

Event 223

Women, 400m Freestyle

13 years and older

12/14/2024 - 11:00

Results Prelim

Record Compétition / Meet Record 15 +	4:18.53	JEWELL, Karyn	CAN	Gatineau	12/17/2010
Record Compétition / Meet Record 13 - 14	4:27.69	HEWTON, Shaylyn C	CAN	Gatineau	12/14/2014
Record de piscine / Pool Record	4:07.87	MACLEAN, Brittany	CAN	Gatineau	2/18/2012

Points: AQUA Master 2024

Rank				Age				Time	Pts
<b>13 - 14 years</b>									
1.	ROBIN, Dana-Eve			14	CARAT			<b>4:41.28</b>	733 Q
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:41.28	
2.	SULLIVAN, Katherine			14	NKB			<b>4:41.69</b>	730 Q
	50m:	31.81 31.81	150m:	1:42.69 35.88	250m:	2:54.46 35.80	350m:	4:06.44 36.17	
	100m:	1:06.81 35.00	200m:	2:18.66 35.97	300m:	3:30.27 35.81	400m:	4:41.69 35.25	
3.	RICHARDSON, Jordyn			13	OYO			<b>4:41.85</b>	729 Q
	50m:	32.65 32.65	150m:	1:45.26 37.00	250m:	2:57.87 36.09	350m:	4:09.60 35.53	
	100m:	1:08.26 35.61	200m:	2:21.78 36.52	300m:	3:34.07 36.20	400m:	4:41.85 32.25	
4.	BROCHU, Aleni			13	NG			<b>4:46.88</b>	691 Q
	50m:	32.52 32.52	150m:	1:44.88 36.65	250m:	2:58.32 36.66	350m:	4:11.11 36.33	
	100m:	1:08.23 35.71	200m:	2:21.66 36.78	300m:	3:34.78 36.46	400m:	4:46.88 35.77	
5.	MARCOUX, Livia			14	NG			<b>4:51.36</b>	660 Q
	50m:	32.79 32.79	150m:	1:47.58 37.99	250m:	3:01.38	350m:	4:15.83 36.90	
	100m:	1:09.59 36.80	200m:		300m:	3:38.93 37.55	400m:	4:51.36 35.53	
6.	MATTHEWS-DICKSON, Kaitlyn			14	SWOTT			<b>4:53.25</b>	647 Q
	50m:	32.69 32.69	150m:	1:46.44 37.08	250m:	3:01.11 37.34	350m:	4:15.83 37.51	
	100m:	1:09.36 36.67	200m:	2:23.77 37.33	300m:	3:38.32 37.21	400m:	4:53.25 37.42	
7.	THORBURN ESCOBAR, Sienna M			13	NEKI			<b>4:53.85</b>	643 Q
	50m:	34.70 34.70	150m:	1:48.75 37.35	250m:	3:02.86 37.37	350m:	4:17.60 37.10	
	100m:	1:11.40 36.70	200m:	2:25.49 36.74	300m:	3:40.50 37.64	400m:	4:53.85 36.25	
8.	NOORDHOF, Isla			13	GO			<b>4:54.24</b>	641 Q
	50m:	34.03 34.03	150m:	1:49.82 38.09	250m:	3:05.63 37.90	350m:	4:20.81 37.60	
	100m:	1:11.73 37.70	200m:	2:27.73 37.91	300m:	3:43.21 37.58	400m:	4:54.24 33.43	
9.	BOUDREAU-LAVOIE, Charlotte			14	GO			<b>5:02.45</b>	590 R
	50m:	34.16 34.16	150m:	1:49.65 38.19	250m:	3:07.07 38.91	350m:	4:25.18 38.91	
	100m:	1:11.46 37.30	200m:	2:28.16 38.51	300m:	3:46.27 39.20	400m:	5:02.45 37.27	
10.	MCKENNA, Ainsley			13	SWOTT			<b>5:06.31</b>	568 R
	50m:	1:12.96 1:12.96	150m:		250m:	3:09.29 38.99	350m:	4:28.65 40.08	
	100m:		200m:	2:30.30	300m:	3:48.57 39.28	400m:	5:06.31 37.66	
11.	STRATTON, Sierra			13	NKB			<b>5:06.32</b>	568
	50m:	35.01 35.01	150m:	1:52.56 39.06	250m:	3:11.53 39.69	350m:	4:29.34 38.35	
	100m:	1:13.50 38.49	200m:	2:31.84 39.28	300m:	3:50.99 39.46	400m:	5:06.32 36.98	
12.	MCKAY, Lindsay			13	GSH			<b>5:08.68</b>	555
	50m:	34.48 34.48	150m:	1:52.93 40.08	250m:	3:13.16 40.26	350m:	4:32.12 39.04	
	100m:	1:12.85 38.37	200m:	2:32.90 39.97	300m:	3:53.08 39.92	400m:	5:08.68 36.56	
13.	KEITH, Surina			14	GO			<b>5:09.08</b>	553
	50m:	33.20 33.20	150m:	1:49.68 39.20	250m:	3:07.93 38.55	350m:	4:29.51 40.80	
	100m:	1:10.48 37.28	200m:	2:29.38 39.70	300m:	3:48.71 40.78	400m:	5:09.08 39.57	

