizinho, CABRAL		206307	Cn Vagos	4:41.41	592	14,00
	50m: 31.55 31.55	150m: 1:39.99 34.78	250m: 2:52.06 36.63	350m: 4:06.53 37.28			
	100m: 1:05.21 33.66	200m: 2:15.43 35.44	300m: 3:29.25 37.19	400m: 4:41.41 34.88			
5.	Sofia Hryhorivna, HOLUB		211911	Vit�ria Sport Clube	4:42.25	587	13,00
	50m: 32.68 32.68	150m: 1:43.51 35.65	250m: 2:55.68 35.98	350m: 4:08.09 36.07			
	100m: 1:07.86 35.18	200m: 2:19.70 36.19	300m: 3:32.02 36.34	400m: 4:42.25 34.16			
6.	Carolina Amadeu, FERREIRA		202815	Leixoes Sport Clube	4:42.83	583	12,00
	50m: 31.78 31.78	150m: 1:41.96 35.36	250m: 2:54.82 36.24	350m: 4:07.59 36.09			
	100m: 1:06.60 34.82	200m: 2:18.58 36.62	300m: 3:31.50 36.68	400m: 4:42.83 35.24			
7.	Matilde Violante, VIANA		205552	CNLeiria - VOID	4:46.27	563	11,00
	50m: 32.49 32.49	150m: 1:43.92 36.03	250m: 2:56.82 36.44	350m: 4:10.19 36.30			
	100m: 1:07.89 35.40	200m: 2:20.38 36.46	300m: 3:33.89 37.07	400m: 4:46.27 36.08			
8.	Carolina Esteves, PEIXOTO		133308	Braga	4:51.36	534	10,00
	50m: 33.13 33.13	150m: 1:45.21 36.26	250m: 2:59.37 36.92	350m: 4:14.22 37.29			
	100m: 1:08.95 35.82	200m: 2:22.45 37.24	300m: 3:36.93 37.56	400m: 4:51.36 37.14			
Final B							
9.	Maria Carvalho, PINTO		206343	Viana Natacao	4:42.85	583	9,00
	50m: 32.13 32.13	150m: 1:42.94 35.68	250m: 2:55.49 35.99	350m: 4:08.06 36.25			
	100m: 1:07.26 35.13	200m: 2:19.50 36.56	300m: 3:31.81 36.32	400m: 4:42.85 34.79			
10.	Madalena Valente, MOREIRA		207969	Colegio Efanor	4:43.07	582	7,00
	50m: 32.48 32.48	150m: 1:43.85 35.76	250m: 2:56.32 36.31	350m: 4:08.36 35.92			
	100m: 1:08.09 35.61	200m: 2:20.01 36.16	300m: 3:32.44 36.12	400m: 4:43.07 34.71			
11.	Ines Martins, SILVA		127134	Vilacondense	4:46.05	564	6,00
	50m: 32.03 32.03	150m: 1:42.82 35.99	250m: 2:56.41 36.74	350m: 4:10.46 36.92			
	100m: 1:06.83 34.80	200m: 2:19.67 36.85	300m: 3:33.54 37.13	400m: 4:46.05 35.59			
12.	Marta Lima, PIMENTEL		130230	Colegio Efanor	4:50.25	540	5,00
	50m: 33.39 33.39	150m: 1:45.78 36.94	250m: 2:59.68 36.99	350m: 4:14.01 37.26			
	100m: 1:08.84 35.45	200m: 2:22.69 36.91	300m: 3:36.75 37.07	400m: 4:50.25 36.24			
13.	Ines Maria, FARIA		205180	Porto	4:51.05	535	4,00
	50m: 33.04 33.04	150m: 1:46.04 36.31	250m: 3:01.07 37.35	350m: 4:15.38 37.05			
	100m: 1:09.73 36.69	200m: 2:23.72 37.68	300m: 3:38.33 37.26	400m: 4:51.05 35.67			
14.	Noemi, ZANCHI		952601	Team Lombardia	4:51.33	534	3,00
	50m: 34.00 34.00	150m: 1:46.69 36.31	250m: 3:01.34 37.41	350m: 4:16.11 37.17			
	100m: 1:10.38 36.38	200m: 2:23.93 37.24	300m: 3:38.94 37.60	400m: 4:51.33 35.22			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78560

Registered to Associa o de Nata o do Norte de Portugal

02/02/2025 18:19 - P gina 1

ORGANIZAÇÃO



PARCEIRO



FORNECEDOR OFICIAL



Prova 8, Femin., 400m Livres, Final, Absolutos

Lugar	Nome	TReac	Licena	Clube	Tempo Final	FINA	Pts
15.	Filipa Correia, REGO		216769	Vilacondense	4:52.14	529	2,00
	50m: 32.71 32.71	150m: 1:46.45 37.37	250m: 3:02.05 37.47	350m: 4:16.92 36.66			
	100m: 1:09.08 36.37	200m: 2:24.58 38.13	300m: 3:40.26 38.21	400m: 4:52.14 35.22			
16.	Mariana Fernandes, CUNHA		211988	Foca Quinta Da Lixa - Cnf	4:52.28	529	1,00
	50m: 33.28 33.28	150m: 1:46.92 37.40	250m: 3:01.33 37.32	350m: 4:16.54 37.30			
	100m: 1:09.52 36.24	200m: 2:24.01 37.09	300m: 3:39.24 37.91	400m: 4:52.28 35.74			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78560

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02/02/2025 18:19 - P gina 2

|ORGANIZAO



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