

Epreuve 6

Messieurs, 400m Libre

11 ans et plus

2024-12-13 - 19:38

Liste résultats Eliminatoires

Quebec Provincial Senior Records	3:46.21	SAUVÉ, Antoine	CAMO	Pointe-Claire	2024-12-07
Quebec Provincial Age Group Records 17	3:51.64	PARISÉ, Zachary	PCSC	Toronto	2023-12-16
Quebec Provincial Age Group Records 16	3:49.39	FONSECA, Simon	CAMO	Quebec City	2024-12-01
Quebec Provincial Age Group Records 15	3:56.42	FONSECA, Simon	CAMO	Toronto	2023-12-16
Quebec Provincial Age Group Records 14	4:00.88	CHEUNG, Adrian	PCSC	Pointe-Claire	2024-12-07
Quebec Provincial Age Group Records 13	4:03.83	LUPIEN, Yannick	CAGRA	???	1994-02-01
Quebec Provincial Age Group Records - 124	13:54	LUPIEN, Yannick	CAGRA	???	1993-02-01

Points: AQUA 2024

Rang			Age						Temps	Pts		
<b>11 - 12 ans</b>												
1.	BELISLE, Vincent		12	Cnq					<b>4:35.40</b>	457	Q	
	50m:	30.25	30.25	150m:	1:39.67	35.05	250m:	2:50.32	35.29	350m:	4:00.91	35.22
	100m:	1:04.62	34.37	200m:	2:15.03	35.36	300m:	3:25.69	35.37	400m:	4:35.40	34.49
2.	GOSELIN, Manoé		12	Rouge et Or/Université Laval					<b>4:43.58</b>	419	Q	
	50m:	32.24	32.24	150m:	1:44.13	36.34	250m:	2:56.70	35.75	350m:	4:09.56	36.19
	100m:	1:07.79	35.55	200m:	2:20.95	36.82	300m:	3:33.37	36.67	400m:	4:43.58	34.02
3.	THÉROUX, Christophe		12	Cnq					<b>4:47.90</b>	400	Q	
	50m:	32.99	32.99	150m:	1:45.71	36.40	250m:	2:59.12	36.84	350m:	4:12.82	36.66
	100m:	1:09.31	36.32	200m:	2:22.28	36.57	300m:	3:36.16	37.04	400m:	4:47.90	35.08
4.	DO, Olivier		12	Club de Natation SAMAK					<b>4:51.37</b>	386	Q	
	50m:	32.02	32.02	150m:	1:45.24	37.15	250m:	3:01.00	37.69	350m:	4:16.26	37.19
	100m:	1:08.09	36.07	200m:	2:23.31	38.07	300m:	3:39.07	38.07	400m:	4:51.37	35.11
5.	DÉSILETS, Laurent		12	Sher					<b>5:08.65</b>	325	Q	
	50m:	34.38	34.38	150m:	1:51.91	39.28	250m:	3:10.33	39.41	350m:	4:29.69	39.46
	100m:	1:12.63	38.25	200m:	2:30.92	39.01	300m:	3:50.23	39.90	400m:	5:08.65	38.96
6.	FEDDAG, Rayan		11	Club de Natation SAMAK					<b>5:37.78</b>	248	Q	
	50m:	37.15	37.15	150m:	2:03.52	44.14	250m:	3:30.07	43.55	350m:	4:56.26	42.37
	100m:	1:19.38	42.23	200m:	2:46.52	43.00	300m:	4:13.89	43.82	400m:	5:37.78	41.52
7.	LECLERC, Louis		11	Rouge et Or/Université Laval					<b>5:38.55</b>	246	Q	
	50m:	37.14	37.14	150m:	2:05.09	44.01	250m:	3:32.70	44.06	350m:	4:58.33	42.92
	100m:	1:21.08	43.94	200m:	2:48.64	43.55	300m:	4:15.41	42.71	400m:	5:38.55	40.22
8.	BOUFFARD, François		12	Riverains					<b>5:39.51</b>	244	Q	
	50m:	36.78	36.78	150m:	2:04.98	44.69	250m:	3:33.86	44.12	350m:	5:00.52	43.07
	100m:	1:20.29	43.51	200m:	2:49.74	44.76	300m:	4:17.45	43.59	400m:	5:39.51	38.99
9.	CORMIER, Thomas		12	Nsh					<b>5:56.80</b>	210	Q	
	50m:	37.79	37.79	150m:	2:05.49	45.35	250m:	3:36.99	45.72	350m:	5:10.55	46.83
	100m:	1:20.14	42.35	200m:	2:51.27	45.78	300m:	4:23.72	46.73	400m:	5:56.80	46.25
10.	SAWAYA-GUÉRARD, Théo		12	Rouge et Or/Université Laval					<b>6:07.21</b>	193	Q	
	50m:	39.84	39.84	150m:	2:13.49	47.50	250m:	3:48.13	47.83	350m:	5:22.80	47.59
	100m:	1:25.99	46.15	200m:	3:00.30	46.81	300m:	4:35.21	47.08	400m:	6:07.21	44.41
11.	LEVESQUE, Thomas		11	LMRL Rivière-du-Loup					<b>6:08.47</b>	191	R	
	50m:	42.46	42.46	150m:	2:15.17	47.09	250m:	3:50.12	47.16	350m:	5:24.20	47.08
	100m:	1:28.08	45.62	200m:	3:02.96	47.79	300m:	4:37.12	47.00	400m:	6:08.47	44.27