Event 223, Girls, 400m Freestyle, Prelim, 13 - 14 years

Rank			Age				Time		Pts
14.	ZHANG, Kyna		13	NKB			<b>5:14.20</b>		526
	50m:		150m:	1:55.21	250m:		350m:		
	100m:		200m:		300m:		400m:	5:14.20	
15.	GORDON, Matilda		14	SWOTT			<b>5:14.83</b>		523
	50m:	35.95 35.95	150m:	1:54.65 39.81	250m:	3:15.95 40.87	350m:	4:36.33 40.60	
	100m:	1:14.84 38.89	200m:	2:35.08 40.43	300m:	3:55.73 39.78	400m:	5:14.83 38.50	
16.	PARADIS, Jolianne		13	NG			<b>5:15.33</b>		520
	50m:	35.64 35.64	150m:	1:55.31 40.57	250m:	3:16.59 41.16	350m:	4:37.49 40.23	
	100m:	1:14.74 39.10	200m:	2:35.43 40.12	300m:	3:57.26 40.67	400m:	5:15.33 37.84	
17.	FOURNIER, Ellie		13	NKB			<b>5:19.49</b>		500
	50m:	35.02 35.02	150m:	1:54.36 40.34	250m:	3:17.94 41.94	350m:	4:40.52 40.88	
	100m:	1:14.02 39.00	200m:	2:36.00 41.64	300m:	3:59.64 41.70	400m:	5:19.49 38.97	
18.	DOWLING, Claire		14	EBSC			<b>5:24.90</b>		476
	50m:	35.82 35.82	150m:	2:00.04 43.12	250m:	3:24.04 42.40	350m:	4:46.82 40.21	
	100m:	1:16.92 41.10	200m:	2:41.64 41.60	300m:	4:06.61 42.57	400m:	5:24.90 38.08	
19.	SKEAFF, Lilian		14	NKB			<b>5:26.40</b>		469
	50m:	34.59 34.59	150m:	1:54.47 40.51	250m:	3:20.08 42.93	350m:	4:44.96 42.27	
	100m:	1:13.96 39.37	200m:	2:37.15 42.68	300m:	4:02.69 42.61	400m:	5:26.40 41.44	
20.	CARTER, Hailey		13	GSH			<b>5:27.89</b>		463
	50m:	35.86 35.86	150m:	1:58.07 41.79	250m:	3:22.47 42.12	350m:	4:45.96 41.41	
	100m:	1:16.28 40.42	200m:	2:40.35 42.28	300m:	4:04.55 42.08	400m:	5:27.89 41.93	
21.	APANASEVICH, Marta		13	GSH			<b>5:28.01</b>		462
	50m:	35.62 35.62	150m:	1:57.47 41.43	250m:	3:21.58 42.13	350m:	4:46.52 42.11	
	100m:	1:16.04 40.42	200m:	2:39.45 41.98	300m:	4:04.41 42.83	400m:	5:28.01 41.49	
22.	CASTILLO, Shanae M		14	GSH			<b>5:28.49</b>		460
	50m:	35.46 35.46	150m:	1:56.22 41.44	250m:	3:22.29 43.35	350m:	4:48.28 43.56	
	100m:	1:14.78 39.32	200m:	2:38.94 42.72	300m:	4:04.72 42.43	400m:	5:28.49 40.21	
23.	GRENIER, Elodie		14	CARAT			<b>5:37.13</b>		426
	50m:	38.28 38.28	150m:	2:03.69 43.02	250m:	3:30.48 43.38	350m:	4:55.70 42.06	
	100m:	1:20.67 42.39	200m:	2:47.10 43.41	300m:	4:13.64 43.16	400m:	5:37.13 41.43	
24.	BAGHDADI, Yara		13	NKB			<b>5:50.68</b>		378
	50m:		150m:	2:06.89 44.77	250m:	3:37.35 45.02	350m:	5:07.96 44.65	
	100m:	1:22.12	200m:	2:52.33 45.44	300m:	4:23.31 45.96	400m:	5:50.68 42.72	
25.	LEONARD, Kayla G		13	ROCS			<b>5:50.76</b>		378
	50m:		150m:		250m:		350m:		
	100m:	1:22.23	200m:		300m:		400m:	5:50.76	
DNS	LESSARD, Emilie		14	NG					
15 years and older									
1.	NOORDHOF, Ava		15	GO			<b>4:36.50</b>		772 Q
	50m:	32.10 32.10	150m:	1:41.23 34.73	250m:	2:52.23 35.58	350m:	4:02.68 34.79	
	100m:	1:06.50 34.40	200m:	2:16.65 35.42	300m:	3:27.89 35.66	400m:	4:36.50 33.82	
2.	KITAY, Lara		16	NG			<b>4:37.59</b>		763 Q
	50m:	32.16 32.16	150m:	1:42.77 35.59	250m:	2:52.85 34.88	350m:	4:03.24 35.32	
	100m:	1:07.18 35.02	200m:	2:17.97 35.20	300m:	3:27.92 35.07	400m:	4:37.59 34.35	

