

Taça Velocidade  
Coimbra, 19/1/2025

Prova 25 19/01/2025	Femin., 1500m Livres				Absoluto Resultados
Rec. Nac Open	16:15.12	Diana Margarida, DURAES	SLB	Lisboa	09/02/2020
Rec. Nac 18 +	16:15.12	Diana Margarida, DURAES	SLB	Lisboa	09/02/2020
Rec. Nac Jun17	16:20.80	Tamila Hryhorivna, HOLUB	POR	Hodmezovasarhely (HUN)	08/07/2016
Rec. Nac Jun16	16:43.22	Tamila Hryhorivna, HOLUB	SCB	Singapore (SGP)	29/08/2015
Rec. Nac Juv A	16:54.60	Tamila Hryhorivna, HOLUB	POR	Dordrecht (NED)	11/07/2014
Rec. Nac Juv B	17:34.28	Maria Miguel, VELOSO	CNAC	Coimbra	08/07/2007
Rec. Nac Inf A	18:05.56	Mafalda Sofia, ROSA	CNRM	Rio Maior	24/06/2016
Rec. Nac Inf B	18:11.07	Filipa Vilas, RUIVO	DNMG	Coimbra	05/07/2009
Rec. Nac. NA S6	59:00.00	,			01/01/1800
Rec. Nac. NA S8	59:00.00	,			01/01/1800
Rec. Nac. NA S9	25:32.02	Renata Vaz, PINTO	ADADA	Póvoa de Varzim	02/06/2024
Rec. Nac. NA S14	26:36.38	Diana Vieira, SIMOES	SCA	Póvoa de Varzim	04/12/2022
Rec. Nac. NA S15	27:22.00	Maria, FERREIRA			01/01/1997
Rec. Nac. NA S17	59:00.00	start,			01/01/1800
Rec. Nac. NA S21	27:59.74	Filipa Sa, REIS	POR	Padova (ITA)	09/09/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
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### Infantis A

1. Maria Luisa, NOGUEIRA	12	Academica de Coimbra	<b>20:14.17</b>	435
100m: 1:19.09 1:19.09	500m: 6:42.30	900m: 12:05.75 1:21.30	1300m: 17:31.55 1:21.21	
200m: 2:40.22 1:21.13	600m: 8:03.13 1:20.83	1000m: 13:26.99 1:21.24	1400m: 18:52.91 1:21.36	
300m: 4:01.06 1:20.84	700m: 9:23.61 1:20.48	1100m: 14:48.77 1:21.78	1500m: 20:14.17 1:21.26	
400m:	800m: 10:44.45 1:20.84	1200m: 16:10.34 1:21.57		