Epreuve 6, Messieurs, 400m Libre, Eliminatoire

13 - 14 ans

1.	GUHA, Manu	14	C. N. de Chicoutimi	<b>4:21.48</b>	534	Q
	50m: 30.08	30.08	150m: 1:35.52	32.94	250m: 2:42.45	33.40
	100m: 1:02.58	32.50	200m: 2:09.05	33.53	300m: 3:15.83	33.38
				350m: 3:49.17	33.34	
				400m: 4:21.48	32.31	
2.	BEAUDOIN, Loic	14	Rouge et Or/Université Laval	<b>4:24.19</b>	518	Q
	50m: 29.15	29.15	150m: 1:36.28	34.00	250m: 2:44.56	34.25
	100m: 1:02.28	33.13	200m: 2:10.31	34.03	300m: 3:17.88	33.32
				350m: 3:51.97	34.09	
				400m: 4:24.19	32.22	
3.	CHAN, Oliver	14	Cnq	<b>4:26.89</b>	502	Q
	50m: 30.02	30.02	150m: 1:36.36	33.71	250m: 2:44.64	34.34
	100m: 1:02.65	32.63	200m: 2:10.30	33.94	300m: 3:19.05	34.41
				350m: 3:53.20	34.15	
				400m: 4:26.89	33.69	
4.	MENARD, Thomas	14	LMRL Rivière-du-Loup	<b>4:28.76</b>	492	Q
	50m: 30.69	30.69	150m: 1:39.87	34.88	250m: 2:46.80	33.58
	100m: 1:04.99	34.30	200m: 2:13.22	33.35	300m: 3:21.32	34.52
				350m: 3:55.48	34.16	
				400m: 4:28.76	33.28	
5.	PIGEON, Arthur	13	Riverains	<b>4:34.68</b>	461	Q
	50m: 29.97	29.97	150m: 1:38.96	34.94	250m: 2:50.14	35.83
	100m: 1:04.02	34.05	200m: 2:14.31	35.35	300m: 3:26.44	36.30
				350m: 4:02.10	35.66	
				400m: 4:34.68	32.58	
6.	ZHANG, Austin	14	Club de Natation SAMAK	<b>4:38.34</b>	443	Q
	50m: 31.27	31.27	150m: 1:38.62	34.74	250m: 2:48.66	34.66
	100m: 1:03.88	32.61	200m: 2:14.00	35.38	300m: 3:25.25	36.59
				350m: 4:02.13	36.88	
				400m: 4:38.34	36.21	
7.	CAMBRON, Alexis	13	Cnq	<b>4:41.29</b>	429	Q
	50m: 30.65	30.65	150m: 1:44.38	37.39	250m: 2:57.66	36.77
	100m: 1:06.99	36.34	200m: 2:20.89	36.51	300m: 3:34.26	36.60
				350m: 4:09.60	35.34	
				400m: 4:41.29	31.69	
8.	WILDI, Jake	13	Rouge et Or/Université Laval	<b>4:41.95</b>	426	Q
	50m: 32.96	32.96	150m: 1:44.99	36.29	250m: 2:57.69	36.22
	100m: 1:08.70	35.74	200m: 2:21.47	36.48	300m: 3:33.97	36.28
				350m: 4:09.46	35.49	
				400m: 4:41.95	32.49	
9.	TREMBLAY, Noah	14	Rouge et Or/Université Laval	<b>4:42.56</b>	423	Q
	50m: 31.13	31.13	150m: 1:42.83	36.15	250m: 2:55.54	36.46
	100m: 1:06.68	35.55	200m: 2:19.08	36.25	300m: 3:31.68	36.14
				350m: 4:07.91	36.23	
				400m: 4:42.56	34.65	
10.	LARIVIÈRE, Simon	14	Cnq	<b>4:46.96</b>	404	Q
	50m: 32.37	32.37	150m: 1:44.51	36.56	250m: 2:57.80	36.77
	100m: 1:07.95	35.58	200m: 2:21.03	36.52	300m: 3:34.29	36.49
				350m: 4:11.20	36.91	
				400m: 4:46.96	35.76	
11.	BLAIS, Guillaume	14	Riverains	<b>4:48.55</b>	397	R
	50m: 31.44	31.44	150m: 1:44.67	37.21	250m: 2:59.67	37.54
	100m: 1:07.46	36.02	200m: 2:22.13	37.46	300m: 3:37.52	37.85
				350m: 4:14.84	37.32	
				400m: 4:48.55	33.71	
12.	BELANGER, Kristofer	14	Cnq	<b>4:49.42</b>	394	R
	50m: 32.04	32.04	150m: 1:45.06	37.03	250m: 2:59.39	37.18
	100m: 1:08.03	35.99	200m: 2:22.21	37.15	300m: 3:36.68	37.29
				350m: 4:14.02	37.34	
				400m: 4:49.42	35.40	
13.	CARON, Zachary	13	Sher	<b>4:50.72</b>	389	
	50m: 32.98	32.98	150m: 1:45.88	36.85	250m: 3:00.06	37.01
	100m: 1:09.03	36.05	200m: 2:23.05	37.17	300m: 3:36.93	36.87
				350m: 4:14.20	37.27	
				400m: 4:50.72	36.52	
14.	GRONDIN, Louka	14	Riverains	<b>4:51.03</b>	387	
	50m: 31.16	31.16	150m: 1:43.59	36.87	250m: 2:59.05	37.68
	100m: 1:06.72	35.56	200m: 2:21.37	37.78	300m: 3:37.07	38.02
				350m: 4:15.01	37.94	
				400m: 4:51.03	36.02	
15.	CORMIER, Thomas	13	Cnq	<b>4:51.68</b>	385	
	50m: 32.06	32.06	150m: 1:45.20	37.18	250m: 3:01.90	38.31
	100m: 1:08.02	35.96	200m: 2:23.59	38.39	300m: 3:39.92	38.02
				350m: 4:16.33	36.41	
				400m: 4:51.68	35.35	
16.	PINETTE, Youri	14	Riverains	<b>4:52.27</b>	382	
	50m: 32.91	32.91	150m: 1:46.88	37.37	250m: 3:02.64	38.10
	100m: 1:09.51	36.60	200m: 2:24.54	37.66	300m: 3:39.42	36.78
				350m: 4:16.64	37.22	
				400m: 4:52.27	35.63	

