

Prova 30
02/02/2025 - 10:59

Femin., 400m Estilos

Absolutos
Resultados Elimin

Recorde Nacional Open	4:40.11	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	09/04/2017
Recorde Nacional 18 +	4:40.11	Victoria, KAMINSKAYA	POR	Pontevedra (ESP)	09/04/2017
Recorde Nacional Jun 17	4:52.12	Victoria, KAMINSKAYA	PIMP	Oeiras	27/07/2012
Recorde Nacional Jun 16	4:54.00	Ines Neto, ROCHA	SANNP	Gij�n (ESP)	20/05/2017
Recorde Nacional Juv A	4:58.08	Diana Margarida, DURAES	FOCA	Povoa de Varzim	05/08/2011
Recorde Nacional Juv B	5:01.00	Ines Neto, ROCHA	CAP	Coimbra	24/07/2015
Recorde Nacional Inf A	5:11.29	Diana Ramos, ROCHA	EDV	Faro	20/07/2007
Recorde Nacional Inf B	5:14.05	Filipa Vilas, RUIVO	DNMG	S. Joao da Madeira	24/07/2009
Recorde Meeting	4:50.04	Beatriz, GOMEZ CORTES	ESP	Povoa de Varzim	02/02/2020

TLP - ABS FEMININOS : 5:34.97

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Clube	Tempo Final	FINA	Pts
1.	Daniela Magalhaes, LOPES		130098	Porto	5:16.58	595	-A
	50m: 33.02 33.02	150m: 1:54.64 44.08	250m: 3:21.20 44.55	350m: 4:40.66 35.14			
	100m: 1:10.56 37.54	200m: 2:36.65 42.01	300m: 4:05.52 44.32	400m: 5:16.58 35.92			
2.	Sofia, CARBALLO GONZALEZ		1061551	Club Natacion Ponteareas	5:20.17	575	-A
	50m: 32.97 32.97	150m: 1:56.77 44.67	250m: 3:22.11 43.87	350m: 4:43.58 37.38			
	100m: 1:12.10 39.13	200m: 2:38.24 41.47	300m: 4:06.20 44.09	400m: 5:20.17 36.59			
3.	Beatriz Alves, AMBRUS		203309	Porto	5:23.34	559	-A
	50m: 33.92 33.92	150m: 1:53.94 41.18	250m: 3:21.10 46.45	350m: 4:46.00 37.88			
	100m: 1:12.76 38.84	200m: 2:34.65 40.71	300m: 4:08.12 47.02	400m: 5:23.34 37.34			
4.	Narao, ESTEVEZ MONTES		1143180	Club Natacion Ponteareas	5:27.38	538	-A
	50m: 34.64 34.64	150m: 1:57.30 43.08	250m: 3:25.43 46.18	350m: 4:51.02 38.07			
	100m: 1:14.22 39.58	200m: 2:39.25 41.95	300m: 4:12.95 47.52	400m: 5:27.38 36.36			
5.	Barbara Nunes, MARQUES		200027	Clube Desportivo de Estarreja	5:27.82	536	-A
	50m: 33.86 33.86	150m: 1:56.50 42.57	250m: 3:24.30 46.47	350m: 4:50.24 38.77			
	100m: 1:13.93 40.07	200m: 2:37.83 41.33	300m: 4:11.47 47.17	400m: 5:27.82 37.58			
6.	Sofia Pereira, BRAZ		219881	CLIP Teams	5:34.61	504	-A
	50m: 33.54 33.54	150m: 1:58.93 44.88	250m: 3:29.87 47.43	350m: 4:56.40 38.01			
	100m: 1:14.05 40.51	200m: 2:42.44 43.51	300m: 4:18.39 48.52	400m: 5:34.61 38.21			
7.	Rita Cunha, GOMES		132782	Viana Natacao	5:35.66	499	-A
	50m: 35.03 35.03	150m: 1:59.34 45.06	250m: 3:31.12 48.60	350m: 4:58.19 39.24			
	100m: 1:14.28 39.25	200m: 2:42.52 43.18	300m: 4:18.95 47.83	400m: 5:35.66 37.47			
8.	Mariana Fernandes, CUNHA		211988	Foca Quinta Da Lixa - Cnf	5:36.14	497	-A
	50m: 35.53 35.53	150m: 2:02.35 43.26	250m: 3:32.41 48.11	350m: 4:58.41 37.30			
	100m: 1:19.09 43.56	200m: 2:44.30 41.95	300m: 4:21.11 48.70	400m: 5:36.14 37.73			
9.	Adriana Ribeiro, BARROS		201050	Braga	5:37.86	490	-B
	FTL						
	50m: 34.09 34.09	150m: 1:58.81 43.89	250m: 3:31.52 48.99	350m: 5:00.15 39.26			
	100m: 1:14.92 40.83	200m: 2:42.53 43.72	300m: 4:20.89 49.37	400m: 5:37.86 37.71			
10.	Carolina Mendes, NUNES		205710	Clube Desportivo de Estarreja	5:38.60	486	-B
	FTL						
	50m: 34.24 34.24	150m: 2:00.69 44.53	250m: 3:33.38 49.38	350m: 5:00.82 37.73			
	100m: 1:16.16 41.92	200m: 2:44.00 43.31	300m: 4:23.09 49.71	400m: 5:38.60 37.78			
11.	Mar�a, QUINTAS MELON		1144111	Club Natacion Ponteareas	5:40.37	479	-B
	FTL						
	50m: 33.06 33.06	150m: 2:01.85 47.69	250m: 3:33.33 47.61	350m: 5:02.58 40.56			
	100m: 1:14.16 41.10	200m: 2:45.72 43.87	300m: 4:22.02 48.69	400m: 5:40.37 37.79			
12.	Teresa Isabel, RODRIGUES		207950	Foca Quinta Da Lixa - Cnf	5:41.52	474	-B
	FTL						
	50m: 35.85 35.85	150m: 2:03.15 44.78	250m: 3:33.88 47.98	350m: 5:02.86 40.70			
	100m: 1:18.37 42.52	200m: 2:45.90 42.75	300m: 4:22.16 48.28	400m: 5:41.52 38.66			
DSQ	Mar�a Rita, CUNHA		206403	Colegio Efanor			-
	7.22 - Na viragem dos 250 metros, o(a) nadador(a) tocou na parede com toque n�o simult�neo - SW 7.6						
WDR	Francisca Martins, GOMES		207830	Porto			-

O Secret rio do Juri

O Juiz  rbitro

Splash Meet Manager, 11.78560

Registered to Associa o de Nata o do Norte de Portugal

02/02/2025 18:19 - P gina 1

|ORGANIZAÇÃO



|PARCEIROS INSTITUCIONAIS



|PARCEIRO



|FORNECEDOR OFICIAL

