

Prova 8
01/02/2025 - 10:05

Femin., 400m Livres

Absolutos
Resultados Elimin

Recorde Nacional Open	4:08.77	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	14/05/2023
Recorde Nacional 18 +	4:08.77	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	14/05/2023
Recorde Nacional Jun 17	4:14.67	Tamila Hryhorivna, HOLUB	SCB	Oeiras	23/07/2016
Recorde Nacional Jun 16	4:20.37	Marta Andreia, FERREIRA	POR	Berlim (GER)	04/08/2002
Recorde Nacional Juv A	4:20.78	Tamila Hryhorivna, HOLUB	POR	Porto	07/06/2014
Recorde Nacional Juv B	4:26.20	Maria Francisca, CABRAL	FCP	Oeiras	26/07/2014
Recorde Nacional Inf A	4:31.53	Alexandra Maria, SILVA	POR	Skovde (SWE)	08/08/1980
Recorde Nacional Inf B	4:43.70	Alexandra Maria, SILVA	FCP	Funchal	27/07/1979
Recorde Meeting	4:14.02	Diana Margarida, DURAES	POR	Povoa de Varzim	02/02/2019

TLP - ABS FEMININOS : 4:56.56

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Clube	Tempo Final	FINA	Pts
1.	Gaia, VALENTE		518071	Team Lombardia	4:31.09	663	-A
	50m: 31.27 31.27	150m: 1:38.04 33.72	250m: 2:46.83 34.83	350m: 3:57.36 35.75			
	100m: 1:04.32 33.05	200m: 2:12.00 33.96	300m: 3:21.61 34.78	400m: 4:31.09 33.73			
2.	Carolina Vizinho, CABRAL		206307	Cn Vagos	4:37.69	616	-A
	50m: 31.80 31.80	150m: 1:41.63 34.94	250m: 2:52.95 35.53	350m: 4:04.25 35.28			
	100m: 1:06.69 34.89	200m: 2:17.42 35.79	300m: 3:28.97 36.02	400m: 4:37.69 33.44			
3.	Daniela Magalhaes, LOPES		130098	Porto	4:39.02	608	-A
	50m: 31.83 31.83	150m: 1:41.36 35.19	250m: 2:52.51 35.54	350m: 4:04.24 35.49			
	100m: 1:06.17 34.34	200m: 2:16.97 35.61	300m: 3:28.75 36.24	400m: 4:39.02 34.78			
4.	Francisca Macedo, LOPES		129982	Vilacondense	4:40.58	598	-A
	50m: 31.30 31.30	150m: 1:40.93 35.27	250m: 2:52.10 35.72	350m: 4:04.68 36.49			
	100m: 1:05.66 34.36	200m: 2:16.38 35.45	300m: 3:28.19 36.09	400m: 4:40.58 35.90			
5.	Sofia Hryhorivna, HOLUB		211911	Vit�ria Sport Clube	4:42.95	583	-A
	50m: 32.59 32.59	150m: 1:44.30 35.98	250m: 2:56.84 36.19	350m: 4:08.51 35.64			
	100m: 1:08.32 35.73	200m: 2:20.65 36.35	300m: 3:32.87 36.03	400m: 4:42.95 34.44			
6.	Carolina Amadeu, FERREIRA		202815	Leixoes Sport Clube	4:43.38	580	-A
	50m: 31.92 31.92	150m: 1:42.56 35.60	250m: 2:55.39 36.37	350m: 4:08.00 36.11			