### Juvenis B

1. Beatriz Oliveira, PORTULEZ	11	Columbófila Cantanhedense	<b>19:25.51</b>	492
100m: 1:16.06 1:16.06	500m: 6:28.73 1:18.35	900m: 11:41.18 1:18.22	1300m: 16:52.21 1:17.32	
200m: 2:33.41 1:17.35	600m: 7:47.38 1:18.65	1000m: 12:59.49 1:18.31	1400m: 18:09.48 1:17.27	
300m: 3:51.76 1:18.35	700m: 9:05.22 1:17.84	1100m: 14:17.08 1:17.59	1500m: 19:25.51 1:16.03	
400m: 5:10.38 1:18.62	800m: 10:22.96 1:17.74	1200m: 15:34.89 1:17.81		
2. Filipa Ferreira, LOISAS	11	Columbófila Cantanhedense	<b>20:04.34</b>	446
100m: 1:19.49 1:19.49	500m: 6:38.75 1:19.54	900m: 12:00.46 1:21.07	1300m: 17:22.32 1:20.00	
200m: 2:39.65 1:20.16	600m: 7:58.96 1:20.21	1000m: 13:21.39 1:20.93	1400m: 18:42.24 1:19.92	
300m: 3:59.22 1:19.57	700m: 9:18.53 1:19.57	1100m: 14:41.40 1:20.01	1500m: 20:04.34 1:22.10	
400m: 5:19.21 1:19.99	800m: 10:39.39 1:20.86	1200m: 16:02.32 1:20.92		
3. Eva Miranda, ALMEIDA	11	Columbófila Cantanhedense	<b>20:34.62</b>	414
100m: 1:20.17 1:20.17	500m: 6:48.61 1:22.33	900m: 12:18.71 1:22.93	1300m: 17:50.57 1:22.85	
200m: 2:42.62 1:22.45	600m: 8:11.13 1:22.52	1000m: 13:41.72 1:23.01	1400m: 19:13.20 1:22.63	
300m: 4:04.43 1:21.81	700m: 9:33.43 1:22.30	1100m: 15:04.79 1:23.07	1500m: 20:34.62 1:21.42	
400m: 5:26.28 1:21.85	800m: 10:55.78 1:22.35	1200m: 16:27.72 1:22.93		
4. Joana Cura, NEVES	11	Condeixa Clube	<b>20:38.35</b>	410
100m: 1:20.02 1:20.02	500m: 6:47.35 1:21.91	900m: 12:15.64 1:22.61	1300m: 17:50.63 1:24.93	
200m: 2:41.24 1:21.22	600m: 8:09.51 1:22.16	1000m: 13:38.48 1:22.84	1400m: 19:14.75 1:24.12	
300m: 4:03.78 1:22.54	700m: 9:32.36 1:22.85	1100m: 15:01.54 1:23.06	1500m: 20:38.35 1:23.60	
400m: 5:25.44 1:21.66	800m: 10:53.03 1:20.67	1200m: 16:25.70 1:24.16		
5. Sara Ferreira, SANTOS	11	Columbófila Cantanhedense	<b>20:56.67</b>	392
100m: 1:19.52 1:19.52	500m: 6:56.51 1:24.58	900m: 12:34.84 1:24.50	1300m: 18:12.53 1:24.72	
200m: 2:42.71 1:23.19	600m: 8:21.24 1:24.73	1000m: 13:58.78 1:23.94	1400m: 19:35.92 1:23.39	
300m: 4:07.25 1:24.54	700m: 9:44.96 1:23.72	1100m: 15:22.57 1:23.79	1500m: 20:56.67 1:20.75	
400m: 5:31.93 1:24.68	800m: 11:10.34 1:25.38	1200m: 16:47.81 1:25.24		

### Juvenis A

1. Camila Duarte, MARCELO	10	Condeixa Clube	<b>18:16.34</b>	591
100m: 1:09.49 1:09.49	500m: 5:57.29 1:13.21	900m: 10:50.42 1:13.60	1300m: 15:47.21 1:14.50	
200m: 2:20.36 1:10.87	600m: 7:10.92 1:13.63	1000m: 12:04.18 1:13.76	1400m: 17:01.71 1:14.50	
300m: 3:31.69 1:11.33	700m: 8:23.67 1:12.75	1100m: 13:18.56 1:14.38	1500m: 18:16.34 1:14.63	
400m: 4:44.08 1:12.39	800m: 9:36.82 1:13.15	1200m: 14:32.71 1:14.15		