Event 223, Women, 400m Freestyle, Prelim, 15 years and older

Rank					Age					Time	Pts	
3.	BOYER, Mariane				16	NG				<b>4:42.51</b>	724	Q
	50m:	31.53	31.53	150m:	1:41.76	35.50	250m:	2:54.52	36.16	350m:	4:06.96	36.36
	100m:	1:06.26	34.73	200m:	2:18.36	36.60	300m:	3:30.60	36.08	400m:	4:42.51	35.55
4.	HASIUK, Julianna				16	MST				<b>4:42.73</b>	722	Q
	50m:	31.53	31.53	150m:	1:41.31	35.38	250m:	2:53.48	36.27	350m:	4:07.34	37.46
	100m:	1:05.93	34.40	200m:	2:17.21	35.90	300m:	3:29.88	36.40	400m:	4:42.73	35.39
5.	TESSIER, Sophia				15	NG				<b>4:44.19</b>	711	Q
	50m:	31.92	31.92	150m:	1:43.07	35.85	250m:	2:55.93	36.66	350m:	4:08.78	36.50
	100m:	1:07.22	35.30	200m:	2:19.27	36.20	300m:	3:32.28	36.35	400m:	4:44.19	35.41
6.	LIVINGSTON, Emmanuelle				16	GO				<b>4:44.76</b>	707	Q
	50m:	32.22	32.22	150m:	1:43.04	35.49	250m:	2:55.98	36.62	350m:	4:09.35	36.79
	100m:	1:07.55	35.33	200m:	2:19.36	36.32	300m:	3:32.56	36.58	400m:	4:44.76	35.41
7.	HILTZ, Stella				15	SWOTT				<b>4:45.00</b>	705	Q
	50m:	31.84	31.84	150m:	1:42.74	36.18	250m:	2:56.11	36.78	350m:	4:10.01	36.83
	100m:	1:06.56	34.72	200m:	2:19.33	36.59	300m:	3:33.18	37.07	400m:	4:45.00	34.99
8.	KINSELLA, Maia				15	TMSC				<b>4:45.39</b>	702	Q
	50m:	32.50	32.50	150m:	1:44.09	36.34	250m:	2:56.13	36.13	350m:	4:09.69	36.76
	100m:	1:07.75	35.25	200m:	2:20.00	35.91	300m:	3:32.93	36.80	400m:	4:45.39	35.70
9.	PITTS, Payton				15	EBSC				<b>4:46.41</b>	695	R
	50m:	32.11	32.11	150m:			250m:	2:56.74	36.64	350m:	4:10.69	37.04
	100m:	1:07.61	35.50	200m:	2:20.10		300m:	3:33.65	36.91	400m:	4:46.41	35.72
10.	FORESTIER, Gabrielle				16	SWOTT				<b>4:49.78</b>	671	R
	50m:	32.33	32.33	150m:	1:44.46		250m:	2:58.19		350m:	4:11.92	
	100m:			200m:			300m:			400m:	4:49.78	37.86
11.	SERSON, Olivia				17	EBSC				<b>4:50.58</b>	665	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:	3:37.05		400m:	4:50.58	
12.	NORDAL, Sofia				16	OYO				<b>4:50.99</b>	662	
	50m:	31.80	31.80	150m:	1:44.32	37.07	250m:	2:58.92	37.59	350m:	4:14.85	37.91
	100m:	1:07.25	35.45	200m:	2:21.33	37.01	300m:	3:36.94	38.02	400m:	4:50.99	36.14
13.	BARTON, Edith				16	NKB				<b>4:51.06</b>	662	
	50m:	32.36	32.36	150m:	1:45.37	37.08	250m:	3:00.48	37.37	350m:	4:14.69	37.01
	100m:	1:08.29	35.93	200m:	2:23.11	37.74	300m:	3:37.68	37.20	400m:	4:51.06	36.37
14.	JODOIN, Olivia				16	GO				<b>4:51.57</b>	658	
	50m:	33.53	33.53	150m:	1:45.96	36.40	250m:	3:00.38	37.22	350m:	4:15.28	37.19
	100m:	1:09.56	36.03	200m:	2:23.16	37.20	300m:	3:38.09	37.71	400m:	4:51.57	36.29
15.	LEGER, Sarah				17	GO				<b>4:56.60</b>	625	
	50m:	33.59	33.59	150m:	1:47.59	36.96	250m:	3:02.70	37.65	350m:	4:19.14	38.48
	100m:	1:10.63	37.04	200m:	2:25.05	37.46	300m:	3:40.66	37.96	400m:	4:56.60	37.46
16.	STREEFKERK, Aubree				15	BAD				<b>4:56.96</b>	623	
	50m:	32.83	32.83	150m:	1:48.93	38.29	250m:	3:04.83		350m:	4:19.83	37.34
	100m:	1:10.64	37.81	200m:			300m:	3:42.49	37.66	400m:	4:56.96	37.13
17.	RUSHENAS, Chloe				16	GO				<b>4:57.35</b>	621	
	50m:	33.49	33.49	150m:	1:46.68	37.06	250m:	3:03.34	38.70	350m:	4:20.89	38.52
	100m:	1:09.62	36.13	200m:	2:24.64	37.96	300m:	3:42.37	39.03	400m:	4:57.35	36.46

