

LAQUA Laatste Kans - 22 december 2024  
LEUVEN - Sportoase, 22/12/2024

Programmanr. 16  
22/12/2024 - 15:10

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang			Inscr.				Tijd	Pnt		
1.	RESMINI Giulia		SCR/012992/10 4:52.62				<b>4:48.22</b>	516		
	50m:	33.11 33.11	150m:	1:45.99 36.56	250m:	2:59.75 37.19	350m:	4:12.92 36.57		
	100m:	1:09.43 36.32	200m:	2:22.56 36.57	300m:	3:36.35 36.60	400m:	4:48.22 35.30		
2.	VAN HOOFF Floor		LAQUA/21254/084:47.34				<b>4:56.46</b>	474		
	50m:	33.54 33.54	150m:	1:47.82 37.47	250m:	3:03.60 38.02	350m:	4:19.95 38.13		
	100m:	1:10.35 36.81	200m:	2:25.58 37.76	300m:	3:41.82 38.22	400m:	4:56.46 36.51		
3.	VANDEPUTTE Eebe		BEST/21093/08 4:53.76				<b>4:57.02</b>	472		
	50m:	33.47 33.47	150m:	1:49.00 38.27	250m:	3:05.61 37.95	350m:	4:20.95 37.31		
	100m:	1:10.73 37.26	200m:	2:27.66 38.66	300m:	3:43.64 38.03	400m:	4:57.02 36.07		
4.	DELDICQUE Aiko		ZORO/21098/08 4:55.61				<b>4:57.26</b>	471		
	50m:	33.81 33.81	150m:	1:50.52 38.54	250m:	3:07.48 38.52	350m:	4:22.71 37.33		
	100m:	1:11.98 38.17	200m:	2:28.96 38.44	300m:	3:45.38 37.90	400m:	4:57.26 34.55		
5.	WIJCKMANS Lene		HZA/21054/09 5:03.41				<b>4:57.36</b>	470		
	50m:	33.86 33.86	150m:	1:49.04 37.33	250m:	3:05.48 38.49	350m:	4:21.89 37.88		
	100m:	1:11.71 37.85	200m:	2:26.99 37.95	300m:	3:44.01 38.53	400m:	4:57.36 35.47		
6.	KERCKHOFS Nienke		BEST/21116/11 5:08.62				<b>4:59.03</b>	462		
	50m:	34.19 34.19	150m:	1:50.11 38.31	250m:	3:07.11 38.56	350m:	4:23.52 38.18		
	100m:	1:11.80 37.61	200m:	2:28.55 38.44	300m:	3:45.34 38.23	400m:	4:59.03 35.51		
7.	VANDERLINDEN Paulien		BEST/21117/11 5:00.96				<b>5:03.36</b>	443		
	50m:	34.96 34.96	150m:	1:52.67 39.25	250m:	3:09.92 38.53	350m:	4:27.68 38.93		
	100m:	1:13.42 38.46	200m:	2:31.39 38.72	300m:	3:48.75 38.83	400m:	5:03.36 35.68		
8.	GAYTANT Sterre		ZORO/21203/11 NT				<b>5:07.02</b>	427		
	50m:	31.84 31.84	150m:	1:48.28 38.98	250m:	3:06.40 39.08	350m:	4:27.46 39.98		
	100m:	1:09.30 37.46	200m:	2:27.32 39.04	300m:	3:47.48 41.08	400m:	5:07.02 39.56		
9.	GINKELS Febe		LAQUA/21494/125:16.18				<b>5:11.92</b>	407		
	50m:	19.94 19.94	150m:	1:14.93 33.34	250m:	2:34.20 39.69	350m:	3:53.92 39.74		
	100m:	41.59 21.65	200m:	1:54.51 39.58	300m:	3:14.18 39.98	400m:	5:11.92 1:18.00		
10.	KINT Ruhne		ALZV/21119/09 5:03.50				<b>5:12.88</b>	404		
	50m:	35.80 35.80	150m:	1:54.36 39.83	250m:	3:14.09 39.61	350m:	4:34.05 40.30		
