

Torneio Especialista  
Coimbra, 16/2/2025

Prova 16 Femin., 200m Livres Inf A e B  
16/02/2025 - 12:05 Resultados

Rec. Nac Open	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Rec. Nac Inf A	2:10.86	Alexandra Couto, FRAZAO	CNA	Oeiras	11/04/2015
Rec. Nac Inf B	2:12.20	Filipa Vilas, RUIVO	DNMG	S. Joao da Madeira	24/07/2009

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
DNS Marta Marques, MARTINS	12 Vigor da Mocidade		

Prova 16 Femin., 200m Livres Juv A/B  
16/02/2025 - 12:05 Resultados

Rec. Nac Open	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Rec. Nac Juv A	2:05.85	Francisca Soares, MARTINS	FOCA	Oeiras	27/07/2018
Rec. Nac Juv B	2:07.40	Maria Francisca, CABRAL	FCP	Oeiras	25/07/2014

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Rita Lucas, SANTOS	10 Condeixa Clube	<b>2:16.91</b>	560
50m: 31.00 31.00 100m: 1:06.01 35.01 150m: 1:42.22 36.21 200m: 2:16.91 34.69			
2. Marta Silva, FERNANDES	10 Porto	<b>2:20.11</b>	522
50m: 32.57 32.57 100m: 1:07.34 34.77 150m: 1:44.06 36.72 200m: 2:20.11 36.05			
3. Leonor Antunes, PAIVA	10 Nautico Academico	<b>2:21.44</b>	507
50m: 33.06 33.06 100m: 1:10.07 37.01 150m: 1:46.51 36.44 200m: 2:21.44 34.93			
4. Maria Miguel, FERNANDES	10 Columbofila Cantanhedense	<b>2:21.60</b>	506
50m: 33.18 33.18 100m: 1:09.23 36.05 150m: 1:46.16 36.93 200m: 2:21.60 35.44			
5. Filipa Ferreira, LOISAS	11 Columbofila Cantanhedense	<b>2:21.85</b>	503
50m: 34.17 34.17 100m: 1:09.43 35.26 150m: 1:45.77 36.34 200m: 2:21.85 36.08			
6. Maria Carolina, ALVES	10 Bairro dos Anjos	<b>2:23.95</b>	481
50m: 34.08 34.08 100m: 1:10.01 35.93 150m: 1:46.60 36.59 200m: 2:23.95 37.35			
7. Sara Ferreira, SANTOS	11 Columbofila Cantanhedense	<b>2:24.58</b>	475
50m: 33.73 33.73 100m: 1:11.20 37.47 150m: 1:48.63 37.43 200m: 2:24.58 35.95			
8. Beatriz Oliveira, PORTULEZ	11 Columbofila Cantanhedense	<b>2:24.98</b>	471
50m: 33.93 33.93 100m: 1:10.28 36.35 150m: 1:48.04 37.76 200m: 2:24.98 36.94			
9. Maria Ines, RODRIGUES	10 Condeixa Clube	<b>2:25.58</b>	465
50m: 33.68 33.68 100m: 1:10.62 36.94 150m: 1:49.15 38.53 200m: 2:25.58 36.43			
10. Luisa Goncalves, ANDRADE	11 Porto	<b>2:26.45</b>	457
50m: 33.47 33.47 100m: 1:10.20 36.73 150m: 1:48.09 37.89 200m: 2:26.45 38.36			
11. Carlota Gaspar, PIRES	11 Porto	<b>2:28.10</b>	442
50m: 33.91 33.91 100m: 1:11.30 37.39 150m: 1:49.64 38.34 200m: 2:28.10 38.46			
12. Constanca Rolim, PEDRO	10 Bairro dos Anjos	<b>2:29.29</b>	431
50m: 34.55 34.55 100m: 1:12.60 38.05 150m: 1:51.67 39.07 200m: 2:29.29 37.62			
13. Beatriz Ribeiro, VELOSO	10 Vigor da Mocidade	<b>2:30.67</b>	420
50m: 34.69 34.69 100m: 1:12.85 38.16 150m: 1:52.54 39.69 200m: 2:30.67 38.13			
14. Laura Nobre, MONTEIRO	10 Columbofila Cantanhedense	<b>2:30.78</b>	419
50m: 35.17 35.17 100m: 1:13.69 38.52 150m: 1:52.43 38.74 200m: 2:30.78 38.35			
15. Carlota Francisco, SANTOS	11 Nautico Academico	<b>2:31.35</b>	414
50m: 35.55 35.55 100m: 1:14.05 38.50 150m: 1:53.56 39.51 200m: 2:31.35 37.79			
16. Leonor Cioga, MOREIRA	11 Condeixa Clube	<b>2:31.87</b>	410
50m: 35.67 35.67 100m: 1:14.21 38.54 150m: 1:53.82 39.61 200m: 2:31.87 38.05			
17. Nicole Melo, OLIVEIRA	11 Estarreja	<b>2:31.99</b>	409
50m: 33.74 33.74 100m: 1:12.41 38.67 150m: 1:52.83 40.42 200m: 2:31.99 39.16			
18. Mariana Bagagem, CARVALHO	10 Miranda do Corvo	<b>2:33.23</b>	399
50m: 34.16 34.16 100m: 1:13.09 38.93 150m: 1:53.78 40.69 200m: 2:33.23 39.45			

