

SSF KSA NATIONAL CHAMPIONSHIP DEC 2024  
DAMMAM, 19- - 22-12-2024

Event 16  
2024-12-21

Men, 400m Medley

13 years and older  
Results

13 - 14: 6:13.00; 15 - 17: 5:31.00; 18 - 90: 5:20.00

Points: FINA 2023

Rank	Age		Time		Pts	100m	200m	300m	400m
<b>13 - 14 years</b>									
1.	MAZEN AHMED, E.	13	HIL	<b>5:04.46</b>	513 Q	1:08.72	1:16.43	1:27.60	1:11.71
	50m: 31.37	31.37	150m: 1:47.30	38.58	250m: 3:09.15	44.00	350m: 4:29.40	36.65	
	100m: 1:08.72	37.35	200m: 2:25.15	37.85	300m: 3:52.75	43.60	400m: 5:04.46	35.06	
2.	AHMED MAHMOUD, W.	13	SHB	<b>5:23.54</b>	428 Q	1:12.77	1:27.12	1:27.98	1:15.67
	50m: 33.47	33.47	150m: 1:56.00	43.23	250m: 3:23.76	43.87	350m: 4:46.33	38.46	
	100m: 1:12.77	39.30	200m: 2:39.89	43.89	300m: 4:07.87	44.11	400m: 5:23.54	37.21	
3.	ALI HUSSAIN, A.	14	SLM	<b>5:23.85</b>	426 Q	1:10.66	1:27.33	1:33.45	1:12.41
	50m: 31.92	31.92	150m: 1:55.52	44.86	250m: 3:25.22	47.23	350m: 4:49.26	37.82	
	100m: 1:10.66	38.74	200m: 2:37.99	42.47	300m: 4:11.44	46.22	400m: 5:23.85	34.59	
4.	MOAZ AHMED, ELSAYED	13	ITHD	<b>5:35.61</b>	383 Q	1:15.57	1:25.33	1:39.26	1:15.45
	50m: 34.55	34.55	150m: 1:59.02	43.45	250m: 3:31.05	50.15	350m: 4:58.60	38.44	
	100m: 1:15.57	41.02	200m: 2:40.90	41.88	300m: 4:20.16	49.11	400m: 5:35.61	37.01	
5.	AHMED ALI, ALSAEED	13	SFA	<b>5:36.91</b>	379 Q	1:17.35	1:29.19	1:38.65	1:11.72
	50m: 35.37	35.37	150m: 2:02.71	45.36	250m: 3:34.93	48.39	350m: 5:01.73	36.54	
	100m: 1:17.35	41.98	200m: 2:46.54	43.83	300m: 4:25.19	50.26	400m: 5:36.91	35.18	
6.	JAFAR SADIQ, MURAI BET	14	MHT	<b>5:39.43</b>	370 Q	1:13.35	1:33.88	1:34.53	1:17.67
	50m: 33.29	33.29	150m: 2:00.18	46.83	250m: 3:33.59	46.36	350m: 5:01.29	39.53	
	100m: 1:13.35	40.06	200m: 2:47.23	47.05	300m: 4:21.76	48.17	400m: 5:39.43	38.14	
7.	YASSIEN ISLAM, A.	13	ADL	<b>5:39.49</b>	370 Q	1:14.36	1:30.11	1:42.11	1:12.91
	50m: 34.29	34.29	150m: 1:59.23	44.87	250m: 3:34.88	50.41	350m: 5:03.94	37.36	
	100m: 1:14.36	40.07	200m: 2:44.47	45.24	300m: 4:26.58	51.70	400m: 5:39.49	35.55	
8.	ALI ABDULLAH, A.	13	KHJ	<b>6:03.15</b>	302 Q	1:19.45	1:34.99	1:45.78	1:22.93
	50m: 36.29	36.29	150m: 2:07.06	47.61	250m: 3:47.92	53.48	350m: 5:22.50	42.28	
	100m: 1:19.45	43.16	200m: 2:54.44	47.38	300m: 4:40.22	52.30	400m: 6:03.15	40.65	
	MOHAMED RAYYAN GALC14C.	AC-WHELS							NT
<b>15 - 17 years</b>									
1.	AHMED MOHAMMED, A.	17	KHJ	<b>4:49.13</b>	599 Q	1:02.37	1:15.62	1:26.08	1:05.06
	50m: 29.35	29.35	150m: 1:40.31	37.94	250m: 3:01.17	43.18	350m: 4:17.39	33.32	
	100m: 1:02.37	33.02	200m: 2:17.99	37.68	300m: 3:44.07	42.90	400m: 4:49.13	31.74	
2.	ZIYAD FATHI, ALMESALIM	17	HJR	<b>4:56.61</b>	555 Q	1:07.52	1:15.92	1:26.61	1:06.56
	50m: 30.85	30.85	150m: 1:45.05	37.53	250m: 3:06.64	43.20	350m: 4:23.82	33.77	
	100m: 1:07.52	36.67	200m: 2:23.44	38.39	300m: 3:50.05	43.41	400m: 4:56.61	32.79	
3.	KHALID ABDULRAHMAN, I	17	ABH	<b>5:00.92</b>	532 Q	1:05.29	1:17.22	1:29.02	1:09.39
	50m: 29.72	29.72	150m: 1:43.92	38.63	250m: 3:06.45	43.94	350m: 4:26.66	35.13	
	100m: 1:05.29	35.57	200m: 2:22.51	38.59	300m: 3:51.53	45.08	400m: 5:00.92	34.26	
4.	ALHARETH SUHAIR, A.	17	AHLI	<b>5:06.77</b>	502 Q	1:08.21	1:18.02	1:26.75	1:13.79
	50m: 32.02	32.02	150m: 1:46.80	38.59	250m: 3:08.61	42.38	350m: 4:29.86	36.88	
	100m: 1:08.21	36.19	200m: 2:26.23	39.43	300m: 3:52.98	44.37	400m: 5:06.77	36.91	
5.	YOUSSEF TAREK, H.	15	IBT	<b>5:15.98</b>	459 Q	1:10.84	1:21.10	1:30.57	1:13.47
	50m: 32.50	32.50	150m: 1:51.76	40.92	250m: 3:16.20	44.26	350m: 4:39.15	36.64	
	100m: 1:10.84	38.34	200m: 2:31.94	40.18	300m: 4:02.51	46.31	400m: 5:15.98	36.83	
6.	BASIL IBRAHEEM, A.	17	WJ	<b>5:23.34</b>	428 Q	1:08.99	1:23.60	1:31.64	1:19.11
	50m: 31.40	31.40	150m: 1:50.93	41.94	250m: 3:17.87	45.28	350m: 4:43.05	38.82	
	100m: 1:08.99	37.59	200m: 2:32.59	41.66	300m: 4:04.23	46.36	400m: 5:23.34	40.29	
7.	ABDULLA MAJED, A.	16	FTH	<b>5:28.78</b>	407 Q	1:12.17	1:26.24	1:37.73	1:12.64
	50m: 32.64	32.64	150m: 1:55.71	43.54	250m: 3:27.10	48.69	350m: 4:53.89	37.75	
	100m: 1:12.17	39.53	200m: 2:38.41	42.70	300m: 4:16.14	49.04	400m: 5:28.78	34.89	
	MOHAMMED HUSSAIN, A.	17	SFA						NT