	100m:	1:14.53 38.73	200m:	2:34.48 40.12	300m:	3:53.75 39.66	400m:	5:12.88 38.83		
11.	DECALUWÉ Helena		ZCT/21130/11 5:17.31				<b>5:13.49</b>	401		
	50m:	35.56 35.56	150m:	1:54.33 39.76	250m:	3:14.46 40.21	350m:	4:34.24 39.94		
	100m:	1:14.57 39.01	200m:	2:34.25 39.92	300m:	3:54.30 39.84	400m:	5:13.49 39.25		
12.	MAES Julie		TRUST/21192/12 5:21.92				<b>5:19.41</b>	379		
	50m:	35.76 35.76	150m:	1:56.12 40.40	250m:	3:17.82 40.72	350m:	4:39.66 41.13		
	100m:	1:15.72 39.96	200m:	2:37.10 40.98	300m:	3:58.53 40.71	400m:	5:19.41 39.75		
13.	D'HONDT Annelien		STZ/21182/12 5:26.16				<b>5:20.18</b>	377		
	50m:	37.87 37.87	150m:	2:01.83 42.21	250m:	3:23.32 40.51	350m:	4:42.58 38.25		
	100m:	1:19.62 41.75	200m:	2:42.81 40.98	300m:	4:04.33 41.01	400m:	5:20.18 37.60		
14.	PISCAER Stanse <i>saei</i>		ZCT/21152/12 5:35.56				<b>5:20.90</b>	374		
	50m:	36.26 36.26	150m:	1:55.98 39.92	250m:	3:17.08 40.85	350m:	4:39.69 40.52		
	100m:	1:16.06 39.80	200m:	2:36.23 40.25	300m:	3:59.17 42.09	400m:	5:20.90 41.21		
15.	UYTTERHOEVEN Fiebe		ZCT/21143/12 5:28.62				<b>5:23.23</b>	366		
	50m:	36.13 36.13	150m:	1:57.66 40.53	250m:	3:19.35 41.12	350m:	4:42.69 42.28		
	100m:	1:17.13 41.00	200m:	2:38.23 40.57	300m:	4:00.41 41.06	400m:	5:23.23 40.54		
16.	VAN DE WOUWER Myrthe <i>saei</i>		HZA/21107/13 5:35.34				<b>5:25.74</b>	358		
	50m:	36.58 36.58	150m:	1:59.33 42.10	250m:	3:21.75 41.02	350m:	4:44.89 41.87		
	100m:	1:17.23 40.65	200m:	2:40.73 41.40	300m:	4:03.02 41.27	400m:	5:25.74 40.85		

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Rang				Inscr.	Tijd	Pnt						
17.	DE WEERDT Renée			ZCT/21141/12	5:15.43	<b>5:26.52</b>	355					
	50m:	36.38	36.38	150m:	1:59.36	42.09	250m:	3:24.33	43.20	350m:	4:47.62	41.29
	100m:	1:17.27	40.89	200m:	2:41.13	41.77	300m:	4:06.33	42.00	400m:	5:26.52	38.90
18.	DE VOCHT Linne			ZCT/21144/12	5:22.52	<b>5:26.65</b>	355					
	50m:	35.54	35.54	150m:	1:56.78	41.59	250m:	3:21.90	42.99	350m:	4:46.79	41.72
	100m:	1:15.19	39.65	200m:	2:38.91	42.13	300m:	4:05.07	43.17	400m:	5:26.65	39.86
19.	WIJNANTS Victoire			BEST/21153/11	5:42.86	<b>5:31.16</b>	340					
	50m:	37.59	37.59	150m:	2:00.12	42.20	250m:	3:25.17	42.35	350m:	4:49.77	42.20
	100m:	1:17.92	40.33	200m:	2:42.82	42.70	300m:	4:07.57	42.40	400m:	5:31.16	41.39
20.	BAUM Nore			SCZ/21053/08	5:14.70	<b>5:31.72</b>	339					
	50m:	38.14	38.14	150m:	2:02.75	42.72	250m:	3:28.05	42.65	350m:	4:52.06	41.83