Epreuve 6, Garçons, 400m Libre, Elimatoire, 13 - 14 ans

Rang				Age					Temps	Pts		
17.	ROUKEMA, Carlin			13	Club de Natation SAMAK				<b>4:56.11</b>	368		
	50m:	32.26	32.26	150m:	1:47.26	38.09	250m:	3:03.50	38.10	350m:	4:19.58	37.73
	100m:	1:09.17	36.91	200m:	2:25.40	38.14	300m:	3:41.85	38.35	400m:	4:56.11	36.53
18.	AISSA, Anas			13	Club de Natation SAMAK				<b>4:56.68</b>	366		
	50m:	32.43	32.43	150m:	1:45.61	37.28	250m:	3:02.41	38.72	350m:	4:18.91	38.45
	100m:	1:08.33	35.90	200m:	2:23.69	38.08	300m:	3:40.46	38.05	400m:	4:56.68	37.77
19.	LÉVESQUE, Félix			13	Cac				<b>4:57.22</b>	364		
	50m:	32.98	32.98	150m:	1:47.80	37.95	250m:	3:04.48	38.59	350m:	4:20.33	38.02
	100m:	1:09.85	36.87	200m:	2:25.89	38.09	300m:	3:42.31	37.83	400m:	4:57.22	36.89
20.	GAUDREAU, Émile			14	Cac				<b>4:58.29</b>	360		
	50m:	32.22	32.22	150m:	1:44.77	37.08	250m:	3:01.47	38.79	350m:	4:20.14	39.17
	100m:	1:07.69	35.47	200m:	2:22.68	37.91	300m:	3:40.97	39.50	400m:	4:58.29	38.15
21.	DELAND, Étienne			13	Cnq				<b>5:00.33</b>	352		
	50m:	33.73	33.73	150m:	1:49.33	38.27	250m:	3:06.34	38.51	350m:	4:23.49	38.20
	100m:	1:11.06	37.33	200m:	2:27.83	38.50	300m:	3:45.29	38.95	400m:	5:00.33	36.84
22.	TREMBLAY, Eliam			13	Riverains				<b>5:01.01</b>	350		
	50m:	32.41	32.41	150m:	1:48.45	38.65	250m:	3:06.79	39.18	350m:	4:24.91	38.38
	100m:	1:09.80	37.39	200m:	2:27.61	39.16	300m:	3:46.53	39.74	400m:	5:01.01	36.10
23.	BOUTIN, Karel			14	Cnq				<b>5:01.22</b>	349		
	50m:	33.27	33.27	150m:	1:48.92	38.43	250m:	3:06.47	38.65	350m:	4:24.25	38.74
	100m:	1:10.49	37.22	200m:	2:27.82	38.90	300m:	3:45.51	39.04	400m:	5:01.22	36.97
24.	MERCIER, Adam			14	Cac				<b>5:02.74</b>	344		
	50m:	34.12	34.12	150m:	1:51.70	39.05	250m:	3:09.24	38.76	350m:	4:26.68	38.16
	100m:	1:12.65	38.53	200m:	2:30.48	38.78	300m:	3:48.52	39.28	400m:	5:02.74	36.06
25.	BOUDREAU, Justin			13	Cnq				<b>5:05.72</b>	334		
	50m:	32.28	32.28	150m:	1:48.55	39.15	250m:	3:07.90	39.31	350m:	4:27.55	39.41
	100m:	1:09.40	37.12	200m:	2:28.59	40.04	300m:	3:48.14	40.24	400m:	5:05.72	38.17
26.	GAUDREAU, Laurent			13	Les Dauphins de Rimouski				<b>5:08.19</b>	326		
	50m:	32.65	32.65	150m:	1:49.56	39.20	250m:	3:08.16	39.73	350m:	4:28.36	39.80
	100m:	1:10.36	37.71	200m:	2:28.43	38.87	300m:	3:48.56	40.40	400m:	5:08.19	39.83
27.	COUTURE, Yoan			13	Club de Natation des Equinoxes				<b>5:08.59</b>	325		
	50m:	34.38	34.38	150m:	1:52.65	39.94	250m:	3:12.91	40.00	350m:	4:32.32	39.51
	100m:	1:12.71	38.33	200m:	2:32.91	40.26	300m:	3:52.81	39.90	400m:	5:08.59	36.27
28.	PINEAU, Charles			14	Cac				<b>5:10.49</b>	319		
	50m:	33.37	33.37	150m:	1:50.10	39.00	250m:	3:10.18	40.10	350m:	4:31.99	40.80
	100m:	1:11.10	37.73	200m:	2:30.08	39.98	300m:	3:51.19	41.01	400m:	5:10.49	38.50
29.	PERRIER, Rafaël			14	Unik				<b>5:10.53</b>	319		
	50m:	33.60	33.60	150m:	1:52.67	40.10	250m:	3:12.34	39.39	350m:	4:34.13	40.71
	100m:	1:12.57	38.97	200m:	2:32.95	40.28	300m:	3:53.42	41.08	400m:	5:10.53	36.40
30.	MAJEAU, Édouard			13	Sher				<b>5:13.08</b>	311		
	50m:	33.06	33.06	150m:	1:50.33	39.46	250m:	3:11.46	40.81	350m:	4:33.54	41.03
	100m:	1:10.87	37.81	200m:	2:30.65	40.32	300m:	3:52.51	41.05	400m:	5:13.08	39.54
31.	BEAUDET, Alexis			14	Club de Natation Juvaqua Alma				<b>5:13.22</b>	311		
	50m:	32.61	32.61	150m:	1:49.74	39.56	250m:	3:10.83	40.37	350m:	4:33.84	41.49
	100m:	1:10.18	37.57	200m:	2:30.46	40.72	300m:	3:52.35	41.52	400m:	5:13.22	39.38
32.	KHABAROV, Philippe			13	Cnq				<b>5:18.28</b>	296		
	50m:	35.14	35.14	150m:	1:55.05	40.72	250m:	3:17.15	40.94	350m:	4:38.69	41.04
	100m:	1:14.33	39.19	200m:	2:36.21	41.16	300m:	3:57.65	40.50	400m:	5:18.28	39.59