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Prova 16, Femin., 200m Livres, Juv A/B

Lugar	Ano	Tempo final	Pts
19. Ana Leonor, CARRETO 50m: 36.63 36.63 100m: 1:16.04	11 Nautico Academico	<b>2:33.97</b>	393
20. Lia Tome, MATEUS 50m: 35.99 35.99 100m: 1:15.26	11 Nataçao de Vagos	<b>2:33.98</b>	393
21. Mariana Bernardo, SILVESTRE 50m: 34.86 34.86 100m: 1:15.58	10 Nautico Academico	<b>2:34.00</b>	393
22. Eva Santos, FERREIRA 50m: 34.86 34.86 100m: 1:14.90	10 O Crasto	<b>2:34.17</b>	392
23. Isabella Scavone, LOPES 50m: 35.16 35.16 100m: 1:15.00	10 Miranda do Corvo	<b>2:40.83</b>	345
24. Ines Ferreira, SANTOS 50m: 36.89 36.89 100m: 1:17.90	10 Louzan Natacao/EFAPEL	<b>2:44.17</b>	324
25. Erica Sofia, LEITE 50m: 37.19 37.19 100m: 1:18.45	10 Nataçao de Vagos	<b>2:47.42</b>	306
26. Matilde Martins, BARBOSA 50m: 40.29 40.29 100m: 1:25.97	10 Nataçao de Vagos	<b>2:52.62</b>	279
27. Leonor Sofia, BATISTA 50m: 45.03 45.03 100m: 1:33.31	11 S. Pedro Alva	<b>3:05.22</b>	226
28. Rita Cravino, RIBEIRO 50m: 41.19 41.19 100m: 1:31.08	11 Nautico Academico	<b>3:10.90</b>	206

Prova 16  
16/02/2025 - 12:05

Femin., 200m Livres

Jun  
Resultados

Rec. Nac Open	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Rec. Nac 18 +	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Rec. Nac Jun 17	2:03.11	Francisca Soares, MARTINS	POR	Loule	16/08/2020
Rec. Nac Jun 16	2:02.89	Ana Reis, SOUSA	POR	Helsinki (FIN)	06/07/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Carolina Vizinho, CABRAL 50m: 30.65 30.65 100m: 1:04.01	07 Nataçao de Vagos	<b>2:11.20</b>	636
2. Leonor Mil, MANO 50m: 31.00 31.00 100m: 1:04.89	07 Nautico Academico	<b>2:12.79</b>	613
3. Erica Domitila, AMADOR 50m: 31.28 31.28 100m: 1:05.54	07 Estarreja	<b>2:13.28</b>	607
4. Carolina Sofia, BAPTISTA 50m: 30.86 30.86 100m: 1:05.46	09 Estarreja	<b>2:14.41</b>	591
5. Francisca Martingo, RICARDO 50m: 30.78 30.78 100m: 1:05.78	09 Porto	<b>2:16.81</b>	561
6. Laura Carvalho, FERNANDES 50m: 32.81 32.81 100m: 1:07.74	08 Nautico Academico	<b>2:17.08</b>	557
7. Carolina Correia, MARTINS 50m: 32.48 32.48 100m: 1:06.56	09 Porto	<b>2:17.85</b>	548
8. Ines Maria, FARIA 50m: 32.64 32.64 100m: 1:07.92	09 Porto	<b>2:20.29</b>	520
9. Maria Manuel, CORTESAO 50m: 33.04 33.04 100m: 1:08.81	08 Nautico Academico	<b>2:20.79</b>	514
10. Carolina Martins, SILVA 50m: 31.62 31.62 100m: 1:07.86	07 Estarreja	<b>2:23.15</b>	489