Taça Velocidade  
Coimbra, 19/1/2025

Prova 25, Femin., 1500m Livres, Juvenis A

Lugar	Ano		Tempo final		Pts
2.	Leonor Nunes, CARDEAL	10	Condeixa Clube	<b>18:40.25</b>	554
	100m: 1:11.19 1:11.19	500m: 6:13.24 1:15.74	900m: 11:14.67 1:15.05	1300m: 16:14.00 1:13.82	
	200m: 2:25.95 1:14.76	600m: 7:28.56 1:15.32	1000m: 12:30.30 1:15.63	1400m: 17:27.61 1:13.61	
	300m: 3:41.60 1:15.65	700m: 8:44.10 1:15.54	1100m: 13:45.07 1:14.77	1500m: 18:40.25 1:12.64	
	400m: 4:57.50 1:15.90	800m: 9:59.62 1:15.52	1200m: 15:00.18 1:15.11		
3.	Maria Neto, SIMOES	10	Condeixa Clube	<b>19:02.71</b>	522
	100m: 1:12.53 1:12.53	500m: 6:14.59 1:15.93	900m: 11:20.38 1:16.57	1300m: 16:29.74 1:17.25	
	200m: 2:27.41 1:14.88	600m: 7:30.46 1:15.87	1000m: 12:37.38 1:17.00	1400m: 17:47.58 1:17.84	
	300m: 3:43.15 1:15.74	700m: 8:46.73 1:16.27	1100m: 13:54.79 1:17.41	1500m: 19:02.71 1:15.13	
	400m: 4:58.66 1:15.51	800m: 10:03.81 1:17.08	1200m: 15:12.49 1:17.70		
4.	Leonor Mosca, SILVA	10	Cumbofilha Cantanhedense	<b>19:50.28</b>	462
	100m: 1:18.54 1:18.54	500m: 6:36.39 1:19.79	900m: 11:54.73 1:20.28	1300m: 17:14.66 1:19.82	
	200m: 2:37.99 1:19.45	600m: 7:55.88 1:19.49	1000m: 13:14.62 1:19.89	1400m: 18:34.49 1:19.83	
	300m: 3:57.16 1:19.17	700m: 9:15.31 1:19.43	1100m: 14:34.31 1:19.69	1500m: 19:50.28 1:15.79	
	400m: 5:16.60 1:19.44	800m: 10:34.45 1:19.14	1200m: 15:54.84 1:20.53		
5.	Maria Miguel, FERNANDES	10	Cumbofilha Cantanhedense	<b>20:43.93</b>	405
	100m: 1:18.64 1:18.64	500m: 6:42.88 1:22.88	900m: 12:15.42 1:23.53	1300m: 17:55.40 1:25.34	
	200m: 2:38.99 1:20.35	600m: 8:06.18 1:23.30	1000m: 13:40.08 1:24.66	1400m: 19:19.50 1:24.10	
	300m: 3:59.54 1:20.55	700m: 9:28.83 1:22.65	1100m: 15:05.05 1:24.97	1500m: 20:43.93 1:24.43	
	400m: 5:20.00 1:20.46	800m: 10:51.89 1:23.06	1200m: 16:30.06 1:25.01		
6.	Laura Nobre, MONTEIRO	10	Cumbofilha Cantanhedense	<b>21:16.94</b>	374
	100m: 1:22.59 1:22.59	500m: 7:03.71 1:25.67	900m: 12:47.30 1:25.35	1300m: 18:28.94 1:25.14	
	200m: 2:47.38 1:24.79	600m: 8:30.45 1:26.74	1000m: 14:13.58 1:26.28	1400m: 19:54.00 1:25.06	
	300m: 4:12.51 1:25.13	700m: 9:55.64 1:25.19	1100m: 15:38.18 1:24.60	1500m: 21:16.94 1:22.94	
	400m: 5:38.04 1:25.53	800m: 11:21.95 1:26.31	1200m: 17:03.80 1:25.62		
7.	Mariana Bagagem, CARVALHO	10	Miranda do Corvo	<b>22:07.13</b>	333
	100m: 1:20.98 1:20.98	500m: 7:11.06 1:28.47	900m: 13:09.19 1:30.45	1300m: 19:09.60 1:29.96	
	200m: 2:47.52 1:26.54	600m: 8:39.95 1:28.89	1000m: 14:38.99 1:29.80	1400m: 20:39.97 1:30.37	
	300m: 4:14.51 1:26.99	700m: 10:08.88 1:28.93	1100m: 16:09.42 1:30.43	1500m: 22:07.13 1:27.16	
	400m: 5:42.59 1:28.08	800m: 11:38.74 1:29.86	1200m: 17:39.64 1:30.22		

Juniiores

1.	Rita Isabel, NEVES	08	Condeixa Clube	<b>20:09.42</b>	440
	100m: 1:18.70 1:18.70	500m: 6:37.40 1:20.62	900m: 12:04.14 1:22.67	1300m: 17:30.90 1:22.71	
	200m: 2:37.88 1:19.18	600m: 7:58.98 1:21.58	1000m: 13:25.13 1:20.99	1400m: 18:52.01 1:21.11	
	300m: 3:57.04 1:19.16	700m: 9:20.90 1:21.92	1100m: 14:46.08 1:20.95	1500m: 20:09.42 1:17.41	
	400m: 5:16.78 1:19.74	800m: 10:41.47 1:20.57	1200m: 16:08.19 1:22.11		