Epreuve 6, Garçons, 400m Libre, Elimatoire, 13 - 14 ans

Rang				Age						Temps	Pts	
33.	RICARD, Bastien			13	Les Dauphins de Rimouski					<b>5:19.07</b>	294	
	50m:	35.73	35.73	150m:	1:57.03	41.80	250m:	3:19.00	40.60	350m:	4:41.31	41.10
	100m:	1:15.23	39.50	200m:	2:38.40	41.37	300m:	4:00.21	41.21	400m:	5:19.07	37.76
34.	LACHAPELLE, Zack			14	C.Natation. Sept-Iles					<b>5:19.47</b>	293	
	50m:	34.10	34.10	150m:	1:54.95	41.20	250m:	3:19.14	42.47	350m:	4:42.06	41.05
	100m:	1:13.75	39.65	200m:	2:36.67	41.72	300m:	4:01.01	41.87	400m:	5:19.47	37.41
35.	CASTONGUAY, Olivier			14	Nsh					<b>5:20.74</b>	289	
	50m:	35.36	35.36	150m:	1:56.63	41.03	250m:	3:19.61	41.58	350m:	4:42.75	41.03
	100m:	1:15.60	40.24	200m:	2:38.03	41.40	300m:	4:01.72	42.11	400m:	5:20.74	37.99
36.	BEN HAMOUDA, Sami			13	Nsh					<b>5:43.90</b>	235	
	50m:	37.07	37.07	150m:	2:02.21	43.44	250m:	3:31.35	44.41	350m:	5:01.16	44.62
	100m:	1:18.77	41.70	200m:	2:46.94	44.73	300m:	4:16.54	45.19	400m:	5:43.90	42.74
37.	DROUIN, Anthony			13	Club de Natation SAMAK					<b>5:51.73</b>	219	
	50m:	39.80	39.80	150m:	2:08.69	44.97	250m:	3:38.84	45.65	350m:	5:08.73	44.52
	100m:	1:23.72	43.92	200m:	2:53.19	44.50	300m:	4:24.21	45.37	400m:	5:51.73	43.00
38.	BEAUDET, Gabriel			13	Cnq					<b>6:01.04</b>	203	
	50m:	39.47	39.47	150m:	2:11.00	46.31	250m:	3:44.58	47.04	350m:	5:15.70	47.93
	100m:	1:24.69	45.22	200m:	2:57.54	46.54	300m:	4:27.77	43.19	400m:	6:01.04	45.34
39.	LAJOIE, Philip			14	Club de Natation Nautilus de Matane					<b>6:07.95</b>	191	
	50m:	37.39	37.39	150m:	2:11.04	48.19	250m:	3:48.01	48.85	350m:	5:26.39	48.35
	100m:	1:22.85	45.46	200m:	2:59.16	48.12	300m:	4:38.04	50.03	400m:	6:07.95	41.56

15 - 16 ans

1.	DUBÉ, Samuel			15	Cnq					<b>4:15.85</b>	570	Q
	50m:	29.08	29.08	150m:	1:33.28	32.48	250m:	2:38.74	32.83	350m:	3:44.53	32.88
	100m:	1:00.80	31.72	200m:	2:05.91	32.63	300m:	3:11.65	32.91	400m:	4:15.85	31.32
2.	DUREAU, Alexandre			16	Riverains					<b>4:16.61</b>	565	Q
	50m:	28.72	28.72	150m:	1:32.43	32.24	250m:	2:37.90	32.87	350m:	3:44.33	33.21
	100m:	1:00.19	31.47	200m:	2:05.03	32.60	300m:	3:11.12	33.22	400m:	4:16.61	32.28
3.	VAN OYEN, Antoine			16	Cnq					<b>4:16.68</b>	565	Q
	50m:	29.24	29.24	150m:	1:32.78	32.21	250m:	2:38.36	33.00	350m:	3:44.84	33.32
	100m:	1:00.57	31.33	200m:	2:05.36	32.58	300m:	3:11.52	33.16	400m:	4:16.68	31.84
4.	POMERLEAU, Laurent			16	Rouge et Or/Université Laval					<b>4:19.82</b>	545	Q
	50m:	28.70	28.70	150m:	1:33.70	33.05	250m:	2:40.30	33.26	350m:	3:47.18	33.69
	100m:	1:00.65	31.95	200m:	2:07.04	33.34	300m:	3:13.49	33.19	400m:	4:19.82	32.64
5.	ROCHETTE, Hubert			15	Cnq					<b>4:21.45</b>	535	Q
	50m:	29.46	29.46	150m:	1:34.17	32.71	250m:	2:40.60	33.17	350m:	3:48.13	33.82
	100m:	1:01.46	32.00	200m:	2:07.43	33.26	300m:	3:14.31	33.71	400m:	4:21.45	33.32
6.	FORTIN, Ludovic			15	Riverains					<b>4:21.67</b>	533	Q
	50m:	29.20	29.20	150m:	1:35.41	33.44	250m:	2:41.98	33.39	350m:	3:48.97	33.58
	100m:	1:01.97	32.77	200m:	2:08.59	33.18	300m:	3:15.39	33.41	400m:	4:21.67	32.70
7.	POMERLEAU, Justin			15	Rouge et Or/Université Laval					<b>4:23.15</b>	524	Q
	50m:	29.23	29.23	150m:	1:35.50	33.78	250m:	2:42.59	33.40	350m:	3:49.88	33.79
	100m:	1:01.72	32.49	200m:	2:09.19	33.69	300m:	3:16.09	33.50	400m:	4:23.15	33.27
8.	BOLDUC, François			16	Les Dauphins de Rimouski					<b>4:24.78</b>	515	Q
	50m:	29.32	29.32	150m:	1:34.90	32.85	250m:	2:42.27	33.82	350m:	3:50.92	34.36
	100m:	1:02.05	32.73	200m:	2:08.45	33.55	300m:	3:16.56	34.29	400m:	4:24.78	33.86