Torneio Especialista  
Coimbra, 16/2/2025

Prova 16, Femin., 200m Livres, Jun

Lugar	Ano	Tempo final	Pts
11. Gabriela Lopes, FERNANDES	09 O Crasto	<b>2:29.63</b>	428
50m: 34.49 34.49 100m: 1:12.73 38.24 150m: 1:51.83 39.10 200m: 2:29.63 37.80			
12. Ana Margarida, CRUZ	09 Nautico Academico	<b>2:33.40</b>	398
50m: 35.09 35.09 100m: 1:13.53 38.44 150m: 1:53.79 40.26 200m: 2:33.40 39.61			
13. Juliana Rodrigues, NOGUEIRA	08 S. Pedro Alva	<b>2:39.40</b>	354
50m: 35.08 35.08 100m: 1:14.33 39.25 150m: 1:57.15 42.82 200m: 2:39.40 42.25			
14. Luana Soares, BRAS	09 S. Pedro Alva	<b>3:03.64</b>	232
50m: 40.46 40.46 100m: 1:26.92 46.46 150m: 2:17.87 50.95 200m: 3:03.64 45.77			

Prova 16

Femin., 200m Livres

Sen

16/02/2025 - 12:05

Resultados

Rec. Nac Open	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	13/05/2023
Rec. Nac 18 +	1:58.55	Francisca Soares, MARTINS	FOCA	Canet-en-Roussillon (FRA)	13/05/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Joana Nunes, CARDEAL	02 Condeixa Clube	<b>2:07.71</b>	689
50m: 29.05 29.05 100m: 1:01.20 32.15 150m: 1:34.87 33.67 200m: 2:07.71 32.84			
2. Ines Mira, PINO	06 Pimpoes/Cimai	<b>2:20.63</b>	516
50m: 32.97 32.97 100m: 1:08.04 35.07 150m: 1:45.09 37.05 200m: 2:20.63 35.54			
3. Barbara Nunes, MARQUES	06 Estarreja	<b>2:22.23</b>	499
50m: 33.63 33.63 100m: 1:09.99 36.36 150m: 1:47.02 37.03 200m: 2:22.23 35.21			
DNS Beatriz Ferreira, GASPAR	04 Academica de Coimbra		
DNS Leonor Verissimo, FARIA	06 Nautico Academico		
EXH Maria Luisa, NOGUEIRA	12 Academica de Coimbra	<b>2:32.58</b>	404
50m: 36.27 36.27 100m: 1:14.66 38.39 150m: 1:54.27 39.61 200m: 2:32.58 38.31			
EXH Beatriz Pires, SOARES	12 Miranda do Corvo	<b>2:54.35</b>	271
50m: 39.33 39.33 100m: 1:25.53 46.20 150m: 2:11.05 45.52 200m: 2:54.35 43.30			
EXH Maria Costa, VIEGAS	13 Academica de Coimbra	<b>3:02.16</b>	237
50m: 42.67 42.67 100m: 1:29.59 46.92 150m: 2:18.61 49.02 200m: 3:02.16 43.55			
EXH Joana Maria, OLIVEIRA	13 Academica de Coimbra	<b>3:10.32</b>	208
50m: 45.05 45.05 100m: 1:33.49 48.44 150m: 2:21.50 48.01 200m: 3:10.32 48.82			
EXH Benedita Goncalves, SILVA	13 Academica de Coimbra	<b>3:17.17</b>	187
50m: 46.29 46.29 100m: 1:37.30 51.01 150m: 2:28.83 51.53 200m: 3:17.17 48.34			
EXH Eva, ISAEVA	13 Academica de Coimbra	<b>3:31.55</b>	151
50m: 47.96 47.96 100m: 1:43.75 55.79 150m: 2:38.85 55.10 200m: 3:31.55 52.70			
EXH Carlota Maria, GUERRA	13 Vigor da Mocidade	<b>3:32.39</b>	150
50m: 47.30 47.30 100m: 1:40.59 53.29 150m: 2:39.11 58.52 200m: 3:32.39 53.28			