

Prueba 14
15/12/2024

Masc., 400m Libre

Abs.
Resultados

		AN				Tiempo			
684,00	GOMEZ GREDILLA, Urtats	05	Getxo Igeriketa Bolue K.E.	4:00.79					
	50m: 28.29 28.29	150m: 1:29.59	31.05	250m: 2:31.78	30.97	350m: 3:32.21	29.81		
	100m: 58.54 30.25	200m: 2:00.81	31.22	300m: 3:02.40	30.62	400m: 4:00.79	28.58		
673,00	HUTH VICENTE, Elrik	06	Galdakao I.T.	4:02.09					
	50m: 27.83 27.83	150m: 1:29.30	30.98	250m: 2:31.78	31.01	350m: 3:32.40	30.17		
	100m: 58.32 30.49	200m: 2:00.77	31.47	300m: 3:02.23	30.45	400m: 4:02.09	29.69		
634,00	CABRERA LUQUE, Aimar	07	Getxo Igeriketa Bolue K.E.	4:07.03					
	50m: 27.61 27.61	150m: 1:28.56	30.76	250m: 2:32.05	31.79	350m: 3:35.48	31.80		
	100m: 57.80 30.19	200m: 2:00.26	31.70	300m: 3:03.68	31.63	400m: 4:07.03	31.55		
612,00	RAMOS ETXEBARRIA, Xabier	08	Getxo Igeriketa Bolue K.E.	4:09.93					
	50m: 28.72 28.72	150m: 1:30.48	31.23	250m: 2:34.22	31.93	350m: 3:38.69	32.27		
	100m: 59.25 30.53	200m: 2:02.29	31.81	300m: 3:06.42	32.20	400m: 4:09.93	31.24		
541,00	OCHOA CANO, Ibai	07	C.N. Santurtzi	4:20.33					
	50m: 29.22 29.22	150m: 1:34.77	33.17	250m: 2:41.58	33.08	350m: 3:48.45	33.53		
	100m: 1:01.60 32.38	200m: 2:08.50	33.73	300m: 3:14.92	33.34	400m: 4:20.33	31.88		
539,00	GONZALEZ PASCUAL, Unax	07	Getxo Igeriketa Bolue K.E.	4:20.69					
	50m: 28.70 28.70	150m: 1:32.33	32.09	250m: 2:36.85	32.55	350m: 3:46.36	35.70		
	100m: 1:00.24 31.54	200m: 2:04.30	31.97	300m: 3:10.66	33.81	400m: 4:20.69	34.33		
510,00	GULLÓN HERNANDEZ, Asier	04	C.N. Santurtzi	4:25.62					
	50m: 29.16 29.16	150m: 1:34.04	33.32	250m: 2:41.55	34.20	350m: 3:50.82	34.84		
	100m: 1:00.72 31.56	200m: 2:07.35	33.31	300m: 3:15.98	34.43	400m: 4:25.62	34.80		
497,00	ITUIÑO OSTOLOZAGA, Aratz	10	Getxo Igeriketa Bolue K.E.	4:27.90					
	50m: 30.52 30.52	150m: 1:38.40	34.39	250m: 2:46.82	34.56	350m: 3:55.03	34.23		
	100m: 1:04.01 33.49	200m: 2:12.26	33.86	300m: 3:20.80	33.98	400m: 4:27.90	32.87		
491,00	MONACO IRIZAR, Aritz	09	C.N. Santurtzi	4:28.92					
	50m: 30.15 30.15	150m: 1:36.65	33.67	250m: 2:45.67	34.76	350m: 3:55.82	35.03		
	100m: 1:02.98 32.83	200m: 2:10.91	34.26	300m: 3:20.79	35.12	400m: 4:28.92	33.10		
481,00	BARRUTIA URRUTICOECHEA, Mikel	90	C.D. Bilbao	4:30.75					
	50m: 31.17 31.17	150m: 1:39.29	34.03	250m: 2:48.66	34.72	350m: 3:57.87	34.41		
	100m: 1:05.26 34.09	200m: 2:13.94	34.65	300m: 3:23.46	34.80	400m: 4:30.75	32.88		
479,00	AOSTRI HERRAN, Ager	10	Getxo Igeriketa Bolue K.E.	4:31.12					
	50m: 30.88 30.88	150m: 1:39.44	34.70	250m: 2:48.49	34.76	350m: 3:58.07	34.56		
	100m: 1:04.74 33.86	200m: 2:13.73	34.29	300m: 3:23.51	35.02	400m: 4:31.12	33.05		
478,00	GARCIA ALONSO, iñaki	08	A.D.N. Maristas	4:31.34					
	50m: 29.59 29.59	150m: 1:37.00	33.93	250m: 2:45.93	34.59	350m: 3:56.68	35.47		
	100m: 1:03.07 33.48	200m: 2:11.34	34.34	300m: 3:21.21	35.28	400m: 4:31.34	34.66		
461,00	BARCINA ELCUAZ, Francisco Javier	08	A.D.N. Maristas	4:34.59					
	50m: 29.87 29.87	150m: 1:36.90	33.73	250m: 2:47.50	35.19	350m: 3:58.98	35.55		
	100m: 1:03.17 33.30	200m: 2:12.31	35.41	300m: 3:23.43	35.93	400m: 4:34.59	35.61		
450,00	ASIAIN CIFUENTES, Iker	03	C.N. Tabira	4:36.90					
	50m: 29.29 29.29	150m: 1:36.13	34.19	250m: 2:47.78	36.10	350m: 4:00.82	36.39		
	100m: 1:01.94 32.65	200m: 2:11.68	35.55	300m: 3:24.43	36.65	400m: 4:36.90	36.08		
432,00	CUERDO AGIRRE, Aitor	09	C.N. Santurtzi	4:40.61					
	50m: 31.77 31.77	150m: 1:43.24	36.18	250m: 2:54.04	35.64	350m: 4:05.43	35.32		
	100m: 1:07.06 35.29	200m: 2:18.40	35.16	300m: 3:30.11	36.07	400m: 4:40.61	35.18		
430,00	APRAIZ AZPEITIA, David	00	C.D. Bilbao	4:41.06					
	50m: 32.26 32.26	150m: 1:42.31	35.54	250m: 2:52.64	34.21	350m: 4:04.18	36.33		
	100m: 1:06.77 34.51	200m: 2:18.43	36.12	300m: 3:27.85	35.21	400m: 4:41.06	36.88		
428,00	LLABORI MARTINEZ-ARANO, A.	01	C.D. Bilbao	4:41.48					
	50m: 30.76 30.76	150m: 1:40.40	35.41	250m: 2:53.22	36.27	350m: 4:07.75	37.44		
	100m: 1:04.99 34.23	200m: 2:16.95	36.55	300m: 3:30.31	37.09	400m: 4:41.48	33.73		