Epreuve 6, Garçons, 400m Libre, Elimatoire, 15 - 16 ans

Rang				Age					Temps	Pts		
9.	GOSSELIN, Anthony			16	Rouge et Or/Université Laval				<b>4:29.50</b>	488	Q	
	50m:	30.21	30.21	150m:	1:37.91	34.46	250m:	2:47.01	34.64	350m:	3:55.94	34.46
	100m:	1:03.45	33.24	200m:	2:12.37	34.46	300m:	3:21.48	34.47	400m:	4:29.50	33.56
10.	SLAMA, Seif			16	Rouge et Or/Université Laval				<b>4:31.39</b>	478	Q	
	50m:	29.89	29.89	150m:	1:36.32	33.81	250m:	2:46.35	34.92	350m:	3:56.95	35.31
	100m:	1:02.51	32.62	200m:	2:11.43	35.11	300m:	3:21.64	35.29	400m:	4:31.39	34.44
11.	BOUAKKAZ, Idris Iyed			15	Sher				<b>4:31.99</b>	475	R	
	50m:	29.90	29.90	150m:	1:38.07	34.64	250m:	2:47.98	34.95	350m:	3:58.18	35.15
	100m:	1:03.43	33.53	200m:	2:13.03	34.96	300m:	3:23.03	35.05	400m:	4:31.99	33.81
12.	LEMAY, Félix			15	Riverains				<b>4:32.72</b>	471	R	
	50m:	30.63	30.63	150m:	1:39.95	34.91	250m:	2:49.32	34.72	350m:	3:58.97	34.96
	100m:	1:05.04	34.41	200m:	2:14.60	34.65	300m:	3:24.01	34.69	400m:	4:32.72	33.75
13.	LANDRY, Olivier			16	Riverains				<b>4:33.34</b>	468		
	50m:	29.74	29.74	150m:	1:37.55	34.28	250m:	2:47.57	35.17	350m:	3:58.49	35.59
	100m:	1:03.27	33.53	200m:	2:12.40	34.85	300m:	3:22.90	35.33	400m:	4:33.34	34.85
14.	LEVESQUE DESCHAMP, Conrad			16	Sher				<b>4:35.58</b>	456		
	50m:	29.73	29.73	150m:	1:37.28	34.40	250m:	2:47.21	35.18	350m:	3:56.79	34.25
	100m:	1:02.88	33.15	200m:	2:12.03	34.75	300m:	3:22.54	35.33	400m:	4:35.58	38.79
15.	BOLDUC, Théo			16	Sher				<b>4:38.09</b>	444		
	50m:	29.89	29.89	150m:	1:37.68	35.26	250m:	2:49.24	35.53	350m:	4:02.23	36.52
	100m:	1:02.42	32.53	200m:	2:13.71	36.03	300m:	3:25.71	36.47	400m:	4:38.09	35.86
16.	ELIE, Caleb			16	Rouge et Or/Université Laval				<b>4:39.89</b>	436		
	50m:	31.31	31.31	150m:	1:41.31	35.22	250m:	2:53.54	36.43	350m:	4:06.43	36.69
	100m:	1:06.09	34.78	200m:	2:17.11	35.80	300m:	3:29.74	36.20	400m:	4:39.89	33.46
