

Epreuve 5

Dames, 400m Libre

11 ans et plus

2024-12-14 - 19:55

Liste résultats Finales

Quebec Provincial Senior Records	3:56.78	HARVEY, Mary-Sophie	CAMO	Incheon (KOR)	2024-10-24
Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	2022-12-17
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2007-02-16
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2004-02-19
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2013-02-23
Quebec Provincial Age Group Records - 124:23.93		SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Points: AQUA 2024

Rang			Age						Temps	Pts		
11 - 12 ans												
1.	TESSIER, Ellyanne		12	Cnq					4:54.02	486		
	50m:	32.42	32.42	150m:	1:47.64	38.57	250m:	3:03.61	37.90	350m:	4:18.05	36.97
	100m:	1:09.07	36.65	200m:	2:25.71	38.07	300m:	3:41.08	37.47	400m:	4:54.02	35.97
2.	WANG, Emily Zihan		12	Club de Natation SAMAK					4:56.99	472		
	50m:	33.15	33.15	150m:	1:47.72	37.67	250m:	3:03.97	38.19	350m:	4:20.29	37.88
	100m:	1:10.05	36.90	200m:	2:25.78	38.06	300m:	3:42.41	38.44	400m:	4:56.99	36.70
3.	TRUDEL, Léanne		12	Unik					5:03.49	442		
	50m:	34.29	34.29	150m:	1:50.71	38.76	250m:	3:08.61	38.93	350m:	4:26.06	38.74
	100m:	1:11.95	37.66	200m:	2:29.68	38.97	300m:	3:47.32	38.71	400m:	5:03.49	37.43
4.	POIRIER, Adèle		12	Unik					5:04.99	436		
	50m:	34.32	34.32	150m:	1:51.45	39.18	250m:	3:10.36	39.54	350m:	4:28.53	39.03
	100m:	1:12.27	37.95	200m:	2:30.82	39.37	300m:	3:49.50	39.14	400m:	5:04.99	36.46
5.	LONGVAL, Yanka		12	Cnq					5:07.52	425		
	50m:	34.51	34.51	150m:	1:51.58	38.72	250m:	3:11.41	39.84	350m:	4:29.95	39.37
	100m:	1:12.86	38.35	200m:	2:31.57	39.99	300m:	3:50.58	39.17	400m:	5:07.52	37.57
6.	LABBÉ, Mathilde		12	Nsh					5:20.46	376		
	50m:	36.30	36.30	150m:	1:57.18	40.94	250m:	3:17.77	39.77	350m:	4:39.62	41.30
	100m:	1:16.24	39.94	200m:	2:38.00	40.82	300m:	3:58.32	40.55	400m:	5:20.46	40.84
7.	JOLY, Charlie		12	Chibougamau					5:22.34	369		
	50m:	35.49	35.49	150m:	1:55.91	41.11	250m:	3:19.36	41.81	350m:	4:43.15	41.51
	100m:	1:14.80	39.31	200m:	2:37.55	41.64	300m:	4:01.64	42.28	400m:	5:22.34	39.19
8.	PAQUET, Joanie		12	Unik					5:22.74	368		
	50m:	36.23	36.23	150m:	1:57.89	41.22	250m:	3:20.83	41.70	350m:	4:44.32	41.76
	100m:	1:16.67	40.44	200m:	2:39.13	41.24	300m:	4:02.56	41.73	400m:	5:22.74	38.42
9.	BLAIS, Élizabéth		12	Riverains					5:23.98	363		
	50m:	36.89	36.89	150m:	1:59.59	41.49	250m:	3:24.46	42.66	350m:	4:45.72	39.96
	100m:	1:18.10	41.21	200m:	2:41.80	42.21	300m:	4:05.76	41.30	400m:	5:23.98	38.26
disq.	ABETTI, Alae		11	Cnq								