Prueba 14, Masc., 400m Libre, Abs.

		AN				Tiempo	
425,00	CUADRA ZUMETA, Jon	08	Club Natacion Mungia			4:42.11	
	50m: 32.28 32.28	150m: 1:42.92	35.89	250m: 2:55.07	36.04	350m: 4:07.66	36.56
	100m: 1:07.03 34.75	200m: 2:19.03	36.11	300m: 3:31.10	36.03	400m: 4:42.11	34.45
401,00	MARTINEZ MORILLA, Urko	10	A.D.N. Maristas			4:47.63	
	50m: 31.77 31.77	150m: 1:43.88	36.34	250m: 2:57.81	37.06	350m: 4:11.05	36.54
	100m: 1:07.54 35.77	200m: 2:20.75	36.87	300m: 3:34.51	36.70	400m: 4:47.63	36.58
400,00	AKARREGI MURPHY, Dylan	10	Galdakao I.T.			4:47.90	
	50m: 32.30 32.30	150m: 1:44.02	36.43	250m: 2:57.17	36.91	350m: 4:11.46	37.54
	100m: 1:07.59 35.29	200m: 2:20.26	36.24	300m: 3:33.92	36.75	400m: 4:47.90	36.44
343,00	PEREZ IBARRA, Unax	10	A.D.N. Maristas			5:03.09	
	50m: 32.65 32.65	150m: 1:45.45	37.10	250m: 3:03.62	39.70	350m: 4:24.39	40.43
	100m: 1:08.35 35.70	200m: 2:23.92	38.47	300m: 3:43.96	40.34	400m: 5:03.09	38.70
331,00	VAQUERO BENITO, Mikel	07	C.N. Sestao			5:06.61	
	50m: 31.89 31.89	150m: 1:44.99	37.17	250m: 3:03.14	39.70	350m: 4:25.55	41.81
	100m: 1:07.82 35.93	200m: 2:23.44	38.45	300m: 3:43.74	40.60	400m: 5:06.61	41.06
-	CALVO CRUCES, Asier	11	C.N. Santurtzi			5:12.15	
	50m: 35.03 35.03	150m: 1:54.37	39.88	250m: 3:14.60	39.68	350m: 4:34.22	39.55
	100m: 1:14.49 39.46	200m: 2:34.92	40.55	300m: 3:54.67	40.07	400m: 5:12.15	37.93
-	YANGUAS REINOSO, Iker	11	C.N. Santurtzi			5:13.03	
	50m: 36.20 36.20	150m: 1:55.75	40.23	250m: 3:16.12	39.88	350m: 4:35.41	40.38
	100m: 1:15.52 39.32	200m: 2:36.24	40.49	300m: 3:55.03	38.91	400m: 5:13.03	37.62
-	BOUVIER SANTISTEBAN, Gael	10	C.D. Bilbao			5:19.43	
	50m: 35.14 35.14	150m: 1:54.22	41.03	250m: 3:15.95	40.97	350m: 4:38.09	41.28
	100m: 1:13.19 38.05	200m: 2:34.98	40.76	300m: 3:56.81	40.86	400m: 5:19.43	41.34
-	MINTEGUI PINEDA, Kerman	10	Getxo Igeriketa Bolue K.E.				