17.	PICHÉ, Olivier			16	Rouge et Or/Université Laval				<b>4:40.68</b>	432		
	50m:	31.12	31.12	150m:	1:42.55	36.02	250m:	2:55.06	35.88	350m:	4:06.92	35.43
	100m:	1:06.53	35.41	200m:	2:19.18	36.63	300m:	3:31.49	36.43	400m:	4:40.68	33.76
18.	BOUKER, Salah-Fédy			15	Rouge et Or/Université Laval				<b>4:40.88</b>	431		
	50m:	31.50	31.50	150m:	1:41.72	35.44	250m:	2:52.15	34.85	350m:	4:04.99	36.27
	100m:	1:06.28	34.78	200m:	2:17.30	35.58	300m:	3:28.72	36.57	400m:	4:40.88	35.89
19.	DESJARDINS, Alexandre			16	Les Dauphins de Rimouski				<b>4:41.16</b>	430		
	50m:	29.99	29.99	150m:	1:39.26	35.09	250m:	2:51.47	36.44	350m:	4:05.34	37.27
	100m:	1:04.17	34.18	200m:	2:15.03	35.77	300m:	3:28.07	36.60	400m:	4:41.16	35.82
20.	GARCIA, Jeronimo			16	Rouge et Or/Université Laval				<b>4:41.46</b>	428		
	50m:	30.13	30.13	150m:	1:38.97	35.22	250m:	2:51.55	36.45	350m:	4:06.13	37.22
	100m:	1:03.75	33.62	200m:	2:15.10	36.13	300m:	3:28.91	37.36	400m:	4:41.46	35.33
21.	OTIS, Gabriel			16	Rouge et Or/Université Laval				<b>4:44.23</b>	416		
	50m:	31.90	31.90	150m:	1:44.26	36.44	250m:	2:57.36	36.53	350m:	4:09.51	35.98
	100m:	1:07.82	35.92	200m:	2:20.83	36.57	300m:	3:33.53	36.17	400m:	4:44.23	34.72
22.	DEMERS, Etienne			16	Unik				<b>4:47.98</b>	400		
	50m:	30.35	30.35	150m:	1:41.62	36.09	250m:	2:56.93	37.83	350m:	4:12.26	37.61
	100m:	1:05.53	35.18	200m:	2:19.10	37.48	300m:	3:34.65	37.72	400m:	4:47.98	35.72
23.	GAUDREAU, Émile			15	Les Dauphins de Rimouski				<b>4:50.87</b>	388		
	50m:	32.71	32.71	150m:	1:46.17	36.74	250m:	3:00.14	36.92	350m:	4:14.41	36.79
	100m:	1:09.43	36.72	200m:	2:23.22	37.05	300m:	3:37.62	37.48	400m:	4:50.87	36.46
24.	DUBREUIL, Anthony			15	Club de Natation des Equinoxes				<b>4:51.66</b>	385		
	50m:	31.29	31.29	150m:	1:44.65	37.35	250m:	2:59.89	37.74	350m:	4:15.73	38.25
	100m:	1:07.30	36.01	200m:	2:22.15	37.50	300m:	3:37.48	37.59	400m:	4:51.66	35.93