Epreuve 5, Dames, 400m Libre, Finale

13 - 14 ans

1.	LEMELIN, Émie	14	Cnq	4:34.18	600
	50m: 30.80 30.80	150m: 1:38.34 34.16	250m: 350m:	350m: 4:02.39 35.46	
	100m: 1:04.18 33.38	200m: 2:13.13 34.79	300m: 400m:	400m: 4:34.18	
2.	FORTIER, Charlie-Rose	13	Sher	4:36.72	583
	50m: 31.05 31.05	150m: 1:40.34 35.17	250m: 2:51.11 35.57	350m: 4:02.39 35.46	
	100m: 1:05.17 34.12	200m: 2:15.54 35.20	300m: 3:26.93 35.82	400m: 4:36.72 34.33	
3.	PICHETTE, Alexandra	14	Cnq	4:38.30	574
	50m: 31.46 31.46	150m: 1:41.14 35.39	250m: 2:52.08 35.53	350m: 4:03.60 35.72	
	100m: 1:05.75 34.29	200m: 2:16.55 35.41	300m: 3:27.88 35.80	400m: 4:38.30 34.70	
4.	LEMELIN DUCHARME, Michaëlle	14	Cnq	4:39.77	565
	50m: 30.64 30.64	150m: 1:40.33 35.44	250m: 2:52.12 35.96	350m: 4:04.51 35.91	
	100m: 1:04.89 34.25	200m: 2:16.16 35.83	300m: 3:28.60 36.48	400m: 4:39.77 35.26	
5.	GOSELIN, Mélià	14	Rouge et Or/Université Laval	4:39.81	564
	50m: 32.44 32.44	150m: 1:43.01 35.71	250m: 2:54.92 36.09	350m: 4:05.99 35.55	
	100m: 1:07.30 34.86	200m: 2:18.83 35.82	300m: 3:30.44 35.52	400m: 4:39.81 33.82	
6.	CORNEAU, Élyza	14	Cnq	4:41.05	557
	50m: 31.70 31.70	150m: 1:41.74 35.28	250m: 2:53.07 35.51	350m: 4:05.59 36.28	
	100m: 1:06.46 34.76	200m: 2:17.56 35.82	300m: 3:29.31 36.24	400m: 4:41.05 35.46	
7.	CANTIN, Élisabeth	14	Rouge et Or/Université Laval	4:48.89	513
	50m: 32.14 32.14	150m: 1:44.62 36.54	250m: 2:58.42 37.11	350m: 4:12.82 37.05	
	100m: 1:08.08 35.94	200m: 2:21.31 36.69	300m: 3:35.77 37.35	400m: 4:48.89 36.07	
8.	CÔTÉ, Aurélie	14	Bg	4:51.10	501
	50m: 32.32 32.32	150m: 1:45.84 36.88	250m: 3:00.32 37.33	350m: 4:14.99 37.05	
	100m: 1:08.96 36.64	200m: 2:22.99 37.15	300m: 3:37.94 37.62	400m: 4:51.10 36.11	
9.	BELISLE, Viviane	14	Cnq	4:54.83	482
	50m: 33.20 33.20	150m: 1:47.64 37.72	250m: 3:02.75 37.53	350m: 4:17.91 37.74	
	100m: 1:09.92 36.72	200m: 2:25.22 37.58	300m: 3:40.17 37.42	400m: 4:54.83 36.92	
10.	FORTIN, Flavie	13	Rouge et Or/Université Laval	4:58.94	463
	50m: 33.44 33.44	150m: 1:48.10 37.83	250m: 3:04.19 38.23	350m: 4:20.85 38.32	
	100m: 1:10.27 36.83	200m: 2:25.96 37.86	300m: 3:42.53 38.34	400m: 4:58.94 38.09	

15 - 16 ans

1.	TALBOT, Alice	16	Sher	4:37.04	581
	50m: 31.55 31.55	150m: 1:40.11 34.54	250m: 2:50.80 35.51	350m: 4:02.21 35.64	
	100m: 1:05.57 34.02	200m: 2:15.29 35.18	300m: 3:26.57 35.77	400m: 4:37.04 34.83	
2.	JUTRAS, Annalie	16	Riverains	4:42.52	548
	50m: 31.01 31.01	150m: 1:40.03 35.47	250m: 2:52.76 36.55	350m: 4:06.15 36.83	
	100m: 1:04.56 33.55	200m: 2:16.21 36.18	300m: 3:29.32 36.56	400m: 4:42.52 36.37	
3.	LABERGE, Élise	15	Rouge et Or/Université Laval	4:46.07	528
	50m: 31.75 31.75	150m: 1:42.47 35.91	250m: 2:56.02 36.89	350m: 4:10.20 36.98	
	100m: 1:06.56 34.81	200m: 2:19.13 36.66	300m: 3:33.22 37.20	400m: 4:46.07 35.87	
4.	COLLIN, Camille	16	Les Dauphins de Rimouski	4:48.82	513
	50m: 32.14 32.14	150m: 1:44.68 37.01	250m: 2:59.03 36.90	350m: 4:12.74 36.77	
	100m: 1:07.67 35.53	200m: 2:22.13 37.45	300m: 3:35.97 36.94	400m: 4:48.82 36.08	
5.	BERNARD, Mayia	16	Cac	4:51.43	499
	50m: 31.43 31.43	150m: 1:42.36 36.30	250m: 2:57.16 37.68	350m: 4:13.52 38.27	
	100m: 1:06.06 34.63	200m: 2:19.48 37.12	300m: 3:35.25 38.09	400m: 4:51.43 37.91	