Seniores

1.	Beatriz Nunes, CARDEAL	04	Condeixa Clube	<b>17:21.11</b>	691
	100m: 1:08.48 1:08.48	500m: 5:46.28 1:09.72	900m: 10:25.16 1:09.92	1300m: 15:04.15 1:09.56	
	200m: 2:17.85 1:09.37	600m: 6:55.99 1:09.71	1000m: 11:34.80 1:09.64	1400m: 16:14.04 1:09.89	
	300m: 3:27.21 1:09.36	700m: 8:05.10 1:09.11	1100m: 12:44.79 1:09.99	1500m: 17:21.11 1:07.07	
	400m: 4:36.56 1:09.35	800m: 9:15.24 1:10.14	1200m: 13:54.59 1:09.80		
2.	Ines Jacinto, HENRIQUES	00	Louzan Natação	<b>17:39.97</b>	654
	100m: 1:07.91 1:07.91	500m: 5:46.71 1:10.06	900m: 10:31.08 1:12.16	1300m: 15:18.90 1:11.57	
	200m: 2:17.20 1:09.29	600m: 6:57.12 1:10.41	1000m: 11:42.94 1:11.86	1400m: 16:30.12 1:11.22	
	300m: 3:27.16 1:09.96	700m: 8:07.71 1:10.59	1100m: 12:54.93 1:11.99	1500m: 17:39.97 1:09.85	
	400m: 4:36.65 1:09.49	800m: 9:18.92 1:11.21	1200m: 14:07.33 1:12.40		
3.	Camila Rodrigues, REBELO	03	Louzan Natação	<b>17:45.22</b>	645
	100m: 1:08.07 1:08.07	500m: 5:47.82 1:10.43	900m: 10:38.63 1:13.63	1300m: 15:25.73 1:10.06	
	200m: 2:17.28 1:09.21	600m: 6:59.57 1:11.75	1000m: 11:50.53 1:11.90	1400m: 16:35.92 1:10.19	
	300m: 3:27.49 1:10.21	700m: 8:11.75 1:12.18	1100m: 13:03.51 1:12.98	1500m: 17:45.22 1:09.30	
	400m: 4:37.39 1:09.90	800m: 9:25.00 1:13.25	1200m: 14:15.67 1:12.16		

Taça Velocidade  
Coimbra, 19/1/2025

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Prova 25, Femin., 1500m Livres, Seniores

Lugar			Ano			Tempo final	Pts	
4.	Joana Nunes, CARDEAL		02	Condeixa Clube		<b>17:50.06</b>	636	
	100m:	1:09.29 1:09.29	500m:	5:52.12 1:10.84	900m:	10:38.57 1:12.04	1300m:	15:26.47 1:11.81
	200m:	2:19.86 1:10.57	600m:	7:03.16 1:11.04	1000m:	11:50.43 1:11.86	1400m:	16:38.42 1:11.95
	300m:	3:30.45 1:10.59	700m:	8:14.74 1:11.58	1100m:	13:02.73 1:12.30	1500m:	17:50.06 1:11.64
	400m:	4:41.28 1:10.83	800m:	9:26.53 1:11.79	1200m:	14:14.66 1:11.93		
5.	Helena Nunes, RODRIGUES		03	Condeixa Clube		<b>18:32.83</b>	565	
	100m:	1:11.09 1:11.09	500m:	6:10.48 1:15.73	900m:	11:09.56 1:14.76	1300m:	16:08.34 1:14.19
	200m:	2:25.47 1:14.38	600m:	7:24.54 1:14.06	1000m:	12:24.95 1:15.39	1400m:	17:21.55 1:13.21
	300m:	3:39.67 1:14.20	700m:	8:39.48 1:14.94	1100m:	13:39.30 1:14.35	1500m:	18:32.83 1:11.28
	400m:	4:54.75 1:15.08	800m:	9:54.80 1:15.32	1200m:	14:54.15 1:14.85		
6.	Susana Pereira, VEIGA		00	Belenenses		<b>20:25.03</b>	424	
	<i>Rec Nac Adaptada</i>							
	100m:	1:19.49 1:19.49	500m:	6:43.08 1:23.05	900m:	12:12.36 1:21.91	1300m:	17:43.46 1:22.83
	200m:	2:39.46 1:19.97	600m:	8:06.44 1:23.36	1000m:	13:35.14 1:22.78	1400m:	19:04.36 1:20.90
	300m:	3:59.53 1:20.07	700m:	9:28.38 1:21.94	1100m:	14:57.70 1:22.56	1500m:	20:25.03 1:20.67
	400m:	5:20.03 1:20.50	800m:	10:50.45 1:22.07	1200m:	16:20.63 1:22.93		