Epreuve 6, Garçons, 400m Libre, Elimatoire, 15 - 16 ans

Rang				Age					Temps	Pts		
25.	RAYMOND, Antoine			16	Les Dauphins de Rimouski				<b>4:53.12</b>	379		
	50m:	31.80	31.80	150m:	1:44.35	37.04	250m:	3:00.10	37.82	350m:	4:16.12	38.08
	100m:	1:07.31	35.51	200m:	2:22.28	37.93	300m:	3:38.04	37.94	400m:	4:53.12	37.00
26.	DESLAURIERS, Vincent			15	Les Dauphins de Rimouski				<b>4:59.01</b>	357		
	50m:	33.79	33.79	150m:	1:49.25	38.20	250m:	3:05.97	38.50	350m:	4:22.67	37.64
	100m:	1:11.05	37.26	200m:	2:27.47	38.22	300m:	3:45.03	39.06	400m:	4:59.01	36.34
27.	DECHAMPLAIN, Joseph			15	Les Dauphins de Rimouski				<b>5:03.13</b>	343		
	50m:	32.89	32.89	150m:	1:47.72	38.05	250m:	3:03.87	38.32	350m:	4:21.80	38.26
	100m:	1:09.67	36.78	200m:	2:25.55	37.83	300m:	3:43.54	39.67	400m:	5:03.13	41.33
28.	VASILE, Alexandru			15	Nsh				<b>5:12.66</b>	312		
	50m:	33.74	33.74	150m:	1:51.66	39.89	250m:	3:12.55	40.87	350m:	4:33.06	40.41
	100m:	1:11.77	38.03	200m:	2:31.68	40.02	300m:	3:52.65	40.10	400m:	5:12.66	39.60
29.	LEMIEUX, Félix-Gabriel			15	C. N. de Chicoutimi				<b>5:22.41</b>	285		
	50m:	34.75	34.75	150m:	1:56.91	41.87	250m:	3:21.79	42.10	350m:	4:43.56	40.70
	100m:	1:15.04	40.29	200m:	2:39.69	42.78	300m:	4:02.86	41.07	400m:	5:22.41	38.85
30.	FLEURY, Luc			16	Club de natation Jonquière				<b>5:25.86</b>	276		
	50m:	33.66	33.66	150m:	1:51.16	39.79	250m:	3:16.63	42.56	350m:	4:43.72	43.50
	100m:	1:11.37	37.71	200m:	2:34.07	42.91	300m:	4:00.22	43.59	400m:	5:25.86	42.14
31.	STEVENS, Maverick			16	Rouge et Or/Université Laval				<b>5:34.19</b>	256		
	50m:	36.62	36.62	150m:	2:00.61	42.98	250m:	3:26.80	43.25	350m:	4:54.16	43.08
	100m:	1:17.63	41.01	200m:	2:43.55	42.94	300m:	4:11.08	44.28	400m:	5:34.19	40.03