Epreuve 5, Filles, 400m Libre, Finale, 15 - 16 ans

Rang	Age								Temps	Pts
6.	TROTTIER, Alycia								4:56.75	473
	50m: 32.65	32.65	150m: 1:46.51	37.51	250m: 3:03.80	38.90	350m: 4:20.03	37.79		
	100m: 1:09.00	36.35	200m: 2:24.90	38.39	300m: 3:42.24	38.44	400m: 4:56.75	36.72		
7.	MICHAUD, Justine								4:59.01	462
	50m: 33.28	33.28	150m: 1:48.22	38.07	250m: 3:05.11	38.56	350m: 4:21.99	38.36		
	100m: 1:10.15	36.87	200m: 2:26.55	38.33	300m: 3:43.63	38.52	400m: 4:59.01	37.02		
8.	LAVOIE, Alyson								5:01.77	450
	50m: 32.98	32.98	150m: 1:49.09	38.37	250m: 3:06.69	39.06	350m: 4:25.03	39.17		
	100m: 1:10.72	37.74	200m: 2:27.63	38.54	300m: 3:45.86	39.17	400m: 5:01.77	36.74		
9.	TURBIDE, Florence								5:07.44	425
	50m: 33.16	33.16	150m: 1:49.19	38.97	250m: 3:07.68	39.42	350m: 4:28.58	41.04		
	100m: 1:10.22	37.06	200m: 2:28.26	39.07	300m: 3:47.54	39.86	400m: 5:07.44	38.86		
disq.	HARVEY, Léa									

17 ans et plus

1.	MALENFANT, Viviane								4:30.04	628
	50m: 30.72	30.72	150m: 1:37.82	33.71	250m: 2:46.63	34.40	350m: 3:56.19	34.63		
	100m: 1:04.11	33.39	200m: 2:12.23	34.41	300m: 3:21.56	34.93	400m: 4:30.04	33.85		
2.	GAGNON, Isabelle								4:30.93	622
	50m: 31.81	31.81	150m: 1:39.72	34.39	250m: 2:47.94	33.88	350m: 3:57.25	34.94		
	100m: 1:05.33	33.52	200m: 2:14.06	34.34	300m: 3:22.31	34.37	400m: 4:30.93	33.68		
3.	GUY, Roxane								4:33.28	606
	50m: 31.79	31.79	150m: 1:39.56	34.14	250m: 2:48.72	34.36	350m: 3:58.48	34.95		
	100m: 1:05.42	33.63	200m: 2:14.36	34.80	300m: 3:23.53	34.81	400m: 4:33.28	34.80		
4.	CHALIFOUR, Mathilde								4:35.05	594
	50m: 32.30	32.30	150m: 1:42.29	35.09	250m: 2:52.00	34.72	350m: 4:01.31	34.45		
	100m: 1:07.20	34.90	200m: 2:17.28	34.99	300m: 3:26.86	34.86	400m: 4:35.05	33.74		
5.	GINGRAS, Aurélie								4:49.30	511
	50m: 32.86	32.86	150m: 1:45.15	36.32	250m: 2:58.28	36.80	350m: 4:12.60	37.10		
	100m: 1:08.83	35.97	200m: 2:21.48	36.33	300m: 3:35.50	37.22	400m: 4:49.30	36.70		
6.	GAGNON, Amélie								4:51.24	500
	50m: 33.47	33.47	150m: 1:45.84	36.82	250m: 3:00.22	37.36	350m: 4:14.91	37.28		
	100m: 1:09.02	35.55	200m: 2:22.86	37.02	300m: 3:37.63	37.41	400m: 4:51.24	36.33		
7.	GAUDREAU, Raphaëlle								4:52.60	493
	50m: 32.67	32.67	150m: 1:45.96	37.19	250m: 3:00.48	37.35	350m: 4:15.81	38.03		
	100m: 1:08.77	36.10	200m: 2:23.13	37.17	300m: 3:37.78	37.30	400m: 4:52.60	36.79		
8.	LECLERC, Méliane								4:59.36	461
	50m: 34.58	34.58	150m: 1:51.11	38.58	250m: 3:07.34	37.74	350m: 4:22.58	37.19		
	100m: 1:12.53	37.95	200m: 2:29.60	38.49	300m: 3:45.39	38.05	400m: 4:59.36	36.78		
9.	RITCHOT, Mya								5:00.78	454
	50m: 34.42	34.42	150m: 1:52.82	39.28	250m: 3:10.08	38.48	350m: 4:25.19	37.25		
	100m: 1:13.54	39.12	200m: 2:31.60	38.78	300m: 3:47.94	37.86	400m: 5:00.78	35.59		
10.	GAUDREAU, Léa								5:01.15	453
	50m: 32.78	32.78	150m: 1:47.78	38.21	250m: 3:06.29	39.36	350m: 4:24.85	39.23		
	100m: 1:09.57	36.79	200m: 2:26.93	39.15	300m: 3:45.62	39.33	400m: 5:01.15	36.30		