Event 223, Women, 400m Freestyle, Prelim, 15 years and older

Rank			Age							Time	Pts	
18.	COULTER, Tara		19		HTAC					<b>4:57.42</b>	620	
	50m:	32.37	32.37	150m:	1:46.07	37.75	250m:	3:02.34	38.36	350m:	4:19.50	38.65
	100m:	1:08.32	35.95	200m:	2:23.98	37.91	300m:	3:40.85	38.51	400m:	4:57.42	37.92
19.	CODE, Julia		17		CPWD					<b>4:58.51</b>	613	
	50m:	34.28	34.28	150m:	1:51.15	38.92	250m:	3:07.39	37.19	350m:	4:22.55	37.63
	100m:	1:12.23	37.95	200m:	2:30.20	39.05	300m:	3:44.92	37.53	400m:	4:58.51	35.96
20.	KINSELLA, Hanna		17		TMSC					<b>4:59.36</b>	608	
	50m:	33.56	33.56	150m:	1:49.17	37.75	250m:	3:06.63	38.97	350m:	4:23.38	38.56
	100m:	1:11.42	37.86	200m:	2:27.66	38.49	300m:	3:44.82	38.19	400m:	4:59.36	35.98
21.	DUENAS CASTILLO, Cesia J		16		NEKI					<b>5:01.48</b>	595	
	50m:	34.57	34.57	150m:	1:51.00	38.62	250m:	3:08.19	38.20	350m:	4:23.97	37.86
	100m:	1:12.38	37.81	200m:	2:29.99	38.99	300m:	3:46.11	37.92	400m:	5:01.48	37.51
22.	DUFFEY, Rowan		15		SWOTT					<b>5:02.15</b>	592	
	50m:	33.44	33.44	150m:	1:49.16	38.48	250m:	3:07.54	39.67	350m:	4:25.16	38.89
	100m:	1:10.68	37.24	200m:	2:27.87	38.71	300m:	3:46.27	38.73	400m:	5:02.15	36.99
23.	GAGNON, Leanne		16		CARAT					<b>5:04.60</b>	577	
	50m:	34.98	34.98	150m:	1:52.12	39.17	250m:	3:09.68	38.38	350m:	4:27.08	38.52
	100m:	1:12.95	37.97	200m:	2:31.30	39.18	300m:	3:48.56	38.88	400m:	5:04.60	37.52
24.	DRAGOVIC, Mia		16		NG					<b>5:06.40</b>	567	
	50m:	34.61	34.61	150m:	1:51.32	38.89	250m:	3:10.17	39.39	350m:	4:28.59	39.24
	100m:	1:12.43	37.82	200m:	2:30.78	39.46	300m:	3:49.35	39.18	400m:	5:06.40	37.81
25.	THOMLINSON, Ava		15		NKB					<b>5:06.56</b>	566	
	50m:	34.72	34.72	150m:	1:52.29	39.21	250m:	3:11.32	39.44	350m:	4:29.58	38.62
	100m:	1:13.08	38.36	200m:	2:31.88	39.59	300m:	3:50.96	39.64	400m:	5:06.56	36.98
26.	MIKOLUK, Maisie Y		15		GSH					<b>5:07.97</b>	559	
	50m:	33.76	33.76	150m:	1:50.19	39.18	250m:	3:09.94	39.69	350m:	4:30.54	40.10
	100m:	1:11.01	37.25	200m:	2:30.25	40.06	300m:	3:50.44	40.50	400m:	5:07.97	37.43