	100m: 1:06.96 35.04	200m: 2:19.02 36.46	300m: 3:31.89 36.50	400m: 4:43.38 35.38			
7.	Carolina Esteves, PEIXOTO		133308	Braga	4:43.70	578	-A
	50m: 32.66 32.66	150m: 1:43.45 35.77	250m: 2:55.70 36.32	350m: 4:08.77 36.66			
	100m: 1:07.68 35.02	200m: 2:19.38 35.93	300m: 3:32.11 36.41	400m: 4:43.70 34.93			
8.	Gracia, SUAREZ GONZALEZ		1108273	Club Natacion Ponteareas	4:45.32	568	-A
	50m: 32.49 32.49	150m: 1:43.93 36.32	250m: 2:57.08 37.04	350m: 4:10.59 36.75			
	100m: 1:07.61 35.12	200m: 2:20.04 36.11	300m: 3:33.84 36.76	400m: 4:45.32 34.73			
9.	Matilde Violante, VIANA		205552	CNLeiria - VOID	4:46.85	559	-B
	50m: 32.28 32.28	150m: 1:43.82 36.31	250m: 2:56.87 36.42	350m: 4:10.58 36.70			
	100m: 1:07.51 35.23	200m: 2:20.45 36.63	300m: 3:33.88 37.01	400m: 4:46.85 36.27			
10.	Ines Martins, SILVA		127134	Vilacondense	4:47.12	558	-B
	50m: 32.37 32.37	150m: 1:43.19 35.81	250m: 2:56.50 36.87	350m: 4:10.70 37.00			
	100m: 1:07.38 35.01	200m: 2:19.63 36.44	300m: 3:33.70 37.20	400m: 4:47.12 36.42			
11.	Maria Carvalho, PINTO		206343	Viana Natacao	4:47.27	557	-B
	50m: 32.33 32.33	150m: 1:43.74 36.39	250m: 2:57.17 36.62	350m: 4:10.74 36.79			
	100m: 1:07.35 35.02	200m: 2:20.55 36.81	300m: 3:33.95 36.78	400m: 4:47.27 36.53			
12.	Madalena Valente, MOREIRA		207969	Colegio Efanor	4:48.34	551	-B
	50m: 31.63 31.63	150m: 1:43.88 36.52	250m: 2:58.41 37.23	350m: 4:13.08 37.02			
	100m: 1:07.36 35.73	200m: 2:21.18 37.30	300m: 3:36.06 37.65	400m: 4:48.34 35.26			
13.	Marta Lima, PIMENTEL		130230	Colegio Efanor	4:48.43	550	-B
	50m: 32.77 32.77	150m: 1:44.60 36.09	250m: 2:58.19 36.89	350m: 4:12.27 37.03			
	100m: 1:08.51 35.74	200m: 2:21.30 36.70	300m: 3:35.24 37.05	400m: 4:48.43 36.16			
14.	Mariana Fernandes, CUNHA		211988	Foca Quinta Da Lixa - Cnf	4:50.91	536	-B
	50m: 32.95 32.95	150m: 1:46.51 36.85	250m: 3:00.06 36.95	350m: 4:15.09 37.80			
	100m: 1:09.66 36.71	200m: 2:23.11 36.60	300m: 3:37.29 37.23	400m: 4:50.91 35.82			
15.	Ines Maria, FARIA		205180	Porto	4:51.13	535	-B
	50m: 32.31 32.31	150m: 1:44.90 36.63	250m: 2:59.53 37.27	350m: 4:14.70 37.41			
	100m: 1:08.27 35.96	200m: 2:22.26 37.36	300m: 3:37.29 37.76	400m: 4:51.13 36.43			