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DAMMAM, 19- - 22-12-2024

Event 16, Men, 400m Medley

18 years and older

1.	SALAH MOHAMED, N.	32	A-SHRK			<b>4:47.38</b>	610	Q	1:04.49	1:15.44	1:21.95	1:05.50
	50m:	29.71	29.71	150m:	1:43.55	39.06	250m:	3:00.93	41.00	350m:	4:15.39	33.51
	100m:	1:04.49	34.78	200m:	2:19.93	36.38	300m:	3:41.88	40.95	400m:	4:47.38	31.99
2.	AQEEL ALI, ALHASHIM	20	ADL			<b>4:59.90</b>	537	Q	1:04.44	1:16.07	1:31.54	1:07.85
	50m:	30.21	30.21	150m:	1:42.21	37.77	250m:	3:06.58	46.07	350m:	4:26.72	34.67
	100m:	1:04.44	34.23	200m:	2:20.51	38.30	300m:	3:52.05	45.47	400m:	4:59.90	33.18
3.	ABDULQADER ALI, YUNU	19	QDS			<b>5:00.82</b>	532	Q	1:05.73	1:21.90	1:25.77	1:07.42
	50m:	29.69	29.69	150m:	1:46.79	41.06	250m:	3:10.32	42.69	350m:	4:29.12	35.72
	100m:	1:05.73	36.04	200m:	2:27.63	40.84	300m:	3:53.40	43.08	400m:	5:00.82	31.70
4.	ALEXANDRE RACHID, Y.	24	A-ACWA			<b>5:00.90</b>	532	Q	1:05.51	1:22.20	1:26.05	1:07.14
	50m:	30.11	30.11	150m:	1:46.68	41.17	250m:	3:11.10	43.39	350m:	4:28.53	34.77
	100m:	1:05.51	35.40	200m:	2:27.71	41.03	300m:	3:53.76	42.66	400m:	5:00.90	32.37
	SALMAN HUSSAIN, .	20	FTH					<b>NT</b>				