17 ans et plus

1.	OUELLETTE, Spencer			21	Sher				<b>4:02.09</b>	673	Q	
	50m:	27.28	27.28	150m:	1:27.24	30.29	250m:	2:28.89	30.81	350m:	3:31.30	31.31
	100m:	56.95	29.67	200m:	1:58.08	30.84	300m:	2:59.99	31.10	400m:	4:02.09	30.79
2.	LACASSE, Philippe			21	Cnq				<b>4:07.89</b>	627	Q	
	50m:	28.25	28.25	150m:	1:29.57	30.85	250m:	2:32.62	31.45	350m:	3:36.54	32.09
	100m:	58.72	30.47	200m:	2:01.17	31.60	300m:	3:04.45	31.83	400m:	4:07.89	31.35
3.	BÉRUBÉ, Thomas			18	Riverains				<b>4:08.63</b>	622	Q	
	50m:	28.12	28.12	150m:	1:29.81	30.99	250m:	2:33.30	31.78	350m:	3:37.44	32.21
	100m:	58.82	30.70	200m:	2:01.52	31.71	300m:	3:05.23	31.93	400m:	4:08.63	31.19
4.	CASTANO, Miguel			19	Cnq				<b>4:16.16</b>	568	Q	
	50m:	29.67	29.67	150m:	1:32.96	31.61	250m:	2:37.95	32.75	350m:	3:44.73	33.51
	100m:	1:01.35	31.68	200m:	2:05.20	32.24	300m:	3:11.22	33.27	400m:	4:16.16	31.43
5.	LABERGE, Renaud			17	Rouge et Or/Université Laval				<b>4:18.07</b>	556	Q	
	50m:	29.37	29.37	150m:	1:34.38	32.98	250m:	2:40.12	32.67	350m:	3:46.35	33.10
	100m:	1:01.40	32.03	200m:	2:07.45	33.07	300m:	3:13.25	33.13	400m:	4:18.07	31.72
6.	GOSELIN, Justin			19	Cnq				<b>4:21.09</b>	537	Q	
	50m:	29.68	29.68	150m:	1:33.89	32.51	250m:	2:40.13	33.03	350m:	3:48.15	34.29
	100m:	1:01.38	31.70	200m:	2:07.10	33.21	300m:	3:13.86	33.73	400m:	4:21.09	32.94
7.	GAUTHIER, Mathieu			17	Club de Natation des Equinoxes				<b>4:36.01</b>	454	Q	
	50m:	29.15	29.15	150m:	1:35.91	34.29	250m:	2:46.86	35.86	350m:	4:00.23	37.05
	100m:	1:01.62	32.47	200m:	2:11.00	35.09	300m:	3:23.18	36.32	400m:	4:36.01	35.78
8.	DESLAURIERS, Maxime			17	Les Dauphins de Rimouski				<b>4:38.57</b>	442	Q	
	50m:	30.16	30.16	150m:	1:38.81	35.12	250m:	2:51.79	36.73	350m:	4:05.29	37.02
	100m:	1:03.69	33.53	200m:	2:15.06	36.25	300m:	3:28.27	36.48	400m:	4:38.57	33.28

Epreuve 6, Messieurs, 400m Libre, Elimatoire, 17 ans et plus

Rang	Age								Temps	Pts		
9.	CORRIVEAU-BONOSTRO, Charles 17 Rouge et Or/Université Laval								<b>4:40.69</b>	432 Q		
	50m:	29.84	29.84	150m:	1:37.43	34.35	250m:	2:49.11	36.44	350m:	4:03.29	37.38
	100m:	1:03.08	33.24	200m:	2:12.67	35.24	300m:	3:25.91	36.80	400m:	4:40.69	37.40
10.	CARON, Jean-François 43 Chibougamau								<b>4:55.46</b>	370 Q		
	50m:	32.48	32.48	150m:	1:45.31	36.93	250m:	2:59.60	37.27	350m:	4:16.79	39.02
	100m:	1:08.38	35.90	200m:	2:22.33	37.02	300m:	3:37.77	38.17	400m:	4:55.46	38.67