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78560

Registered to Associa o de Nata o do Norte de Portugal

02/02/2025 18:18 - P gina 1

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Prova 8, Femin., 400m Livres, Elimin, Absolutos

Lugar	Nome	TReac	Licença	Clube	Tempo Final	FINA	Pts
16.	Filipa Correia, REGO		216769	Vilacondense	4:51.90	531	-B
	50m: 33.55 33.55	150m: 1:47.79 37.49	250m: 3:02.98 37.63	350m: 4:17.36 36.85			
	100m: 1:10.30 36.75	200m: 2:25.35 37.56	300m: 3:40.51 37.53	400m: 4:51.90 34.54			
17.	Noemi, ZANCHI		952601	Team Lombardia	4:51.92	531	-R
	50m: 33.65 33.65	150m: 1:46.81 37.00	250m: 3:00.53 36.75	350m: 4:16.01 37.58			
	100m: 1:09.81 36.16	200m: 2:23.78 36.97	300m: 3:38.43 37.90	400m: 4:51.92 35.91			
18.	Ana Carolina, CRUZ		201055	Famalic�o	4:53.57	522	-R
	50m: 33.04 33.04	150m: 1:47.22 37.24	250m: 3:02.26 37.17	350m: 4:17.76 37.37			
	100m: 1:09.98 36.94	200m: 2:25.09 37.87	300m: 3:40.39 38.13	400m: 4:53.57 35.81			
19.	Silvia, MARTINEZ NOVOA		1108840	Club Nataci�n Galaico	4:53.74	521	-
	50m: 34.01 34.01	150m: 1:47.53 37.41	250m: 3:02.82 37.90	350m: 4:17.65 37.32			
	100m: 1:10.12 36.11	200m: 2:24.92 37.39	300m: 3:40.33 37.51	400m: 4:53.74 36.09			
20.	Maria Joao, COSTA		201391	Vilacondense	4:54.15	519	-
	50m: 32.81 32.81	150m: 1:46.79 37.11	250m: 3:02.17 37.35	350m: 4:17.40 37.39			
	100m: 1:09.68 36.87	200m: 2:24.82 38.03	300m: 3:40.01 37.84	400m: 4:54.15 36.75			
21.	Rebecca, RUSPI		684470	Team Lombardia	4:54.30	518	-
	50m: 33.56 33.56	150m: 1:48.24 37.40	250m: 3:03.32 37.14	350m: 4:17.94 36.89			
	100m: 1:10.84 37.28	200m: 2:26.18 37.94	300m: 3:41.05 37.73	400m: 4:54.30 36.36			
22.	Matilde Paiva, CARDOSO		208863	Fluvial Portuense	4:54.56	516	-
	50m: 33.60 33.60	150m: 1:48.03 37.39	250m: 3:03.53 37.73	350m: 4:18.05 36.99			
	100m: 1:10.64 37.04	200m: 2:25.80 37.77	300m: 3:41.06 37.53	400m: 4:54.56 36.51			
23.	Rita Sofia, NUNES		129103	Colegio Efanor	4:56.44	507	-
	50m: 33.03 33.03	150m: 1:46.25 37.06	250m: 3:02.90 38.24	350m: 4:19.67 38.30			
	100m: 1:09.19 36.16	200m: 2:24.66 38.41	300m: 3:41.37 38.47	400m: 4:56.44 36.77			
24.	Bruna Bacelar, GREGORIO		214610	Vilacondense	4:57.31	502	-
	<i>FTL</i>						
	50m: 33.14 33.14	150m: 1:46.85 37.35	250m: 3:02.51 37.67	350m: 4:19.98 38.59			
	100m: 1:09.50 36.36	200m: 2:24.84 37.99	300m: 3:41.39 38.88	400m: 4:57.31 37.33			
25.	Zoe Pinho, NUNES		209378	Galitos / Bresimar	4:58.29	497	-
	<i>FTL</i>						
	50m: 32.93 32.93	150m: 1:47.42 37.37	250m: 3:04.04 38.31	350m: 4:20.77 38.38			
	100m: 1:10.05 37.12	200m: 2:25.73 38.31	300m: 3:42.39 38.35	400m: 4:58.29 37.52			
26.	Raquel Campos, CARDOSO		153184	Bombeiros de Ponta Delgada	5:00.16	488	-
	<i>FTL</i>						
	50m: 33.55 33.55	150m: 1:47.83 37.66	250m: 4:20.22 1:54.48	400m: 5:00.16 1:19.08			
	100m: 1:10.17 36.62	200m: 2:25.74 37.91	300m: 3:41.08				
27.	Sofia Rodrigues, COSTA		206179	Colegio Efanor	5:04.49	467	-
	<i>FTL</i>						
	50m: 33.96 33.96	150m: 1:49.89 38.59	250m: 3:07.38 38.45	350m: 4:26.09 39.28			
	100m: 1:11.30 37.34	200m: 2:28.93 39.04	300m: 3:46.81 39.43	400m: 5:04.49 38.40			
WDR	Luana Ferreira, CRAVEIRO		144313	Nautico Marinha Grande			-
WDR	Francisca Soares, MARTINS		126504	Foca Quinta Da Lixa - Cnf			-
WDR	Ana Jose, MARQUES		210414	Braga			-

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O Juiz  rbitro

Splash Meet Manager, 11.78560

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02/02/2025 18:18 - P gina 2

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