

Event 25 Women, 400m Freestyle Open  
2025/02/16 - 16:00 Results Finals

Records championnat USPORTS 4:02.76 KING, Savannah 2012/01/01  
Records universitaires RSEQ 4:06.57 JARDIN, Barbara UDEM Toronto 2014/02/21

USPORTS (2024-2025) : 4:22.44 / RSEQ (2024-2025) : 4:43.44

Points: AQUA 2024

Rank			Age							Time	Pts
<b>Final A</b>											
1.	LO, Naomie		22	McGILL						<b>4:18.56</b>	715 U
	50m:	30.43 30.43	150m:	1:36.08 32.96	250m:	2:41.86 32.82	350m:	3:46.57 32.08			
	100m:	1:03.12 32.69	200m:	2:09.04 32.96	300m:	3:14.49 32.63	400m:	4:18.56 31.99			
2.	TREMBLAY, Raphaelle		20	Laval						<b>4:18.80</b>	713 U
	50m:	30.42 30.42	150m:	1:35.83 32.95	250m:	2:42.19 33.13	350m:	3:47.52 32.18			
	100m:	1:02.88 32.46	200m:	2:09.06 33.23	300m:	3:15.34 33.15	400m:	4:18.80 31.28			
3.	TINMOUTH, Iris		20	McGILL						<b>4:19.27</b>	710 U
	50m:	29.93 29.93	150m:	1:35.80 32.98	250m:	2:41.88 32.91	350m:	3:47.44 32.70			
	100m:	1:02.82 32.89	200m:	2:08.97 33.17	300m:	3:14.74 32.86	400m:	4:19.27 31.83			
4.	MCLEOD, Kealeigh		18	McGILL						<b>4:22.82</b>	681
	50m:	31.11 31.11	150m:	1:36.84 33.01	250m:	2:43.24 33.06	350m:	3:49.93 33.28			
	100m:	1:03.83 32.72	200m:	2:10.18 33.34	300m:	3:16.65 33.41	400m:	4:22.82 32.89			
5.	WEISS-REID, Beatrice		19	McGILL						<b>4:24.68</b>	667
	50m:	30.59 30.59	150m:	1:36.92 33.34	250m:	2:44.14 33.70	350m:	3:51.61 33.39			
	100m:	1:03.58 32.99	200m:	2:10.44 33.52	300m:	3:18.22 34.08	400m:	4:24.68 33.07			
6.	TURAN, Selin		21	Ottawa						<b>4:25.49</b>	661
	50m:	30.40 30.40	150m:	1:36.91 33.50	250m:	2:44.82 34.08	350m:	3:52.94 33.64			
	100m:	1:03.41 33.01	200m:	2:10.74 33.83	300m:	3:19.30 34.48	400m:	4:25.49 32.55			
7.	LANGRIDGE, Isabel		19	Ottawa						<b>4:26.35</b>	654
	50m:	30.46 30.46	150m:	1:36.64 33.23	250m:	2:44.13 33.90	350m:	3:52.74 34.45			
	100m:	1:03.41 32.95	200m:	2:10.23 33.59	300m:	3:18.29 34.16	400m:	4:26.35 33.61			
8.	HARVEY, Penelope		21	Laval						<b>4:26.48</b>	653
	50m:	31.26 31.26	150m:	1:38.25 33.66	250m:	2:45.99 34.09	350m:	3:54.09 33.98			
	100m:	1:04.59 33.33	200m:	2:11.90 33.65	300m:	3:20.11 34.12	400m:	4:26.48 32.39			
<b>Final B</b>											
9.	DE CHAZAL, Emilie		19	McGILL						<b>4:26.13</b>	656
	50m:	30.69 30.69	150m:	1:38.52 33.98	250m:	2:46.49 34.13	350m:	3:54.14 33.62			
	100m:	1:04.54 33.85	200m:	2:12.36 33.84	300m:	3:20.52 34.03	400m:	4:26.13 31.99			
10.	BEASSE, Blanche		20	Udem						<b>4:26.47</b>	654
	50m:	30.62 30.62	150m:	1:37.44 33.61	250m:	2:45.35 34.00	350m:	3:53.47 34.04			
	100m:	1:03.83 33.21	200m:	2:11.35 33.91	300m:	3:19.43 34.08	400m:	4:26.47 33.00			
11.	MARQUIS, Jade		20	Udem						<b>4:28.96</b>	636
	50m:	31.17 31.17	150m:	1:38.50 33.84	250m:	2:46.91 34.14	350m:	3:55.54 34.29			
	100m:	1:04.66 33.49	200m:	2:12.77 34.27	300m:	3:21.25 34.34	400m:	4:28.96 33.42			
12.	SHEMILT, Sydney		21	McGILL						<b>4:30.51</b>	625
	50m:	31.34 31.34	150m:	1:38.83 33.97	250m:	2:47.14 34.04	350m:	3:56.41 34.78			
	100m:	1:04.86 33.52	200m:	2:13.10 34.27	300m:	3:21.63 34.49	400m:	4:30.51 34.10			
13.	SMITH, Rachel		18	Ottawa						<b>4:31.23</b>	620
	50m:	31.17 31.17	150m:	1:39.96 34.59	250m:	2:49.40 34.68	350m:	3:58.29 34.21			
	100m:	1:05.37 34.20	200m:	2:14.72 34.76	300m:	3:24.08 34.68	400m:	4:31.23 32.94			
14.	PHAM-SPICKLER, Alexia		21	Usher						<b>4:33.73</b>	603
	50m:	31.25 31.25	150m:	1:39.34 34.49	250m:	2:49.05 34.80	350m:	3:59.26 35.14			
	100m:	1:04.85 33.60	200m:	2:14.25 34.91	300m:	3:24.12 35.07	400m:	4:33.73 34.47			

Event 25, Women, 400m Freestyle, Final, Open

Rank					Age					Time	Pts	
15.	MARTINEAU, Margot				21	Uqtr				<b>4:38.08</b>	575	
	50m:	30.57	30.57	150m:	1:39.51	34.80	250m:	2:50.37	35.57	350m:	4:02.77	36.14
	100m:	1:04.71	34.14	200m:	2:14.80	35.29	300m:	3:26.63	36.26	400m:	4:38.08	35.31
16.	HARVEY, Olivia				21	Laval				<b>4:40.28</b>	562	
	50m:	31.70	31.70	150m:	1:41.15	35.26	250m:	2:52.63	35.99	350m:	4:04.87	35.98
	100m:	1:05.89	34.19	200m:	2:16.64	35.49	300m:	3:28.89	36.26	400m:	4:40.28	35.41