	100m:	1:20.03	41.89	200m:	2:45.40	42.65	300m:	4:10.23	42.18	400m:	5:31.72	39.66
21.	SOARES ALMEIDA Lisa			LAQUA/21488/125:39.42		<b>5:34.95</b>	329					
	50m:	37.61	37.61	150m:	2:03.31	42.69	250m:	3:29.18	43.25	350m:	4:53.58	41.59
	100m:	1:20.62	43.01	200m:	2:45.93	42.62	300m:	4:11.99	42.81	400m:	5:34.95	41.37
22.	DECALUWÉ Elouise			ZCT/21159/13	5:41.02	<b>5:36.75</b>	324					
	50m:	38.87	38.87	150m:	2:04.22	43.53	250m:	3:29.67	42.87	350m:	4:55.69	43.13
	100m:	1:20.69	41.82	200m:	2:46.80	42.58	300m:	4:12.56	42.89	400m:	5:36.75	41.06
23.	PETKOVA Sofia			SCZ/21100/13	5:55.47	<b>5:40.57</b>	313					
	50m:	39.13	39.13	150m:	2:06.76	44.54	250m:	3:34.47	43.45	350m:	5:00.21	42.46
	100m:	1:22.22	43.09	200m:	2:51.02	44.26	300m:	4:17.75	43.28	400m:	5:40.57	40.36
24.	PIESSENS Marie			ZCT/21164/13	5:50.30	<b>5:41.36</b>	311					
	50m:	38.87	38.87	150m:	2:07.40	44.41	250m:	3:35.32	44.01	350m:	5:01.96	43.45
	100m:	1:22.99	44.12	200m:	2:51.31	43.91	300m:	4:18.51	43.19	400m:	5:41.36	39.40
25.	WYNANTS Hanne			TRUST/21204/13	5:47.10	<b>6:14.02</b>	236					
	50m:	38.76	38.76	150m:	2:07.44	44.49	250m:	3:46.05	54.16	350m:	5:24.93	50.25
	100m:	1:22.95	44.19	200m:	2:51.89	44.45	300m:	4:34.68	48.63	400m:	6:14.02	49.09
26.	VAN MEERBEECK Lisa			LAQUA/21549/136:28.03		<b>6:15.00</b>	234					
	50m:	39.70	39.70	150m:	2:13.40	47.80	250m:	3:51.09	48.73	350m:	5:29.58	49.15
	100m:	1:25.60	45.90	200m:	3:02.36	48.96	300m:	4:40.43	49.34	400m:	6:15.00	45.42
27.	GADEYNE Olivia			LAQUA/21550/136:48.75		<b>6:34.47</b>	201					
	50m:	41.92	41.92	150m:	2:20.81	50.06	250m:	4:03.05	51.31	350m:	5:45.74	51.20
	100m:	1:30.75	48.83	200m:	3:11.74	50.93	300m:	4:54.54	51.49	400m:	6:34.47	48.73
28.	CHARLIER Margot			ZORO/21183/12	NT	<b>6:36.84</b>	198					
	50m:	42.82	42.82	150m:	2:24.20	52.01	250m:	4:08.03	51.76	350m:	5:49.73	51.30
	100m:	1:32.19	49.37	200m:	3:16.27	52.07	300m:	4:58.43	50.40	400m:	6:36.84	47.11
29.	TUYPENS Sarah <i>saei</i>			SCSG/21250/12	NT	<b>6:46.43</b>	184					
	50m:	45.09	45.09	150m:	2:28.17	51.29	250m:	4:12.09	52.96	350m:	5:58.00	53.55
	100m:	1:36.88	51.79	200m:	3:19.13	50.96	300m:	5:04.45	52.36	400m:	6:46.43	48.43
dis	CINAR Elif			dis:SCSG/21252/12	NT							
	<i>SW 5.2 - muur niet geraakt bij KP of A</i>											
	50m:	46.37	46.37	150m:	3:39.12	1:57.88	250m:	5:39.29	1:00.24	350m:	7:34.65	54.80
	100m:	1:41.24	54.87	200m:	4:39.05	59.93	300m:	6:39.85	1:00.56	400m:		