27.	PHAN, Alyssa		15		OYO					<b>5:12.02</b>	537	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:12.02	
28.	KEARNEY, Claire		15		GO					<b>5:12.79</b>	533	
	50m:	33.58	33.58	150m:	1:51.48	39.46	250m:	3:12.85	40.97	350m:	4:33.41	40.59
	100m:	1:12.02	38.44	200m:	2:31.88	40.40	300m:	3:52.82	39.97	400m:	5:12.79	39.38
29.	WEBER, Sophie		17		EBSC					<b>5:19.23</b>	501	
	50m:	34.80	34.80	150m:			250m:	3:15.54	40.88	350m:	4:38.88	41.58
	100m:	1:13.58	38.78	200m:	2:34.66		300m:	3:57.30	41.76	400m:	5:19.23	40.35
30.	PELLETIER, Kasha		16		NG					<b>5:19.51</b>	500	
	50m:	34.79	34.79	150m:	1:54.17	40.33	250m:	3:16.23	41.11	350m:	4:39.08	41.47
	100m:	1:13.84	39.05	200m:	2:35.12	40.95	300m:	3:57.61	41.38	400m:	5:19.51	40.43
31.	CASSELMAN, Chloe		16		UCRO					<b>5:23.50</b>	482	
	50m:	35.44	35.44	150m:	1:56.17	40.97	250m:	3:19.48	41.90	350m:	4:42.69	41.59
	100m:	1:15.20	39.76	200m:	2:37.58	41.41	300m:	4:01.10	41.62	400m:	5:23.50	40.81
32.	GREENAWAY, Lily		15		GSH					<b>5:26.53</b>	469	
	50m:	35.47	35.47	150m:	1:55.61	40.74	250m:			350m:	4:44.26	42.34
	100m:	1:14.87	39.40	200m:	2:37.45	41.84	300m:	4:01.92		400m:	5:26.53	42.27

Event 223, Women, 400m Freestyle, Prelim, 15 years and older

Rank	Age								Time	Pts		
33.	CASSELMAN, Katie								<b>5:38.79</b>	419		
	50m:	38.29	38.29	150m:	2:03.97	43.10	250m:	3:31.31	43.75	350m:	4:57.52	43.08
	100m:	1:20.87	42.58	200m:	2:47.56	43.59	300m:	4:14.44	43.13	400m:	5:38.79	41.27
34.	BEKKERS, Mireille								<b>5:44.02</b>	401		
	50m:	38.91	38.91	150m:	2:08.35		250m:	3:38.06		350m:		
	100m:			200m:			300m:	4:22.84	44.78	400m:	5:44.02	
35.	KEARNS, Lyv								<b>5:45.59</b>	395		
	50m:	37.14	37.14	150m:	2:03.63	44.04	250m:	3:32.86	44.40	350m:	5:02.36	44.86
	100m:	1:19.59	42.45	200m:	2:48.46	44.83	300m:	4:17.50	44.64	400m:	5:45.59	43.23
36.	SIGOUIN, Adelle								<b>5:47.08</b>	390		
	50m:	35.43	35.43	150m:	2:02.71	45.40	250m:	3:33.48	45.63	350m:	5:03.97	44.45
	100m:	1:17.31	41.88	200m:	2:47.85	45.14	300m:	4:19.52	46.04	400m:	5:47.08	43.11
DNS	TAYLOR, Edie											
				15		NKB						